Schedule of benefits

If this is an ERISA plan, you may have certain rights under this plan. ERISA may not apply to a church or government group. Please contact the policyholder for additional information.

Prepared for:

Employer: Wake Forest University

Contract number: MSA-0181178

Plan name: Aetna Whole Health - Atrium Health - Choice POS II

Low Option Plan

Schedule of benefits: 2B

Plan effective date: January 1, 2024 Plan issue date: March 26, 2024

Third Party Administrative Services provided by Aetna Life Insurance Company

Schedule of benefits

This schedule of benefits (schedule) lists the **deductibles**, **copayments** or **payment percentage**, if any apply to the **covered services** you receive under the plan. You should review this schedule to become aware of these and any limits that apply to these services.

How your cost share works

- The **deductibles** and **copayments**, if any, listed in the schedule below are the amounts that you pay for **covered services**.
 - For the covered services under your medical plan, you will be responsible for the dollar amount
 - For pharmacy benefits where a percentage cost share acts like a copayment, you will be responsible for the percentage amount
- Payment percentage amounts, if any, listed in the schedule below are what the plan will pay for covered services.
- Sometimes your cost share shows a combination of your dollar amount **copayment** that you will be responsible for and the **payment percentage** that your plan will pay.
- You are responsible to pay any **deductibles**, **copayments** and remaining **payment percentage**, if they apply and before the plan will pay for any **covered services**.
- This plan doesn't cover every health care service. You pay the full amount of any health care service you get that is not a **covered service**.
- This plan has limits for some **covered services**. For example, these could be visit, day or dollar limits. They may be:
 - Combined limits between Atrium Whole Health and POS II providers
 - Separate limits for **Atrium Whole Health** and **POS II providers**
 - Based on a rolling, 12 month period starting with the date of your most recent visit under this plan

See the schedule for more information about limits.

• Your cost share may vary if the **covered service** is preventive or not. Ask your **physician** or contact us if you have a question about what your cost share will be.

For examples of how cost share and **deductible** work, go to the *Using your Aetna benefits* section under Individuals & Families at https://www.aetna.com/

Important note:

Covered services are subject to the Calendar Year **deductible**, maximum out-of-pocket, limits, **copayment** or **payment percentage** unless otherwise stated in this schedule. The *Surprise bill* section in the certificate explains your protections from a surprise bill.

Under this plan, you will:

- 1. Pay your copayment
- 2. Then pay any remaining **deductible**
- 3. Then pay your payment percentage

Your **copayment** does not apply to any **deductible**.

How your deductible works

The **deductible** is the amount you pay for **covered services** each year before the plan starts to pay. This is in addition to any **copayment** or **payment percentage** you pay when you get **covered services** from an **Atrium Whole Health, POS II** or **out-of-network provider**. This schedule shows the **deductible** amounts that apply to your plan. Once you have met your **deductible**, we will start sharing the cost when you get **covered services**. You will continue to pay **copayments** or **payment percentage**, if any, for **covered services** after you meet your **deductible**.

How your PCP or physician office visit cost share works

You will pay the PCP cost share when you get covered services from any PCP.

How your maximum out-of-pocket works

This schedule shows the **maximum out-of-pocket limits** that apply to your plan. Once you reach your **maximum out-of-pocket limit**, your plan will pay for **covered services** for the remainder of that year.

Contact us

We are here to answer questions. See the *Contact us* section in your booklet.

This schedule replaces any schedule of benefits previously in use. Keep it with your booklet.

Plan features

Precertification covered services reduction

This only applies to **POS II** and **out-of-network covered services**:

Your certificate contains a complete description of the **precertification** process. You will find details in the *Medical necessity and precertification* section.

If **precertification** for **covered services** isn't completed, when required, it can result in the following benefit reduction:

• The service is not covered

You may have to pay an additional portion of the **allowable amount** because you didn't get **precertification**. This portion is not a **covered service** and doesn't apply to your **deductible** or **maximum out-of-pocket limit**, if you have one.

Deductible

You have to meet your **deductible** before this plan pays for benefits.

Deductible type	Atrium Whole Health	POS II	Out-of-network
Individual	\$600 per year	\$1,250 per year	\$3,125 per year
Family	\$1,500 per year	\$3,125 per year	\$7,800 per year

Deductible waiver

There is no in-network **deductible** for the following **covered services**:

- Preventive care
- Family planning services female contraceptives

Cost share waiver for risk reducing breast cancer prescription drugs

The **prescription** cost share will not apply to risk reducing breast cancer **prescription** drugs when obtained at a network pharmacy. This means they will be paid at 100%.

Cost share waiver for contraceptives (birth control)

The **prescription** cost share will not apply to female contraceptive methods when obtained at a network pharmacy. This means they will be paid at 100%. This includes certain OTC and generic contraceptive **prescription** drugs and devices for each of the methods identified by the FDA. If a **generic prescription** drug is not available, the **brand-name prescription** drug for that method will be paid at 100%.

