WAKE FOREST UNIVERSITY
DEPARTMENT OF COUNSELING

STUDENT HANDBOOK

*Master of Arts in Counseling*

*Master of Arts in Human Services*

*Graduate Programs*
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The information in this student handbook applies to the academic year 2022-2023. The Counseling
Department and Wake Forest University reserve the right to change policies and procedures at any time
and without prior notice. Additionally, errors and omissions in published documents (written or
electronic) may be corrected at any time. Students will be notified via email of changes to policies or
procedures that occur during the academic year. Changes may be added as an appendix to the student
handbook or the student handbook will be reposted with the changes included.
Welcome

Welcome to the Counseling Program. The faculty hopes that each student will have a successful and rewarding experience as they begin the journey toward professional counseling. The faculty is committed to providing a learning environment that is challenging as well as supportive. We believe that our mutual cooperation, collaboration, and commitment will provide you with opportunities to build skills, obtain knowledge, and develop attitudes leading to the finest practice within the counseling and human services fields.

While students are assigned a faculty advisor in the first semester, it is ultimately each student’s responsibility to know the information contained in this handbook and to monitor progress toward a degree. Students are also expected to be familiar with information contained in the appropriate Field Experience Manual, in the Graduate Student Handbook, and in the degree plan. Review this manual periodically, and when questions arise, contact your advisor. Contact information for Department Staff and Program Directors is listed later in this handbook. Contact information for all faculty members is listed on the Department of Counseling website https://counseling.graduate.wfu.edu/

Introduction

This handbook serves as a guide in helping students to better understand the program, the degrees offered, policies and procedures, and student rights and responsibilities. The handbook is available at: https://counseling.graduate.wfu.edu/forms/student-forms-information/ It is “required reading” for all counseling and human services students and should be examined in its entirety upon admission to a Graduate Program with the Department of Counseling.

This handbook is not intended to be a comprehensive listing of all Wake Forest University policies, only the policies specific to the Department of Counseling. Please see the Wake Forest University Graduate Student Handbook at: https://graduate.wfu.edu/graduate-bulletin-archive/ for general information about University policies.

It is the student’s responsibility to read and become familiar with the information in this handbook. To ensure each student has read this handbook and understood the responsibilities, policies, and procedures as outlined, please sign the Acknowledgement of Student Responsibilities included at the end of this handbook and submit it during New Student Orientation as directed.
Wake Forest University Facts

Wake Forest University is a private, coeducational institution dedicated to academic excellence in liberal arts, graduate education, and professional education. Founded in 1834, the University is ranked among the top thirty national universities. With 5,472 undergraduates and 3,348 graduate and professional students, the student-faculty ratio is 11:1. Wake Forest is a collegiate university offering a vibrant intellectual community with a rich cultural life, an impressive array of facilities and an active athletics community. The University has a deep institutional commitment to public service and engagement with the world, as indicated by the motto “pro humanitate.” For quick facts about the University, go to https://about.wfu.edu/

Wake Forest is located in Winston-Salem, North Carolina – part of the beautiful Piedmont Triad metropolitan region which has a population of more than 1.6 million and is listed among the top 35 best places to live in North America by Cities Ranked and Rated. Known as the state’s “City of the Arts,” Winston-Salem offers a vast array of arts experiences ranging from music venues to galleries to theatre and film festivals. The city is also ranked among the top 50 US cities for affordability on national surveys.

Student Recruitment

The Department of Counseling is committed to recruiting students from a variety of backgrounds, experiences, and cultural influences in an effort to create a more rewarding and enriched educational experience for all students. We provide a rich, diverse cultural experience through course offerings, workshops, and regional cultural events. In interactions with students, from admission through graduation, the faculty does not discriminate based on a student’s gender, age, race, sexual orientation, disability, or national origin.
**Program Overview**

The following are professional graduate programs in the Department of Counseling at Wake Forest University:

Clinical Mental Health Counseling (CMHC), School Counseling (SC), and Addiction Counseling (AC).

Wake Forest University awards the Master of Arts for all programs. The Department of Counseling also offers a Dual Degree in Master of Arts in Counseling and Master of Divinity in collaboration with the Wake Forest University School of Divinity.

**Clinical Mental Health Counseling (CMHC)**

The Clinical Mental Health Counseling specialty leads to eligibility, after passing the required examination and meeting the post-master’s supervised experience requirement, as a Licensed Clinical Mental Health Counselor in North Carolina and may lead to licensure in other states, depending on the requirements in that state. The core required courses in the program meet the eight core areas outlined by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and required by most states for licensure. In addition, students will gain professional knowledge, skills, and practices necessary to address a wide variety of circumstances within the clinical mental health counseling context.

*It is imperative that Virtual Campus students check the requirements in their state for licensure. Some states do not accept coursework from online study.*

**School Counseling (SC)**

The School Counseling specialty leads to eligibility, after submitting appropriate paperwork and passing the school licensure exam, for K-12 licensure as a school counselor in North Carolina and may lead to licensure or endorsement in other states, depending on their requirements, and is based on the requirements of the North Carolina State Board of Education and Department of Public Instruction. This specialty is accredited by the Council for the Accreditation of Educator Preparation, and CACREP. The core required courses in the program meet the eight CACREP core areas required by most states for licensure. In addition, students will gain the professional knowledge, skills, and practices necessary to promote the academic, career, and personal/social development of all K-12 students.

*It is imperative that Virtual Campus students check the requirements in their state for licensure. We have found that some states require obtaining the license in North Carolina and transferring the license to their home state. Again, it is imperative that students know their home state’s requirements.*

**Addiction Counseling (AC)**

The Addiction Counseling specialty leads to eligibility, after passing the required examination and meeting the post-master’s supervised experience requirement, as a Licensed Clinical Mental Health Counselor in North Carolina and may lead to licensure in other states, depending on the requirements in that state. The core required courses in the program meet the eight core areas outlined by the Council for
Accreditation of Counseling and Related Educational Programs (CACREP) and required by most states for licensure. In addition, students will gain professional knowledge, skills, and practices necessary to address a wide variety of circumstances within substance abuse and addiction recovery settings. The Addiction Counseling track is a new specialty area and, therefore, is not CACREP accredited. We plan to apply for accreditation for the Addiction Counseling track as soon as we have the requisite data and information needed for the application.

*It is imperative that Virtual Campus students check the requirements in their state for licensure. Some states do not accept coursework from online study.*

**Master of Divinity and Master of Counseling (Dual Degree with the WFU School of Divinity)**

This degree is an academic program for graduate students in the full-time Reynolda Campus program who seek to enter the ministry with skills in both theology and in counseling. Students accepted into the dual degree program would be able to complete the requirements for both the Divinity and Master of Arts in Counseling degrees in four years instead of the usual five years. In this combined program, neither the M.Div. nor the MA Counseling degree is compromised. The curriculum is in line with the accreditation bodies of both partners. All classes occur on the Reynolda Campus of Wake Forest University. Graduates will also meet the educational requirements of licensure as professional counselors in North Carolina and in the most other states.

**Human Services**

Wake Forest University’s Master of Arts in Human Services program is dedicated to training human services professionals who are committed to serving the needs of their communities. In a variety of roles and settings, our students excel as community leaders, advocates and practitioners who model compassionate service to humanity and foster the well-being of society. The Human Services program is offered exclusively online.
**Vision Statement**

The Wake Forest Department of Counseling aspires to be a dynamic and engaging academic community that…

- Attracts a diverse community of scholars and students from across the country and throughout the world
- Employs the cohort model to integrate the knowledge, skills, and experiences of faculty and students
- Builds on established research and theories, current inquiries, and exemplary practices
- Creates service and research responses to meet current and future challenges to well-being and mental health
- Fosters a climate of critical thinking, ethical deliberation, and responsive action
- Honors the teacher-scholar ideal
- Models excellence in community leadership, advocacy, and practice
- Collaborates with other academic entities

**Mission Statement**

Faculty members collectively aspire to provide a rigorous intellectual climate and a supportive atmosphere encouraging personal and professional development to a diverse student body in order to prepare professionals who

- practice effectively and ethically;
- value diversity, diligence and life-long learning;
- excel as culturally competent practitioners, community leaders, and advocates;
- possess deep awareness of themselves and of their impact on others; and,
- engage in the compassionate service of humanity to foster the wellness of people everywhere.

**Overall Program Objectives**

Faculty members strive for those aspirations by focusing on the following program objectives:

- Create a learning community that is respectful of student rights, responsibility, dignity and inherent worth by emphasizing excellence in teaching.
- Build a culture of accountability in which students demonstrate high professional standards for ethical behavior, clinical skill development, academic performance, interpersonal relationships, professional attitudes, and professional character.
- Provide curricular experiences for students to learn and demonstrate knowledge of the eight core standards designated by CACREP: (a) professional counseling orientation
and ethical practice; (b) social and cultural diversity; (c) human growth and development; (d) career development; (e) helping relationships; (f) group work; (g) assessment; and (h) research and program evaluation.

- Engage students in activities that enable them to evaluate evidence, be open to new ideas and engage in the understanding and appreciation of the perspectives of others.
- Engage students in experiences in which they demonstrate an understanding of continual personal and professional growth.
- Provide experiences encouraging students to engage in the compassionate service to humanity and foster the wellness of people.
- Provide experiences encouraging students and graduates to assume leadership roles by advocating for the profession.
- Provide excellence in supervised clinical experiences promoting professional and personal development throughout the clinical course sequence.

Clinical Mental Health Counseling Program Objectives

_In addition to the overall program objectives outlined previously, the Clinical Mental Health Counseling Program has the following additional objectives:_

- Students will engage in a continuous process of monitoring their growth and development as counselors through reflection and self-evaluation and will utilize opportunities to obtain feedback from peers and supervisors.
- Students will perform a wide range of therapeutic services among diverse client populations and in a variety of settings.
- Students will acquire the knowledge and skills needed to assess, diagnose (when appropriate), form case conceptualizations, and develop treatment plans for diverse client populations.
- Students will use evidence-based approaches that promote prevention, early intervention, wellness, and advocacy; taking into account the client, the environment, and the interaction between the two.
- Students will develop skills for working with clients dealing with substance abuse, suicidal ideation, crisis, disaster, and other trauma-causing events.
- Students will collaborate with teams of other mental health and medical professionals so as to provide the best possible care for their clients.
- Students will acquire knowledge and skills related to the operation of mental health services including public mental health policy, finances, regulatory processes, mental health service delivery systems, clinical mental health counseling services networks and advocacy.
School Counseling Program Objectives

In addition to the overall program objectives outlined previously, the School Counseling Program has the following additional objectives:

- Students will engage in a continuous process of monitoring their growth and development as counselors through reflection and self-evaluation and will utilize opportunities to obtain feedback from peers and supervisors.
- Students will develop the knowledge and skills to design, deliver and evaluate school counseling programs that integrate and support the school’s overall mission.
- Students will learn to work effectively with the system of people who affect the lives of children such as parents, teachers, administrators, community service providers, legislators and others.
- Students will acquire knowledge and skills required for the functions of a school counselor who advocates for children. Those include counseling, coordinating, consulting, case management and design of a program that includes the guidance curriculum, individual planning, responsive services and system support.
- Students will demonstrate the competency to collect, analyze, use and disseminate data.
- Students will understand and appreciate the present and future needs of a pluralistic society and roles of schools and school counseling in enhancing the well-being of children in the world.

Addiction Counseling Program Objectives

1. Students will engage in a continuous process of monitoring their growth and development as addiction counselors through reflection and self-evaluation and will utilize opportunities to obtain feedback from peers and supervisors.
2. Students will demonstrate knowledge of the foundations and contextual aspects of addiction counseling.
3. Students will acquire the knowledge and skills needed to assess, diagnose (when appropriate), form case conceptualizations, and develop treatment plans for diverse client populations dealing with addiction.
4. Students will use evidence-based approaches that promote prevention, early intervention, wellness, and advocacy associated with addiction counseling.
5. Students will develop skills for working with clients dealing with substance abuse, suicidal ideation, crisis, disaster, and other trauma-causing events.
6. Students will collaborate with teams of other addiction professionals so as to provide the best possible care for their clients.
Human Services Program Objectives

In addition to the common program objectives outlined previously, the Master of Arts in Human Services Program has the following additional objectives:

1. Students will engage in a continuous process of monitoring their growth and development as human services professionals through reflection and self-evaluation and will utilize opportunities to obtain feedback from peers and supervisors.
2. Students will develop the knowledge and skills to serve individuals, families, groups, and communities and/or to provide other functions required to support human services organizations.
3. Students will acquire knowledge and skills related to the operation of health services including program planning and evaluation; organizational management, supervision and development of staff; strategic planning; developing and monitoring budgets; grant and contract negotiation; legal and regulatory issues; and volunteer management.
4. Students will collaborate with teams of other human services, mental health and medical professionals so as to provide the best possible services for their clients.
5. Students will understand and appreciate the present and future needs of a pluralistic society and roles of human services organizations in advocating for and enhancing the well-being of individuals and groups.

Program Delivery

The Master of Arts in Counseling is offered in two settings. Although the delivery of the program varies, the program requirements and the coursework are equivalent.

- **Reynolda Campus:** Refers to students enrolled full-time at the Wake Forest University campus in Winston-Salem, North Carolina. These students complete the required sixty credit hours in five consecutive semesters (including a summer school semester). Courses are offered face-to-face on the Reynolda Campus during weekdays. Students must enroll in the fall semester to be included in these programs.

- **Virtual Campus:** Refers to students enrolled part-time who complete their coursework online with two intensive weekend residencies in Winston-Salem, North Carolina. Students can enroll in the fall, spring, or summer semester to be included in these programs. Students typically enroll in six credit hours per semester. During the intensive weekend residencies, students will interact with the faculty on the Reynolda campus and further develop their counseling and interpersonal skills in learning groups, become better acquainted with the program and upcoming expectations, and develop plans for their practicum and internship experiences.

The Master of Arts in Human Services program is offered exclusively via Virtual Campus
• **Virtual Campus:** Refers to students enrolled part-time who complete their coursework online with two intensive weekend residencies in Winston-Salem, North Carolina. Students can enroll in the fall, spring, or summer semester to be included in these programs. Students typically enroll in six credit hours per semester. During the intensive weekend residencies, students will interact with the faculty on the Reynolda campus and further develop their human services and interpersonal skills in learning groups, become better acquainted with the program and upcoming expectations, and develop plans for their field experience.
Accreditation of Counseling Program

Counseling programs accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) adhere to the highest standards in counselor education and accept their responsibility to provide quality training programs. Accreditation is a powerful tool for continual self-evaluation and improvement, and the Department of Counseling at Wake Forest University has been actively involved in this process since 1994.

The School Counseling and Clinical Mental Health Counseling programs Reynolda Campus programs have been accredited since 1995. The School Counseling and Clinical Mental Health Counseling Reynolda Campus and Virtual Campus programs have been approved for accreditation through October 2026. The Addiction Counseling Program is not accredited by CACREP. However, once we have the requisite data and information requested for accreditation, we will apply for the addiction counseling program to be accredited by CACREP.

