

CURRICULUM VITAE

SARAH ALYCE MOORE

PO Box 7406, Winston Salem, NC 27109

336-758-3722

mooresa@wfu.edu

EDUCATION

| <u>Degrees</u> | <u>Date</u> | <u>College/University</u> | <u>Major</u> |
|----------------|-------------|---|--------------|
| PhD | 2014 | University of North Carolina, Charlotte, NC | CES |
| MA | 2002 | University of North Carolina, Charlotte, NC | Counseling |
| MA | 1995 | Tusculum College, TN | Education |
| BA | 1994 | Appalachian State University, Boone, NC | Psychology |

PROFESSIONAL CREDENTIALS

Licensed Clinical Mental Health Counselor Supervisor (LCMHCS) #4308 S
Graduate Certificate in Play Therapy, University of North Carolina at Charlotte
School Counselor Licensure Eligible
Registered Play Therapist- Supervisor (RPTS)

TEACHING EXPERIENCE

Appalachian State University, Department of Interdisciplinary Studies

Adjunct Instructor, Spring 2020

WRC 3403 A Walk in Beauty: Cultural Immersion in Native Southwest communities

Wake Forest University, Department of Counseling

Visiting Assistant Professor, July 2019 - present

Adjunct Professor, Fall 2018 - August 2019

CNS 743 Career Development and Counseling (online) (3G)
CNS 752 Human Services Administration (online) (3G)
CNS 745b Clinical Mental Health Internship II (online) (3G)
CNS 738b Practicum (online) (3G)
CNS 736 Assessment in Counseling (online and on campus) (3G)
CNS 748 Life Span Development: Implications for Counseling (online) (3G)
CNS 773 Family Counseling (3G) (Teaching in spring 2021)

Capella University, Department of Counseling, Fall 2018 - Summer 2019

Adjunct Professor

COUN 5223 Introduction to Clinical Mental Health Counseling (online) (3G)
COUN 6302 Mental Health Counseling Clinical Practicum (online) (3G)

North Carolina Agricultural and Technical University, Department of Counseling, 2015 - 2018

Adjunct Professor

COUN 760 Career Counseling (3G) (on campus and online)
COUN 753 Play Therapy (3G)
COUN 785 Internship I MH Clinical/Rehab (3G)
(Supervised Doctoral level students as TAs)
COUN 786 Internship II MH Clinical (3G)
COUN 707 Professional Orientation and Ethics in Clinical Mental Health Counseling
(3G)
COUN 713 Theories and Techniques in Counseling (3G)
COUN 766 Advanced Clinical Mental Counseling (3G)
COUN 784 Practicum MHC-C (3G)

University of North Carolina at Charlotte, Department of Counseling

Adjunct Professor, 2017

CSLG 7205 Techniques of Family Counseling

Instructor, 2012 - 2013

CSLG 7430 Practicum (3G)
CSLG 7435 Internship (3G)

Teaching Assistant, 2006 - 2011

CSLG 6110 Counseling Techniques (3G)
CSLG 6111 Advanced Techniques (3G)
CSLG 7142 Introduction to Play Therapy (3G)
CSLG 7430 Counseling Practicum (3G)
CSLG 8142 Introduction to Play Therapy (3 G)

Pfeiffer University- Misenheimer, NC

Instructor

Freshman Seminar (1 U)
Peer Educator (1 U)

CLINICAL COUNSELING EXPERIENCE

| | | |
|-------------|---|--|
| 2013 - 2020 | Private Practice | Clinical Supervisor |
| 2018 - 2019 | Monarch, Albemarle, NC | Outpatient Therapist |
| 2017 | Center for Behavioral Health and Wellness, NC A & T University | Clinical Coordinator/ Site Supervisor |
| 2013 - 2014 | Monarch, Albemarle, NC | Outpatient Therapist |
| 2011- 2012 | New Directions Psychiatric Services | Outpatient Therapist |
| 2006 - 2009 | Department of Counseling, UNCC | Graduate Assistant |
| 2006 - 2007 | Hospice of Cabarrus County | Grief Counselor |

| | | |
|----------------------------|---|--|
| 1997 - 2006 | Pfeiffer University | Career Center Director/ Career and Personal Counselor |
| 2005 - 2007 | Daymark Recovery Services | Human Services Clinician |
| 1997 - 2000 1999 | Pfeiffer University Volunteer Center Council for Adult and Experiential Learning Charlotte transportation group-Levi Straus | Coordinator Consultant |
| 1996 - 1997 1994 - 1995 | Central Piedmont Community College Tusculum College | Senior Lab Facilitator Wellness Center Coordinator/Service Learning Assistant |
| 1992 - 1994 | Appalachian State University Career Development Office Peer Career Center | Student Assistant Peer Counselor |