The **prescription** drug cost share will apply to **prescription** drugs that have a generic equivalent or alternative available within the same therapeutic drug class obtained at a network pharmacy unless we approve a medical exception. A therapeutic drug class is a group of drugs or medications that have a similar or identical mode of action or are used for the treatment of the same or similar disease or injury.

Cost share waiver for tobacco cessation prescription and OTC drugs

The **prescription** cost share will not apply to the first two, 90-day treatment programs for tobacco cessation **prescription** and OTC drugs when obtained at a network **retail pharmacy**. This means they will be paid at 100%. Your per **prescription** cost share will apply after those two programs have been exhausted.

Maximum out-of-pocket limit

Includes the deductible.

Maximum out-of- pocket type	Atrium Whole Health	POS II	Out-of-network
Individual	\$2,500 per year	\$4,000 per year	\$10,000 per year
Family	\$6,250 per year	\$10,000 per year	\$25,000 per year

General coverage provisions

This section explains the **deductible**, maximum out-of-pocket limit and limitations listed in this schedule.

Deductible provisions

Covered services apply to the Atrium Whole Health, POS II and out-of-network deductibles.

The **deductible** may not apply to some **covered services**. You still pay the **copayment** or **payment percentage**, if any, for these **covered services**.

Individual deductible

You pay for **covered services** each year before the plan begins to pay. This individual **deductible** applies separately to you and each covered dependent. After the amount paid reaches the individual **deductible**, this plan starts to pay for **covered services** for the rest of the year.

Family deductible

You pay for **covered services** each year before the plan begins to pay. After the amount paid for **covered services** reaches this family **deductible**, this plan starts to pay for **covered services** for the rest of the year. To satisfy this family **deductible** for the rest of the year, the combined **covered services** that you and each of your covered dependents incur toward the individual **deductible** must reach this family **deductible** in a year. When this happens in a year, the individual **deductibles** for you and your covered dependents are met for the rest of the year.

Copayment

This is the dollar amount you pay for **covered services**. In most plans, you pay this after you meet your **deductible** limit. In **prescription** drug plans, it is the amount you pay for covered drugs.

Payment Percentage

This is the percentage of the bill you pay after you meet your **deductible**.

Maximum out-of-pocket limit

The maximum out-of-pocket limit is the most you will pay per year in copayments, payment percentage and deductible, if any, for covered services. Covered services that are subject to the maximum out-of-pocket limit include those provided under the medical plan and the outpatient prescription drug plan.

Covered services apply to the Atrium Whole Health, POS II and out-of-network maximum out-of-pocket limit.

Individual maximum out-of-pocket limit

- This plan may have an individual and family maximum out-of-pocket limit. As to the individual maximum out-of-pocket limit, each of you must meet your maximum out-of-pocket limit separately.
- After you or your covered dependents meet the individual maximum out-of-pocket limit, this plan will
 pay 100% of the eligible charge for covered services that would apply toward the limit for the rest of the
 year for that person.

Family maximum out-of-pocket limit

After you or your covered dependents meet the family **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charge for **covered services** that would apply toward the limit for the remainder of the year for all covered family members. The family **maximum out-of-pocket limit** is a cumulative **maximum out-of-pocket limit** for all family members.

To satisfy this **maximum out-of-pocket limit** for the rest of the year, the following must happen:

- The family maximum out-of-pocket limit is met by a combination of family members
- No one person within a family will contribute more than the individual maximum out-of-pocket limit amount in a year

If the **maximum out-of-pocket limit** does not apply to a **covered service**, your cost share for that service will not count toward satisfying the **maximum out-of-pocket limit** amount.

Certain costs that you have do not apply toward the **maximum out-of-pocket limit**. These include:

- All costs for non-covered services which are identified in the booklet and the schedule
- Charges, expenses or costs in excess of the recognized charge
- Costs for non-emergency use of the emergency room
- Costs for non-urgent use of an urgent care **provider**

Limit provisions

Covered services will apply to the Atrium Whole Health, POS II and out-of-network limits.

Your financial responsibility and decisions regarding benefits

We base your financial responsibility for the cost of **covered services** on when the service or supply is provided, not when payment is made. Benefits will be pro-rated to account for treatment or portions of **stays** that occur in more than one year. Decisions regarding when benefits are covered are subject to the terms and conditions of the booklet.

Prescription drug – outpatient maximum out-of-pocket limit provisions

Covered services that are subject to the **maximum out-of-pocket limit** include **covered services** provided under the medical plan and the **prescription** drug plan.

The maximum out-of-pocket limit is the most you will pay per year in copayments, payment percentage and deductible, if any, for covered services. This plan may have an individual and family maximum out-of-pocket limit.

