

Curriculum Vitae

Isabel C. Farrell, PhD, NCC, LPC

Areas of Expertise

Clinical mental health counseling
Multicultural counseling including services for immigrants and refugees
Leadership and advocacy in counselor education

Education

Doctor of Philosophy, Counselor Education (*CACREP accredited*) May 2018
University of Tennessee, Knoxville
Dissertation: Advocacy among Counseling Leaders: A Constructivist Grounded Theory

Graduate Certificate, Qualitative Research Methods in Education May 2018
University of Tennessee, Knoxville

Master of Arts, Counseling Psychology December 2012
Northeastern State University

Bachelor of Arts December 2007
Northeastern State University
Major: Psychology
Minor: Sociology

Credentials

Licensed Professional Counselor (LPC) 2014
Issued by Oklahoma State Board of Behavioral Health
License #5555

National Certified Counselor (NCC) 2016
Issued by National Board of Certified Counselors

Scholarly Publications

Das, B., **Farrell, I. C.**, Vashisht, K., Gantt, A., Simpson, E., & A., Johnson. (Under Review).
How do we teach social justice in the United States? A cross-disciplinary synthesis of
social justice andragogy. *Education, Citizenship and Social Justice*.

Farrell, I. C., DeDiego, A. C. & Marshall, R. C. (2020) Service Learning to
Foster Advocacy Training in CACREP Accredited Programs, *Journal of Creativity in
Mental Health*, doi: [10.1080/15401383.2020.1733724](https://doi.org/10.1080/15401383.2020.1733724)

Farrell, I. C. & Barrio Minton, C.A (2019). Advocacy among counseling leaders: The Three-

Tiered Legislative Professional Advocacy Model. *Journal of Counselor Leadership and Advocacy*, 6(2), 144-159. doi: 10.1080/2326716X.2019.1644254

Marshall, R. C. & **Farrell, I. C.** (2019). Career Guided Imagery: A narrative approach for emerging adults. *Journal of Creativity in Mental Health*, 14 (2), 193-204. doi: 10.1080/15401383.2019.1586612

Gibbons, M. M., Brown, E. C., Daniels, S., Rosecrance, P., Hardin, E., & **Farrell, I.** (2019). Building on strengths while addressing barriers: Career interventions in rural Appalachian communities. *Journal of Career Development*, 1-14, doi: 0894845319827652.

Farrell, I. C. & Gibbons, M. (2019). Using narrative theory to assist college-aged Latino immigrants. *Journal of College Counseling*, 22(1), 83-96. doi: 10.1002/jocc.12116

Book Chapters

Farrell, I. C. & Barrio Minton, C.A (In press). Casey A. Barrio Minton: A Servant Leader, Through and Through. In C. A. Storlie & B. Herlihy (Eds.), *Leadership & Advocacy in Counseling: Strengthening the Future of Our Profession*. American Counseling Association: Alexandria, VA.

Francis, P. C. & **Farrell, I. C.** (In press). Ethics and Ethical Behavior. In S. K. Butler, J. Filmore, & A. F. Locke (Eds.), *Introduction to 21st Century Counseling*. Cognella: San Diego, CA.

DeDiego, A. C, **Farrell, I. C.**, McGrath, A, M. (2020). Narrative Therapy to Address Trauma for Emergency Medical Services and Firefighters. In C. A. Bowers, D. C. Beidel & M. R. Marks (Eds.), *Mental Health Intervention and Treatment of First Responders and Emergency Workers* (pp. 243-257). IGI Global: Hershey, PA

Research in Progress:

Farrell, I. C. & Binkley, E. E. (In preparation). Advocacy of School Counselors Working with ELL Students.

Farrell, I. C., DeDiego, A. C. & Marshall, R. C. (In preparation). Leadership Training in CACREP Accredited Counselor Education Programs.

