

# HEALTH CARE ANSWERS WHEN YOU NEED THEM



## Cigna Group Insurance Value-Add Services

### Available at no cost to you as part of your Cigna benefits!

Welcome to a value-add service designed to help you, and your family, navigate the health care landscape - one turn at a time. Let us help you - your spouse, dependents, parents and parents-in-law - get the answers you need, when you need them.

#### Don't know where to turn? We point the way.

- › Find the right health care professionals based on your needs
- › Schedule appointments; arrange for medical tests or special treatments
- › Answer questions about diagnoses, test results, treatments and medications

#### Want to maximize your benefit dollars?

##### We can help you save.

- › Get the estimated fees for services in your area
- › Find options for non-covered and alternative health services
- › Receive information about generic drug options
- › Address questions and concerns related to your medical bills

#### Need eldercare or special needs services?

##### We're there for you.

- › Find in-home care, adult day care, group homes, assisted living and long-term care
- › Clarify or get help applying for Medicare, Medicare Supplement plans and Medicaid
- › Coordinate care among multiple providers
- › Arrange transportation to appointments



## CIGNA GROUP INSURANCE

### Health Advocacy Services

Access to help when you need it for all your health care, insurance or medical bill needs - for you and your family, including parents and parents-in-law.



866.799.2725



Health advocacy services are NOT health insurance or medical services, and this program does not provide either for health care services or for the reimbursement for financial losses of health care services. Health advocacy services are provided under a contract with Health Advocate, Inc. subject to all of the terms of that contract. Presented here are highlights of the program. Full terms, conditions and exclusions are contained in the Health Advocate service agreement. "Health Advocate" and "Medical Bill Saver" are trademarks of Health Advocate, Inc. used under license.

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Help is only a call away.

Call 866.799.2725

Together, all the way.<sup>SM</sup>



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