Covered services

Ambulance services

Description	Atrium Whole Health	POS II	Out-of-network
Emergency services	100% per trip, no	Paid same as designated	Paid same as designated
	deductible applies	network	network
Non-emergency services	Not covered	Not covered	Not covered

Autism spectrum disorder

Description	Atrium Whole Health	POS II	Out-of-network
Diagnosis and testing	Contact Carolina	Contact Carolina	Contact Carolina
	Behavioral Health Alliance	Behavioral Health Alliance	Behavioral Health
	for details at	for details at	Alliance for details at
	800-475-7900	800-475-7900	800-475-7900
Treatment	Contact Carolina	Contact Carolina	Contact Carolina
	Behavioral Health Alliance	Behavioral Health Alliance	Behavioral Health
	for details at	for details at	Alliance for details at
	800-475-7900	800-475-7900	800-475-7900
Occupational (OT),	Covered based on type of	Covered based on type of	Covered based on type of
physical (PT) and speech	service and where it is	service and where it is	service and where it is
(ST) therapy for autism	received	received	received
spectrum disorder			

Clinical trials

Description	Atrium Whole Health	POS II	Out-of- network
Experimental or	Covered based on type of	Covered based on type of	Covered based on type of
investigational	service and where it is	service and where it is	service and where it is
therapies	received	received	received
Routine patient costs	Covered based on type of	Covered based on type of	Covered based on type of
	service and where it is	service and where it is	service and where it is
	received	received	received

Durable medical equipment (DME)

Description	Atrium Whole Health	POS II	Out-of-network
DME	90% per item after	80% per item after	60% per item after
	deductible	deductible	deductible

Emergency services

Description	Atrium Whole Health	POS II	Out-of-network
Emergency room	\$200 then the plan pays	Paid same as designated	Paid same as designated
	100% per visit, no	network	network
	deductible applies		

Description	Atrium Whole Health	POS II	Out-of-network
Non-emergency care in a hospital emergency	Not covered	Not covered	Not covered
room			

Emergency services important note: Out-of-network providers do not have a contract with us. However, for out of network emergencies the federal No Surprises Act applies. If the provider bills you for an amount above your cost share, you are not responsible for payment of that amount. You should send the bill to the address on your ID card and we will resolve any payment issue with the provider. Make sure the member ID is on the bill. If you are admitted to the hospital for an inpatient stay right after you visit the emergency room, you will not pay your emergency room cost share if you have one. You will pay the inpatient hospital cost share, if any.

Foot orthotic devices

Description	Atrium Whole Health	POS II	Out-of-network
Orthotic devices	90% per item after	80% per item after	60% per item after
	deductible	deductible	deductible

Habilitation therapy services

Outpatient physical (PT) and occupational (OT) therapies

Description	Atrium Whole Health	POS II	Out-of-network
PT, OT therapies	Covered based on type of	Covered based on type of	Covered based on type of
	service and where it is	service and where it is	service and where it is
	received	received	received

Outpatient speech therapy (ST)

Description	Atrium Whole Health	POS II	Out-of-network
ST therapy	Covered based on type of	Covered based on type of	Covered based on type of
	service and where it is	service and where it is	service and where it is
	received	received	received

Hearing aids

Description	Atrium Whole Health	POS II	Out-of-network
Hearing aids for covered	90% per item after	80% per item after	60% per item after
persons to age 23	deductible	deductible	deductible

Limit per year	\$2,500	\$2,500	\$2,500
Combined for Atrium Whole Health, POS II and out-of-network benefits			

Hearing exams

Description	Atrium Whole Health	POS II	Out-of-network
Hearing exams for	Covered based on type of	Covered based on type of	Covered based on type of
covered persons to age	service and where it is	service and where it is	service and where it is
23	received	received	received
Visit limit per year	Unlimited	Unlimited	Unlimited

Home health care

A visit is a period of 4 hours or less

Description	Atrium Whole Health	POS II	Out-of-network
Home health care	90% per visit after	80% per visit after	60% per visit after
	deductible	deductible	deductible

Visit limit per year	40	40	40
Combined for Atrium Whole Health, POS II			
and out-of-network			
benefits			

Home health care important note:

Intermittent visits are periodic and recurring visits that skilled nurses make to ensure your proper care. The intermittent requirement may be waived to allow for coverage for up to 12 hours with a daily maximum of 3 visits.

Hospice care

Description	Atrium Whole Health	POS II	Out-of-network
Inpatient services -	90% after deductible	80% after deductible	60% after deductible
room and board			

Description	Atrium Whole Health	POS II	Out-of-network
Other inpatient services	90% per admission after	80% per admission after	60% after deductible
and supplies	deductible	deductible	

Description	Atrium Whole Health	POS II	Out-of-network
Outpatient services	90% per visit after	80% per visit after	60% per visit after
	deductible	deductible	deductible

Limit per lifetime	unlimited	unlimited
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Hospice important note:

This includes part-time or infrequent nursing care by an R.N. or L.P.N. to care for you up to 8 hours a day. It also includes part-time or infrequent home health aide services to care for you up to 8 hours a day.