Benefits to students of CACREP accredited programs include:

- Students can become National Certified Counselors (NCC) eligible after passing the National Counselor Exam (NCE) without the two-year post master’s experience.
- Students in CACREP accredited programs are eligible to take the NCE prior to graduation.
- “CACREP Accreditation provides recognition that the content and quality of the program has been evaluated and meets standards set by the profession. The student, as a consumer, can be assured that appropriate knowledge and skill areas are included and that the program is stable, professionally and financially” (cacrep.org; retrieved November 15, 2011).
- In North Carolina and in some other states, when applying for licensure, students need only submit the official transcript from their degree program. Without CACREP accreditation, many states require course syllabi in addition to the transcript.

CACREP Standards

The eight CACREP common core curriculum area standards include:

- **Professional Orientation and Ethical Practice**: Studies that provide an understanding of all of the following aspects of professional functioning.
- **Social and Cultural Diversity**: Studies that provide an understanding of the cultural context of relationships, issues, and trends in a multicultural society.
- **Human Growth and Development**: Studies that provide an understanding of the nature and needs of persons at all developmental levels and in multicultural contexts.
- **Career Development**: Studies that provide an understanding of career development and related life factors.
- **Helping Relationships**: Studies that provide an understanding of the counseling process in a multicultural society.
- **Group Work**: Studies that provide both theoretical and experiential understandings of group purpose, development, dynamics, theories, methods, skills, and other group approaches in a multicultural society.
- **Assessment**: Studies that provide an understanding of individual and group approaches to assessment and evaluation in a multicultural society.
• **Research and Program Evaluation:** Studies that provide an understanding of research methods, statistical analysis, needs assessment, and program evaluation.

  *No matter which specialty area one chooses, the eight CACREP core areas are essential in building the foundational knowledge, skills, and practices required of all counselors.*

**Preparation for Enrollment**

- **Complete a Background Check**
  - You will receive a link to our approved vendor “Crimcheck” with directions on how to complete and pay for the required background check. The cost is $25.00 (some states are higher) and results will be available to us within three working days from the time you complete the paperwork. Any student who has a criminal offense documented through this procedure will have to address this on a case-by-case basis with the Program Director and Department Chair. Areas of concern may include, but are not limited to, felony convictions, especially those involving harm to others, theft or fraud convictions, and patterns of misdemeanors other than moving traffic violations.

- **Tuition and Fees**
  - You will be responsible for payment of tuition at the rate of $1,610 per credit hour for the 2022-2023 academic year. Tuition bills will be sent by Student Financial Services and may also include the following University fee:
    - *Transcript Fee* – $3.15 each, with an additional charge for expedited services.
  - Tuition is due August 1st for the fall term, December 1st for the spring term and May 1st for the summer term. For additional financial information, please visit [www.wfu.edu/sfs](http://www.wfu.edu/sfs).

- **Order Textbooks**
  - Wake Forest offers an online option for ordering textbooks
    - See [http://www.wfu.edu/stores/store.textbooks.php](http://www.wfu.edu/stores/store.textbooks.php)
  - Wake Forest’s Bookstore Accepts: Cash (In-Store Only), Checks, Visa, Master Card, American Express, Discover, ATM, and Google Checkout.
  - Contact Information: Donna McNeill, Course Materials Manager
    - *Phone:* 336.758.3388
    - *Fax:* 336.758.4155
    - *Email:* mcneildr@wfu.edu

- **Ensure computer access and hardware meets requirements outlined in Computer System Requirements on page 16 of this handbook.**

- **Complete the Orientation Course (Virtual Campus Only)**

*Please note that the above requirements refer only to those actions required by the Department of Counseling. There may be additional requirements outlined by the University for incoming student enrollment, which may be found on the Graduate School’s website, [http://graduate.wfu.edu/](http://graduate.wfu.edu/).*
Computer System Requirements

The Wake Forest Online Counseling Program uses Canvas as the platform for delivering online courses. This platform is also used by instructors to supplement their face-to-face courses. Canvas is a web-based application capable of supporting teaching and learning, project collaboration, and group interaction.

Before you enroll in an online course, make sure you have access to a high speed Internet connection and a computer that meets the following requirements in order to meet the minimal technical requirements for using Canvas:

- **Operating System:** Windows 2000 and up (Windows 10 Professional recommended); Mac OS X 10.13 and up
- **Processor:** Intel Core i5 Windows; Intel Core i5 or M1 for Mac.
- **Hardware:** Windows or Mac with at least 256GB SSD
- **High Speed Internet Connection:** Internet Service Provider
- **Specialty Hardware:** Sound Card & Speakers, USB Microphone to record your speech and listen to playback, and USB Video Camera
- **Browser & Software:**

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Additionally, some of the online courses may require you to watch online videos or to create a PowerPoint slide presentation with embedded audio of your speech. The syllabus will state whether any specialty hardware is required for the course and how to obtain it.

Some applications may require that the following programs are installed on your computer system:

- Adobe Flash Player, Adobe Reader, or Adobe Shockwave Player
- Java
- Quicktime

Programs within Microsoft Office are used in most online courses to complete assignments. Please confirm that your version of Office is still being supported at https://support.microsoft.com.

- All written documents must be submitted in Word
- All spreadsheet files much be submitted in Excel.
- All slide presentations must be submitted in PowerPoint.
WFU Department of Counseling: Student Handbook updated Fall 2022

Canvas

As mentioned above, Canvas is the learning management system that we use for both the campus program and online program. Students can access Canvas online at canvas.wfu.edu. To log into Canvas, students should enter their WFU username and password. During the new student orientation, online students will receive information and resources about navigating Canvas, such as how to set up their profile, user settings, and notifications; as well as how to view course announcements, respond to discussion posts, take a quiz or exam, check grades, and use the calendar.

Student Authentication

Wake Forest University uses several best practices to ensure student authentication. First, students log into their Wake Forest University email with a username and password that requires a two-step verification. Second, Wake Forest University systems operate with a single sign-on (SSO). This allows students to log into various WFU applications (e.g., WIN, Canvas, email) with the same email and password. Third, background checks are required for all admitted counseling and human services students. Fourth, all applicants for our counseling and human services programs participate in either virtual or in person, synchronous, admissions interviews. Online students participate in an interview with a staff member that is recorded and reviewed by admissions committee faculty. Fourth, online students are encouraged to attend weekly, virtual, lives sessions and office hours in which they interact directly with faculty and practitioner instructors. Fifth, all online students are required to attend two in-person residencies on the Wake Forest University campus.

Program of Study

Students should visit the Department of Counseling website (https://counseling.graduate.wfu.edu/) or view the pages included in this manual for the course requirements, sequence of courses, and program planning guide specific to the delivery method. Students are assigned an advisor during the first semester of enrollment and should work with that person on career plans, program of study, licensure requirements and long-term goals.
Course Requirements
Wake Forest University Master of Arts – Counseling
Virtual Campus and Reynolda Campus Students

A minimum of 60 semester hours is required for the Master of Arts degree in Counseling. The Program of Study includes fourteen required Core Courses, three Clinical Courses, and three courses in a Program Specialty Area.

**Core Courses:** (42 semester hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNS 721:</td>
<td>“Research and Statistical Analysis in Counseling” (3)</td>
</tr>
<tr>
<td>CNS 736:</td>
<td>“Appraisal Procedures for Counselors” (3)</td>
</tr>
<tr>
<td>CNS 737:</td>
<td>“Basic Counseling Skills and Techniques” (3)</td>
</tr>
<tr>
<td>CNS 739:</td>
<td>“Advanced Counseling Skills and Crisis Management” (3)</td>
</tr>
<tr>
<td>CNS 740:</td>
<td>“Professional Orientation to Counseling” (3)</td>
</tr>
<tr>
<td>CNS 741:</td>
<td>“Theories and Models of Counseling” (3)</td>
</tr>
<tr>
<td>CNS 742:</td>
<td>“Group Procedures in Counseling” (3)</td>
</tr>
<tr>
<td>CNS 743:</td>
<td>“Career Development and Counseling” (3)</td>
</tr>
<tr>
<td>CNS 747:</td>
<td>“Cultures and Counseling” (3)</td>
</tr>
<tr>
<td>CNS 748:</td>
<td>“Life Span Development: Implications for Counseling” (3)</td>
</tr>
<tr>
<td>CNS 765:</td>
<td>“Addiction Counseling” (3)</td>
</tr>
<tr>
<td>CNS 773:</td>
<td>“Family Counseling” (3)</td>
</tr>
<tr>
<td>CNS 780:</td>
<td>“Professional, Ethical &amp; Legal Issues in Counseling” (2)</td>
</tr>
<tr>
<td>CNS 786:</td>
<td>“Consultation and Program Planning” (2)</td>
</tr>
<tr>
<td>CNS 790:</td>
<td>“Professional Identity Capstone Course” (2)</td>
</tr>
</tbody>
</table>

**Clinical Courses:** (9 semester hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNS 738:</td>
<td>“Counseling Practicum” (3)</td>
</tr>
<tr>
<td>CNS 744:</td>
<td>“Counseling Internship I” (3)</td>
</tr>
<tr>
<td>CNS 745:</td>
<td>“Counseling Internship II” (3)</td>
</tr>
<tr>
<td>CNS 755:</td>
<td>“Counseling Internship III” (2) if needed, is not required</td>
</tr>
</tbody>
</table>

**Program Specialty Courses:** (9 semester hours)

<table>
<thead>
<tr>
<th>Addiction Counseling</th>
<th>Clinical Mental Health Counseling</th>
<th>School Counseling</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNS 777: Addiction Counseling Skills</td>
<td>CNS 771: Clinical Mental Health Counseling (3)</td>
<td>CNS 749: School Guidance and Counseling (3)</td>
</tr>
<tr>
<td>CNS 770: Classification of Mental and Emotional Disorders</td>
<td>CNS 770: Classification of Mental and Emotional Disorders (3)</td>
<td>CNS 746: Counseling Children (3)</td>
</tr>
<tr>
<td>CNS 776: Assessment and Treatment Planning in Addictions Counseling</td>
<td>CNS 762: Case Formulation and Treatment Planning in Clinical Mental Health Counseling (3)</td>
<td>CNS 760: Issues in School Counseling (3)</td>
</tr>
</tbody>
</table>

**Approved Electives (Reynolda Campus Only):** (0-6 semester hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNS 746:</td>
<td>“Counseling Children” (3) (for Clinical Mental Health Counseling students)</td>
</tr>
<tr>
<td>CNS 770:</td>
<td>“Classification of Mental and Emotional Disorders” (3) (for School Counseling students)</td>
</tr>
<tr>
<td>CNS 750:</td>
<td>“The Vienna Theorists” (3)</td>
</tr>
<tr>
<td>CNS 764:</td>
<td>“Creative Arts in Counseling” (3)</td>
</tr>
</tbody>
</table>

Total 60-66 semester hours
Course Requirements

Wake Forest University Master of Arts – Human Services
Virtual Campus Students

A minimum of 39 semester hours is required for the Master of Arts degree in Human Services. The Program of Study includes ten required courses in common with the Master of Arts degree in Counseling program, two specialty courses in human services administration and programming, and one course of field experience.

**CORE COURSES (with Counseling):** (30 semester hours)

- CNS 721: “Research and Statistical Analysis in Counseling” (3)
- CNS 737: “Basic Counseling Skills and Techniques” (3)
- CNS 739: “Advanced Counseling Skills and Crisis Management” (3)
- CNS 740: “Professional Orientation to Counseling” (3)
- CNS 741: “Theories and Models of Counseling” (3)
- CNS 742: “Group Procedures in Counseling” (3)
- CNS 743: “Career Development and Counseling” (3)
- CNS 747: “Cultures and Counseling” (3)
- CNS 748: “Life Span Development: Implications for Counseling” (3)
- CNS 773: “Family Counseling” (3)

**PROGRAM SPECIALTY COURSES:** (9 semester hours)

- CNS 752: “Human Services Administration” (3)
- CNS 753: “Human Services Program Planning and Evaluation” (3)
- CNS 754: “Human Services Field Experience” (3)

Total 39 semester hours
Program Planning Guide
Wake Forest University Master of Arts – Counseling
Virtual Campus and Reynolda Campus Students

STUDENT:                      TRACK:                      DATE:
ADVISOR:                      DATE:

CORE COURSES                 SEMESTER TO COMPLETE
721 Research and Statistical Analysis in Counseling (3)
736 Appraisal Procedures for Counselors (3)
737 Basic Counseling Skills and Techniques (3)
739 Advanced Counseling Skills and Crisis Management (3)
740 Professional Orientation to Counseling (3)
741 Theories and Models of Counseling (3)
742 Group Procedures in Counseling (3)
743 Career Development and Counseling (3)
750 Addiction Counseling (3)
747 Cultures and Counseling (3)
748 Lifespan Development: Implications for Counseling (3)
773 Family Counseling (3)
780 Professional, Ethical & Legal Issues in Counseling (2)
786 Consultation and Program Planning (2)
790 Professional Identity Capstone Course (2)

SUBTOTAL 15 courses 42 credits

CLINICAL COURSES             SEMESTER TO COMPLETE
738 Counseling Practicum (3)
744 Counseling Internship I (3)
745 Counseling Internship II (3)
755 Counseling Internship III (2)

SUBTOTAL 3 courses 9 credits

PROGRAM SPECIALTY AREA: Choose One

SCHOOL COUNSELING             SEMESTER TO COMPLETE
749 School Guidance and Counseling (3)
746 Counseling Children (3)
760 Issues in School Counseling (3)

SUBTOTAL 3 courses 9 credits

OR

CLINICAL MENTAL HEALTH COUNSELING  SEMESTER TO COMPLETE
771 Clinical Mental Health Counseling (3)
770 Classification of Mental and Emotional Disorders (3)
762 Case Formulation and Treatment Planning in Clinical Mental Health Counseling (3)

SUBTOTAL 3 courses 9 credits

ADDITION COUNSELING            SEMESTER TO COMPLETE
777 Addiction Counseling Skills (3)
770 Classification of Mental and Emotional Disorders (3)
776 Assessment and Treatment Planning in Addictions (3)

SUBTOTAL 3 courses 9 credits
ELECTIVES (Reynolda Campus Only)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Semester to Complete</th>
</tr>
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<tbody>
<tr>
<td>750</td>
<td>Vienna Theorists (3)</td>
<td></td>
</tr>
<tr>
<td>770</td>
<td>(for School counseling students) (3)</td>
<td></td>
</tr>
<tr>
<td>746</td>
<td>(for Clinical Mental Health counseling students) (3)</td>
<td></td>
</tr>
<tr>
<td>764</td>
<td>Creative Arts in Counseling (3)</td>
<td></td>
</tr>
<tr>
<td>766</td>
<td>Crisis Prevention and Response (3)</td>
<td></td>
</tr>
<tr>
<td>767</td>
<td>Human Sexuality (3)</td>
<td></td>
</tr>
<tr>
<td>768</td>
<td>Psychopharmacology for Counselors (3)</td>
<td></td>
</tr>
</tbody>
</table>

SUBTOTAL 1-7 courses 3-18 credits

TOTAL COURSES AND CREDITS 60-78 credits

Program Planning Guide
Wake Forest University Master of Arts – Human Services
Virtual Campus Students

STUDENT: TRACK:

ADVISOR: DATE:

