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Friends of IMPROVment®,

Our Introductory Workshop is just a few weeks away! Interested in joining our community of artists and health care professionals? Curious about how improvisational movement can benefit older adults or neurodiverse communities? Want to learn more about how you can use the IMPROVment® method to enhance your work? We hope you'll join us.

IMPROVment® Workshop November 6, 2022

A promotional graphic for the IMPROVment Introductory Workshop. It features the IMPROVment logo at the top left. Below the logo, the text "Introductory Workshop" is written in a purple, sans-serif font. A pink banner contains the text "COME MOVE WITH US! NOVEMBER 6, 2022" in bold, black, uppercase letters, followed by the address "Brookstown Inn, 200 Brookstown Ave, Winston-Salem, NC 27101". To the right of the banner, a smaller text block reads: "Interested in joining our community of artists and health care professionals? Curious about how improvisational movement can benefit older adults or neurodiverse communities? Want to learn more about how you can use the IMPROVment® method to enhance your work? Come join us!". Below the banner, there is a photograph of a diverse group of people holding hands in a circle. At the bottom left, there are logos for Wake Forest University and the School of Medicine, along with the text "Visit improvement.wfu.edu".

COME MOVE WITH US!
NOVEMBER 6, 2022
Brookstown Inn, 200 Brookstown Ave, Winston-Salem, NC 27101

Interested in joining our community of artists and health care professionals? Curious about how improvisational movement can benefit older adults or neurodiverse communities? Want to learn more about how you can use the IMPROVment® method to enhance your work? Come join us!

Visit improvement.wfu.edu

WAKE FOREST UNIVERSITY
SCHOOL OF MEDICINE
WAKE FOREST UNIVERSITY

We hope you'll join us for our annual training workshop on **Sunday, November 6.**

[REGISTER HERE](#)

Updates and Research



Sofia Campbell at Wake Forest University's Undergraduate Research Day

Sofia Campbell presented her URECA-funded research at [Wake Forest University's Undergraduate Research Day](#). For her Undergraduate Research and Creative Activities funded summer fellowship (URECA), Sofia created 16 new virtual classes for the mobile IMPROVment® application: Home IMPROVment®. This work is part of a grant funded by the Retirement Research Foundation. Inspired by previous virtual classes, Sofia incorporated various genres of music like classical, jazz, country, disco, classic rock, and rock music to the new classes. During this time she also studied and analyzed the data that was collected from the IMOVE study under the Unusual Uses Tasks assessment. This involved her going through the scoring and responses of the participants that responded to an object with separate uses and identifying if each use was a correct use or a redundant use.

Sofia Campbell is a WFU junior from Charlotte, NC majoring in Biology and minoring in Dance and Neuroscience. She is pursuing a Pre-Medical undergraduate degree at Wake Forest as a First Generation student. Sofia loves to continue her passion at Wake Forest where she is a Presidential Scholar for dance, member of the dance company, and member of the Wake Forest Dance Team. With mentorship from Christina Soriano and Dr. Christina Hugendschmidt, Sofia is researching how dance can improve the quality of life of someone living with Dementia. Sofia joined the IMPROVment® team in 2020 and is now prospering as a member of the research and dance intervention team.

Warmly,

Christina Soriano
Founder/Executive Director
IMPROVment® Initiative
improvement.wfu.edu

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