Hospital care

Description	Atrium Whole Health	POS II	Out-of-network
Inpatient services –	90% after deductible	80% after deductible	60% after deductible
room and board			

Description	Atrium Whole Health	POS II	Out-of-network
Other inpatient services	90% per admission after	80% per admission after	60% after deductible
and supplies	deductible	deductible	

Infertility services

Basic infertility

Description	Atrium Whole Health	POS II	Out-of-network
Treatment of basic	Covered based on type of	Covered based on type of	Covered based on type of
infertility	service and where it is	service and where it is	service and where it is
	received	received	received

Comprehensive infertility services

Description	Atrium Whole Health	POS II	Out-of-network
	90% per visit after	80% per visit after	60% per visit after
	deductible	deductible	deductible

Advanced reproductive technology (ART)

Description	Atrium Whole Health	POS II	Out-of-network
	90% per visit after	80% per visit after	60% per visit after
	deductible	deductible	deductible

Limits

Description	Atrium Whole Health	POS II	Out-of-network
Limit per lifetime ART	\$10,000	\$10,000	\$10,000
and Comprehensive			
services combined	Combined for Atrium	Combined for Atrium	Combined for Atrium
	Whole Health, POS II and	Whole Health, POS II and	Whole Health, POS II and
	out-of-network benefits	out-of-network benefits	out-of-network benefits

Maternity and related newborn care

Includes complications

Description	Atrium Whole Health	POS II	Out-of-network
Inpatient services -	90% per admission after	80% per admission after	60% per admission after
room and board	deductible	deductible	deductible
Other inpatient services and supplies	90% per admission after deductible	80% per admission after deductible	60% per admission after deductible
Services performed in	90% per admission after	80% per admission after	60% per admission after
physician or specialist	deductible	deductible	deductible
office or a facility			
Other services and	90% per admission after	80% per admission after	60% per admission after
supplies	deductible	deductible	deductible

Maternity and related newborn care important note:

Any cost share collected applies only to the delivery and postpartum care services provided by an OB, GYN or OB/GYN. Review the *Maternity* section of the booklet. It will give you more information about coverage for maternity care under this plan.

Obesity surgery

Description	Atrium Whole Health	POS II	Out-of-network
Inpatient services -	90% per admission after	80% per admission after	60% per admission after
room and board	deductible	deductible	deductible
Other inpatient services	90% per admission after	80% per admission after	60% per admission after
and supplies	deductible	deductible	deductible

Description	Atrium Whole Health	POS II	Out-of-network
Outpatient services	90% per visit after	80% per visit after	60% per visit after
	deductible	deductible	deductible

Oral and maxillofacial treatment (mouth, jaws and teeth)

Description	Atrium Whole Health	POS II	Out-of- network
Treatment of mouth,	Covered based on type of	Covered based on type of	Covered based on type of
jaws and teeth	service and where it is	service and where it is	service and where it is
	received	received	received

Prescription drugs – outpatient Maintenance Medications

Generic prescription drugs

Description	In-network	Out-of-network
30 day supply at a retail	\$15, no deductible applies	Not covered
pharmacy		
90 day supply at a mail	\$37.50, no deductible applies	Not covered
order pharmacy or a		
CVS pharmacy		

Preferred brand-name prescription drugs

Description	In-network	Out-of-network
30 day supply at a retail	\$30, no deductible applies	Not covered
pharmacy		
90 day supply at a mail	\$75, no deductible applies	Not covered
order pharmacy or a		
CVS pharmacy		

Non-preferred brand-name prescription drugs

Description	In-network	Out-of-network
30 day supply at a retail	\$60, no deductible applies	Not covered
pharmacy		
90 day supply at a mail	\$150, no deductible applies	Not covered
order pharmacy or a		
CVS pharmacy		

Brand-name specialty prescription drugs

Description	In-network	Out-of-network
30 day supply at a	\$50 or 10% whichever is greater but no	Not covered
specialty pharmacy	more than \$100, no deductible applies	

Important note:

Your cost share for **specialty prescription drugs**, under the **copayment** assistance program, will not count toward your **deductible** or **maximum out-of-pocket limit**. This includes cost shares that you, the plan or the program pay.

Contraceptives (birth control)

Brand-name prescription drugs and devices are covered at 100% when a generic is not available

Description	In-network	Out-of-network
30 day supply of generic and OTC drugs and devices	\$0, no deductible applies	Not covered
30 day supply of brand- name prescription drugs and devices	Paid based on the tier of drug in the schedule	Not covered

Infertility drugs

Description	In-network	Out-of-network
Infertility drugs	Paid based on the tier of drug in the	Not covered
	schedule	
Lifetime limit	\$5,000	Not covered

Preventive care drugs and supplements

Description	In-network	Out-of-network
Preventive care drugs and supplements	\$0, no deductible applies	Not covered
Limits	Subject to any sex, age, medical condition, family history and frequency guidelines as recommended by the U.S. Preventive Services Task Force (USPSTF)	Not covered
	For a current list of covered preventive care drugs and supplements or more information, see the <i>Contact us</i> section	