CLINICAL TRAINING

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|------------------------|---------------------------------------|--------------------|
| 2008 (Spring and Fall) | Kendall Valley Elementary School | Doctoral Intern |
| 2007 | Hospice of Cabarrus County | Doctoral Practicum |
| 2001(Spring and Fall) | Pfeiffer University Counseling Center | Masters' Intern |
| 1999 | Pfeiffer University Counseling Center | Masters' Practicum |

ADVISING

Freshman Seminar and Peer Educator courses at Pfeiffer University 1997-2006

PROFESSIONAL LEADERSHIP

North Carolina Association for Multicultural Counseling and Development
 President, 2020-2021
 President-Elect, 2019-2020
 President-Elect-Elect, 2018-2019

Association for Child and Adolescent Counseling- North Carolina
 Past-President, 2017-2019
 President, 2015-2017

Won 'Most Effective Membership Drive' by NCCA, 2015-2016

Adjunct Faculty Learning Community, UNCC, Fall 2017

Participant in semester-long teaching training program

American Counseling Association

Public Policy and Legislation Committee, 2006-2009
 Southern Region Branch Reactivation Committee member, 2005-2006
 Regional Leadership Training, Memphis, TN, 2005
 Regional Leadership Training, Charleston, SC, 2004
 Legislative Institute, Washington, DC, 2004

North Carolina Counseling Association

Member, Human Rights Committee
 Past-President, 2006-2007; Chair, By-laws committee, 2006-2007
 President, 2005-2006 (NC won 'Best Membership Services of Chapter' by ACA)
 Created Professional Association Leadership training, 2005-2006

President-Elect/Conference Chair (included organizing Silent Auction raising \$1000),
 2004-2005
 Served on committee to create state Advocacy Training Workshop, Spring 2004
 Member-at-large 2003-2004
 NCCDA Representative on NCCA Board 2002-2003
 North Carolina Association of Play Therapy
 Board member, 2019- 2021
 Secretary 2020-2021
 Student Board Representative, 2009-2010
 International Association of Addictions and Offender Counselors
 Web Editor, 2007-2010
 Co-Chair, Membership Committee, 2006-2007
 Interim Web Editor, Spring 2007
 National Career Development Association (NCDA)
 Inaugural Leadership Academy, 2006
 Leadership Academy 2003
 Government Relations Committee, 2007-2008
 Membership Committee 2001-2003
 State delegate and completed national leadership training, Denver, CO, 2003
 North Carolina Career Development Association (NCCDA)
 Co-Chair, Professional Recognition Committee, 2008-2009
 Past-President and Professional Recognition Committee- Co-Chair 2003-2004
 President 2002-2003 (NC won Outstanding State Division award on the national level
 and received 3 grants from national association during my service as President)
 President-Elect, 2001-2002
 Chair, Website Committee 2000-2001
 Conference planning committee 1999, 2000, Chair- 2001, 2002
 National Career Development Month committee 1998-1999
 North Carolina College Counseling Association
 Member-at-large, 2007-2008
 National Association of Colleges and Employers (NACE)
 Management Leadership Institute, Tempe, AZ, 2003
 Awards of Excellence committee, 2005-2006
 Southeastern Association of Colleges and Employers (SACE)
 Conference Proctor for program presentations, 2004
 Received Scholarship to attend NACE Management Leadership Institute (2003) and
 SACE annual conference (2004)
 Resource Room Committee 2001
 North Carolina Association of Colleges and Employers (NCACE)
 Professional Development Co-chair 2003-2004
 Employer Visitation Committee 2001, Co-Chair- 2002-2003
 Conference Program Committee 2001-2002
 North Carolina Cooperative Education Association (NCCEA)
 Awards Committee 2002-2003 and By-laws committee 2000-2001

HONORS AND AWARDS

Devoted Service Award, NC Counseling Association, 2017
 Devoted Service Award, Association of Child and Adolescent Counselors in NC, 2017
 NC Counseling Association Ella Stephens Barret Award for Distinguished Service, 2015
 IAAOC Graduate Student Scholarship, 2009