CORE COURSES (with Counseling)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Semester to Complete</th>
</tr>
</thead>
<tbody>
<tr>
<td>721</td>
<td>Research Analysis in Counseling (3)</td>
<td></td>
</tr>
<tr>
<td>737</td>
<td>Basic Counseling Skills &amp; Techniques (3)</td>
<td></td>
</tr>
<tr>
<td>739</td>
<td>Advanced Counseling Skills and Crisis Management (3)</td>
<td></td>
</tr>
<tr>
<td>740</td>
<td>Professional Orientation to Counseling (3)</td>
<td></td>
</tr>
<tr>
<td>741</td>
<td>Theories and Models of Counseling (3)</td>
<td></td>
</tr>
<tr>
<td>742</td>
<td>Group Procedures in Counseling (3)</td>
<td></td>
</tr>
<tr>
<td>743</td>
<td>Career Development and Counseling (3)</td>
<td></td>
</tr>
<tr>
<td>747</td>
<td>Cultures and Counseling (3)</td>
<td></td>
</tr>
<tr>
<td>748</td>
<td>Lifespan Development: Implications for Counseling (3)</td>
<td></td>
</tr>
<tr>
<td>773</td>
<td>Family Counseling (3)</td>
<td></td>
</tr>
</tbody>
</table>

SUBTOTAL 10 courses 30 credits

SPECIALTY COURSES

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Semester to Complete</th>
</tr>
</thead>
<tbody>
<tr>
<td>752</td>
<td>Human Services Administration (3)</td>
<td></td>
</tr>
<tr>
<td>753</td>
<td>Human Services Program Planning and Evaluation (3)</td>
<td></td>
</tr>
<tr>
<td>754</td>
<td>Human Services Field Experience (3)</td>
<td></td>
</tr>
</tbody>
</table>

SUBTOTAL 3 courses 9 credits

TOTAL COURSES AND CREDITS 39 credits
### Sequence of Courses

**Wake Forest University Master of Arts – Counseling**

**Reynolda Campus Students**

<table>
<thead>
<tr>
<th>FIRST YEAR</th>
<th></th>
<th>SECOND YEAR</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FALL</strong></td>
<td><strong>SPRING</strong></td>
<td><strong>SUMMER – 1ST</strong></td>
</tr>
<tr>
<td>CNS 721 Research, Analysis and Statistics (3)</td>
<td>CNS 738 Counseling Practicum (3)</td>
<td>CNS 749 School Guidance and Counseling (3)</td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td>CNS 737 Counseling Skills &amp; Techniques (3)</td>
</tr>
<tr>
<td>OR</td>
<td>CNS 740 Professional Orientation (3)</td>
<td>CNS 742 Group Procedures in Counseling (3)</td>
</tr>
<tr>
<td>CNS 741 Theories and Models of Counseling (3)</td>
<td>CNS 765 Addiction Counseling (3)</td>
<td>CNS 766 Crisis Prevention and Response (3) Elective / Online</td>
</tr>
<tr>
<td>CNS 748 Life Span Development (3)</td>
<td>CNS 747 Cultures &amp; Counseling (3)</td>
<td>CNS 768 Psychopharmacology for Counselors (3) Elective / Online</td>
</tr>
</tbody>
</table>

**Required:** 15 15 6 12 12 = 60 Hours

**Electives:** 6 6 3 = 0-15 Hours

**Total Hours:** = 60-75 Hours
## Sequence of Courses
Wake Forest University Master of Arts – Counseling
Virtual Campus Students

Online MAC Program Delivery Model
As of AY 2022-2023

### Semester 1 + 2
**Foundation Courses (Order varies depending on semester of entry)**
- CNS 740-Professional Orientation to Counseling (3)
- CNS 748-Life Span Development (3)
- CNS 741-Theories and Models of Counseling (3)
- CNS 721-Research and Statistical Analysis in Counseling (3)

### Semesters 3 + 4
**Core Courses (Order varies depending on semester of entry)**
- CNS 747-Cultures and Counseling (3)
- CNS 765-Addiction Counseling (3)
- CNS 742-Group Procedures in Counseling (3)
- CNS 773-Family Counseling (3)

### Semester 5
**Core (Skill) Courses**
- CNS 737-Basic Counseling Skills and Techniques (3)
- CNS 739-Advanced Counseling Skills and Crisis Management (3)

### Residency 1

### Semester 6
**Beginning Practice**
- CNS 749-School and Guidance Counseling (3) OR CNS 771-Clinical Mental Health Counseling (3)
- CNS 777-Addiction Counseling Skills (3)
- CNS 786 Consultation and Program Development in Counseling (2)
- CNS 738-Addictions/CMHC/School Counseling Practicum (3)

### Residency 2

### Semesters 7, 8, 9
**Advanced Practice (Order varies depending on semester of entry)**
- CNS 760-Issues in School Counseling (3) OR CNS 762-Case Form. and FP in MH Counseling (3)
- CNS 776-Assessment & Treat. Plan. in Addic. (3)
- CNS 743 Career Development and Counseling (3)

### OR
- CNS 746: Counseling Children (3) OR CNS 770: Class. of Mental/Emot disorders (3)
- CNS 780-Professional, Ethical and Legal Issues in Counseling (2)
- CNS 744-School Counseling/Clinical Mental Health Internship I (3)

### OR
- CNS 736-Appraisal Procedures for counselors (3)
- CNS 745-School Counseling/Clinical Mental Health Internship II (3)
- CNS 790-Capstone (2)
Sequence of Courses
Wake Forest University Master of Arts – Human Services Online

CNS 740: Professional Orientation to Counseling

CNS 741: Theories and Models of Counseling

CNS 721: Research and Statistical Analysis in Counseling

CNS 747: Cultures and Counseling

CNS 743: Career Development and Counseling

CNS 737: Basic Counseling Skills and Techniques

CNS 742: Group Procedures in Counseling

CNS 739: Advanced Counseling Skills and Crisis Management

CNS 773: Family Counseling

CNS 752: Human Services Administration

CNS 753: Human Services Program Planning and Evaluation

CNS 754: Human Services Field Experience
Residencies (Online Virtual Campus Students)

Two Thursday through Sunday residency experiences are required for Virtual Campus students. These face-to-face sessions will allow faculty to engage in competency and readiness evaluations as well as to plan and evaluate practicum and internship arrangements. Students will also complete the experiential group requirements at this time. Dates will be announced six months in advance. You will get to know your instructors and the students you have previously only met online. Classes will be held on campus.

Occasionally, a student will be invited back to campus for a third residency. The third residency will focus on the student’s readiness for practicum and internship, with a concentration on individual skills assessment.

<table>
<thead>
<tr>
<th>Residency</th>
<th>When</th>
<th>Time</th>
<th>Purpose</th>
</tr>
</thead>
</table>
| **First** | Between end of foundation and start of core courses. | Intensive Weekend: Thursday, Friday, Saturday, and half-day Sunday. | • Early program matriculation gate keeping function.  
• Complete competency project of foundational didactive knowledge.  
• Evaluate field experience feasibility. |
| **Second** | Between end of core courses and start of beginning practice. | Intensive Weekend: Thursday, Friday, Saturday, and half-day Sunday. | • Finalize any outstanding field experience approvals.  
• Complete competency project of core courses – knowledge and skills.  
• Complete required group counseling experiences with program faculty. |
| **Third** (MAC) | Anytime during beginning practice and advance practice semesters. | On an as-needed basis per student outcome assessment. | • Complete remediation intensive practice with program faculty per program faculty, facilitators and clinical preceptor evaluations. |
Field Experiences

Counseling:
The practicum and internship courses involve direct client contact in professional counseling settings. Please refer to the Counseling Field Experience Manual for complete information about the clinical courses.

The progression of clinical courses is as follows, with each course listed being the prerequisite for the next one:

- CNS 738: Counseling Practicum
- CNS 744: Counseling Internship I
- CNS 745: Counseling Internship II
- CNS 755: Counseling Internship III (if applicable)

CNS 738: Counseling Practicum
The purpose of the practicum course is for students to continue gaining skills and knowledge of the counseling experience. Students will continue to practice foundational counseling skills and behaviors learned in the basic counseling skills and techniques course and will have the opportunity to integrate more advanced skills through practice in class, supervised recorded sessions, and/or observation and direct service at the practicum site. Under the direction of a qualified supervisor, each student will record counseling sessions with a consenting client. The number of recorded sessions will be determined by the practicum instructor. The student will meet face-to-face with a supervisor to review the recording and focus on developing skills, understanding clients and growing as a professional.

Additionally, students are required to complete 185 hours, including 50 hours of direct client contact, at a practicum site, and receive site supervision over the course of CNS 738: Counseling Practicum (see the Field Experience Manual). Students will be evaluated throughout the semester by their site supervisor(s) and their University instructor. More details about evaluation are included in the Evaluation and Continuation Policy included on pages 31 – 43 of this handbook.

As the beginning site experience of counselors-in-training, practicum is designed to socialize students into a practice setting. Practicum focuses on the foundational counseling skills, understanding people in systems and the personal qualities needed to develop an authentic and effective counseling relationship. This professional relationship requires that counselors understand themselves as well as the experiences of the person being helped. The effective counseling relationship demands that counselors think beyond their own frame of reference, to understand the world as the client sees it. Therefore, the practicum experience requires students to appreciate the work at their site, to strengthen their skills, knowledge, and self-understanding, and to develop enhanced understanding of the people they are helping.

CNS 744: Counseling Internship I, CNS 745: Counseling Internship II, and CNS 755: Counseling Internship III
The purpose of the internship course is for students to integrate the skills and knowledge of the counseling experience through placement at a program-appropriate internship site. Students will integrate all skills learned in the skills and practicum courses while collecting internship hours at an approved site. Under the direction of a qualified supervisor, each student will carry out the counseling and professional duties.
appropriate to the site. The student will meet face-to-face with the site supervisor on a weekly basis to review skill, professional, and personal growth.

Students are required to complete 600 hours at an internship site, of which 240 must be in direct service, over the course of CNS 744: Internship I and CNS 745: Internship II (See the Field Experience Manual). Some students elect to extend their internship experience over three semesters. In that scenario, students would complete 200 hours in each of three internship courses, including CNS 744, CNS 745, and CNS 755. Students will be evaluated throughout the semester by their supervisor(s) and instructor. More details about evaluation are included in the Evaluation and Continuation Policy included on pages 31-43 of this handbook.

Students in internship will be expected to perform the duties of the practitioners at their site. As in practicum, students will need to enhance their advanced counseling skills, their self-awareness as it impacts the counseling relationships, and their appreciation for the complexities of their clients. Additionally, students will be expected to become a viable part of the setting in which they are completing internship and to contribute significantly to the work being done there.

**Human Services:**
The field experience course involves direct agency contact in professional human services settings. Please refer to the Human Services Field Experience Manual for complete information about the field experience course.

**CNS 754: Human Services Field Experience**
Field experience is a learning experience in the human services delivery organization in which the student will complete 350 hours of on-site work with the agency. Students, university supervisors and on-site partners will determine the student’s role, activities, outcomes, and instructional needs based on the placement site possibilities.

### Preparation for Field Experiences

See the Field Experience Manuals for deadlines and explanation of the application process for the practicum and internship or field experiences.

*Students MUST consult with designated university personnel before making any formal arrangements with a field placement site.* The Department of Counseling’s Clinical Manager has the primary responsibility for approving placements and verifying that Site Supervisors have CACREP or CSHSE mandated certification and experience. The Clinical Manager will work closely with students and other WFU personnel to select a site that is a good fit with the student’s interests and developmental needs.
State Requirements

Each student should become familiar with the requirements for counseling licensure in his or her state. For example, some states require that a percentage of hours be spent diagnosing or conducting group work during practicum or internship experiences. Licensure requirements may change without notice. It is the student’s responsibility to stay current with requirements.

Choosing Your Specialty Track

Currently, the Department of Counseling offers four Specialty Tracks within its two degree programs: Clinical Mental Health Counseling, School Counseling, Addiction Counseling, and Human Services. Students are admitted to a specific degree program. (Occasionally, a part time online student admitted to one degree program may desire, or be recommended, to change to the other degree program. Such decisions are made by the Director of Online Programs and in consultation with the student’s faculty advisor.) In the Counseling degree program, students must select a track: Clinical Mental Health Counseling (CMHC), School Counseling (SC), or Addiction Counseling (AC). The CMHC and SC Counseling tracks are CACREP accredited for the Reynolda Campus and Virtual Campus delivery methods. The AC track is not CACREP accredited. It is not possible for students to graduate with degrees in both Human Services and Counseling or with degrees in a combination of counseling tracks (e.g., Clinical Mental Health and School Counseling).

Students who are unsure of which track to pursue should:

1. Review this section and recommended websites.
2. Talk with their advisor.
3. Consider shadowing a clinical mental health, school, or addiction counselor during the exploration process.

Helpful Websites in Choosing Your Specialty Track

For information regarding required training, projected growth rates, and typical duties of careers within the counseling or human services field, refer to the Bureau of Labor Statistic’s Occupational Outlook Handbook website: http://www.bls.gov/ooh/

Counseling:

For more information about counseling in general, visit the American Counseling Association (ACA) webpage: http://www.counseling.org/

For more information on clinical mental health counseling, refer to the American Mental Health Counseling Association’s (AMHCA) webpage: https://www.amhca.org/home

For more information on professional school counseling, refer to the American School Counseling Association’s (ASCA) webpage: https://www.schoolcounselor.org/
For more information on addiction counseling, refer to the International Association for Addictions and Offender Counselors’ (IAAOC) webpage: [https://www.iaaocounselors.org/](https://www.iaaocounselors.org/)

For counseling state licensing information from ACA, refer to this webpage: [https://www.counseling.org/knowledge-center/licensure-requirements](https://www.counseling.org/knowledge-center/licensure-requirements)

**Human Services:**
For information on the National Organization for Human Services (NOHS), refer to their website: [http://www.nationalhuman-services.org/](http://www.nationalhuman-services.org/)

For information on the U.S. Department of Health and Human Services, refer to their webpage: [http://www.hhs.gov/about/](http://www.hhs.gov/about/)

### Counseling and Human Service Specialties Compared

<table>
<thead>
<tr>
<th>Clinical Mental Health and Addiction Counselors…</th>
<th>Professional School Counselors…</th>
<th>Human Services Professionals…</th>
</tr>
</thead>
<tbody>
<tr>
<td>Work in a variety of settings, including mental health centers, hospitals, residential treatment centers, substance abuse centers, private practice as counselors or administrators.</td>
<td>Work exclusively in the K-12 school setting as school counselors.</td>
<td>Work in a variety of settings, including mental health centers, hospitals, residential treatment centers, substance abuse centers, non-profit agencies as administrators or helping generalists.</td>
</tr>
<tr>
<td>Provide individual and group counseling services to adults, children, adolescents, couples, and families.</td>
<td>Provide individual and group counseling services to students during school hours.</td>
<td>Serve individuals, families, groups, communities and/or provide other functions to support human services organizations.</td>
</tr>
<tr>
<td>Assess, diagnose, and treat clients.</td>
<td>Coordinate activities designed to help students establish personal goals and develop future plans.</td>
<td>Provide services to individuals and groups including case management and intake interviewing, integrate services, systems, and policies, and provide referral and consultation.</td>
</tr>
<tr>
<td>Enhance the overall wellness and functioning of clients through various counseling modalities.</td>
<td>Enhance the academic, career, and person/social domains of students through classroom guidance.</td>
<td>Enhance the overall wellness and functioning of those in need including individuals, groups, families, and/or communities.</td>
</tr>
<tr>
<td>Consult with other mental health providers, community agencies, schools, and health providers on behalf of the client.</td>
<td>Consult with parents, staff, and the community on behalf of the student.</td>
<td>Collaborate with teams of other human services, mental health, and medical professionals so as to provide the best possible services for their clients.</td>
</tr>
<tr>
<td>Advocate for clients within the community and the mental health system.</td>
<td>Advocate for students and educational reform.</td>
<td>Understand and appreciate the present and future needs of a pluralistic society and roles of human services organizations in advocating for an enhancing the well-being of individuals and groups.</td>
</tr>
</tbody>
</table>
Policies Related to Program Completion

This handbook is not meant to be a complete listing of all Wake Forest University student policies. Please see the Wake Forest University Graduate Student Handbook for general information about University policies.

