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**Friends of IMPROVment®,**

Spring is the perfect season for dancing!

See below about some of our recent and upcoming events - including an intergenerational dance performance as part of the [Blooming Together](#) event in May and a [new intergenerational summer camp](#) in July!

As always, we look forward to seeing you for our [Tuesday community class](#)—every week at 2:30pm at the Intergenerational Center for Arts and Wellness.

Take care!

A handwritten signature in black ink, appearing to read "Chr Soriano".

*Christina Soriano*

*Founder/Executive Director of IMPROVment®*

[improvment.wfu.edu](http://improvment.wfu.edu)

**Arts on Prescription**



Christina Soriano, along with student researchers Morgan Grygiel (WFU '26) and Ziqi Huang (WFU '27), presented an IMPROVment® class at the Creative Aging Network's (CAN-NC) Symposium: "Arts on Prescription" in Charlotte.

## Spotlight Feature at Wake Forest University's Office of Civic and Community Engagement



Christina Soriano and IMPROVment® were the subject of a recent profile by Wake Forest University's Office of Civic and Community Engagement.

[Read the Profile](#)

## Blooming Together

YOU ARE INVITED TO THE

**Blooming Together**

INTERGENERATIONAL ARTS FESTIVAL

**MAY 17, 2025**  
10:00 AM–2:00 PM

**FREE AND OPEN TO THE PUBLIC**  
*No registration required*

 **Intergenerational Center**  
for Arts and Wellness



### *Intergeneration Center for Arts and Wellness*

Join us for the 2nd Annual Blooming Together Intergenerational Arts Festival. A Celebration of intergenerational creativity with participating artists ranging from age 4 to 94. Come experience an international cooking demonstration, musical performances, multi-cultural dances, spoken word performances, and opportunities to participate in hands-on arts activities!

This event is free and open to the public! No registration is required!

[More information](#)

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## **Intergenerational Music and Dance Summer Camp**





# 2025 INTERGENERATIONAL SUMMER CAMP

This summer, youth campers and their adult family members or caregivers have the opportunity to come together to connect through music, movement, and creativity at **Intergenerational Summer Camp!**

These **two sessions** will meet daily during the week indicated and are available at no cost to you. Come experience a unique opportunity for families to bond while making new friends and lasting memories!



114 W. 30TH STREET  
WINSTON-SALEM, NC 27105

**JUNE 23-27**  
8:30 AM-12:00 PM

## VISUAL ART CAMP



For rising 3rd-6th graders + their adult family member/caregiver

Unleash your inner artist! In this hands-on visual arts camp, participants will explore a variety of media and techniques to create their own masterpieces. Whether you're a seasoned artist or a first-time creator, this camp is perfect for anyone interested in expressing their creativity.

**JULY 21-25**  
8:30 AM-12:00 PM

## MUSIC AND DANCE CAMP



For children ages 7-10 + their adult family member/caregiver

Get ready to move and groove! This exciting camp offers a dynamic blend of music and dance. With instruction from some of the best in the field, participants will experience the joy of music-making, dance, and rhythm while engaging in fun movement activities.

UNIVERSITY OF NORTH CAROLINA  
SCHOOL OF THE ARTS



### UP TO TWO YOUTH CAMPERS PER ADULT CAMPER

**Space is limited, so be sure to sign up today!**

Don't miss this unique opportunity for fun, connection, and creativity at the Intergenerational Summer Camp. Sign up now and be part of something special!

### REGISTER ONLINE:

[bit.ly/Intergen\\_Camp\\_25](https://bit.ly/Intergen_Camp_25)

or scan the  
QR code



### QUESTIONS:

Contact Susan Lewis

336-721-6964

[slewis@seniorservicesinc.org](mailto:slewis@seniorservicesinc.org)

*Generously Sponsored by the Executive Committee of the Senior Services Board of Directors*

## MUSIC AND DANCE CAMP

July 21-25

8:30am-12pm

Get ready to move and groove! This exciting camp offers a dynamic blend of music and dance. With instruction from some of the best in the field, participants will experience the joy of music-making, dance, and rhythm while engaging in fun movement activities.

**Learn about and attend arts events on  
Wake Forest's campus!**



## **Wake the Arts Newsletter**

Some of you may wonder what I do when I'm not at the Intergenerational Center for Arts and Wellness teaching classes or working on our [IGROOVE study](#). In addition to serving Wake Forest University as the Reynolds Professor of Dance, I am the co-director of the Wake the Arts Center, a mechanism on campus that helps fund arts programming and events across campus. We also work to promote all of the Arts performances and exhibitions happening on campus, many of them free of charge and open to the community. I wanted to take the opportunity to share some of that information with you. [Wake the Arts](#) elevates the arts at Wake Forest University and you can [sign up](#) below to receive our monthly e-letter to learn what's coming next. Hope you'll join us!



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