ACA Inaugural Robert Rencken Emerging Professional Leader Award, 2007
NCCA Creativity/Innovation in Counseling Award, February 2007
Roy Anderson Award, 2007 (most prestigious award given by NCCDA)
Starnes Award (\$1000.00, outstanding staff contributions - Pfeiffer University)
9 Who Care Award - WSOC Channel 9
Governor's Award for Outstanding Volunteer Service
Received 'New Professional' Award for NCCDA
Chi Sigma Iota Honorary Society
NCDA Inaugural Leadership Academy

PROFESSIONAL SERVICE

Service to the University

Wake Forest University

Department of Counseling
Member, Clinical Committee, 2019-present
Member, Spring Seminar Committee, 2019-2020
Offered presentation on play therapy for students, October 2020

North Carolina Agricultural and Technical University

Department of Counseling
Offered Play Therapy workshop free of charge to students
Collected counseling books to be donated to NBCC
Served as advisor for hiking trip for students
Coordinated with Landscape Architecture professor to begin plans for Serenity garden at Center
Sponsored raised garden at Center in Summer 2017

University of North Carolina - Charlotte

Department of Counseling
Guest Speaker, Counseling Women Course, Spring 2016
Guest Lecturer, Introduction to Play Therapy, Spring 2012
Guest Speaker, Counseling Women Course, Spring 2008
Guest Speaker, Prospectus Design Course, Fall 2008
Micropracticum Supervisor, Introduction to Play Therapy Course, Spring and Summer 2008, Spring 2013
Supervisor, Intensive Supervision of Play Therapy at 2nd Annual Play Therapy Conference, Charlotte, NC

Pfeiffer University

University
Website Committee 1999-2000
Lake Project Planning Committee 1999-2000
Staff Relations Committee 2005-2006
Alcohol Taskforce 1999-2001

Student Development

Professional Development Work Group
Relay for Life- Pfeiffer University Corporate Sponsorship Committee, 2003-2004

Coordinator, Director of Health Services Search Committee
Search Committee, Director of Residence Life
Search Committee, Director of Student Activities
Search Committee, Chaplain
Search Committee, Administrative Assistant to the Dean of Student Development
Search Committee, Director of Outdoor Programs
Search Committee, Resident Assistants and Directors and Student Chaplains, 1997-2006

Department of Career Services

Reviewed CAS standards for Career Services on college campuses
Prepared Career Services information for SACS review

Service to the Profession

Advisory Council of the Multicultural Play Therapy Center at UNCC, 2008-2015
Play Therapy Supervision, Play Therapy class, Gardner-Webb University, Boiling Springs, NC
Crisis Response Committee/Team, Stanly County American Red Cross, 2006-2007

Service to the Community

Presented on Stress Reduction for Teenagers, Gray Stone Day School, October 2018 e-week
Presented on Counseling and Play Therapy at Gray Stone Day School on Career Days for middle and high school students, February 2019
Conducted filial therapy groups at Kendall Valley Elementary School, New London, NC
Volunteer parent group facilitator, Spina Bifida weekend, Victory Junction Camp, Randleman, NC
Board member, Spina Bifida Association of North Carolina
JobLink Partners Committee- Stanly County
Board member- Stanly County March of Dimes

PRESENTATIONS

National Presentations

- Moore, S. (March 2010). Podcast interview with Dr. Bob Barret, Professor Emeritis at UNC Charlotte, www.counselorudiosource.net/feeds/CASO89.mp3
- Moore, S. (March 2009). Invited guest speaker, Two-Weekend Alternative Model of Child Parent Relationship Training (CPRT): Effects on Parental Skills, Parental Stress, Parent-Child Relationship and Parent's Perception of Child's Behavior; C-AHEAD Breakfast Meeting, American Counseling Association Convention, Charlotte, NC.
- Post, P., Moore, S., Vandergast, T., & Martin, C. (March 2009). Extending the basics: Advanced skills and issues in counseling young children, American Counseling Association Convention, Charlotte, NC.
- Post, P., Moore, S., & Penn, S. (March 2009). Critical Issues in Working with Parents of Young Children in Counseling, American Counseling Association Convention, Charlotte, NC.

