Programs and services to enhance your health and wellness

Improving health has many rewards

From acupuncture to natural supplements. From aerobic classes to a therapeutic massage. You and your family have health choices like never before. How do you learn more about the many alternatives and choose to make them a part of your family’s healthy lifestyle? That’s the idea behind Healthy Rewards®. This program provides discounts on health programs and services as part of CIGNA’s ongoing effort to promote wellness.

Reward Yourself

CIGNA Healthy Rewards® broadens your health care choices and saves you money. There’s no time limit or maximum to Healthy Rewards®, so you and your covered family members can use them whenever you need them. Enjoy instant savings when you visit a participating provider or shop online.

You value your health enough to make smart choices. A better, healthier lifestyle is only a click away.

No referrals. No claim forms. No catch.

Simply visit the website below to print out a Healthy Rewards ID card, which you and your covered family members can present to any Healthy Rewards provider to access discounts on a range of health programs and services.

To access Healthy Rewards®:
CIGNA.com/rewards | password: savings
Or call us at: 1.800.258.3312

If good health is its own reward, consider this a well-deserved bonus.

The following Healthy Rewards® programs are available to you and your family members enrolled in a CIGNA life, accident or disability plan.

Weight Management and Nutrition
Healthy Roads Weight Management Program
Registered Dietitian Network
Jenny Craig
Weight Watchers®
NutriSystem®
Weight Management Scales
Dental Care
Anti-Cavity Products through Epic™
Power Toothbrush
Vision and Hearing Care
Exams, Eyewear and Contacts
Lasik Vision Correction
Hearing Exams and Aids
Tobacco Cessation
Healthy Roads Tobacco Cessation Program
Tobacco Solutions™ Quitnet®
Alternative Medicine
Acupuncture
Chiropractic Care
Massage Therapy
Mind/Body
Healthy Roads Mind/Body Program
Yoga Journal
SpaFinder™
Fitness
Fitness Club Memberships
Just Walk 10,000 Steps-a-Day™
Vitamins, Health and Wellness Products
Drugstore.com™
ChooseHealthy™
Healthy Lifestyle Products
Mayo Clinic Books
Magazine Subscriptions

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