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### Friends of IMPROVment®,

We hope you are enjoying the lovely fall weather. This month, we are pleased to share some recent updates with you as we celebrate the grand opening of the new Intergenerational Center for Arts and Wellness at Senior Services.

Join us on November 17 for the grand opening of this extraordinary new space as we offer movement classes from 11-2pm. Visit <https://generationscenter.org/> to see the schedule of the grand opening! We hope to see you there!

### Congratulations to Deepthi Thumuluri



*Deepthi Thumuluri (left), Dr. Rebecca Barnstaple (right)*

Congratulations to Deepthi Thumuluri for being awarded the 2023 IADMS Student Travel Fund from the International Association for Dance Medicine & Science (IADMS). Deepthi presented data on "The Effects of Movement and Socialization on Brain Network Segregation in Older Adults with Alzheimer's Disease" and she is pictured here with our longtime collaborator, Dr. Rebecca Barnstaple.

## IMPROVment© with Renée Fleming



*Christina Soriano (left), Renée Fleming (center), Christina Hugenschmidt (right)*

Christina Soriano and Dr. Christina Hugenschmidt were honored and delighted to speak as part of a free community conversation with soprano Renée Fleming at the Sarah Belk Gambrell Center at Queens University of Charlotte. This session was part of the "Music and Mind" program created by soprano Renée Fleming, a leading advocate for the study of the powerful connections between the arts and health.

## Community Class Update





**improvement**<sup>®</sup>  
*Weekly Community  
 Dance Class*



Starting November 14,  
 the community class picks up on  
 Tuesdays from 3:30-4:15pm at  
**The Intergenerational Center  
 for Arts and Wellness**  
 2895 Shorefair Drive



*Brain.*

*Body.*

*Wellness.*

*Fun Music.*

*Social Engagement.*



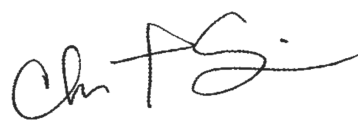
***Join Us!***

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Starting November 14, the community class picks up on Tuesdays from 3:30-4:15pm at The Intergenerational Center for Arts and Wellness (2895 Shorefair Drive in Winston-Salem). We can't wait to move with you in this new location!

Thank you,



Christina Soriano  
 Founder/Executive Director  
 IMPROVment® Initiative  
[improvement.wfu.edu](http://improvement.wfu.edu)

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