

Natascha Romeo, M.Ed, CHES

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EDUCATION

Master of Education (M.Ed.), Public Health Education, University of North Carolina at Greensboro

Bachelors of Science (B.S.), Health Education, University of South Carolina at Columbia

CERTIFICATIONS

Certified Health Education Specialist (C.H.E.S.)

Wellness and Health Coach – May 2015

TEACHING EXPERIENCE

Assistant Professor of the Practice, Department of Health and Exercise Science, Wake Forest University, 2011-Present

- Develop curriculum for and teach ten sections of Health & Exercise Science (HES) 100: Life Style and Health annually; serve as lower division academic advisor; evaluate graduate student teaching; enhance the professional attributes of students; maintain excellence in teaching, scholarship, and service to the community, department and university; and other duties as requested or assigned by the administration.

PROFESSIONAL EXPERIENCE

Health and Wellness Educator, Student Affairs, University of North Carolina School of the Arts, 2015-Present

- Plan, implement, and evaluate a variety of health promotion campus initiatives (i.e., awareness campaigns, special events); supervise Campus Fitness Center and staff; provide individual consultations; collaborate with campus and community leaders on health related issues; coordinate administration of health behavior surveys on campus (i.e., CORE Alcohol and Drug Survey); serve on campus and community committees.

University Health Educator, Student Health Service, Wake Forest University, 1990-2015

- Develop curriculum for and teach Health & Exercise Science (HES) 201: Health Issues on College Campuses I and HES 202: Health Issues on College Campuses II each semester. Plan, implement, and evaluate a variety of health promotion campus initiatives (i.e., peer health education, awareness campaigns, special events); provide individual consultations; collaborate with campus and community leaders on health related issues; coordinate administration of health behavior surveys on campus (i.e., National College Health Assessment); serve on campus and community committees/task forces.

SERVICE

- UNCSA Food Ark Advisor, 2018-present
- UNCSA Environmental Club Advisor, 2018-present
- Faculty/Staff Advisor, Golden Key International Honor Society, WFU, 1996- present
- Winston-Salem/Forsyth County Alcohol and other Drug Prevention Coalition, 1990-present
- WFU Hunger Board, 2013-2015
- Communications Coordinator/State Coordinator, NC/SC Network Addressing Collegiate Alcohol and other Drug Abuse, 2000-2015
- Graylyn Pool Advisory Board Member, 1998-2017
- Nutrition Advisory Board, WFU, 1996-2003
- Safe Rides Coordinator, WFU, 1992-2005
- Honorary Member, Golden Key International Honor Society (1992), Omicron Delta Kappa (2000)

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SELECTED PRESENTATIONS

- Romeo, N., Montplaisir, B., Wilson, S.L. (2014). Sustainability through Collaboration presented at the Southern College Health Association Annual Meeting, Atlanta, GA.
- Romeo, N., Bailey, E., Tapler, A., Walch, R. (2009). YES! A Required Health Class CAN Be Relevant to an Inherently Diverse College Population poster session presented at the ACHA National Meeting, San Francisco, CA.
- Romeo, N., Price, C, Woodard, S. (2008). Utilizing Trend Data for a Healthier Campus poster sessions presented at the ACHA National Meeting, Orlando, FL.
- Romeo, N., Woodard, S. (2007). Utilizing Trend Data for a Healthier Campus presented at the Southern College Health Association Annual Meeting, Gatlinburg, TN.
- Romeo, N., Walch, R., Kirkley, D. (2005). Uniting Student Life Staff and Faculty through Curriculum Infusion Projects presented at the Southern College Health Association Meeting, Asheville, NC.
- Romeo, N., Walch, R., Kirkley, D. (2004). Extreme Makeover: Shaping the Future by Uniting Student Life Staff and Faculty through Curriculum Infusion Projects presented at the U.S. Department of Education's 18th Annual National Meeting on Alcohol and other Drug Abuse, Arlington, VA.
- Romeo, N. (2004). The Art of Collaboration presented at the North Carolina Council of Health Professionals meeting, Elon, NC.
- Romeo, N., Walch, R., Kirkley, D., Morrison, F. (2003). Statewide Coalition: Building Relationships to Guide Change presented at the U.S. Department of Education's Annual National Meeting on Alcohol and other Drug Abuse, Austin, TX.
- Romeo, N., Jessup, C. (2003). Partnering for Success: Responsible Server Training presented at Elon University Coalition meeting, Elon, NC.
- Romeo, N., Ziman,R. (2002). Proving a Problem Exists – Getting the Data You Need presented at the NC/SC Network Conference, Black Mountain, NC.
- Romeo, N. (2002). Environmental Management at Work in North Carolina presented at the College Leadership Convocation, Greensboro, NC.
- Romeo, N. (2001). Underage Drinking: Forsyth County Youth and Parent Focus Groups presented at Town Meeting sponsored by the Winston-Salem/Forsyth County Coalition for Drug Abuse Prevention, Winston-Salem, NC.
- Romeo, N. (2001). Health Education: The Art of Juggling presented at the North Carolina Council of Health Professionals meeting, Hickory, NC.