

## CE&S: Article of the Week

Counselor Education  
and Supervision

# Article of the Week

*Speaking of Stigma: Piloting Language Training in Addiction  
Counseling Coursework*



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### Abstract

This pilot study examined counselor-in-training (CIT) attitudes and awareness regarding stigma and stigmatizing language aimed at those with substance use disorders before and after an author-developed educational intervention. Results indicated this intervention positively impacted CIT awareness and attitudes and their ability to identify and change stigmatizing language. Implications are discussed.

### Words from the Authors

Stigma is pervasive in the SUD treatment field, and counselors are not immune to unwittingly perpetuating that stigma through the words they use. We know a lot about the harm stigmatizing

language can cause, and by developing and testing educational interventions, we hope to prepare future counselors to recognize and dismantle stigma, fostering more compassionate, evidence-based care.

### **Read More**

Grybush, A. L., Stoupas, G., & Clarke, P. B. (2025). Speaking of stigma: Piloting language training in addiction counseling coursework. *Counselor Education and Supervision*, 64(3), 321–330. <https://doi.org/10.1002/ceas.12344>