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Friends of IMPROVment®,

Our Introductory Workshop is this Sunday, November 6! We still have space for just a couple of people, and we'd love for you to [join us](#). Interested in joining our community of artists and health care professionals? Curious about how improvisational movement can benefit older adults or neurodiverse communities? Want to learn more about how you can use the IMPROVment® method to enhance your work? See you Sunday.

IMPROVment® Workshop November 6, 2022

The flyer features the iImprovement logo at the top. Below it, the text "iImprovement® Introductory Workshop" is displayed. A pink banner contains the text "COME MOVE WITH US! NOVEMBER 6, 2022" and the location "Brookstown Inn, 200 Brookstown Ave, Winston-Salem, NC 27101". To the right, a text box asks if the reader is interested in joining the community and learning about the IMPROVment® method. At the bottom, there is a photo of a diverse group of people holding hands in a circle, with logos for Wake Forest University School of Medicine and EVMS.

COME MOVE WITH US!
NOVEMBER 6, 2022
Brookstown Inn, 200 Brookstown Ave, Winston-Salem, NC 27101

Interested in joining our community of artists and health care professionals? Curious about how improvisational movement can benefit older adults or neurodiverse communities? Want to learn more about how you can use the IMPROVment® method to enhance your work? Come join us!

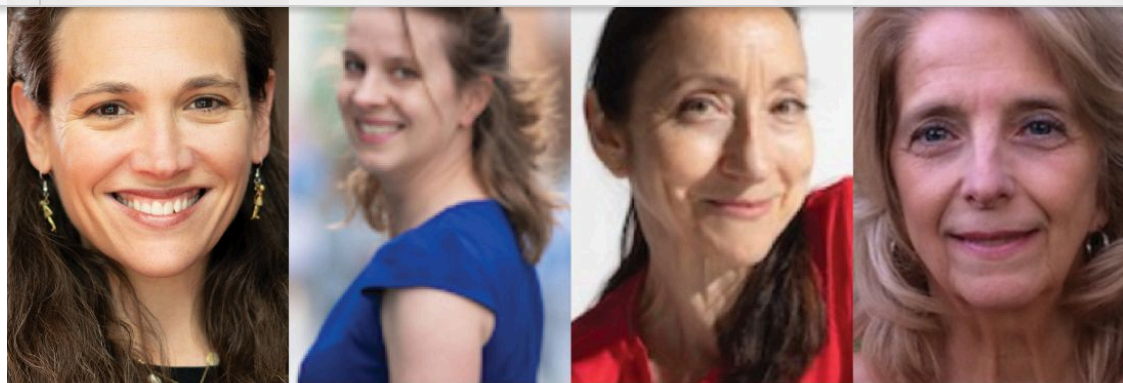
Visit improvement.wfu.edu

WAKE FOREST UNIVERSITY SCHOOL OF MEDICINE
WAKE FOREST UNIVERSITY

Join us for our annual training workshop on **Sunday, November 6** at the [Brookstown Inn](#) in downtown Winston-Salem!

[REGISTER HERE](#)

International Conference



IADMS International Association for Dance Medicine & Science

Christina Soriano was invited to present IMPROVment® research on “Mindful Movement as a Diagnostic Tool” at the [International Association for Dance Medicine and Science’s 32nd Annual Conference](#) held in Limerick, Ireland alongside co-presenters Daisy Bremmer, Clare Guss-West, and Jo-Anne La Flèche.

Warmly,

Christina Soriano
Founder/Executive Director
IMPROVment® Initiative
improvement.wfu.edu

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