Evaluation & Continuation Policy

RATIONALE

In addition to meeting the academic standards set forth by the Graduate School in Arts and Sciences and by the Counseling Department, students are expected to conduct themselves in an ethical, responsible and professional manner. They must be knowledgeable of, and at all times adhere to, the general standards of professional ethics and practice set forth by the American Counseling Association (ACA http://www.counseling.org ), the Ethical Guidelines for Field Experience Students of Wake Forest University Department of Counseling, as well as the additional standards set forth for professional practice in specific settings. The general and specific NOHS standards for ethical practice human services are listed on the NOHS webpage at http://www.nationalhumanservices.org/ethical-standards-for-hs-professionals. Further, students must adhere to the requirements of regulatory boards overseeing licensure in the State of North Carolina or the student’s state of residence. Practicing unethically will be cause for dismissal from the program. At the outset of their academic program, students are directed to review these standards and seek any clarification needed from their respective advisors.

As future professional counselors and human services professionals, research indicates specific variables conducive to effective practice (Lambert & Bailey, 2001). The faculty endorses those variables and therefore expects students to be emotionally stable and self-controlled, respectful, inclusive, collaborative and cooperative, culturally aware and able to receive and apply feedback willingly, and to give feedback constructively. Further, students are expected to behave generally in a manner that demonstrates fitness for a role in the helping professions. Finally, we expect students to be committed to continued personal growth and professional development and to demonstrate commitment through self-reflection and responsiveness to supervision in all activities related to their degree program. These dispositions and behaviors have been studied and operationalized in an instrument designed to assess these competencies. Lambie and his colleagues (Lambie, Mullen, Swank, & Blount, 2014) developed the Counseling Competencies Scale-Revised (CCS-R) to evaluate skills development and professional dispositions and behaviors. The CCS-R will be used throughout clinical courses to provide feedback supporting students’ development as effective and ethical professionals. The second section of the CCS-R, Part 2: Counseling Dispositions & Behaviors, will be used to evaluate students’ professional dispositions and behaviors. In the sections below, that evaluation form will be referred to as the Professional Dispositions and Behavior Review form (PDBR).
Thus faculty will regularly monitor not only students’ academic progress through coursework and scholarship, but also these selected personal dispositions. This process of a systematic developmental assessment plan is detailed in this document. When a student’s academic or professional progress does not meet program standards, faculty will undertake procedures for remediation to support retention or dismissal from the program, if in the professional judgment of the faculty it is warranted. *The purpose of this monitoring process is to ensure that students of the Wake Forest University Department of Counseling Programs practice effectively and ethically; value diversity, diligence and life-long learning; excel as culturally competent practitioners, possess deep awareness of themselves and engage in the compassionate service to humanity.*

**STATEMENT OF INTENT**

It is the intent of this faculty that all students who are accepted into this program successfully complete their course of training. Our aim is to help develop highly competent and self-aware professionals. We strive to provide students with high quality academic and clinical training and to support them in their personal growth and development. If any problems arise, we may make provisions for additional support and training to remediate developmental weaknesses. We consider it our responsibility to act in the best interests of future consumers and clients and to that end we endorse this student evaluation and continuation policy.

**EXPECTATIONS**

The Wake Forest University Department of Counseling conducts a developmental, systematic assessment of each student’s scholastic, clinical, and dispositional progress through the student’s course of study.

Faculty expectations of students’ academic, professional, and personal development are explicit in admission and grade point policies, program orientation, course syllabi, and clinical evaluations. Additionally, students need to meet deadlines, know University and Department policy, and periodically be in contact with their advisor. Students must read the Student Handbook, the Clinical/Field Experience Manual applicable to their program, and other documents important to the student’s success across their studies.

Students are expected to abstain from and will be subject to disciplinary action (up to and including dismissal from the program) for engaging in unethical, unprofessional, and/or illegal conduct, such as but not limited to substance abuse, inappropriate relationships with clients, failure to follow client confidentiality laws, falsifying records, and misrepresenting their training and experience. Students will also be subject to disciplinary action for unprofessional conduct such as but not limited to excessive absences from classes or field site, failure to contact university faculty or site supervisors when absences occur, or engaging in inappropriate social media behavior.

**Academic Program Standards**

According to the *Bulletin of the Graduate School in Arts and Sciences*, the minimum grade point average required for graduation is 3.0 out of 4.0. The minimum grade point average required for continuance as a graduate student is 2.5 out of 4.0. A student whose cumulative grade point average falls below the 2.5 will be placed on academic probation and will have one semester to bring his/her/their GPA to greater than 2.5.
In addition, the Department of Counseling requires students to make a grade of B or better in each prerequisite counseling skills and clinical course in order to enroll in the next course. In the event that a student makes a grade of B- (below 82.5) or below in one of the below listed courses, that course must be repeated. A Notice of Performance Concern(s) may be presented to the student including additional remedial requirements for completion before or during the time the course is repeated. If a second grade of B- (below 82.5) or below is made in the same course, the student will be dismissed from the program. Please see the Appeal Policies section of the handbook for information on appealing grades.

The progression of counseling skills and clinical courses is as follows, with each course listed being the prerequisite for the next one:

<table>
<thead>
<tr>
<th>For Master of Arts in Counseling Students</th>
<th>For Master of Arts in Human Services Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNS 737: Basic Counseling Skills and Techniques</td>
<td>CNS 737: Basic Counseling Skills and Techniques</td>
</tr>
<tr>
<td>CNS 738: Counseling Practicum</td>
<td>CNS 754: Human Services Field Experience</td>
</tr>
<tr>
<td>CNS 744: Counseling Internship I</td>
<td></td>
</tr>
<tr>
<td>CNS 745: Counseling Internship II</td>
<td></td>
</tr>
<tr>
<td>CNS 755: Counseling Internship III</td>
<td></td>
</tr>
</tbody>
</table>

**Honor Code**

The Wake Forest University Graduate Student Honor Code provides guidance for student conduct with respect to academic pursuits, stipulating that students are to conduct their academic endeavors with honor, integrity and professionalism. The policy can be accessed at the Graduate School website ([http://graduate.wfu.edu/students/](http://graduate.wfu.edu/students/)). The Graduate School requires that each student sign a pledge at orientation indicating that they are familiar with the contents of the Honor Code and accept its conditions.

The Honor Code covers lying, cheating, stealing, vandalism, and research misconduct. The Honor Code requires that a student report a possible Honor Code violation if one is thought to have occurred. Faculty and staff are not required by the Honor Code to report students for academic misconduct; they retain the right to deal with the student as they see appropriate. However, any student accused by a faculty or staff member has the right to request that the matter be handled under the Honor Code system.

**PROFESSIONAL DISPOSITIONS AND BEHAVIOR REVIEW**

Students are evaluated throughout their enrollment in the program using criteria of student achievement as well as professional dispositions and behavior that relate to their competence as counseling practitioners. These criteria are defined as the following nine professional performance standards:

1. Professional ethics
2. Professional behavior
3. Professional and personal boundaries
4. Multicultural competencies
5. Emotional stability and self-control
6. Motivation to learn and grow/initiative
7. Openness to feedback
8. Flexibility and adaptability
9. Congruence and genuineness

Faculty members are continuously monitoring and evaluating student progress and suitability for the field of counseling. Faculty members individually and collectively make judgments as to students’ progress based on the benchmarks listed in the student evaluation section of the student handbook, and on the students’ adherence to the ACA Code of Ethics. These standards will be reflected in the grades assigned by faculty, periodic scheduled evaluations (benchmark points), evaluation forms completed as part of clinical/field experience supervision as well as university faculty and site supervisors’ completion of the PDBR form, and the plan of action based on these evaluations, if necessary.

STUDENT EVALUATION TIMELINE: Master of Arts in Counseling—Full-time students

**Benchmark 1: Completion of the first semester.** This evaluation of each student’s progress in academic performance, personal and professional development, and readiness for continuation to the next level of training takes place at the conclusion of the student’s first semester (15 credit hours). All professors of the first semester courses complete the PDBR form for each student. This measurement of the student’s development incorporates the end of course forms completed by Skills and Techniques instructors (CNS 737) and the critiques of tapes submitted as a part of course requirements.

- **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge and skill development.

A pair of faculty members assigned by the department chair provide feedback to all students at the beginning of the second semester.

**Benchmark 2: Completion of the second semester.** This evaluation of each student’s progress in academic performance, personal and professional development, and readiness for continuation to the next level of training takes place at the conclusion of the student’s second semester. CCS-R forms are completed by the Practicum instructor. All professors of the second semester courses complete PDBR forms. This measurement of the student’s development incorporates the

- **Final Practicum Evaluations** – Completed by the site supervisor and university supervisor.
- **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge and skill development.

A pair of faculty members will provide formal feedback to students whose academic performance, clinical skills, or personal and professional development fall below expectations. These expectations include a GPA of 3.0, average CCS-R counseling skills ratings of a 3 (near expectations), and professional behaviors and dispositions of a 3 (near expectations). Not meeting expectations regarding counseling skills or professional behaviors and dispositions may result in a student being ineligible to continue in the program.

**Benchmark 3 – Completion of CNS 744: Counseling Internship I** This evaluation of each student’s progress in academic performance, personal and professional development, and readiness for continuation to the next level of training takes place at the conclusion of CNS 744: Counseling Internship I. CCS-R
forms are completed by the Internship I instructor. Other instructors have the opportunity to submit a 
*PDBR* form if the professor deems necessary. This measure of the student’s development incorporates the 
- **Final Internship I Evaluations** – Completed by site supervisor and university supervisor.  
- **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge and skill development.

A pair of faculty members will provide formal feedback to students whose academic performance, clinical skills, or personal and professional development fall below expectations. These expectations include a GPA of 3.0, average CCS-R counseling skills ratings of a 3 (near expectations), and professional behaviors and dispositions of a 3 (near expectations). Not meeting expectations regarding counseling skills or professional behaviors and dispositions may result in a student being ineligible to continue in the program.

Besides these formal assessment points, faculty and advisors meet informally with students who a faculty member or advisor may believe are in need of guidance or remediation. If the informal remediation plan does not result in a student’s academic progress, clinical skill development, or personal and professional dispositions improving to the point of meeting expectations, the advisor or faculty member will refer the student’s case to the department chair to initiate the formal student remediation process.

**PART-TIME STUDENT EVALUATION TIMELINE: Master of Arts in Counseling**

**Benchmark 1: Completion of the Foundation Courses.** This evaluation of each student’s progress in academic performance, personal and professional development, and readiness for continuation to the next level of training takes place at the conclusion of the student’s second semester upon the completion of the four core courses (12 credit hours). All professors of foundation courses complete the PDBR.

- **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge.

A pair of faculty members provide feedback to all students during Residency One.

**Benchmark 2: Completion of the Core Courses.** This evaluation of each student’s progress in academic performance, personal and professional development, and readiness for continuation to the next level of training takes place at the conclusion of the student’s fifth semester upon the completion of the six additional courses (30 credit hours). This measurement of the student’s development incorporates the end of course forms completed by Skills and Techniques instructors (CNS 737) and Advanced Counseling Skills and Crisis Management courses (CNS 739), and the critiques of tapes submitted as a part of course requirements. All professors of the core courses complete *PDBR* form.

- **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge and skill development.

- **Skills Video Rubrics** – Completed by Skills Professors in CNS 737 and CNS 739 using skills criteria from the CCS-R. **Students’ Performance on the Residency II Skills Assessment (Skills Assessment Rubric)** – Completed by assigned skills assessment professor at Residency II.

Faculty pairs will provide formal feedback to all students at Residency II. Students whose academic performance, clinical skills, or personal and professional development fall below expectations will receive a formal remediation plan and may not be eligible to register for practicum until concerns are remedied. Expectations include a GPA of 3.0, CCS-R counseling skills ratings of a 3 (near expectations), and professional behaviors and dispositions of a 3 (near expectations). Regarding the skills assessment at residency, it is expected that students will be able to build rapport, express empathy, and gather client
information effectively and efficiently. Average residency skills assessment ratings of a 3 are expected to meet those criteria.

**Benchmark 3: Completion of CNS 738: Counseling Practicum.** This evaluation of each student’s progress in academic performance, personal and professional development, and readiness for continuation to the next level of training takes place at the conclusion of the Practicum field experience. Clinical instructors and site supervisors complete the CCS-R. This measurement of the student’s development incorporates the

- **Final Practicum Evaluations** – Completed by the site supervisor and university supervisor.
- **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge and skill development.

A pair of faculty members will provide formal feedback to students whose academic performance, clinical skills, or personal and professional development fall below expectations. These expectations include a GPA of 3.0, average CCS-R counseling skills ratings of a 3 (near expectations), and professional behaviors and dispositions of a 3 (near expectations). Not meeting expectations regarding counseling skills or professional behaviors and dispositions may result in a student being ineligible to enroll in Internship.

**Benchmark 4 – Completion of CNS 744: Counseling Internship I.** This evaluation of each student’s progress in academic performance, personal and professional development and readiness for continuation to the next level of training takes place at the conclusion of CNS 744: Counseling Internship I. CCS-R forms are completed by the Internship I instructor and site supervisor. Other instructors have the opportunity to submit a PDBR form if a professor deems necessary.

- **Final Internship I Evaluations** – Completed by site supervisor and university supervisor.
- **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge and skill development.

A pair of faculty members will provide formal feedback to students whose academic performance, clinical skills, or personal and professional development fall below expectations. These expectations include a GPA of 3.0, average CCS-R counseling skills ratings of a 3 (near expectations), and professional behaviors and dispositions of a 3 (near expectations). Not meeting expectations regarding counseling skills or professional behaviors and dispositions may result in a student being ineligible to enroll in Internship.

Besides these formal assessment points, faculty and advisors meet informally with students who a faculty member or advisor may believe are in need of guidance or remediation. If the informal remediation plan does not result in a student’s academic progress, clinical skill development, or personal and professional dispositions improving to the point of meeting expectations, the advisor or faculty member will refer the student’s case to the department chair to initiate the formal student remediation process.

**STUDENT EVALUATION TIMELINE: Master of Arts in Human Services**

**Benchmark 1: Completion of the Foundation Courses.** This evaluation of each student’s progress in academic performance, personal and professional development, and readiness for continuation to the next level of training takes place at the conclusion of the student’s second semester upon the completion of the four core courses (12 credit hours). All professors of the foundation courses complete PDBR forms.
• **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge and skill development.

A pair of faculty members provide feedback to all students during Residency One.

