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# Community Call to Conversation Topics and Prompts

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The C2C topic is the broader theme, and the prompt provides an entry point that allows participants to share a story about themselves. Take a look at our list of topics and prompts and select what resonates with you. You can also choose a unique topic and prompt that relates to the purpose or interests of your group. When developing your own topic and prompt, we recommend framing it so that everyone has an entry point into the conversation and is invited to share a positive experience or story.

## THE POWER OF THE ARTS

Tell us about your most salient arts experience and how it moved you, inspired you or changed how you think.

## CAREER DEVELOPMENT

What was the moment you knew what you wanted to do professionally with your life?

Tell us about a professional mentor whose relationship you value.

What was your first job and what did you learn from it?

What was your favorite job and why?

## COMMUNITY

Tell us about a community in which you are (or have been) a member and how that community made you feel valued.

Tell us about your previous membership as part of a formal or informal club and how the group's values influenced your own.

Where are the places of community in your life where you are both deeply known and loved?

Tell us about a friendship you never thought you would develop but you did.

## GROWTH/STRENGTH

Tell us about a time you took a risk and what you learned from the experience.

Tell us about an experience that took you out of your comfort zone and how you grew from it.

Tell us about someone you know and admire for their strength. Can you share a specific example of when they demonstrated that strength?

Tell us about a time you returned home after a long absence and what it felt like.

## IDENTITY

Tell us about a time when someone identified in you a quality or trait that you had not previously believed about yourself. What impact did that conversation have on you?

## LEADERSHIP & CHARACTER

We tend to speak about "character" when it is noticeably absent. Do the opposite and tell us about a time you saw character in action.

What traits do you look for in a leader and how do you model that in your own life?

Tell us about the best coach, teacher or mentor you've ever had. What made them memorable to you?

## LEADING LIVES THAT MATTER

What does it mean to lead a life that matters and what makes it possible?

What do you wish you knew at 18 that you know now?

Tell us about someone who you believe is living out their life's calling or making a difference in the world because they are pursuing their passion.

## LEGACY

Tell us about a favorite tradition you have, family or otherwise, and what makes it meaningful to you.

## LIFELONG LEARNING

What was the last class you took of any kind and the value of the experience?

What was your favorite class in high school and what about it stands out in your memory?

What one life lesson have you had to learn again, and again and again?

What is something you've learned or are in the process of learning that is stretching you?

How did you develop the skills you use most in your daily life and how do you continue to improve?

## THRIVING IN A POLARIZED SOCIETY

Tell us about a time either professionally or personally when you worked cooperatively with someone whose views were different from your own.

## WELLBEING

Wellbeing is not only the absence of illness and stress, but the presence of purpose, joyful relationships and healthy habits. Think about a person you know who models wellbeing, and tell us about one thing they do to practice self-care.

Tell us about one habit you practice to maintain a state of wellbeing.

Who do you admire for their approach to aging and why?