• When you arrive at your destination, register with the U.S. Embassy Consular.

## Safety practices

- When you go out, go with a friend.
- Let someone know where you are going and when you plan to return.
- Carry only enough money for the day.
- Don't sleep on public transportation.
- Know and obey local laws.
- Always maintain a low-key profile, especially in places where there may be hostility towards Americans.
- No matter where you are staying, do not open your door to a stranger.
- Never loan your house or room keys to anyone.
- Remember no matter how safe you feel there is crime everywhere. Pick-pocketing and theft of a purse or bag is the most common. Keep your valuables in a pouch under your clothing. Wear jackets with zippers and inside pockets. Never place your jacket on the back of a chair, even if you are sitting in the chair.
- Avoid restaurants or entertainment places where Americans are known to congregate.
- Avoid protest groups and other potentially volatile situations. If you find yourself close to an unruly crowd back away (so you can observe and avoid items being thrown) until you are out of range and then turn and leave the area quickly. NEVER engage in conversation with persons in these groups.
- Politely decline offers of food or drink from strangers.
- Learn local customs and dress in a manner that is not offensive

## Weekend travel

- Always tell someone your travel plans including destination, hotel, dates of travel, and method of travel.
- Travel with others you know.
- Avoid travel at night. Don't sleep on public transportation.
- Do not hitchhike.
- Use reputable hotels, hostels, etc.; your safety is worth the cost.
- Check the U.S. Consular web site to see if there is a travel advisory for your destination. http://www.travel.state.gov.

## If you have a problem

- Call the WFU Police collect at 336-758-5591 or if you cannot call, E-mail: hotline@wfu.edu
- Call the local U.S. Embassy Consular. Obtain the number prior to traveling at http:// www.travel.state.gov.
- If you are arrested, cooperate with local authorities and ask to call the U.S. Embassy.

WAKE FOREST

## POLICE

Phone: 336-758-5591 Fax: 336-758-4283 Web: www.wfu.edu/police hotline@wfu.edu

## Study Abroad Travel Safety



# It's up to you

## Before you leave

- Make sure your passport is good for a few months past the projected date of your return.
- Take only the credit cards and personal identification you will actually need.
- Keep a copy of your credit cards, passport and travelers checks separate from these items
- Obtain enough prescription medicine to last until you return home. Carry medicine in its original container. Take a copy of your prescription.
- Take enough pharmaceutical items to last during the entire time overseas.
- Notify your medical insurance company of your overseas travel. Obtain instructions on filing claims.
- If you have any medical conditions get a medical bracelet.
- Place a luggage tag on the outside of your suitcases. The tag should be the closure type that does not show your name or any U.S. affiliation on the outside. Also place a card with your information on the inside of the suitcase.
- Obtain the cell phone number of the Faculty or staff member accompanying the trip.

#### At the airport Increased security at airports requires new travel attitudes.

- Check in early; some overseas airlines will not allow you to board if you're late. Contact the airline for exact times. Plan connecting flights so a delay will not cause you to miss your overseas flight.
- All carryon luggage is subject to search. DO NOT change items from one bag to another while waiting for security or customs. Do exactly what they tell you.
- Keep your luggage with you at all times; do not allow anyone to watch it for you. Do not set your luggage, purse, etc. at your feet.
- Wait for your flight past the security checkpoint. Only passengers are allowed in these areas.
- Dress casually and do not wear expensive jewelry.
- Do not leave your personal items unattended on the plane. Items could be stolen in flight.



### When you arrive

- If possible, arrange for someone to meet you.
- Exchange some money at the airport for transportation.
- If you have not prearranged or know about ground transportation, ask an airline official. Ask about fees prior to using transportation.
- Do not engage in idle conversation with strangers, especially if they ask personal questions or say they want to practice their English.
  Beware of individuals trying to distract you while their partner steals your bag or picks your pocket.
- If you stay at a hotel ask for a lower level room, but not the ground floor. Do no hang "Make up room" tag on your door; that notifies thieves that you are not in.
- Do not leave valuables in your room. Use the hotel safe or carry them with you.
- Check for the nearest fire stairwell.
- On a train or in some hotels you may need to turn in your passport. Always ask when you can retrieve it and get it back as soon as possible.