**Benchmark 2: Completion of the Core Courses.** This evaluation of each student’s progress in academic performance, personal and professional development, and readiness for continuation to the next level of training takes place at the conclusion of the student’s fifth semester upon the completion of the six core courses (30 credit hours). All professors of the core courses complete *PDBR* forms.

• **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge and skill development.

Faculty pairs will provide formal feedback to all students at Residency II. Students whose academic performance or personal and professional development fall below expectations will receive a formal remediation plan and may not be eligible to register for field experience until concerns are remedied. Expectations include a GPA of 3.0, professional behaviors and dispositions of a 3 (near expectations).

**Benchmark 3: Completion of Human Services Field Experience.**

• **GPA** – A 3.0 is required for graduation; students’ grades reflect their content knowledge and skill development.

• **Student Self-Assessment** – Completed by students as an assignment in the Human Services Field Experience course.

A pair of faculty members will provide formal feedback to students whose academic performance or personal and professional development fall below expectations. These expectations include a GPA of 3.0, and professional behaviors and dispositions of a 3 (near expectations).

**PROFESSIONAL DISPOSITIONS AND BEHAVIORS TIMING AND PROGRESS OVERVIEW**

<table>
<thead>
<tr>
<th>Process</th>
<th>Criteria</th>
<th>By Whom</th>
<th>When</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Benchmark 1:</strong> Completion of First Semester</td>
<td>GPA PDBR</td>
<td>All instructors;</td>
<td>End of 1st semester courses</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Progress: Move to Practicum and Second Semester</td>
</tr>
<tr>
<td><strong>Benchmark 2:</strong> Completion of Second Semester</td>
<td>GPA PDBR CCS-R</td>
<td>Skills and Practicum instructors;</td>
<td>End of 2nd semester courses which includes Practicum</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Progress: Move to Internship I and Third Semester</td>
</tr>
<tr>
<td><strong>Benchmark 3:</strong> Completion of CNS 744; Counseling Internship I</td>
<td>GPA PDBR CCS-R</td>
<td>All instructors; including Internship instructors;</td>
<td>End of 3rd semester courses including Internship I</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Progress: Move to Internship II and apply for graduation</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Process</th>
<th>Criteria</th>
<th>By Whom</th>
<th>When</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Benchmark 1:</strong></td>
<td>GPA PDBR</td>
<td>All practitioner instructors;</td>
<td>Residency One</td>
</tr>
</tbody>
</table>
Part-Time Human Services Students

<table>
<thead>
<tr>
<th>Process</th>
<th>Criteria</th>
<th>By Whom</th>
<th>When</th>
</tr>
</thead>
<tbody>
<tr>
<td>Benchmark 1: Completion of Foundation Courses</td>
<td>GPA PDBR Residency 1</td>
<td>All instructors</td>
<td>Residency One</td>
</tr>
<tr>
<td>Benchmark 2: Completion of Core Courses</td>
<td>GPA PDBR CCS-R Residency 2</td>
<td>All instructors</td>
<td>Residency Two</td>
</tr>
<tr>
<td>Benchmark 3: Completion of CNS 744: Counseling</td>
<td>GPA PDBR CCS-R Superviser Evaluations</td>
<td>Field placement instructor and site supervisors</td>
<td>End of field placement</td>
</tr>
<tr>
<td>Internship I</td>
<td></td>
<td></td>
<td>Progress: graduation</td>
</tr>
<tr>
<td>Benchmark 4: Completion of CNS 738: Counseling</td>
<td>GPA PDBR CCS-R</td>
<td></td>
<td></td>
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<tr>
<td>Practicum</td>
<td></td>
<td></td>
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<tr>
<td>Internship I</td>
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APPEALS PROCESSES

Grade Appeal Process

1. A student in the Department of Counseling who wishes to have an assigned grade reviewed should talk with the faculty member who assigned the grade within 10 days of the grade being assigned.
2. If the student and faculty member cannot resolve the matter, the student should immediately consult the Chair of the Department of Counseling in order to initiate the program’s internal grievance procedure. In the event the Chair is the faculty member who assigned the contested grade, the student should contact his or her Faculty Advisor.
3. Upon written request from the student, the Chair (or Faculty Advisor when applicable) appoints a committee composed of two current faculty members (excluding the faculty member who assigned the grade) to review the grievance.
4. The committee will review materials the committee determines are relevant (such as the syllabus and the student’s work) and interviews both the student and the faculty member.
5. The committee presents written recommendations for action to the Faculty Advisor or to the Chair as indicated by #2 above.
6. The Advisor or Chair informs the student and the faculty member who assigned the grade of the committee’s recommendation.
7. The faculty member may accept or reject the committee’s recommendation and presents this decision, in writing, to the Chair and to the student.
8. If the student is not satisfied with the decision made by the faculty member who assigned the grade, he, she, or they can choose to initiate the Graduate Student Academic Grievance Procedure as outlined in the Graduate Student Handbook.

Unethical, Unprofessional or Illegal Conduct Remediation and Appeals Process:

Note: Faculty may fill out the Professional Dispositions and Behaviors Form at any time for students who engage in illegal or unethical activities or for students whose professional performance is deemed to present an imminent threat to the well-being of others. In such cases, the Department Chair may recommend discontinuation in the program without opportunity for student remediation. The procedures below apply in less egregious situations.

In the event a faculty member has reasonable cause to suspect a student has engaged in unethical, unprofessional or illegal conduct, the following procedure will apply to the review of such conduct.

1. A faculty member completes and submits a PDBR form to the Department Chair for review.
2. When possible and based on the nature of the specific situation, the Department Chair may forgo a more formal Student Progress Committee process (see #3 below) but may, instead
   a) acknowledge via email to the faculty member and student in question, or to only the student if no faculty member is otherwise involved, that a PDBR has been submitted, and
   b) support the faculty member in assigning additional remedial work for the student in question, as a way of further assessing the student’s adherence to professional performance standards.

If the student completes the required additional course-related work and resumes meeting expected professional performance standards as determined by the Chair and faculty member, the PDBR will be included in the student’s internal departmental record with an addendum noting the issue as successfully resolved with the understanding being that the student will continue meeting expected professional performance standards. The student will be notified of the addendum.

If the student fails to complete the required additional course-related work and/or fails to resume meeting expected professional performance standards as determined by the Chair and faculty member, the Chair may initiate a more formal Student Progress Committee process. The student will be notified of this decision.

3. In cases wherein the Department Chair believes a student’s professional performance deficiencies warrant a more formal review process, the Chair will initiate a formal Student Progress Committee process.
a) The Chair will inform the faculty member and student via email that the current matter will be reviewed by a Student Progress Committee comprised of three Department of Counseling faculty members. The faculty member who submitted the PDBR will not participate in the committee’s process. The student will be notified of which faculty are selected to serve on the Student Progress Committee.

b) The student may choose to consult with their Advisor as a neutral party who can answer the student’s questions about the process or provide other appropriate support to the student. This is an option to the student and not a requirement. The Advisor will only be involved at the student’s request. Should the Advisor be the same faculty member who submitted the PDBR, the student can ask that another faculty member be assigned to serve in his/her/their Advisor’s place.

c) The Chair will ask the faculty member who submitted the PDBR, as well as other faculty or staff who have observed the student’s behaviors and dispositions, to supply supporting documents (e.g., email correspondence, assignments) that will be reviewed by the assigned Student Progress Committee.

d) The Chair will invite the student to submit a written statement or other information to the Committee for the Committee’s consideration.

e) Following its deliberation, the Committee will submit for review to the Chair a letter addressed to the student that details the committee’s judgments and, when appropriate, recommendations of next steps in terms of remediation of problematic behaviors and dispositions. The Chair will work with the committee on finalizing the letter before sharing it with the student.

f) The Chair will review the Committee’s recommendations and, within 10 calendar days thereafter, communicate via email with the student in question as to what will be required of the student to resume expected professional performance standards within the Department. The student will then be required to reply within 10 calendar days via email to the Chair’s email.

g) Upon successful completion of the remediation plan, an addendum to the initial PDBR will be included in the student’s internal departmental record noting the issue as successfully resolved with the understanding being that the student will continue meeting expected professional performance standards.

h) Failure to comply with the requirements or evidence of further misconduct at any time during their training program through Wake Forest University will result in additional disciplinary action up to, and including, recommendation for dismissal from the program. The Department will follow the Graduate School’s dismissal policies as outlined in the Graduate School of Arts and Sciences bulletin, available here: https://graduate.wfu.edu/graduate-bulletin-archive/.

i) All documentation related to the review of a student’s professional performance will be included in the student’s internal departmental record.

Note: Students’ dispositions and behaviors, at times, have consequences beyond the Department of Counseling and will, therefore, be subject to University action per other Graduate School or University policies. Plagiarism, an honor code violation, is one such case and may be
immediately passed along to the Graduate School for review. In addition, sexual misconduct will be addressed in accordance with the Student Sexual Misconduct Policy.

**Remediation and Dismissal Appeals**

A student may appeal a remediation or dismissal decision by filing a written appeal with the Department Chair within ten working days of receipt of the decision.

If the student is dissatisfied with the Department Chair’s decision, the student may file a written appeal with the Associate Dean of the Graduate School within ten working days of receipt of the Department chair’s decision. The decision of the Dean of the Graduate School is final.

A student who is appealing a dismissal decision may remain in classes until any appeals have been completed.

**Readmission/Candidacy Appeal**

A student wishing to appeal the decision to not be allowed to be readmitted to the program or not being approved as a candidate for graduation must submit a letter detailing the basis for the appeal to the Department Chair by Monday of the week prior to the start of the subsequent semester. A student will then be afforded the opportunity to meet with the Department of Counseling Student Progress Committee to present his/her case for readmission to the program or approval as candidate for graduation. If the department upholds the withdrawal of admission or approval for candidacy, the student may appeal the decision to the Dean of the Graduate School. Although a student may attend classes during the appeals process, if the appeal is denied, the student will be required to withdraw from class immediately and may not receive a full tuition refund.

**Procedures for Part time Students who Stop Submitting Assignments**

If an entire week passes without a part time student submitting assignments and/or not having contact with instructors, the following will occur:

- Lead/practitioner instructors or Financial Aid Office alerts Department Officials that the student has stopped responding or submitting.
- The student services team at Pearson will attempt to contact the student through email and telephone.
  - While the inactive students are being contacted, faculty and student support staff need to tell students that, if they are not participating at the end of the two weeks, the Department will proceed with the withdrawal procedures.
- If the week two mark hits with no activity and there has been no communication from the student, an email will be sent notifying the student of our administrative withdrawal from the Counseling Program, for lack of activity.
• If the student responds to the lead and/or practitioner instructors after the two-week mark, and expresses his or her plans to continue in the course, the lead instructor will advise the student and the PI about any deduction for late work and implications for any missing assignments. The student would be considered active and there would be no financial implications.

• If the student responds and decides to withdraw, withdrawal procedures will be initiated. Student will be advised that their response to this email is time sensitive and must be received in the next 2 days.
  o If the student does not reply within that time span, the withdrawal procedure will begin.
  o If the student becomes active in the course, no withdrawal will be initiated.

SIGNATURE:

By signing below, I agree to continue to adhere to the Wake Forest University Graduate Student Honor Code, the ACA Code of Ethics, the Ethical Guidelines for Field Experience students of Wake Forest University Department of Counseling, and all other guidelines applicable or specific to a particular setting where I am present, such as an agency, human services organization, or school. I will report any charge, complaint or conviction about a criminal, civil, state board or other professional disciplinary matter(s) to the Wake Forest University Department of Counseling within 10 days of occurrence.

Signature: _____________________________________ Date: ___________________
Professional Dispositions and Behaviors Form (PDBR)

<table>
<thead>
<tr>
<th>Instructor Name:</th>
<th>Student’s Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course:</td>
<td>Semester:</td>
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</table>

