



MENTORING RESOURCE CENTER

WAKE FOREST UNIVERSITY



Fall 2025: Mentoring Partners

Mentoring Partners Newsletter: *Timely tips, resources, and relevant events to support formal and informal mentoring at Wake Forest.*

BUILDING MENTORING RELATIONSHIPS IN AN AI DRIVEN WORLD

Artificial Intelligence is rapidly changing the landscape of higher education. We are all trying to determine how, when, and where AI should be used as a helpful tool and to identify when AI is a hindrance to the learning, growth and development of our students. At last week's Mentoring Partners Kick-Off Breakfast, we were joined by Dr. Betsy Barre who facilitated a conversation on this topic with a focus on these four key areas:

Developing Mentorship Alongside AI: *How can we make sure students continue to do the work necessary to develop meaningful mentorship relationships? Are there ways AI might actually facilitate these relationships? How do we help students understand when AI is and is not helpful in this regard?*

Mentorship About AI: *How should mentors prepare students for careers where AI fluency will be expected? What knowledge and skills will be necessary, and how can mentors help to develop them?*

Mentorship With AI: *What is the role of the mentor in a world where AI exists? Is it OK for mentors to rely on AI to draft questions, design conversations, or provide feedback on mentee work?*

Mentoring for the Implications of AI: *What will our students need to learn to advance the good of humanity in a world transformed by AI? How can mentors prepare them to address the increasingly complex moral dilemmas AI has introduced, and to do so with wisdom and humility?*

Here are a few of the resources shared at this meeting if you'd like to do a deeper dive:

- **Student Views of AI at Wake Forest** (Presentation by Karen Singer-Freeman, Ph.D., Director of Research, WFU Center for the Advancement of Teaching)
- **How AI is impacting trust among college students and teachers** (*Fast Company*, Elise Silva, University of Pittsburgh, July 21, 2025)
- **What's lost when young people turn to AI for support instead of real people?** (*Chronicle of Evidence-Based Mentoring*, Jean Rhodes, June 10, 2025)

- **[Meditations for Mortals: Four Weeks to Embrace Your Limitations and Make Time for What Counts](#)** and **[Four Thousand Weeks: Time Management for Mortals](#)** by Oliver Burkeman (book recommendations by Betsy Barre)
- **[COREFour Faculty and Staff Guide](#)** - tips and resources for supporting students around relationship-building and developing key mentoring skills.

RECOMMENDED READS & RESOURCES

Are Chatbots Eroding College Students' Networks?: [This piece from CalMatters](#) examines student reliance on Chatbots for getting answers to quick questions and how this practice can negatively impact a college student's ability to build connections and seek help from others.

AI is Changing Mentorship: While AI can streamline mentorship through adaptive learning platforms and administrative assistance, it cannot replace the essential human elements. [This article from Fast Company](#) explores how AI lacks the intuition, empathy, and ability to provide nuanced feedback, moral guidance, and the motivational push that human mentors offer.

Intentional Learning is the Key Skill for the AI Age: As an AI-enabled world disrupts work and life, it is incumbent upon the individual to learn new skills and remain adaptable to be successful. In fact, those who will thrive in the future will be those who know how to build effective relationships and embrace intentional learning, recognizing that every experience and interaction is an opportunity to grow. [Check out this piece for Psychology Today](#) written by Assistant VP Allison McWilliams, Ph.D. which outlines how to adopt practices of intentional learning across career stages.

Double Down on Human Skills for the Future of Work: Even as reports come out about AI replacing entry-level job roles, [developing human skills and connections is a top strategy for future of work success](#): *"The future of knowledge work requires humans to focus on doing the work that AI can't. This work requires greater context and sector-specific domain knowledge."* (Business-Higher Education Forum, August 6, 2025)

Giving Students Job-Ready Skills Through Liberal Arts Education: Brandeis University recently announced a \$25M investment to "reinvent the liberal arts" through skills-focused curriculum. Learn more in [this piece from Inside Higher Ed](#).

Download Toolkits and Guides: Did you know that the Mentoring Resource Center website has [several toolkits and guides](#) to support mentors, mentees, and program coordinators? Log into our password-protected page using your WFU Gmail credentials and start downloading! Explore a few of these resources below:



DEACON SPOTLIGHT

Alumnus **Elliot Ivey ('03)** works in Private Equity Operations at Pathway Capital Management in Irvine, CA. In [this Deacon Spotlight profile](#), Elliot shares his career story as an Economics major who landed in the financial services industry after graduation. Also, he offers up advice for current Wake Forest students and young alumni on how to build meaningful relationships, make new connections, and the importance of paying mentorship forward to others:



elliott ively ('03)

"Whether I'm offering advice to someone early in their career or learning from someone decades ahead of me, I see mentorship as a two-way street. It's about connection, curiosity, and being generous with what we know. You may inadvertently change the trajectory of someone's life for the better."

Connect with the Mentoring Resource Center team if we can support you and your program/department in the months ahead. Please feel free to forward this newsletter to your colleagues.

[Mentoring Resource Center website](#)

Contacts: [Allison McWilliams](#), [Lauren Beam](#), and [Sabrina Broderick](#)
