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**Friends of IMPROVment®,**

We're thrilled to share an inspiring lineup of upcoming events, recent highlights, and collaborations that celebrate the intersection of arts, community, and health. We're in the midst of presentations on creative aging and intergenerational connection throughout our region and around the globe. Learn more below about our recent and upcoming events.

Warmly,

A handwritten signature in black ink, appearing to read "Chr Soriano".

*Christina Soriano*

*Founder/Executive Director of IMPROVment®*

[improvement.wfu.edu](http://improvement.wfu.edu)

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**2026 AAM Annual Meeting & MuseumExpo  
Program**

Christina Soriano will present at the 2026 AAM Annual Meeting & MuseumExpo Program this Friday, May 22. Can older and younger generations come together to create shared experiences that benefit people of all ages? Is honest dialogue between elders and “youngers” possible? This interactive session explores two successful models of co-creation and conversation: an intergenerational dance initiative and the award-winning LGBTQ+ Intergenerational Dialogue Project. This session is part of a series on creative aging, generously supported by E.A. Michelson Philanthropy.

[More about this event](#)

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## Blooming Together



# Blooming Together

INTERGENERATIONAL ARTS FESTIVAL

Join us for the **3rd annual Blooming Together Intergenerational Arts Festival**, a celebration of intergenerational creativity!

**SATURDAY  
MAY 30**

10:00 AM–2:00 PM



**Intergenerational Center**  
for Arts and Wellness

114 30TH STREET, WINSTON-SALEM, NC 27105

**FREE AND  
OPEN TO  
THE PUBLIC**

### ART CLASSES + WORKSHOPS

*Free of charge but pre-registration is required*

Get creative and learn something new! Space is limited, sign up today at [bit.ly/B2Gether](https://bit.ly/B2Gether) or scan the QR code.



### DROP-IN ACTIVITIES

Demonstrations and hands-on activities offered throughout the day!

### HAVE QUESTIONS? CONTACT US!

Lisa Terry, *Connections and Arts Coordinator*  
336-721-6954 | [lterry@seniorservicesinc.org](mailto:lterry@seniorservicesinc.org)

### LEARN MORE:

[bit.ly/bloomtogether\\_fest](https://bit.ly/bloomtogether_fest)



### PRESENTED BY PARTNERS OF THE GENERATIONS CENTER:

Senior Services • 40+ Stage Company • a/perture cinema  
Authoring Action • HandsOn NWNC • Hispanic League  
WFU IMPROVment • Music Carolina • Resilient Rhythms Drumming  
Sawtooth School for Visual Art • Spring Theatre • Trellis Supportive Care  
Winston-Salem State University • Winston-Salem Symphony

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**Saturday, May 30**

10am – 2pm

Join us for a celebration of intergenerational creativity! Check out the exciting classes, workshops, and activities available for you to enjoy—class times are noted on the registration link. IMPROVment® will teach a community class at the Intergenerational Center at **10am**.

## 2nd International Meeting of Arts Prescribing in HealthCare



Christina Soriano taught a workshop at the 2nd International Meeting of Arts Prescribing in HealthCare

[View the program](#)

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## The Maya Angelou Center for Health Equity Caregiver College



Christina Soriano presented at The Maya Angelou Center for Health Equity [Caregiver College](#) (MC2), a weeklong, culturally relevant educational training series designed for caregivers. The [Maya Angelou Research Center for Healthy Communities](#) (MARCH) envisions a world where every individual has the opportunity to achieve their highest attainable standard of health. Through innovative research, community-driven solutions, and transformative education, MARCH fosters partnerships across communities, academia, healthcare, and policy to understand the complex drivers of health, and implement evidence-based solutions that promote well-being for all communities.

## *Narrative Inquiry in Bioethics* with WFU's Dr. Ana Iltis



Do you have a story about navigating nursing home care? The journal *Narrative Inquiry in Bioethics*, with lead editor Wake Forest University professor of bioethics Ana Iltis, PhD, is asking for true, personal stories from people who can share experiences of life and care in a nursing home. This would include people who are residents of nursing homes as well as family members who have intimate first-hand knowledge of their loved one's life in a nursing home.

The journal is interested in stories that explore important aspects of nursing home care, such as respecting residents' independence, maintaining dignity,

form that is interesting and easy to read and the journal's editorial staff can help you if needed.

If you would like to see examples of published stories on other topics, you can visit Narrative Inquiry in Bioethics' page on [Project MUSE](#) and click on the unlocked, open-access issue (they are really interesting).

**Congratulations to Morgan Grygiel!**



from Wake Forest University! Morgan will be working next as a clinical research coordinator at Weill Cornell Medicine in New York City. She'll work with Dr. James Bussel studying Fetal and Neonatal Alloimmune Thrombocytopenia (FNAIT), a rare pregnancy-related disorder where a mother's immune system attacks her baby's platelets. We wish her the best as she continues her important work.

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## *The Arts & Your Brain:* podcast episode with Jennifer Koh



What do the arts actually do to the brain? In the second episode of UNCSCA's podcast "The Arts & Everything," Dr. Christina Hugenschmidt, Christina Soriano and Grammy-winning violinist Jennifer Koh speak with UNCSCA Chancellor Brian Cole to explore how music and dance shape memory, movement and cognition. From Jennifer's recovery after a concussion to new research on the optimal "dose" of dance, this episode offers a fascinating look at the growing science behind creativity and brain health.

[Listen here](#)

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