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<table>
<thead>
<tr>
<th>Score</th>
<th>Primary Counseling Dispositions and Behaviors</th>
<th>Specific Counseling Disposition &amp; Behavior Descriptors</th>
<th>Exceeds Expectations / Demonstrates Competencies (5)</th>
<th>Meets Expectations / Demonstrates Competencies (4)</th>
<th>Near Expectations / Demonstrates Competencies (3)</th>
<th>Below Expectations / Unacceptable (2)</th>
<th>Harmful (1)</th>
<th>Not Observed</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Professional Ethics</td>
<td>Adheres to the ethical guidelines of the ACA, ASCA, I AMFC, APA &amp; NBCC; including practices within competencies</td>
<td>Demonstrates consistent &amp; advanced (i.e. exploration &amp; deliberation) ethical behavior &amp; judgements.</td>
<td>Demonstrates consistent ethical behavior &amp; judgements.</td>
<td>Demonstrates ethical behavior &amp; judgments, but on a concrete level with a basic ethical decision-making process.</td>
<td>Demonstrates limited ethical behavior &amp; judgment, and a limited ethical decision-making process.</td>
<td>Demonstrates poor ethical behavior &amp; judgement, such as violating the ethical codes &amp;/or makes poor decisions.</td>
<td>Ethical behavior &amp; judgements not observed.</td>
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<td></td>
<td>Professional Behavior</td>
<td>Behaves in a professional manner toward supervisors, peers, &amp; clients (e.g., emotional regulation). Is respectful and appreciative to the culture of colleagues and is able to effectively collaborate with others.</td>
<td>Demonstrates consistent &amp; advanced respectfulness and thoughtfulness, &amp; appropriate within all professional interactions.</td>
<td>Demonstrates consistent respectfulness and thoughtfulness, &amp; appropriate within professional interactions.</td>
<td>Demonstrates inconsistent respectfulness and thoughtfulness and acts inappropriate within some professional interactions.</td>
<td>Demonstrates limited respectfulness and thoughtfulness &amp; acts inappropriate within some counseling setting/course.</td>
<td>Demonstrates poor professional behavior, such as repeatedly being disrespectful of others &amp;/or impedes the professional atmosphere of the counseling setting/course.</td>
<td>Professional behavior not observed.</td>
</tr>
<tr>
<td>Professional &amp; Personal Boundaries</td>
<td>Maintains appropriate boundaries with supervisors, peers, &amp; clients.</td>
<td>Demonstrates consistent &amp; strong appropriate boundaries with supervisors, peers, &amp; clients.</td>
<td>Demonstrates appropriate boundaries with supervisors, peers, &amp; clients.</td>
<td>Demonstrates inappropriate boundaries with supervisors, peers, &amp; clients.</td>
<td>Demonstrates poor boundaries with supervisors, peers, &amp; clients; such as engaging in dual relationships.</td>
<td>Professional &amp; personal boundaries not observed.</td>
<td></td>
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</tr>
<tr>
<td>Knowledge &amp; Adherence to Site &amp; Course Policies</td>
<td>Demonstrates an understanding &amp; appreciation for all counseling site and course policies &amp; procedures.</td>
<td>Demonstrates consistent adherence to all counseling site and course policies &amp; procedures, including strong attendance and engagement.</td>
<td>Demonstrates adherence to most counseling site and course policies &amp; procedures, including strong attendance and engagement.</td>
<td>Demonstrates inconsistent adherence to counseling site and course policies &amp; procedures, including attendance and engagement.</td>
<td>Demonstrates poor adherence to counseling site and course policies, such as failing to adhere to policies after discussing with supervisor/instructor.</td>
<td>Knowledge &amp; adherence to site &amp; course policies not observed.</td>
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<tr>
<td>Record Keeping &amp; Task Completion</td>
<td>Completes all weekly record keeping &amp; tasks correctly &amp; promptly (e.g., case notes, psychosocial reports, treatment plans).</td>
<td>Completes all required record keeping, documentation, and assigned tasks in a thorough, timely, &amp; comprehensive fashion.</td>
<td>Completes all required record keeping, documentation, and tasks in a competent and timely fashion.</td>
<td>Completes all required record keeping, documentation, and tasks, but in an inconsistent &amp; questionable fashion.</td>
<td>Completes required record keeping, documentation, and tasks inconsistently &amp; in a poor fashion.</td>
<td>Failure to complete paperwork &amp;/or tasks by specified deadline.</td>
<td>Record keeping and task completion not observed.</td>
<td></td>
</tr>
<tr>
<td>Multicultural Competence in Counseling Relationship</td>
<td>Demonstrates respect for culture (e.g., race, ethnicity, gender, spirituality, religion, sexual orientation, disability, social class, etc.) and awareness of and responsiveness to ways in which culture interacts with the counseling relationship.</td>
<td>Demonstrates consistent &amp; advanced multicultural competencies (knowledge, self-awareness, appreciation, &amp; skills) in interactions with clients.</td>
<td>Demonstrates inconsistent multicultural competencies (knowledge, self-awareness, appreciation, &amp; skills) in interactions with clients.</td>
<td>Demonstrates limited multicultural competencies (knowledge, self-awareness, appreciation, &amp; skills) in interactions with clients.</td>
<td>Demonstrates poor multicultural competencies, such as being disrespectful, dismissive, and defensive regarding the significance of culture in the counseling relationship.</td>
<td>Multicultural competencies in counseling relationship not observed.</td>
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<td>Emotional Stability &amp; Self-Control</td>
<td>Demonstrates self-awareness and emotional stability (e.g., congruence between mood and affect), &amp; self-control (i.e., impulse control) in relationship with clients.</td>
<td>Demonstrates consistent emotional stability &amp; appropriateness in interpersonal interactions with clients.</td>
<td>Demonstrates inconsistent emotional stability &amp; appropriateness in interpersonal interactions with clients.</td>
<td>Demonstrates limited emotional stability &amp; appropriateness in interpersonal interactions with clients.</td>
<td>Demonstrates poor emotional stability &amp; appropriateness in interpersonal interactions with clients, such as having high levels of emotional reactions with clients.</td>
<td>Emotional stability and self control not observed.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Motivated to Learn &amp; Grow / Initiative</td>
<td>Demonstrates engagement in learning &amp; development of his or her counseling competencies.</td>
<td>Demonstrates consistent and strong engagement in promoting his or her professional and personal growth &amp; development.</td>
<td>Demonstrates inconsistent engagement in promoting his or her professional and personal growth &amp; development.</td>
<td>Demonstrates limited engagement in promoting his or her professional and personal growth &amp; development.</td>
<td>Demonstrates poor engagement in promoting his or her professional and personal growth &amp; development, such as expressing lack of appreciation for profession &amp;/or apathy to learning.</td>
<td>Motivation to learn and grow / initiative not observed.</td>
<td></td>
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<tr>
<td>Openness to Feedback</td>
<td>Responds non-defensively &amp; alters behavior in accordance with supervisory &amp;/or instructor feedback.</td>
<td>Demonstrates consistent and strong openness to supervisory &amp;/or instructor feedback &amp; implements suggested changes.</td>
<td>Demonstrates consistent openness to supervisory &amp;/or instructor feedback &amp; implements suggested changes.</td>
<td>Demonstrates openness to supervisory &amp;/or instructor feedback; however, does not implement suggested changes.</td>
<td>Demonstrates a lack of openness to supervisory &amp;/or instructor feedback &amp; does not implement suggested changes.</td>
<td>Demonstrates no openness to supervisory &amp;/or instructor feedback &amp; is defensive &amp;/or dismissive when given feedback</td>
<td>Openness to feedback not observed.</td>
<td></td>
</tr>
<tr>
<td>Flexibility &amp; Adaptability</td>
<td>Demonstrates ability to adapt to changing circumstance, unexpected events, &amp; new situations.</td>
<td>Demonstrates consistent ability to adapt &amp; &quot;reads-&amp;-flexes&quot; appropriately.</td>
<td>Demonstrates consistent ability to adapt &amp; &quot;reads-&amp;-flexes&quot; appropriately.</td>
<td>Demonstrated an inconsistent ability to adapt and flex to his or her clients’ diverse changing needs.</td>
<td>Demonstrates a limited ability to adapt &amp; flex to his or her clients’ diverse changing needs.</td>
<td>Demonstrates a poor ability to adapt to his or her clients’ diverse changing needs, such as being rigid in work.</td>
<td>Flexibility and adaptability not observed.</td>
<td></td>
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<tr>
<td>Congruence &amp; Genuineness</td>
<td>Demonstrates ability to be present and “be true to oneself”</td>
<td>Demonstrates consistent ability to be genuine &amp; accepting of self and others.</td>
<td>Demonstrates consistent ability to be genuine &amp; accepting of self and others.</td>
<td>Demonstrates an inconsistent ability to be genuine &amp; accepting of self and others.</td>
<td>Demonstrates a limited ability to be genuine &amp; accepting of self and others.</td>
<td>Demonstrates a poor ability to be genuine &amp; accepting of self &amp; others, such as being disingenuous.</td>
<td>Congruence and Genuineness not observed</td>
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</table>

COMMENTS:
Liability Insurance
All counseling and human services graduate students are required to purchase and carry professional liability insurance throughout the entire program beginning with the semester they enroll in CNS 737: Basic Counseling Skills and Techniques. Liability insurance needs to be renewed on an annual basis.
To ensure liability insurance is effective throughout the professional practice experiences, students will be charged a course fee at the appropriate time in their program, to cover the cost of blanket liability insurance through the department. This charge will appear on the tuition bill as a line item labeled: Liability Insurance Premium.

Professional Organizations and Involvement
Counseling and Human Services have been dynamic professions sensitive to the needs of society throughout its evolution. Counselors and Human Services Professionals are committed to being involved in their profession in order to support the mission of serving humanity. Therefore, counseling students are strongly encouraged to seek student membership in the American Counseling Association (ACA) and/or American School Counseling Association (ASCA). Students are also strongly urged to become involved in their appropriate state organizations. Human services students are strongly encouraged to seek student membership in the National Organization for Human Services (NOHS).

Individual faculty members model this commitment to professionalism through extensive involvement as members and leaders in national, international, and state counseling associations. Most professional organizations offer reduced membership rates to students as well as the following benefits: receipt of professional publications (journals and newsletters); reduced registration fees for professional meetings (seminars, conventions, workshops) sponsored by the organization; eligibility for member services (library resource use, legal defense funds and services, etc); involvement in activities and issues which are directly or indirectly pertinent to the profession (legislation and professional credentialing including licensure, certification, and program accreditation); and affiliation with other professionals having interests and areas of expertise similar to one’s own.

Websites for Counseling and Human Services Professional Organizations

Counseling:
American Counseling Association (ACA): http://www.counseling.org
State Branches for Professional Counselors: https://www.counseling.org/about-us/divisions-regions-and-branches/branches
American School Counseling Association (ASCA): http://schoolcounselor.org
North Carolina Counseling Association (NCCA): n2ca.org

Human Services:
National Organization for Human Services: http://www.nationalhumanservices.org/
Name and Address Changes
For a variety of reasons, it is important that the department be able to reach students. In order to facilitate correspondence, please report any change of physical address, personal email address, or phone number to the Department’s Program Manager, Louise Schatz at schatzla@wfu.edu, 336-758-6502, as well as changing it through Wake Information Network (found at: https://win.wfu.edu/).

General Communication
A Wake Forest University account and university email is created for each student upon their enrollment in the program. It is the student’s responsibility to regularly check messages at this account and email address and to respond in a timely manner. A variety of informational items are communicated through these venues including book lists, registration information, upcoming deadlines, exam information, and other important items. Faculty at Wake Forest University will use students’ WFU email addresses for communications.

Course Load
Graduate students must be enrolled in at least five semester hours to be eligible for any financial aid. Online counseling and human services students are typically enrolled in a minimum of 6 credits, and Reynolda campus students are typically enrolled in 15 credits. The number of credits per semester will vary depending on where the student is in their curriculum, and whether the student has opted to enroll in elective courses.

Grade Point Average
According to the Bulletin of the Graduate School in Arts and Sciences, the minimum grade point average required for graduation is 3.0 out of 4.0. The minimum grade point average required for continuance as a graduate student is 2.5 out of 4.0. A student whose cumulative grade point average falls below the 2.5 will be placed on academic probation and will have one semester to bring his/her GPA to greater than 2.5. If at the end of the probation semester, the student’s GPA remains below 2.5, that student will be required to withdraw from the University.

In addition, the Department of Counseling requires students to make a grade of B or better in each prerequisite counseling skills and clinical course in order to enroll in the next course.

The progression of counseling skills and clinical courses is as follows, with each course listed being the prerequisite for the next one:

- CNS 737: Basic Skills and Techniques
- CNS 739: Advanced Counseling Skills and Crisis Management
- CNS 738: Counseling Practicum
- CNS 744: Counseling Internship I
- CNS 745: Counseling Internship II

In the event that a student makes a grade of B- or lower in one of the courses listed above, that course must be repeated. A Notice of Performance Concern(s) may be presented to the student including additional remedial requirements for completion before or during the time the course is repeated. If a second grade of B- or lower is made in the same course, the student will be dismissed from the program.

Program Planning Guide
Up to date course sequences are kept on file for each student by program staff.
Transfer Credits
At this time, due to the cohort nature of the counseling and human services programs, we have no provision to accept transfer students. Once a student is admitted to the program, he or she may petition the faculty to transfer up to six credits by submitting a copy of course syllabi to their advisor. A ruling will be made by the faculty within two weeks. It is unlikely that the student would be able to complete the rest of the program in less than the two years typical of the Reynolda Campus Counseling program, the nine semesters typical of the Virtual Campus Counseling program, or the seven semesters typical of the Virtual Campus Human Services program due to the fixed nature of the course offerings.

Incompletes
The Grade of I (Incomplete) may be assigned only when a student fails to complete the work of a course because of illness or some other emergency. If the work recorded as “I” is not completed within thirty days after the student enters his or her next semester, not counting the summer session, the grade automatically becomes an “F.” The instructor must report the final grade to the registrar within forty-five days after beginning of that semester. In no case is a graduate degree awarded to a student who has an “I” or “NR” (Not Reported) on record. Incomplete grade forms are available on the Graduate School website at: https://prod.wp.cdn.aws.wfu.edu/sites/275/2019/01/IncompleteGradePolicy.pdf.

Time Limit for Degree Completion
The maximum number of years to obtain the degree from the time of enrollment is six years. Students who fail to complete the program within the six-year period may be required to meet all conditions of the most recent version of the graduate bulletin. Students enrolled in and passing fewer than six credit hours in a calendar year may also be required to meet all the conditions of the most recent version of the graduate bulletin. Appeals should be made to the Chair of the Department of Counseling.

Academic Expectations

Faculty expectations of students’ academic, professional, and personal development are explicit in admission and grade point policies, course syllabi, and clinical evaluations. Additionally, deadlines are expected to be met, knowledge of departmental policy is expected, and periodic contact with the advisor is expected.

Ethical Standards:
The Department of Counseling expects students to follow the ACA Code of Ethics and Standards of Practice and the NOHS Ethical Standards for Human Services Professionals. The Codes were developed to protect the client, the helping professional, and the student. Ethical practices such as informed consent, confidentiality, and dual relationships will be introduced in the students’ beginning coursework and impressed upon students throughout the program. Practicing unethically, such as breaking confidentiality, will be cause for dismissal from the program.

It is critical that students obtain a copy of the ethical standards, free of charge by visiting:
Counseling: http://www.counseling.org
Human Services: http://www.nationalhumanservices.org/ethical-standards-for-hs-professionals
**Academic Integrity:**
Every student is required to practice and adhere to the principle of academic integrity while undertaking studies with Wake Forest University. Maintaining academic integrity is considered an essential academic standard of every graduate course and program. The University does not tolerate academic dishonesty. The graduate faculty at Wake Forest has adopted a formal honor code to provide guidance for student conduct with respect to academic pursuits. This policy may be accessed on the Graduate School website at: [https://prod.wp.cdn.aws.wfu.edu/sites/275/2018/01/HonorCode-Policy.pdf](https://prod.wp.cdn.aws.wfu.edu/sites/275/2018/01/HonorCode-Policy.pdf)

Academic dishonesty may be an academic issue or a disciplinary issue, or both, depending on its pervasiveness and/or severity. Any student engaged in academic dishonesty may face reprimand, disciplinary warning, a lowered or failing grade(s), and/or probation or suspension from the course, academic program, or University; or expulsion from the University.

*The list that follows includes examples, although not all-inclusive, of academic dishonesty:*

- Purchase of term papers turned in as one’s own or writing the term paper(s) for another student
- Submission of same term paper to another class without permission
- Providing another student answers during an exam
- Use of notes or book during exam when prohibited
- Collaboration on homework or take-home exams when instruction called for independent work
- Providing test question(s) to student(s) in another section of the class
- Falsifying records or the fabrication of information and/or citation in an academic exercise
- Violation of computer policies
- **Plagiarism:** appropriating or passing off as one’s work the writings, ideas, etc. of another, i.e.: copying without giving credit due, forgery, literary theft, and expropriation of some other’s work. Plagiarism also includes electronic information of all types.
- Assisting someone in doing any of the above

**Tips for Avoiding Plagiarism:**
(Source: [https://catalog.grinnell.edu/content.php?catoid=12&navoid=2537#assumptions](https://catalog.grinnell.edu/content.php?catoid=12&navoid=2537#assumptions))

One particular type of academic dishonesty – plagiarism – occurs when a writer uses sources, whether through quoting, paraphrasing, or summarizing, without clearly or sufficiently acknowledging the debt. Thus, to avoid plagiarizing, you must cite the source of any expressions, ideas, or observations not your own, whether they come from a primary source, a secondary source, an electronic source, a textbook, a class discussion, a lab manual, or any other source of information.

A quick review of what is, and is not, plagiarism is contained in this excellent tutorial available on the Z. Smith Reynolds library site, here: [http://zsr.wfu.edu/tutorials/plagiarism/](http://zsr.wfu.edu/tutorials/plagiarism/) It is well worth your time to click on this link!

Whether you quote, paraphrase, summarize, or use an idea from a source, you must acknowledge that source through some system of citation. The exact system varies by discipline; counseling and human services fields typically prefer the APA style.
If you are found to have misused sources, you may be found responsible for plagiarism even when you have made no conscious effort to deceive. Therefore, you should cite your sources in a clear and consistent way; if you have any doubts about how to cite sources, ask your professor.

Generally, you should comply with the following requirements for acknowledging sources:

- **Quote Sparingly & Precisely:** Brief quotations, included within your own clear analyses or interpretations, are far more effective than long, unanalyzed ones.