Non-Scholarly Publications

Farrell, I. C (2020). Professional Advocacy Agent: Ana Guadalupe Reyes. *The Exemplar*. Retrieved from https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/spring_2020_exemplar.pdf

Farrell, I. C (2019). Building a Stronger Organization through Leadership and Advocacy. *The*

Exemplar. Retrieved from https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/Spring_2019_Exemplar.pdf

Farrell, I. C (2019). Statewide/Regional Networking Grants: One State with One Goal. *The Exemplar*. Retrieved from https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/Spring_2019_Exemplar.pdf

Farrell, I. C (2019). Leadership Capacity and Mentoring: Multicultural and Relational Leadership. *The Exemplar*. Retrieved from https://cdn.ymaws.com/www.csi-net.org/resource/resmgr/publications_exemplar/Spring_2019_Exemplar.pdf

Farrell, I. C. & Basma, D. (2019). Counseling Newcomers and Refugees: Children and Adolescents. *ACA Practice Briefs*. Retrieved from <https://www.counseling.org/knowledge-center/practice-briefs>

Basma, D. & Farrell, I. C. (2019). Counseling Adult Newcomers and Refugees: Downward Mobility and Career Loss. *ACA Practice Briefs*. Retrieved from <https://www.counseling.org/knowledge-center/practice-briefs>

Farrell, I., Graham, D., Gibbons, M. M., & Hardin, E. E. (2017). *PiPES Community Career Services Manual for Trainers*.

Farrell, I., Graham, D., Gibbons, M. M., & Hardin, E. E. (2017). *PiPES Community Career Services Manual for Patrons*.

Farrell, I., Graham, D., Gibbons, M. M., & Hardin, E. E. (2017). *PiPES Manual de Servicios de Orientación Profesional*.

Academic Positions

Assistant Professor, Department of Counseling, Wake Forest University, Winston-Salem, NC, 07/2018 – present

Teaching Associate, Department of Educational Psychology and Counseling, University of Tennessee, Knoxville, TN, Fall 2016 - Spring 2018

Courses Taught

Masters Level (Campus)

COUN 545 Critical Issues in Counseling: Human Development (University of Tennessee, Knoxville; Offered 1 times)

CNS 739 Advanced Skills/Crisis Management (Wake Forest University; Offered 1 time)

Masters Level (Online)

CNS 747 Cultures and Counseling (Wake Forest University; Offered 1 time)

CNS 748 Lifespan Development Implications for Counseling (Wake Forest University; Offered 1 time)

CNS 752 Human Services Administration (Wake Forest University; Offered 1 time)

CNS 760 Issues in School Counseling (Wake Forest University; Offered 1 time)

CNS 780 Professional, Ethical, and Legal Issues in Counseling (Wake Forest University; Offered 2 times)

Undergraduate Level

CNS 337 Skills in Health and Human Service (Wake Forest University; Offered 4 times)

CNS 334 Ethics in Health and Human Services (Wake Forest University; Offered 2 times)

COUN 333 Service Learning with Students with Intellectual and Developmental Disabilities (University of Tennessee, Knoxville; Offered 2 times)

COUN 480 Skills for Counseling (University of Tennessee, Knoxville; Offered 3 times)

Professional Presentations

International

Farrell, I. (2016, October). *Creating a new cultural identity: Using narrative therapy to assist recent young adult immigrants*. Session presented at European Branch of the American Counseling Association (EB-ACA) Annual Conference, Geneva, Switzerland.

Truett, N., **Farrell, I.**, Hinds, A., & Marshall, R. (2016, June). *The four women project: On becoming a counselor educator*. Symposium at the Action Research Network Association Annual Conference (ARNA) 4th Annual Conference, Knoxville, TN.

National

Farrell, I., Basma, D., & Marshall, R. (2020, August). *Counseling Adult Newcomers and Refugees: Downward Mobility and Career Loss*. National Career Development Association Virtual Conference.

Farrell, I. (2020, February). *Advocacy Among Counseling Leaders: A Constructivist Grounded Theory*. Session presented at the Ethnographic & Qualitative Research Conference, Las Vegas, NV.

Farrell, I. (2020, February). *Advocacy Among Counseling Leaders: A Constructivist Grounded Theory*. Round table presented at the Law and Ethics in Counseling Conference, New Orleans, LA.

Farrell, I. & Barrio Minton, C.A. (2019, March). *Advocacy Among Counseling Leaders: A Constructivist Grounded Theory*. Session presented at American Counseling Association Conference, New Orleans, LA.

Farrell, I. & Basma, D. (2018, April). *Mixed Status Families: A Systems Approach for a Systemic Problem*. Session presented at American Counseling Association Conference, Atlanta, GA.

Farrell, I. & Barrio Minton, C.A. (2017, October). *Counselor, instructor, supervisor, classmate: Managing multiple relationships in doctoral programs*. Session presented at Association for Counselor Education and Supervision Biennial Conference, Chicago, IL.