State/Regional Presentations

Moore, Sarah. (February 2019). Multicultural Supervision: From Both Sides of the Desk. North

- Carolina Counseling Association, Durham, NC.
- Moore, Sarah & Proctor, Megan. (February 2019). Psychotropic Medication Use in Children and Adolescents. North Carolina Counseling Association, Durham, NC.
- Kascsak, T. & Moore, Sarah. (October 2018). The use of CCPT as a Trauma-Informed Approach. Licensed Professional Counselors Association of North Carolina, Raleigh, NC.
- Moore, Sarah. (February 2018). Two session parent training based on Child Centered Play Therapy as compared to CPRT. North Carolina Counseling Association, Durham, NC.
- Moore, Sarah. (February 2018). Serving Children with Disabilities with a focus on spina bifida, dialysis and organ transplant. North Carolina Counseling Association, Durham, NC.
- Moore, Sarah. (April 2017). Introduction to Play Therapy. Department of Counseling at North Carolina A & T University and Association of Child and Adolescent Counselors of NC, Greensboro, NC.
- Moore, S., Opiola, K. & Post, P. (February 2017). Child Parent Relationship Training (CPRT): A culturally-responsive parenting program for supporting families in crises. North Carolina Counseling Association, Durham, NC.
- Moore, S. & Kascsak, T. (February 2017). Supervision Can Be Fun: Integrating Expressive Arts into Supervision. North Carolina Counseling Association, Durham, NC.
- Moore, S. & Kascsak, T. (February 2016). Counseling with Adolescents. North Carolina Counseling Association, Greensboro, NC.
- Moore, S. & Post, P. (February 2013). Child Parent Relationship Therapy Training. North Carolina Counseling Association, Greensboro, NC.
- Kascsak-Miller, T., & Moore, S. (February 2012). Clinical Supervision. North Carolina Counseling Association, Greensboro, NC.
- Kascsak-Miller, T., & Moore, S. (November 2011). Group Play Therapy, North Carolina Association of Play Therapy, Elon University, Elon, NC.
- Moore, S. (November 2011). Play therapy supervision, North Carolina Association of Play Therapy, Elon University, Elon, NC.
- Kascsak-Miller, T., Moore, S. & Martin, C. (February 2011). Supervision 101: A review of models, interventions, and application, North Carolina Counseling Association, Concord, NC.
- Moore, S. & Martin, C. (November 2010). Supervision of Play Therapy, NCAPT Conference, Elon, NC.
- Moore, S. (November 2008). Two-Weekend Alternative Model of Child Parent Relationship Training (CPRT): Effects on Parental Skills, Parental Stress, Parent-Child Relationship and Parent's Perception of Child's Behavior, Poster Session at NC Association for Play Therapy conference, Elon, NC.

- Weis, M., & Moore, S. (October 2008). Clinical Intuition: Discovering How Counselors-in-Training Know Without “Knowing”. Southern Association of Counselor Educators and Supervisors (SACES) Conference, Houston, TX.
- Murray, T. & Moore, S. (October 2008). Self-Compassion: Do we embrace it, practice it, and teach it in counselor education programs?, Southern Association of Counselor Educators and Supervisors (SACES) Conference, Houston, TX.
- Post, P., Moore, S., Martin, C., Griffith, L., & Phelps, M. (September 2008). Introduction to Play Therapy. Center for Play Therapy Training and North Carolina Counseling Association, Charlotte, NC.
- Ceballos, P., Moore, S. & Martin, C. (September 2008). Introduction to Child Parent Relationship Training. Center for Play Therapy Training and North Carolina Counseling Association, Charlotte, NC.
- Moore, S. & Rorrer, A. (February 2008). The best laid plans: Dissertations, Research, Careers, Babies...Infertility? North Carolina Counseling Association Conference, Durham, NC.
- Moore, S., Martin, C. & Barret, B. (February 2008). Serving the Needs of/ Reaching out to LGBT Clients. North Carolina Counseling Association Conference, Durham, NC.
- Post, P. & Moore, S. (February 2008). Issues in Play Therapy: Working with Parents and Learning to Set Limits with Children. North Carolina Counseling Association Conference, Durham, NC.
- Murray, P. E., & Moore, S. (February 2008). Cut It Out: Eating Disorders and Self Injurious Behaviors. North Carolina Counseling Association Annual Conference, Durham, N.C.
- Post, P., Moore, S., & Martin, C. (February 2008). Play Therapy: Helping Our Children Heal, Pre-Conference Event for North Carolina Counseling Association Conference, Durham, NC.
- Post, P. & Moore, S. (October 2007). Addressing Diversity through Child-Centered Play Therapy: Theory, North Carolina School Counselor Association Conference, Greensboro, NC.
- Post, P. & Moore, S. (October 2007). Addressing Diversity through Child-Centered Play Therapy: Skills, North Carolina School Counselor Association Conference, Greensboro, NC.
- Moore, S. (2005). Professional Association Leadership training at NCACES Graduate Student conference and NCCA Conference, Winston-Salem, NC.
- Moore, S. & Wuwert, J. (2004). NC Advocacy Training Workshop for NCCA at Wake Forest University, Winston-Salem, NC.
- McAulay, K. & Moore, S., (2000). Developing Responsible Citizens: The Educated Voter, NCCPA conference, Raleigh, NC.