- **Indicate Quotations:** Place quotation marks around any quotation you use in your manuscript, even those consisting of only a phrase. For long quotations, set them off by indenting. In addition, cite the precise source of the quotation in a footnote, endnote, or in-text citation. You must use quotation marks around the directly-quoted parts and cite the source even if you have rearranged the order of the sentences or have interspersed some of your own words and ideas.

- **Paraphrase Carefully:** When you paraphrase – that is, when you put what a source says into your own words – you must not merely rearrange a few words from the source, but must recast the passage or sentence completely. In addition, you must specifically cite the source of any material that you have paraphrased or summarized, even when you have substantially reordered or rearranged it. It is not acceptable to explain similarities between your work and that of others by claiming that you read the source or sources long ago and have confused the phrases and ideas of the other author or authors with your own. **Rule of thumb: When in doubt, cite.**

- **Cite Ideas and Data:** You are also obliged to acknowledge, whether in an in-text citation or a footnote, any idea you have borrowed from another person or source. Scholars, researchers, and writers often engage in intense discussions, with each speaker confirming or modifying some aspect of another’s thought. Given these circumstances, it’s often difficult to credit the source for any given idea. However, such acknowledgment is part of how we honor each other’s words and work. Even though, at times, you may feel as if the distinction between your ideas and the ideas of others is unclear, you must make that distinction as clear as possible. This requirement to acknowledge the ideas of others applies whether the source is a faculty member, another student, a guest lecturer, or an off-campus friend or relative.

- **List of Sources:** Include a list of collaborators, people consulted, references, works cited, and/or bibliography at the end of your essay, research paper, or presentation. That is, in addition to using footnotes or parenthetical references to cite sources in the body of your essay, you must provide at the end of your project a clearly structured record of all your sources.

When Avoiding Plagiarism, Remember:

- **“Common Knowledge”:** If you had to look it up on Wikipedia, it is not common knowledge.
- **Double Dip:** If you want to submit one paper for two different courses, ask permission of both professors before submitting the paper.
- **Keep a Record:** Write down bibliographic information and the source of notes as you work.
- **No Peeking:** Write paraphrases or summaries **without looking at the original text**, then go back and compare your version to the original version.
- **Use Your Resources:**
  - Ask your professor to read a draft
  - Check the APA Manual
Online Etiquette (Netiquette):

Civil conversation may occur in many settings. At Wake Forest University we acknowledge that guidelines for being polite in a virtual environment may not be as explicit as those standards in face-to-face interactions. In fact a key distinguishing feature of an online course is that communication occurs most often by the written word. Thus body language, voice tone and instantaneous listener feedback are all absent. These facts need to be taken into consideration both when contributing messages to a discussion and when reading them. All students in the WFU Department of Counseling will be expected to take care in all their communications so we are providing the following thoughts on ways to accomplish sensitive, effective discussions.

Keep in mind the following points:

1. **Respect others and their opinions**: People are different with various backgrounds and experiences. Our profession is based on the belief in the dignity of each human and the need to respect each person’s opinions and feelings.
2. **Moderate your language**: Given the absence of face-to-face clues, written text can easily be misinterpreted. Do not use offensive language, tone down strong language and avoid the excessive use of exclamation points. If you feel particularly strongly about a point, it may be best to write it first as a draft and then to review it, before posting it, in order to remove any language that may offend or be misinterpreted.
3. **Pick the right tone**: Since we depend on the written word in online learning, it is especially important to choose the right words to get your meaning across. For example, sarcasm is harder to detect when you read the words rather than hearing them.
4. **Keep a straight face**: In general, avoid humor and sarcasm. These frequently depend either on facial or tone of voice cues absent in text communication or on familiarity with the reader.
5. **Consider others’ privacy**: Ask for permission if you want to forward someone’s email messages to third parties. Keep in mind that all private email mail is considered copyrighted by the original author.
6. **Avoid inappropriate material**.
7. **Be forgiving**: If someone states something that you find offensive, mention this directly to the instructor. Remember that the person contributing to the discussion might be new to this form of communication. What you find offensive may quite possibly have been unintended and can best be cleared up by the instructor.
8. **Think before you hit the send button**: Think carefully about the content of your message before contributing it. Once sent to the group there is no taking it back. Grammar and spelling errors reflect on you, and your audience might not be able to decode misspelled words or poorly constructed sentences. **Test for Clarity**: Messages may often appear perfectly clear to you as you compose them, but turn out to be perfectly obtuse to your reader. One way to test for clarity is to read your message aloud to see if it flows smoothly. If you can read it to another person before posting it, even better.
9. **Brevity is best**: Be as concise as possible when contributing to a discussion. Your points might be missed if hidden in a flood of text.
10. **Stick to the point**: Contributions to a discussion should stick to the subject. Don’t waste others’ time by going off on irrelevant tangents.
11. **Frivolous email**: Don’t forward jokes, "chain letters" or unimportant email to other students without their permission. Not only does it fill up their mailboxes but may offend people who do not share the same sense of humor or who are tired of these types of email.
12. **Read first, write later:** Don’t add your comments to a discussion before reading the comments of other students unless the assignment specifically asks you to. Doing so is tantamount to ignoring your fellow students and is rude. Comments related to the content of previous messages should be posted under them to keep related topics organized, and you should specify the person and the particular point you are following up on.

13. **Netspeak:** Although electronic communication is still young, many conventions have already been established. **DO NOT TYPE IN ALL CAPS.** This is regarded as shouting and is out of place in a classroom. Acronyms and emoticons (arrangements of symbols to express emotions) are popular, but excessive use of them can make your message difficult to read.

*Some common acronyms and emoticons include:*

<table>
<thead>
<tr>
<th>Acronym</th>
<th>Emoticon</th>
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<tbody>
<tr>
<td>FYI = for your information</td>
<td>:-) = smiley face: happiness, pleasure</td>
</tr>
<tr>
<td>B/C = because</td>
<td>:-( = frowning face: displeasure</td>
</tr>
<tr>
<td>W/ = with</td>
<td>;-) = wink</td>
</tr>
<tr>
<td>BTW = by the way</td>
<td>:-0 = shock, surprise</td>
</tr>
<tr>
<td>F2F = face to face</td>
<td>:/ = skepticism, unease, apologetic</td>
</tr>
<tr>
<td>FAQ = frequently asked questions</td>
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</tbody>
</table>

**Citations and Other Etiquette Sources:**

Many of the points made here were taken from *The Core Rules of Netiquette*, excerpted from the book *Netiquette*, by Virginia Shea. The Core Rules of Netiquette can be accessed at: [http://www.albion.com/netiquette/corerules.html](http://www.albion.com/netiquette/corerules.html).

[https://www.rasmussen.edu/student-experience/college-life/netiquette-guidelines-every-online-student-needs-to-know/](https://www.rasmussen.edu/student-experience/college-life/netiquette-guidelines-every-online-student-needs-to-know/)

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**Department of Counseling Social Media Guidelines**

**INTRODUCTION**

Social media is a dynamic tool of communication that impacts relationships in both positive and negative ways. It can be used to enhance learning, build community, and serve as an effective outlet for the expression of thoughts and feelings. However, social media can also blur boundaries between client and intern, faculty and student, and the professional in a manner that can cause confusion and create ethical issues. Given this, the Wake Forest University Department of Counseling has developed social media guidelines to protect the reputation and integrity of its students, faculty, staff, and the community it serves.

**SOCIAL MEDIA DEFINED**

Social media is broadly defined as any online service that facilitates communication, including social networking sites like LinkedIn and Facebook, social bookmarking sites like Del.icio.us, social news sites like Digg, Twitter, YouTube, Tumbler and other sites that are centered on user
interaction. Social media content may take the form of blogs, social networks, social news, wikis, videos and podcasts.

GUIDELINES

The following guidelines are designed to protect Wake Forest University Department of Counseling and its graduate programs. Their purpose is to clarify boundaries and support a thriving academic environment. These guidelines are strongly recommended by the Department of Counseling and violation of these strategies regarding proper, professional use of social media may result in an Individual Remediation Plan (IRP) and possible expulsion from the program, depending on the severity of the violation. The severity of the violation will be determined by the Faculty.

Department of Counseling faculty, staff, and students must recognize that everything is public. There is no such thing as “private” social media site. Search engines can pull up your posts years later; don’t post anything today that may haunt you later.

Department of Counseling faculty, staff, and students must also recognize that while they may have professional social media use and personal social media use, both forms are public. Nothing is private; under the United States laws of slander and libel, anything published or posted in any form is by law public.

It is strongly recommended that students enrolled in the Department of Counseling follow these guidelines whether participating in social networks personally or professionally, or using personal or university-owned computing equipment when doing so.

The following additional strategies are structured around a Pro Humanitate framework that guides the Department of Counseling and Wake Forest University:

- **Accountability:** Officially recognized Wake Forest University Department of Counseling media accounts and web pages must be approved through the Department of Counseling. Each account will have an administrator assigned who is responsible for maintaining the account and monitoring the appropriateness of communications.

- **Respect:** Faculty and students should not connect via social media outlets, including becoming “friends” on Facebook, following one another on Twitter, or connecting via LinkedIn. Connecting on University-affiliated social media outlets (e.g., the Department of Counseling Alumni LinkedIn page) is acceptable.

- **Honor:** In order to maintain confidentiality and a high level of ethical and professional conduct, interns should not post any information related to clients, even if identifying information is not disclosed. Interns should also avoid looking up information related to their clients online without a clear therapeutic purpose and the client’s permission. Any
level of Intern-Client communication via social media outlets is strongly discouraged, including becoming “friends” on Facebook or connecting via LinkedIn.

- **Candid:** Faculty, students, and all Department of Counseling personnel are encouraged to hold to the same level of respect, collegiality, and professionalism online as in face-to-face interactions. Every individual in the program represents the Department, University, and Counseling and Human Services professions and are encouraged to behave accordingly.

- **Professionalism:** Interns and clients should not connect via social media outlets, including becoming “friends” on Facebook, following one another on Twitter, or connecting via LinkedIn, in addition to maintaining all ACA or NOHS ethical codes.

- **Honesty:** Interns are strongly encouraged to seek supervision when a client attempts to connect via a social media outlet or outside of the professional clinical context.

> Also, avoid posting anything that is copyrighted without following all applicable State and Federal laws.

- **Community:** Department of Counseling Faculty or Staff may look up profiles on social networking sites and may use the information in informal or formal proceedings without providing notice to the individuals involved. The same standards apply to social networking as to any other ethical or professional breach up to and including dismissal from the school or termination of employment for any personal or professional communication that undermines the integrity of the Wake Forest University and Department of Counseling community. This includes postings that are determined to be in violation of Departmental or University policies.

**BEST PRACTICES**

The purpose of these guidelines is to direct students and faculty in the appropriate use of personal and professional social media. The following represent best practices related to social media.

- **Think Twice Before Posting:** Know that whatever picture or comment you post online is no longer in your control and can be accessed well into the future. At the end of the day, your reputation as a person will also be your reputation as a counselor or human services professional. Before posting, consider whether or not you would want the picture or comment to be viewed five or ten years from now.

- **Have a Plan & Purpose:** In posting on Department-related sites, have a clear academic plan related to your goals, audience, and purpose in posting.

- **Protect Your Information:** Use caution in posting personal information others could misuse, including social security numbers and bank account information. Also, take necessary steps to protect your social media site’s username and password, including establishing a password that is sufficiently complex.

- **Terms of Service:** Obey the terms of service of the social networking sites you are using.
  - Facebook Privacy Policy – [http://www.facebook.com/about/privacy](http://www.facebook.com/about/privacy)
  - Twitter Privacy Policy – [http://twitter.com/privacy](http://twitter.com/privacy)
LinkedIn Privacy Policy – http://www.linkedin.com/static?key=privacy_policy

- **Use Analytics:** To gauge the impact and participation of your site, use evaluation and tracking tools accessible through each social media outlet.

- **Keep Controversial Topics off University Sites:** While one of the purposes of the educational process is to discuss controversial topics that enhance critical thinking skills, such conversations must be carefully conducted in virtual sites where the potential for misunderstanding is great. If a discussion of controversial topics is required as part of a course, be courteous, factual and non-emotional when explaining your side of the issue. If these hot button topics are not part of a course assignment, do not engage in the conversation through Department sites.

- **Don’t Waste Time:** A tremendous amount of time can be wasted on social media sites and on the Internet in general. Be aware of where your energy and time is going and your life priorities.

- **Protect Your Photos:** Consider adding a watermark to photos you create in order to decrease the chances that they’ll be copied and used without your permission.

- **Polish Your Site:** Use high quality photographs, correct grammar/punctuation, and user-friendly fonts, colors, and formatting to make your personal and University or Department-affiliated sites polished and inviting.

- **Protect the Institutional Voice:** University faculty, staff and students should not suggest that their site represents the University, Department of Counseling, or a graduate program as a whole without express written permission.

- **Post Wake Forest University Links:** Posting Wake Forest Department of Counseling-related links on your personal and professional sites helps increase web traffic to the University’s website which, in turn, helps the University and the Department of Counseling gain recognition.

- **When in Doubt, Ask:** If you are unsure of whether to post a comment or picture, as a faculty member, trusted colleague, or supervisor.

**SUMMARY**

Regardless of whether students, faculty, or staff are conducting official school or personal business, they are ambassadors for the school as well as the counseling and human services professions. In online social networks, the lines between public and private, personal and professional are blurred. Just by identifying oneself as a member of the Wake Forest University community, one portrays an impression of the institution for those who have access to their social network profiles or blogs. Each member of the Department of Counseling community should ensure that all content he or she is associated with is consistent with his or her position at the school and with the values and professional standards of the Department.

**RESOURCES CONSULTED**

Pfeiffer University, Marriage & Family Therapy Program
Counseling Services for Students

Students are encouraged to grow personally by obtaining individual or group counseling experiences. Faculty members do not counsel students.

The following locations offer Counseling Services, sometimes free of charge or at reduced rates:

Reynolda Campus Students:
Wake Forest University Counseling Center (Reynolda 118): 336.758.5273
Private Practitioners: ask advisor or Wake Forest University Counseling Center for a list of referrals

Virtual Campus Students:
Students across the country can visit the following websites to look for counselors in their area:
https://www.nbcc.org/search/counselorfind
http://www.healthline.com
http://www.goodtherapy.org

Exit Requirements

Candidacy & Statement of Intent to Receive a Master’s Degree:
The practice of requiring admission to candidacy is followed by virtually all graduate schools. As the Graduate Bulletin states, “admission or graduate standing does not necessarily commit the student or the University to a program of study leading to a graduate degree.” The idea or principle of having students apply for candidacy is that the student needs a period of time in which to prove himself/herself academically, to determine if a course of study is appropriate personally, and to ascertain whether his or her knowledge and skills are adequate for continuance to a degree.

The “Application for Candidacy and Statement of Intent to Receive a Master’s Degree” form must be filed with the Graduate School Office at least ten weeks before graduation. Students must have been recommended to candidacy during the end of the semester review that occurs at the end of the semester before they intend to graduate. See the “Student Evaluation and Continuation Policy.”

The “Application for Candidacy and Statement of Intent to Receive a Master’s Degree” must be completed and forwarded by email attachment to the student’s advisor to be signed by that advisor and by the Chairperson of Department of Counseling. The applications are then forwarded to the Graduate School for approval by the Dean.