Gibbons, M. M., Brown, E., Taylor, A. L., **Farrell, I.** (2017, October). *Grant-funded programming in counselor education: Student and faculty perspectives*. Session presented at Association for Counselor Education and Supervision Biennial Conference, Chicago, IL.

Farrell, I. & Marshall, R. (2017, March). *Creating a new cultural identity: Using narrative*

- therapy to assist recent young adult immigrants.* Session presented at American Counseling Association Annual Convention, San Francisco, CA.
- Farrell, I.** & Marshall, R. (2017, February). *Advocating for undocumented clients: What we know about law, ethics, and multicultural competencies.* Session presented at the Law and Ethics in Counseling Annual Conference, New Orleans, LA.
- Marshall, R., & **Farrell, I.** (2016, September). *Emerging adults: A guided imagery for career development.* Round table session presentation presented at Association for Creativity in Counseling Annual Conference, Savannah, GA.
- Wheat, L. & **Farrell, I.** (2016, September). *Bringing bereavement out of the closet: Partner/spousal bereavement among LGBTQ+ citizens.* Educational session presented at Association for Lesbian, Gay, Bisexual & Transgender Issues in Counseling 2nd Annual Conference, San Antonio, TX.
- Truett, N., Marshall, R., & **Farrell, I.** (2016, July). *Treatment and prevalence of substance abuse with co-occurring eating disorders.* Poster presented at American Mental Health Counselors Association Annual Conference, New Orleans, LA.
- Truett, N., Marshall, R., & **Farrell, I.** (2016, July). *Healing through creative expression.* Poster presented at American Mental Health Counselors Association Annual Conference, New Orleans, LA.

State & Regional

- Farrell, I.** & Barrio Minton, C.A. (2018, October). *Advocacy Among Counseling Leaders: A Constructivist Grounded Theory.* Session presented at Southern Association for Counselor Education and Supervision Biennial Conference, Myrtle Beach, SC.
- Farrell, I.** (2016, November). *2016 Multicultural competencies 101.* Educational session presented at Tennessee Counseling Association, Murfreesboro, TN.
- Marshall, R., **Farrell, I.**, Hinds, A., & Truett, N. (2016, October). *Using strengths to investigate resiliency in counselor education cohort models.* Poster presented at Southern Association for Counselor Education and Supervision Biennial Conference, New Orleans, LA.
- Truett, N., **Farrell, I.**, Hinds, A., & Marshall, R. (2016, October). *The four women project: On becoming a counselor educator.* Educational session presented at Southern Association for Counselor Education and Supervision Biennial Conference, New Orleans, LA.
- Marshall, R., & **Farrell, I.** (2016, June). *Emerging adults: A guided imagery for career development.* Educational session presented at Tennessee Career Development Association 10th Annual Conference, Spring Hill, TN.
- Marshall, R., **Farrell, I.**, Hinds, A., & Truett, N. (2016, March). *Using strengths to investigate resiliency in counselor education cohort models.* Poster presented at Tennessee Licensed Professional Counseling Association 10th Annual Conference, Nashville, TN.
- Farrell, I.**, Marshall, R. (2016, March). *An ethical and multicultural discussion about immigrant clients.* Session presentation presented at Tennessee Licensed Professional Counselors Association 10th Annual Conference, Nashville, TN.
- Truett, N., **Farrell, I.**, Hinds, A., & Marshall, R. (2016, February). *The four women project: On becoming a counselor educator.* Session presented at Smoky Mountain Counseling Association Annual Conference, Jefferson City, TN.
- Farrell, I.**, Marshall, R., & Truett, N. (2016, February). *An ethical and multicultural discussion*

about immigrant clients. Session presented at Smoky Mountain Counseling Association Annual Conference, Jefferson City, TN.

