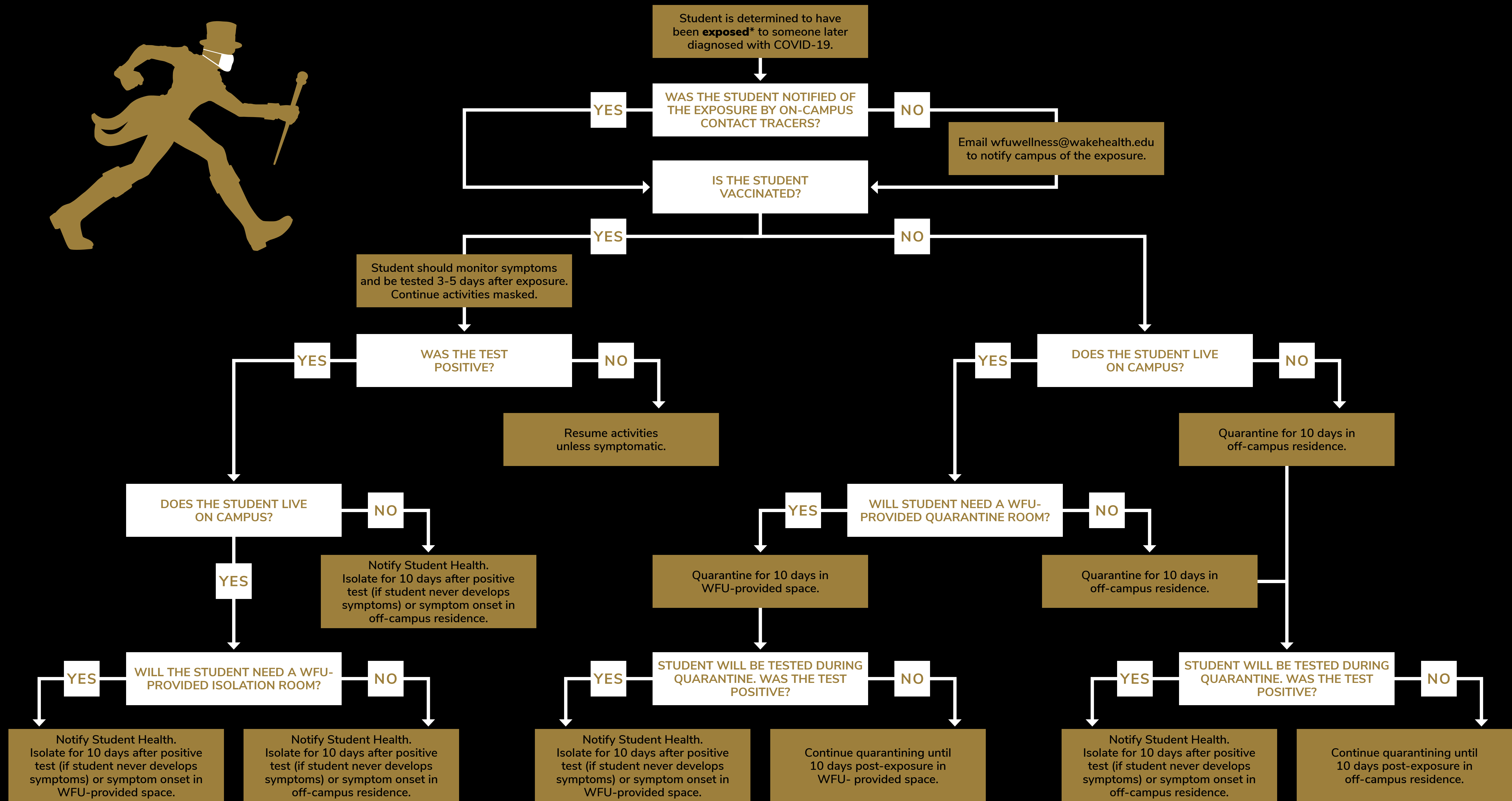


COVID-19 EXPOSURE: A STEP-BY-STEP GUIDE FOR WAKE FOREST STUDENTS



*A COVID-19 **exposure** is defined by CDC criteria. Exposures include close contact with an individual who has tested positive for COVID-19 or through travel as defined by the CDC. A **close contact** is someone who has been within 6 feet of an infected person (laboratory-confirmed or a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24-hour period. An infected person can spread SARS-CoV-2 starting from 2 days before they have any symptoms (or, for asymptomatic patients, 2 days before the positive specimen collection date) until they meet criteria for discontinuing home isolation. These criteria are regardless of the use of a cloth face mask.