All on campus students graduate in May. Online students may graduate in August, December or May depending upon when they enter. A formal graduation ceremony is held on campus in May. August and December graduates can elect to participate in the May ceremonies that immediately follow their official graduation date. More information regarding the academic calendar, including dates for exit requirements, can be found at the Graduate School website: http://graduate.wfu.edu/.
APPLICATION FOR CANDIDACY & STATEMENT OF INTENT
MASTER'S DEGREE NON-THESIS OPTION

Please print this form and mail it to: Graduate School Office, 124 Reynolda Hall, Reynolda Campus. Must be filed with the Graduate School Office by the deadline listed on the academic calendar.

Your Name: __________________________________________

Student ID: ___________________________ Department: ___________________________

I fully expect to complete all of the requirements for the master’s degree in time for it to be awarded on ________ (date).

_________________________ ___________________________
Date Signature of Candidate

Local Address: __________________________________________

Phone number: ___________________________ Email: ___________________________

Print your name as you want it to appear on your diploma Print your hometown as you want it to appear in the Commencement Program

Please mail the bound dissertation and/or the diploma to me at the following street address (NO POST OFFICE BOX). Allow 12 weeks for delivery.

_________________________________________________________________________

AWARDS: Please list any awards which you would like listed in the Hooding & Awards Program. Include the following information: name of award, name of organization and year of award.

_________________________________________________________________________

Regalia Information: Height ____________ Approx. Weight ________

DEPARTMENTAL ACTION ON CANDIDACY

Date of Approval Date of Denial Signature of Advisor

Date of Approval Date of Denial Signature of Program Director

FOR GRADUATE SCHOOL OFFICE USE ONLY

Date of Approval Approval Signature
Endorsement, Licensure and Certification

Endorsement of Graduates Policy:
The policy of the Department of Counseling at Wake Forest University is that graduates are recommended by faculty for employment only for positions consistent with the specialty areas in which they have had internships or field experience and completed the required courses.

Counseling:
School Counseling Licensure:
To meet the academic requirements for licensure as a school counselor in North Carolina, one must successfully complete the school-counseling track of Wake Forest University’s Department of Counseling program. The degree must be awarded before a license can be issued.

To be eligible for the North Carolina K-12 School Counselor License, one must have:
- Completed an approved program for counselor licensure as a school counselor.
- Passed the exam(s) currently required by the North Carolina State Board of Education and any other requirements mandated by the state. Consult the NC State Board of Education website for the latest requirements [http://www.ncpublicschools.org/licensure/administrator/](http://www.ncpublicschools.org/licensure/administrator/)
- Send the NC State Board of Education required paperwork to:
  - Wake Forest University
  - c/o Awan Neelam
  - Department of Education
  - P.O. Box 7266406
  - Winston-Salem, NC 27109

For school licensure in other states, visit the appropriate state’s department of education to find the correct paperwork. Send the completed paperwork to the same address above.

Licensed Clinical Mental Health Counselor (LCMHC):
Graduate Programs offered by the Department of Counseling meet the academic requirements specified by the North Carolina Board of Licensed Clinical Mental Health Counselors. The Board also requires post-masters supervised experience. Consult the website of NC Board of Licensed Professional Counselors for the latest requirements [http://www.ncblpc.org/](http://www.ncblpc.org/).

As a CACREP-accredited program, the program of study through the Department of Counseling generally meets the licensure requirements for other states. However, certain states may have other requirements. For example, Florida requires a course in Human Sexuality. It is the responsibility of the student to check with their state licensing boards to determine what requirements are necessary and to plan for meeting those requirements, if any.

State licensing information can be accessed through the American Counseling Association (ACA) or the National Board for Certified Counselors (NBCC):

ACA: [https://www.counseling.org/knowledge-center/licensure-requirements](https://www.counseling.org/knowledge-center/licensure-requirements)
NBCC: [https://nbcc.org/search/stateboarddirectory](https://nbcc.org/search/stateboarddirectory)
**Virtual Campus Students:**
Virtual Campus students enrolled in either the Addiction, Clinical Mental Health, or School Counseling track should consult their state licensing boards to be sure that the Wake Forest University program meets the requirements for licensure in their state. Students also should consult the Department’s state licensure disclosure forms on the Department website:

- [Professional Counseling State Licensure Disclosure](#)
- [State School Counseling Licensure Disclosure](#)

You may find detailed state licensure requirements by visiting:
- [https://nbcc.org/search/stateboarddirectory](https://nbcc.org/search/stateboarddirectory)
- [https://www.counseling.org/knowledge-center/licensure-requirements](https://www.counseling.org/knowledge-center/licensure-requirements)

*To ensure that Virtual Campus students are aware of the state requirements, students must sign the additional line in the Acknowledgement of Student Responsibilities form in this handbook and submit it as instructed during the Orientation course.*

**National Certified Counselor (NCC):**
Graduates of the Clinical Mental Health Counseling or School Counseling Programs are eligible to apply for the National Certified Counselor credential before they graduate from the program. This voluntary, national certification process recognizes counselors who have met training program and experience standards established by the National Board for Certified Counselors.

The requirements to apply to be a NCC are:

- A master’s degree in counseling with a minimum of 48 semester hours of coursework in nine identified areas;
- Two academic terms of supervised field experience in a counseling setting;
- Two years of post-master’s counseling experience (3000 hours) with 100 hours of face-to-face supervision by an NCC or equivalent (waived for graduates of CACREP accredited programs);
- Passage of the National Counselor Exam (NCE).

Students in CACREP accredited programs are eligible to take the NCE in their last or next to last semester of the program and earn the credential immediately upon successful completion of the program, the NCE, and the required paperwork. Specialty endorsements are also available in clinical mental health counseling, school counseling, and addictions counseling. For more information on testing dates and sites in your state, visit:  [https://nbcc.org/certification/schedule](https://nbcc.org/certification/schedule)

While national certification furthers the professional identity of beginning counselors, it is not the same as state licensure. For further information, visit [http://www.nbcc.org](http://www.nbcc.org).
Student Feedback

Course Evaluations:
Students are encouraged to evaluate faculty members through the University’s course evaluation process at the end of each semester. This affords the student the opportunity to provide feedback regarding the teaching effectiveness of faculty members. The course evaluations are compiled and posted for faculty to review. All evaluations are anonymous. The course evaluations are reviewed carefully when faculty are considered for retention, promotion, or tenure.

Alumni Survey:
Every three years, the department conducts a follow-up study of program graduates and their employers. The department is interested in the perceptions of the graduate’s preparedness to work as counselors in school and clinical mental health settings.

<table>
<thead>
<tr>
<th>Student Resource Contact Information</th>
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</thead>
<tbody>
<tr>
<td><strong>Department of Counseling</strong></td>
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</tbody>
</table>
| **Graduate School of Arts & Sciences Reynolda Campus** | 1.800.257.3166 | gradschl@wfu.edu  
| | | http://graduate.wfu.edu/ |
| **Current Student Resources: General (Graduate School of Arts & Sciences)** | 1.800.257.3166 | http://graduate.wfu.edu/students/ |
| **Current Student Resources: Housing (Graduate School of Arts & Sciences)** | 1.800.257.3166 | http://graduate.wfu.edu/housing.html |
| **Information Systems Help Desk**   | 336.758.4357 | http://help.wfu.edu/ |
| **Registrar’s Office**              | 336.758.5888 | https://registrar.wfu.edu/ |
| **Financial Aid Office**            | 336.758.5154 | http://www.wfu.edu/finaid/ |
| **Z. Smith Reynolds Library**       | 336.758.5475 | http://zsr.wfu.edu/ |
| **Campus Book Store**               | 336.758.5145 | http://stores.wfu.edu/ |
| **Parking Management**              | 336.758.4255 | http://facilities.wfu.edu/transport/parking-and-transportation/ |
| **Center for Learning, Access and Student Success (CLASS)** | 336.758.5929 | http://class.wfu.edu |
| **Office of Career & Professional Development** | 336.758.5902 | http://career.opcd.wfu.edu/ |
| **University Counseling Center**    | 336.758.5273 | http://counselingcenter.wfu.edu/ |
|                                    | (Call Student Health if after hours) | |
| **Benson Copy Center**              | 336.758.5251 | copies@wfu.edu  
<p>| | | <a href="http://www.wfu.edu/benson/copy_center.php">http://www.wfu.edu/benson/copy_center.php</a> |</p>
<table>
<thead>
<tr>
<th>Writing Center</th>
<th>336.758.5768</th>
<th><a href="https://writingcenter.wfu.edu/">https://writingcenter.wfu.edu/</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Student Health</td>
<td>336.758.5218</td>
<td><a href="https://shs.wfu.edu/">https://shs.wfu.edu/</a></td>
</tr>
</tbody>
</table>
| University Police     | Emergency: 336.758.5911  
Non-Emergency: 336.758.5591 | [https://police.wfu.edu/](https://police.wfu.edu/)             |
| Reynolda Campus        | 336.758.5000 | n/a                                                           |

**Hotels (Please identify yourself as a Wake Forest guest when making a reservation):**

<table>
<thead>
<tr>
<th>Hotel</th>
<th>Phone Numbers</th>
<th>Address</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Residence Inn by Marriott</td>
<td>1.800.331.3131, 336.759.0777</td>
<td>7835 North Point Boulevard</td>
<td></td>
</tr>
<tr>
<td>Brookstown Inn</td>
<td>1.800.845.4262, 336.725.1120</td>
<td>200 Brookstown Avenue</td>
<td></td>
</tr>
<tr>
<td>Embassy Suites</td>
<td>1.800.445.8667, 336.724.2300</td>
<td>460 North Cherry Street</td>
<td></td>
</tr>
<tr>
<td>Hawthorne Inn</td>
<td>1.877.777.3099, 336.777.3000</td>
<td>420 High Street at Business 40</td>
<td></td>
</tr>
<tr>
<td>Wingate Inn</td>
<td>1.800.228.1000, 336.714.2800</td>
<td>125 South Main Street at Business 40</td>
<td></td>
</tr>
<tr>
<td>Winston-Salem Marriott</td>
<td>1.877.888.9762, 336.725.3500</td>
<td>425 North Cherry Street</td>
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</table>

**Additional Area Hotels and Information:** [http://www.wfu.edu/visitors/hotels/](http://www.wfu.edu/visitors/hotels/)

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**Websites of Professional Counseling Organizations and Resources**

<table>
<thead>
<tr>
<th>Organization</th>
<th>Website</th>
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<tbody>
<tr>
<td>American Counseling Association (ACA)</td>
<td><a href="http://www.counseling.org">www.counseling.org</a></td>
</tr>
<tr>
<td>American Mental Health Counselors Association (AMHCA)</td>
<td><a href="http://www.amhca.org">www.amhca.org</a></td>
</tr>
<tr>
<td>American School Counselor Association (ASCA)</td>
<td><a href="http://www.schoolcounselor.org">www.schoolcounselor.org</a></td>
</tr>
<tr>
<td>International Association for Addictions and Offender Counselors (IAAOC)</td>
<td><a href="https://www.iaaocounselors.org/">https://www.iaaocounselors.org/</a></td>
</tr>
<tr>
<td>Council for Accreditation of Counseling and Related Educational Programs (CACREP)</td>
<td><a href="https://www.cacrep.org/">https://www.cacrep.org/</a></td>
</tr>
<tr>
<td>National Board of Certified Counselors (NBCC)</td>
<td><a href="http://www.nbcc.org">www.nbcc.org</a></td>
</tr>
<tr>
<td>Center for Credentialing &amp; Education (CCE): Information Regarding NCE and NCMHCE Examinations</td>
<td><a href="https://www.cce-global.org/">https://www.cce-global.org/</a>, <a href="https://nbcc.org/licensure">https://nbcc.org/licensure</a></td>
</tr>
<tr>
<td>North Carolina Counseling Association (NCCA)</td>
<td><a href="https://nccounselingassociation.org">https://nccounselingassociation.org</a></td>
</tr>
<tr>
<td>North Carolina Board of Licensed Professional Counselors (NBLPC)</td>
<td><a href="http://www.ncblpc.org">www.ncblpc.org</a></td>
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</tbody>
</table>


**Websites of Professional Human Services Organizations and Resources**

<table>
<thead>
<tr>
<th>Organization</th>
<th>Website</th>
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</thead>
<tbody>
<tr>
<td>National Organization for Human Services (NOHS)</td>
<td><a href="http://www.nationalhumanservices.org/">http://www.nationalhumanservices.org/</a></td>
</tr>
<tr>
<td>U.S. Department of Health and Human Services</td>
<td><a href="http://www.hhs.gov/about/">http://www.hhs.gov/about/</a></td>
</tr>
</tbody>
</table>

**Contact Information**

**Department of Counseling**

Box 7406 Reynolda Station  
Winston-Salem, NC 27109  
**Phone:** 336.758.2317

<table>
<thead>
<tr>
<th>Department Chair</th>
<th>Director of Online Programs</th>
<th>Associate Director(s) of Online Programs</th>
</tr>
</thead>
</table>
| Dr. Nathaniel Ivers  
336.758.3319  
iversnn@wfu.edu | Dr. Bob Nations  
336.758.8625  
nationjr@wfu.edu | Dr. Allison Forti  
336.758.2506 | Dr. Seth Hayden  
336.758.8624 | fortiam@wfu.edu  
haydensc@wfu.edu |

<table>
<thead>
<tr>
<th>Program Director</th>
<th>Admissions &amp; Student Support Manager</th>
</tr>
</thead>
</table>
| Dr. Mark Scholl  
336.758.5618  
schollmb@wfu.edu | Tim Silva  
336.758.4226  
silvate@wfu.edu |

<table>
<thead>
<tr>
<th>Academic Coordinator</th>
<th>Coordinator of Admissions and Student Records for Online Programs</th>
</tr>
</thead>
</table>
| Kisha Garris  
336.758.2317  
garriska@wfu.edu | Michelle Coley  
336.758.5301  
silverml@wfu.edu |

<table>
<thead>
<tr>
<th>Clinical Program Manager</th>
<th>Assistant Clinical Program Manager</th>
</tr>
</thead>
</table>
| Dr. Carla Emerson  
336.758.3370  
emersoch@wfu.edu | Brittany Hall  
hallb@wfu.edu |
Acknowledgment of Student Responsibilities

I. __________________________________________________________________________________
   (FULL NAME – Please Print)

have read the Wake Forest University Department of Counseling Student Handbook. I understand that my
enrollment status in the Department of Counseling is based on my ability to continue to satisfy all
academic program requirements, including but not limited to adequate grades, professional and personal
development and dispositions, and skill development during my entire graduate enrollment. I understand I
may be dismissed at any time if I do not satisfy these requirements and adhere to these policies.

I understand I will be continually evaluated regarding my appropriateness for the field of counseling. I
further understand that the University may modify the policies and procedures as stated in the Graduate
Student Handbook, the Graduate Student Bulletin and the Department of Counseling Student Handbook at
any time. If modifications do occur, I will be notified via my WFU email.

_______________________________________  __________________________________
   (SIGNATURE)                             (DATE)

Virtual Campus Students

In addition, I have read and understand the requirements for licensure in the state in which I reside and/or
plan to seek licensure. Additional requirements not met by the WFU Department of Counseling graduate
program are listed below.

_______________________________________  __________________________________
   (SIGNATURE)                             (DATE)