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### Friends of IMPROVment®,

We wanted to let you know that the [Arts on Prescription](#) conference in Charlotte has been postponed. However, you can still join us on October 1 for the [Quality Aging Conference](#), presented by the Forsyth County Government in partnership with the Senior Services Age-Friendly Forsyth Initiative. We hope to see you there!

Our community class continues on Tuesdays at 2:30 at the Generations Center, so come dance with us.

And as always, if you or someone you know might be interested in participating in the IGROOVE study, please send them our way! [Info here.](#)

Best,

Christina Soriano  
Founder/Executive Director of IMPROVment®  
[improvement.wfu.edu](http://improvement.wfu.edu)

**Welcome, new researchers!**



**QUALITY AGING** CONFERENCE | Forsyth County Government **we care**

IN PARTNERSHIP WITH THE SENIOR SERVICES AGE-FRIENDLY FORSYTH INITIATIVE

Join us for this year's **Quality Aging Conference**, presented by the Forsyth County Government in partnership with the Senior Services Age-Friendly Forsyth Initiative.

**October 1, 2024 | 9:00 AM–3:00 PM**



**114 W. 30th Street, Winston-Salem, NC 27105**

Seniors and caregivers are invited to this free event to receive resources and information on living independently and maintaining the highest quality of life possible. Topics range from physical/mental health to home safety and much more.

Enjoy an included lunch, snacks, vendors, and demonstrations/services.

Registration is first come, first served—reserve your spot at the link below!

## Arts on Prescription POSTPONED

The October 8 [Arts on Prescription](#) conference has been postponed. We will update you with further information soon.

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