Risk reducing breast cancer prescription drugs

Description	In-network	Out-of-network
Risk reducing breast cancer prescription	\$0, no deductible applies	Not covered
drugs		
Limits	Subject to any sex, age, medical condition, family history and frequency guidelines as recommended by the U.S. Preventive Services Task Force (USPSTF)	Not covered
	For a current list of risk reducing breast cancer drugs or more information, see the <i>Contact us</i> section	

Tobacco cessation prescription and OTC drugs

Description	In-network	Out-of-network
Tobacco cessation	\$0, no deductible applies	Not covered
prescription and OTC		
drugs		
Limits	Subject to any sex, age, medical condition, family history and frequency guidelines in the recommendations of the USPSTF.	Not covered
	For a current list of covered tobacco cessation drugs or more information, see the <i>Contact us</i> section. See the <i>Other services</i> section of this schedule for more information.	

Prescription drug important note:

If you or your **provider** requests a covered **brand-name prescription drug** when a covered **generic prescription drug** equivalent is available, you will be responsible for the cost share that applies to the brand-name drug plus the cost difference between the generic drug and the brand-name drug. The cost difference does not apply toward your **prescription** drug **deductible** or **maximum out-of-pocket limit**.

Outpatient surgery

Description	Atrium Whole Health	POS II	Out-of- network
At hospital outpatient	90% per visit after	80% per visit after	60% per visit after
department	deductible	deductible	deductible
At facility that is not a	90% per visit after	80% per visit after	60% per visit after
hospital	deductible	deductible	deductible
At the physician office	Covered based on type of	Covered based on type of	Covered based on type of
	service and where it is	service and where it is	service and where it is
	received	received	received

Physician and specialist services

Physician services-general or family practitioner

Including surgical services

Description	Atrium Whole Health	POS II	Out-of-network
Physician office hours	\$15 then the plan pays	\$30 then the plan pays	60% per visit after
(not surgical, not	100% per visit after	100% per visit after	deductible
preventive)	deductible	deductible	

Description	Atrium Whole Health	POS II	Out-of- network
Physician visit during	90% per visit after	80% per visit after	60% per visit after
inpatient stay	deductible	deductible	deductible

Description	Atrium Whole Health	POS II	Out-of-network
Physician telemedicine	\$15 then the plan pays	\$30 then the plan pays	60% per visit after
consultation	100% per visit, no	100% per visit, no	deductible
	deductible applies	deductible applies	

Description	Atrium Whole Health	Out-of-network
Telemedicine provider	\$10 then the plan pays 100% per visit,	Not covered
consultation	no deductible applies	
Basic medical services		

Specialist

Description	Atrium Whole Health	POS II	Out-of-network
Specialist office hours	\$20 then the plan pays	\$50 then the plan pays	60% per visit after
(not surgical, not	100% per visit, no	100% per visit, no	deductible
preventive)	deductible applies	deductible applies	

Description	Atrium Whole Health	POS II	Out-of-network
Complex imaging, lab	90% per visit after	80% per visit after	60% per visit after
and radiology services	deductible	deductible	deductible
during physician office			
visit			
Complex imaging, lab and radiology services	90% per visit after deductible	80% per visit after deductible	60% per visit after deductible
during specialist office			
visit			

Description	Atrium Whole Health	POS II	Out-of-network
Physician surgical	90% per visit after	80% per visit after	60% per visit after
services	deductible	deductible	deductible
Specialist surgical	90% per visit after	80% per visit after	60% per visit after
services	deductible	deductible	deductible

Description	Atrium Whole Health	POS II	Out-of-network
Specialist telemedicine	\$20 then the plan pays	\$50 then the plan pays	60% per visit after
consultation	100% per visit, no	100% per visit, no	deductible
	deductible applies	deductible applies	

All other services not shown above

Description	Atrium Whole Health	POS II	Out-of-network
All other services	90% per visit after	80% per visit after	60% per visit after
	deductible	deductible	deductible