Local Presentations

- Moore, Sarah. (2014). Introduction to Play Therapy. Continuing Education Department of Monarch, Albemarle, NC.
- Post, P., Moore, S., & Bobb, T. (2008). Intensive 3-day Play Therapy Supervision. Center for Play Therapy Training Conference at UNCC, Charlotte, NC.
- Moore, S. & Martin, C. (February 2008). Play Therapy: Theory and Skills, Stanly County School System Workshop for School Counselors, Kendall Valley Elementary School, New London, NC.
- Martin, C., Farrin, A. & Moore, S. (October 2007). Play Therapy: Building a Therapeutic Relationship with Children, Thompson Child & Family Focus Early Childhood Symposium, Charlotte, NC.
- Post, P., Miller, T., Martin, C., & Moore, S. (2007). Addressing Issues of Diversity in Play Therapy Through a Client-Centered Approach, NC Center for Play Therapy, Summer Conference, Charlotte, NC.

GRANTS

- Moore, S. (2012). Multicultural Center for Play Therapy Training at UNCC, Charlotte, NC (MCPT Scholarship for Research in Play Therapy, \$500).
- Moore, S. (2008). First Runner-Up (includes recognition and support of publishing of submitted research in C-AHEAD Journal). Research Grant sponsored by Counseling Association of Humanistic Education and Development.
- Moore, S. (2006-2008). National Career Development Association Inaugural Leadership Academy, Broken Arrow, OK (annual conference registration, partial travel and accommodations for two years- \$1000 total).
- Moore, S. (2004). North Carolina Counseling Association received from American Counseling Association (Legislative Institute Registration for one participant- \$200).
- Moore, S. (2004). American Counseling Association Legislative Institute, Washington, DC (partial travel and accommodations, \$500).
- Moore, S. (2004). Southeastern Association of Colleges & Employers for Regional Conference expenses (\$1000).
- Moore, S. (2002-2003). North Carolina Career Development Association received from National Career Development Association (3 grants of approximately \$600 total).
- Moore, S. (2003). Southeastern Association of Colleges & Employers for National Association of Colleges and Employers Management Leadership Institute (training, partial accommodations and travel- \$1500).
- Moore, S. (1999- 2000). Bone Marrow Registrations for Pfeiffer University Community

Members, American Red Cross, Mecklenburg County, NC (\$75/donor at bi-annual blood drive; approximately \$4000/year).

RESEARCH

Articles in Referred Journals

Moore, S. (2014). Two-Session Child Parent Relationship Training with Parents of Children Diagnosed with ADHD. (Published doctoral dissertation). Available from Proquest.

Brack, G., Lassiter, P., Hill, M., & Moore, S. (2008). Ecosystemic complexity theory of conflict: Understanding the fog of conflict. *The Journal of Humanistic Counseling, Education, and Development*, 50(1), 3-15.

Moore, S. (2008). Utilizing stoic philosophy to improve cognitive behavioral therapy. *North Carolina Counseling Association Journal*, 1, 30-36.

MEMBERSHIP

American Counseling Association
North Carolina Counseling Association
Association for Child and Adolescent Counseling - North Carolina
North Carolina School Counselor Association
International Association of Play Therapy
North Carolina Association of Play Therapy
International Association of Addictions and Offender Counselors
National Career Development Association (NCDA)
North Carolina Career Development Association (NCCDA)
North Carolina College Counseling Association
Association for Counselor Education and Supervision
North Carolina Association for Counselor Education and Supervision
North Carolina Association for Multicultural Counseling and Development
Chi Sigma Iota National Honorary Society
Mu Tau Beta Honorary Society at UNCC
National Association of Colleges and Employers (NACE)
Southeastern Association of Colleges and Employers (SACE)
North Carolina Association of Colleges and Employers (NCACE)
North Carolina Cooperative Education Association (NCCEA)