Invited Presentations

- Farrell, I.** (2020, February). Upsilon Theta Chapter Chi Sigma Iota Initiation, Keynote, University of Tennessee, Knoxville, TN.
- Farrell, I.** (2019, February). Activate, Do, and Learn: Legislative Professional Advocacy in Action. Keynote, presented at Smoky Mountain Counseling Association Annual Conference, Jefferson City, TN.
- Farrell, I. & Marshal, R.** (2017, March). *Grounded Theory Methodology*. Presented for EDPY 559 Introduction to Qualitative Methodology. University of Tennessee, Knoxville, TN.
- Farrell, I. & Marshal, R.** (2017, March). *Needs of immigrant clients and current political climate*. Videoconference presented for Southeastern Louisiana University.
- Farrell, I.** (2016, October). *Multicultural counseling and theory*. Workshop presented for University of Tennessee, Knoxville, TN.
- Basma, D. & **Farrell, I.** (2016, April). *At risk populations in the education system: Refugees and undocumented youth*. Workshop presented for University of Tennessee, Knoxville, TN.
- Farrell, I.** (2012, June). *Domestic violence in the workplace*. Workshop presented for Youth Services of Tulsa, OK.
- Farrell, I.** (2012, May). *Domestic violence 101*. Workshop presented for Hispanic Resource Association, Tulsa, OK
- Klein-Crabtree, K., & **Farrell, I.** (2012, May). *Healthy moms, happy babies-domestic violence, reproductive coercion and children exposed*. Eight-hour workshop presented for Family Health Coalition, Tulsa, Oklahoma
- Mitchel A., & **Farrell I.** (2011, December). *Domestic violence 101*. Workshop presented for Tulsa Police Department. Tulsa, OK.

Research Experience

Graduate Research Assistant

May 2017-May 2018

Department of Educational Psychology and Counseling

University of Tennessee, Knoxville

School Counselors' Experiences with and Perceptions of Students who are Refugees. Worked with Dr. Pamela Brott and Dr. Bob Kronick at the University of Tennessee, Knoxville and Dr. Dareen Basma at Carnegie Mellon University. Assisted in qualitative research design, recruitment, data collection, and data analysis.

Graduate Research Assistant, PiPES Community

October 2017-May 2018

Department of Educational Psychology and Counseling

University of Tennessee, Knoxville

Served as team member to implement \$70,000 grant to encourage post-secondary education and provide career counseling and job search skills to citizens in two at risk Appalachian counties. Assisted with research planning, data collection, and program implementation.

Research Consultant, Archival Research

August 2017

You're Doing it Wrong! Mothering Discourses, Social Media, and the History of Medical Expertise. Worked with Drs. Margaret M. Quinlan and Bethany Johnson, Department of

Communication Studies and Department of History at UNC Charlotte. Researched early 20th-century archival sources and liaised between authors and archival sources.

Graduate Research Assistant August 2015 - May 2016

Department of Educational Psychology and Counseling

University of Tennessee, Knoxville

Worked with Dr. Laura S. Wheat to plan, implement, and manage multiple research projects.

Collected data. Reviewed, edited, and recorded relevant research material.

Clinical and Professional Experience

Career Counselor, PiPES Community

October 2016 – May 2018

Department of Educational Psychology and Counseling

University of Tennessee, Knoxville

- *Provided career counseling services for community members in Jellico, TN*
- *Administered and interpreted standardized assessment instruments useful in making career and academic program selections*
- *Collaborated with faculty and staff in development and utilization of resource materials to support the community*
- *Designed and delivered workshops on development of skills for educational, personal, and professional success.*

Graduate Assistant, Project GRAD

February 2017 – July 2017

Department of Educational Psychology and Counseling

University of Tennessee, Knoxville

- *Served as professor liaison for outreach program designed to support and promote post-secondary education for at-risk youth*
- *Designed and organized events and promotional event material*
- *Provided on-ground support and crisis response for the summer camp students*

School Counselor, Practicum, Fulton High School

August 2015- December 2015

Department Education Psychology and Counseling

University of Tennessee, Knoxville

- *Provided bilingual individual and small group counseling and classroom presentations in a school setting*
- *Implemented programs, training, and services on topics such as college readiness, study skills, and anger management*
- *Assisted school counselors in maintaining up-to-date cumulative records and transition plans*
- *Assisted students with post-secondary planning, career education, and on-the-job training programs*

Group Counselor, Practicum

August 2015- December 2015

Department Education Psychology and Counseling

University of Tennessee, Knoxville

- *Provided group counseling for students enrolled in COUN 554 Theory and Practice of Group Counseling*

- *Maintained appropriate documentation of services*

Bilingual Mental Health Professional (Spanish-English)

Dayspring Community Services

October 2012- July 2015

Tulsa, OK

- *Conducted individual and family assessments and interventions in English and Spanish*
- *Conducted individual and group counseling at three different elementary schools*
- *Contributed to a cohesive multidisciplinary team, including case managers, teachers, principals, school psychologists, and social workers*
- *Acted as team leader on site; monitored clients, other counselors, and case managers*

Bilingual Women’s Counseling Advocate, Women’s Shelter

Domestic Violence Intervention Services (DVIS),

May 2012 – October 2012

Tulsa, Ok.