Preventive care

Description	Atrium Whole Health	POS II	Out-of-network
Preventive care services	100% per visit, no	100% per visit, no	60% per visit after
	deductible applies	deductible applies	deductible
Breast feeding	100% per visit, no	100% per visit, no	60% per visit after
counseling and support	deductible applies	deductible applies	deductible
Breast feeding	6 visits in a group or	6 visits in a group or	6 visits in a group or
counseling and support limit	individual setting	individual setting	individual setting
	Visits that exceed the	Visits that exceed the	Visits that exceed the
	limit are covered under	limit are covered under	limit are covered under
	the physician services	the physician services	the physician services
	office visit	office visit	office visit
Breast pump,	Electric pump: 1 every 12	Electric pump: 1 every 12	Electric pump: 1 every 12
accessories and supplies limit	months	months	months
	Manual pump: 1 per	Manual pump: 1 per	Manual pump: 1 per
	pregnancy	pregnancy	pregnancy
	Pump supplies and	Pump supplies and	Pump supplies and
	accessories: 1 purchase	accessories: 1 purchase	accessories: 1 purchase
	per pregnancy if not	per pregnancy if not	per pregnancy if not
	eligible to purchase a new	eligible to purchase a new	eligible to purchase a new
	pump	pump	pump
Breast pump waiting	Electric pump: 12 months	Electric pump: 12 months	Electric pump: 12 months
period	to replace an existing	to replace an existing	to replace an existing
	electric pump	electric pump	electric pump
Counseling for alcohol or	100% per visit, no	100% per visit, no	60% per visit after
drug misuse	deductible applies	deductible applies	deductible
Counseling for alcohol or drug misuse visit limit	5 visits/year	5 visits/year	5 visits/year
Counseling for obesity,	100% per visit, no	100% per visit, no	60% per visit after
healthy diet	deductible applies	deductible applies	deductible
Counseling for obesity,	Age 22 and older: 26	Age 22 and older: 26	Age 22 and older: 26
healthy diet visit limit	visits per year, of which	visits per year, of which	visits per year, of which
	up to 10 visits may be	up to 10 visits may be	up to 10 visits may be
	used for healthy diet	used for healthy diet	used for healthy diet
	counseling.	counseling.	counseling.
Counseling for sexually	100% per visit, no	100% per visit, no	60% per visit after
transmitted infection	deductible applies	deductible applies	deductible
Counseling for sexually transmitted infection visit limit	2 visits/year	2 visits/year	2 visits/year
Counseling for tobacco	100% per visit, no	100% per visit, no	60% per visit after
cessation	deductible applies	deductible applies	deductible
Counseling for tobacco cessation visit limit	8 visits/year	8 visits/year	8 visits/year

Family planning services	100% per visit, no	100% per visit, no	60% per visit after
(female contraception)	deductible applies	deductible applies	deductible
Family planning services	Contraceptive counseling	Contraceptive counseling	Contraceptive counseling
			_
(female contraception)	limited to 2 visits/year in	limited to 2 visits/year in	limited to 2 visits/year in
limit	a group or individual	a group or individual	a group or individual
	setting	setting	setting
	Counseling that exceeds	Counseling that exceeds	Counseling that exceeds
	this limit covered as a	this limit covered as a	this limit covered as a
	physician services office	physician services office	physician services office
	visit	visit	visit
Immunizations	100%, no deductible	100%, no deductible	60% per visit after
	applies	applies	deductible
Immunizations limit	Subject to any age limits	Subject to any age limits	Subject to any age limits
	provided for in the	provided for in the	provided for in the
	comprehensive guidelines	comprehensive guidelines	comprehensive guidelines
	supported by the	supported by the	supported by the
	Advisory Committee on	Advisory Committee on	Advisory Committee on
	Immunization Practices of	Immunization Practices of	Immunization Practices of
	the Centers for Disease	the Centers for Disease	the Centers for Disease
	Control and Prevention	Control and Prevention	Control and Prevention
	For details, contact your	For details, contact your	For details, contact your
	physician	physician	physician
Routine cancer	100%, no deductible	100%, no deductible	60% per visit after
screenings	applies	applies	deductible
Routine cancer	Subject to any age, family	Subject to any age, family	Subject to any age, family
screening limits	history and frequency	history and frequency	history and frequency
S S	guidelines as set forth in	guidelines as set forth in	guidelines as set forth in
	the most current:	the most current:	the most current:
	Evidence-based items	Evidence-based items	Evidence-based items
	that have a rating of A or	that have a rating of A or	that have a rating of A or
	B in the current	B in the current	B in the current
	recommendations of the	recommendations of the	recommendations of the
	USPSTF	USPSTF	USPSTF
	031 311	031311	031311
	The comprehensive	The comprehensive	The comprehensive
	guidelines supported by	guidelines supported by	guidelines supported by
	the Health Resources and	the Health Resources and	the Health Resources and
	Services Administration	Services Administration	Services Administration
	Services Auministration	Services Administration	Services Auministration
	For more information	For more information	For more information
	contact your physician or	contact your physician or	contact your physician or
	see the <i>Contact us</i>	see the <i>Contact us</i>	see the <i>Contact us</i>
	see the contact as		

