

Dear Allergist,

Wake Forest University Deacon Health looks forward to working with you and your patient. To help us better serve your patient, and to maximize safety, we require the attached **PHYSICIAN ORDER FOR ALLERGY IMMUNOTHERAPY** be completed and signed for each allergy serum before we can continue allergy injections. This form will decrease the chance of miscommunication and resultant allergy administration errors.

Please note:

- Patient's initial injection(s) must be performed at an Allergist's office.
- Each vial must be clearly labeled with the patient's name, dilution and expiration date.
- Each Vial must list all materials in the serum.
- No expired serum will be administered. Exceptions may be made if explicit instructions are provided on the order form (i.e. Okay to use serum one month beyond expiration date without need for further consultation with my office)
- New serum vials to be sent directly to the patient, NOT Deacon Health.
- For any systemic reactions, Epinephrine (1:1000) is given IM.
- If hives or itching of skin/ mucosal membranes or runny nose are present, Diphenhydramine 50 mg is to be administered IM.
- The allergist office will be notified of the event and a request for further instructions and orders.
- No injections will be given if the patient is ill, febrile, wheezing, has an upper respiratory infection, or has hives or an unknown rash.
- Allergy injections will only be administered in Deacon Health when a provider is in the clinic. Rarely, a physician will not be on site, and advanced practice providers will be available to assist your patient with any concerns that occur with administration of the serum.

**Exclusion criteria**

- Patients on a beta-blocker or MAOI
- Deacon Health reserves the right to discontinue this service and refer back to you for management should any safety concerns develop while under care.

## Physician Order for Allergy Immunotherapy

For your patient's safety and to facilitate the transfer of allergy treatment to our clinic, this form must be completed to provide standardization and prevent errors. Failure to complete this form may delay or prevent the patient from utilizing our services. This form can be delivered by the patient, mailed, or faxed (see address and fax below).

Patient Name: \_\_\_\_\_  
Physician: \_\_\_\_\_  
Office Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_  
Practice Name: \_\_\_\_\_  
Fax: \_\_\_\_\_

### Pre-Injection Checklist

- Does your patient have a history of Asthma? YES  NO
- History of Anaphylaxis? YES  NO
- Does your patient use antihistamine prior to receiving allergy injections? YES  NO
- Do you require a Peak Flow prior to injections? YES  NO 
  - If YES, Peak flow must be > \_\_\_\_\_ L/min
- A mandatory wait time will be enforced after injection.
  - Do you require a 20  or 30  minute wait?

### Allergy Vials

Vial	Vial Contents	Last Dose Given	Dilution of Vial	Date of Last Dose
Ex: Vial A	Cat, Dog, Grass	0.3	1:100	5/1/2022

### Injection Schedule

	Frequency of Injections
<b>Build Up</b>	Every _____ days.
<b>Maintenance</b>	Every _____ days or _____ weeks.

<b>Dilution</b>					
<b>Vial Cap Color</b>					
<b>Expiration Date(s)</b>	___/___/___	___/___/___	___/___/___	___/___/___	___/___/___
	ml	ml	ml	ml	ml
	ml	ml	ml	ml	ml
	ml	ml	ml	ml	ml
	ml	ml	ml	ml	ml
	ml	ml	ml	ml	ml
	ml	ml	ml	ml	ml
Go to Next Dilution		ml	ml	ml	ml
	Go to Next Dilution		ml	ml	ml
		Go to Next Dilution		ml	ml
			Go to Next Dilution		ml
				Go to Next Dilution	ml
					ml

**Management of Missed Injections:** (According to # of days from *LAST* injection)

<b>During Build-Up Phase</b>	<b>After Reaching Maintenance</b>
___ to ___ days – continues as scheduled	___ to ___ weeks – give same maintenance dose
___ to ___ days – repeat previous dose	___ to ___ weeks – reduce previous dose by ___ ml
___ to ___ days – reduce previous dose by ___ ml	___ to ___ weeks – reduce previous dose by ___ ml
___ to ___ days – reduce previous dose by ___ ml	Over ___ weeks – contact office for instructions
Over ___ days – contact office for instructions	

**Reactions**

At next visit: **Proceed** with next dose if swelling is < \_\_\_\_\_ mm  
**Repeat** next dose if swelling is > \_\_\_\_\_ mm and < \_\_\_\_\_ mm  
**Reduce** next dose by \_\_\_\_\_ ml if swelling is > \_\_\_\_\_ mm  
**Call** the office if > \_\_\_\_\_ mm or systemic reaction

**Other Instructions**

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Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Address: \_\_\_\_\_

Wake Forest University Deacon Health clinical staff will call your office for any clarifications in orders prior to giving injections.