Routine lung cancer	100%, no deductible	100%, no deductible	60% per visit after
screening	applies	applies	deductible
Routine lung cancer screening limit	1 screening per year	1 screening per year	1 screening per year
	Screenings that exceed	Screenings that exceed	Screenings that exceed
	this limit covered as	this limit covered as	this limit covered as
	outpatient diagnostic	outpatient diagnostic	outpatient diagnostic
	testing	testing	testing
Routine physical exam	100%, no deductible	100%, no deductible	60% per visit after
	applies	applies	deductible
Routine physical exam limits	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration for children and adolescents	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration for children and adolescents	Subject to any age and visit limits provided for in the comprehensive guidelines supported by the American Academy of Pediatrics/Bright Futures/Health Resources and Services Administration for children and adolescents
	Limited to 7 exams from age 0-1 year; 3 exams every 12 months age 1-2; 3 exams every 12 months age 2-3; and 1 exam per year after that age, up to age 22; 1 exam per year after age 22	Limited to 7 exams from age 0-1 year; 3 exams every 12 months age 1-2; 3 exams every 12 months age 2-3; and 1 exam per year after that age, up to age 22; 1 exam per year after age 22	Limited to 7 exams from age 0-1 year; 3 exams every 12 months age 1-2; 3 exams every 12 months age 2-3; and 1 exam per year after that age, up to age 22; 1 exam per year after age 22
	High risk Human	High risk Human	High risk Human
	Papillomavirus (HPV) DNA	Papillomavirus (HPV) DNA	Papillomavirus (HPV) DNA
	testing for woman age 30	testing for woman age 30	testing for woman age 30
	and older limited to 1/36	and older limited to 1/36 months	and older limited to 1/36 months
Well woman GYN exam	months 100%, no deductible	100%, no deductible	60% per visit after
vven woman om exam	applies	applies	deductible
Well woman GYN exam	Subject to any age and	Subject to any age and	Subject to any age and
limit	visit limits provided for in	visit limits provided for in	visit limits provided for in
	the comprehensive	the comprehensive	the comprehensive
	guidelines supported by	guidelines supported by	guidelines supported by
	the Health Resources and	the Health Resources and	the Health Resources and
	Services Administration	Services Administration	Services Administration

Prosthetic devices

Description	Atrium Whole Health	POS II	Out-of-network
Prosthetic devices	Covered based on type of	Covered based on type of	Covered based on type of
	service and where it is	service and where it is	service and where it is
	received	received	received

Reconstructive surgery and supplies

Including breast surgery

Description	Atrium Whole Health	POS II	Out-of-network
Surgery and supplies	Covered based on type of	Covered based on type of	Covered based on type of
	service and where it is received	service and where it is received	service and where it is received

Short-term rehabilitation services

A visit is equal to no more than 1 hour of therapy.

Cardiac rehabilitation

Description	Atrium Whole Health	POS II	Out-of-network		
Cardiac rehabilitation	Covered based on type of service and where it is	Covered based on type of service and where it is	Covered based on type of service and where it is		
	received	received	received		
Pulmonary rehabilitation					
Pulmonary rehabilitation	Covered based on type of	Covered based on type of	Covered based on type of		

		received	received	received
		service and where it is	service and where it is	service and where it is
ı	r difficilarly reflabilitation	covered based on type of	covered based on type of	Covered based on type of

Cognitive rehabilitation

Cognitive rehabilitation	Covered based on type of	Covered based on type of	Covered based on type of
	service and where it is	service and where it is	service and where it is
	received	received	received

Physical and occupational therapies

Description	Atrium Whole Health	POS II	Out-of-network
At the physician office	90% per visit after deductible	80% per visit after deductible	60% per visit after deductible
At facility that is not a hospital	90% per visit after deductible	80% per visit after deductible	60% per visit after deductible
At hospital outpatient department	90% per visit after deductible	80% per visit after deductible	60% per visit after deductible

Speech therapy (ST)

Description	Atrium Whole Health	POS II	Out-of-network
At the physician office	90% per visit after deductible	80% per visit after deductible	60% per visit after deductible
At facility that is not a hospital	90% per visit after deductible	80% per visit after deductible	60% per visit after deductible
At hospital outpatient department	90% per visit after deductible	80% per visit after deductible	60% per visit after deductible

Physical and occupational therapies

Visit limit per year	60	60	60
Combined for Atrium Whole Health, POS II and out-of-network benefits			

Speech therapy (ST)

Visit limit per year	20	20	20
Combined for Atrium Whole Health, POS II and out-of-network benefits			

Spinal manipulation

Description	Atrium Whole Health	POS II	Out-of-network
At the physician office	90% per visit after deductible	80% per visit after deductible	60% per visit after deductible
Included x-rays and evaluations			

Maximum limit per year	\$1,000	\$1,000	\$1,000
Combined for Atrium Whole Health, POS II and out-of-network benefits			

Skilled nursing facility

Description	Atrium Whole Health	POS II	Out-of-network
Inpatient services –	90% per admission after	80% per admission after	60% per admission after
room and board	deductible	deductible	deductible
Other inpatient services	90% per admission after	80% per admission after	60% per admission after
and supplies	deductible	deductible	deductible

Day limit per year	90	90	90
Combined for Atrium Whole Health, POS II and out-of-network benefits			

Tests, images and labs – outpatient

Diagnostic complex imaging services

Description	Atrium Whole Health	POS II	Out-of-network
	90% per visit after	80% per visit after	60% per visit after
	deductible	deductible	deductible

Diagnostic lab work

Description	Atrium Whole Health	POS II	Out-of- network
At facility that is not a	100% per visit, no	100% per visit, no	60% per visit after
hospital (independent	deductible applies	deductible applies	deductible
lab)			
At hospital outpatient	90% per visit after	80% per visit after	60% per visit after
department	deductible	deductible	deductible

Diagnostic x-ray and other radiological services

Description	Atrium Whole Health	POS II	Out-of-network
	90% per visit after	80% per visit after	60% per visit after
	deductible	deductible	deductible

Therapies

Chemotherapy

Description	Atrium Whole Health	POS II	Out-of- network
Chemotherapy services	Covered based on type of	Covered based on type of	Covered based on type of
	service and where it is	service and where it is	service and where it is
	received	received	received

Gene-based, cellular and other innovative therapies (GCIT)

•		
Description	Atrium Whole Health (GCIT-	Out-of-network
	designated facility/provider)	(Including providers who are otherwise part of Aetna's network but are not GCIT-designated facilities/ providers)
Services and supplies	Covered based on type of service and where it is received	Not covered
Gene therapy products, prescription drugs	\$50 then the plan pays 100% per visit after deductible	Not covered

Infusion therapy

Outpatient services

Description	Atrium Whole Health	POS II	Out-of-network
	90% per visit after	80% per visit after	60% per visit after
	deductible	deductible	deductible

Radiation therapy

Description	Atrium Whole Health	POS II	Out-of-network
Radiation therapy	Covered based on type of	Covered based on type of	Covered based on type of
	service and where it is	service and where it is	service and where it is
	received	received	received

Respiratory therapy

Description Atrium Whole Health		POS II	Out-of-network	
Respiratory therapy	Covered based on type of	Covered based on type of	Covered based on type of	
	service and where it is	service and where it is	service and where it is	
	received	received	received	

Transplant services

Description	Atrium Whole Health (IOE facility)	Out-of-network (Includes providers who are otherwise part of Aetna's network but are non-IOE providers)
Inpatient services and supplies	90% per transplant after deductible	60% per transplant after deductible
Physician services	Covered based on type of service and where it is received	Covered based on type of service and where it is received

Urgent care services

At a freestanding facility or **provider** that is not a **hospital**

A separate urgent care cost share will apply for each visit to an urgent care facility or **provider**

Description	Atrium Whole Health	POS II	Out-of- network	
Urgent care facility	\$20 then the plan pays	\$50 then the plan pays	\$50 then the plan pays	
	100% per visit, no	100% per visit, no	100% per visit, no	
	deductible applies	deductible applies	deductible applies	

Non-urgent use of an	Not covered	Not covered	Not covered
urgent care facility or			
provider			

Vision care

Performed by an ophthalmologist or optometrist and includes refraction

Description	Atrium Whole Health	POS II	Out-of-network	
	\$15 then the plan pays	\$30 then the plan pays	Not covered	
	100% per visit no 100% per visit no			
	deductible applies deductible applies			
Visit limit	1 visit per vear	1 visit per vear	Not applicable	

Visit limit	1 visit per year	1 visit per year	Not applicable

Walk-in clinicNot all preventive care services are available at a **walk-in clinic**. All services are available from a designated **network physician**.

Description	Maximum savings	Atrium Whole		POS II		Out-of-network	
-	providers	Health					
Non-emergency services	100% per visit, no deductible applies	\$15 then the plan pays 100% per visit, no deductible applies		\$30 then the plan pays 100% per visit, no deductible applies		60% per visit after deductible	
Preventive care	100% per visit, no	100% per	visit no	100% per visit, no		60% per visit after	
immunizations	deductible applies	deductibl		deductible applies		deductible	
Preventive care immunization limits	Subject to any age and frequency limits provided for in the comprehensive guidelines supported by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention For details, contact your physician	Control a Prevention	ency vided for ensive s d by the ee on of the or Disease nd on	Subject to any a and frequency limits provided in the comprehensive guidelines supported by the Advisory Committee on Immunization Practices of the Centers for Dise Control and Prevention For details, contyour physician	age for ne	Subject to any age and frequency limits provided for in the comprehensive guidelines supported by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention For details, contact your physician	
Preventive	100% per visit, no	100% per		100% per visit, no		60% per visit after	
screening and counseling services	deductible applies	deductible applies		deductible applies		deductible	
Preventive screening and counseling limits	See the Preventive care services section of the schedule	See the <i>Preventive</i> care services section of the schedule		See the <i>Preventive</i> care services section of the schedule		See the Preventive care services section of the schedule	
Description			POS II			Out-of-network	
Telemedicine consultation for non- emergency services through a walk-in clinic Telemedicine consultation for preventive screening and counseling services through a walk-in clinic		es	service and where it is received			lot covered	

Important note:

Key terms

Atrium Whole Health provider

A **network provider** listed in the directory under *Best results for your plan* as a **provider** for your plan.

POS II provider

A **provider** listed in the directory under the *All other results* tab as a **provider** for your plan. See the *Contact us* section if you have questions.

You will pay less cost share when you use a designated network **walk-in clinic provider**. POS II **walk-in clinic providers** are available to you, but the cost share will be at a higher level when these **providers** are used.