- *Provided crisis intervention services for phone and walk-in clients*
- *Screened incoming clients and completed intake assessment forms.*
- *Conducted individual and group counseling session with clients*
- *Assisted clients with all case management needs*

Awareness Education Coordinator (Spanish-English)

Domestic Violence Intervention Services (DVIS)

November 2011 - May 2012

Tulsa, Ok.

- *Provided community training and participated in agency fairs to educate the community about domestic violence, sexual assault, and stalking*
- *Promoted the agency and its services*
- *Prepared outlines, handouts, curricula, and other educational materials and training*
- *Collected and reported statistical information and program evaluation data*

Bilingual Family Support Specialist, Head Start (Spanish-English)

Family and Children Services,

January 2010 - November, 2011

- *Assessed and planned for individual and family needs*
- *Implemented psychoeducational groups aimed to improve parenting skills*
- *Provided simultaneous translation to Spanish-speaking parents during school and program meetings*
- *Provided safety intervention to families and individuals*
- *Collaborated with mental health specialists and school staff to fulfill families’ needs and goals*

Substitute Teacher

2009

Tulsa Public Schools

- *Facilitated classroom lessons across various age groups and education levels*

Clinical Supervision Experience

Department of Educational Psychology and Counseling

University of Tennessee, Knoxville

COUN 555 Practicum in Counseling
COUN 558 Internship in School Counseling

Spring 2016
 Fall 2017

Leadership & Service Activities

Program Service

Interim HHS Minor Coordinator- Wake Forest University	Fall, 2020
Spring Seminar Committee Member- Wake Forest University	2019-2020
Online Scholarship Committee Member- Wake Forest University	2018-Present
Diversity and Inclusion Committee- Wake Forest University	2019-Present
Technology Committee, Social Media- Wake Forest University	2019-Present
Program Assistant - University of Tennessee, Knoxville	2016- 2017
<i>Provided administrative support services to the clinical mental health program coordinator.</i>	
<i>Planned and scheduled interviews with potential students. Designed and developed a promotional video for the clinical mental health program.</i>	
Student Candidate Interviews (Doctoral) - University of Tennessee, Knoxville	2016, 2017
Faculty Candidate Interviews - University of Tennessee, Knoxville	2016
Chi Sigma Iota, Upsilon Theta Chapter President	2017-2018
Chi Sigma Iota, Upsilon Theta Chapter President Elect	2016-2017
Chi Sigma Iota Graduate Student Mentor (Doctoral)	2016

University Service

University of Tennessee, Knoxville	
Graduate Student Senate Representative	2016-2017
Constituent Representative, Council for Diversity and Inclusion (CDI)	2016-2017

Regional and National Service

Southern Association for Counselor Education & Supervision, Newsletter Co-Editor	2020-Present
ACA Public Policy & Legislation Committee Member	2020-Present
EBACA Branch Development and Media Committee Co-Chair	2020-Present
Social Justice Curriculum Task Force, Counselors for Social Justice (CSJ)	2019-Present
Professional Advocacy Committee Member, Chi Sigma Iota International (CSI)	2019-Present
North Carolina Association for Multicultural Counseling and Development Secretary	2020-2021
Ad Hoc Reviewer, Journal of Counseling Leadership and Advocacy (JCLA)	2018-Present
Rural Scholarship, Master, and Doctoral Fellowship Reviewer	2016-2019
National Board for Certified Counselors Foundation	
Southern Association for Counselor Education & Supervision, Awards Reviewer	2019
Committee Member, Chi Sigma Iota (CSI) Counselor Community Engagement	2018-2019
Leadership Intern Editor, Chi Sigma Iota (CSI) Exemplar	2018-2019
Intern, Chi Sigma Iota International (CSI)	2018-2019
<i>Selected as one of two interns for the 2018 Chi Sigma Iota Leadership Intern. My appointment will start in May 2018. Through the intern program I will serve in a CSI's</i>	

Committee, Task Force, and/or Review Panel and dedicate over 100 hours on a special project. In addition, I will serve as a non-voting member in Executive Council meetings.

Fellow, National Board for Certified Counselors Foundation 2016-2017
Selected as one of 23 total fellows for the 2016 NBCCF minority doctoral fellowship. Fellows must demonstrate knowledge of and experience with racially and ethnically diverse populations, and commit to providing mental health services to underserved minority populations. Through the fellowship program, I volunteered at the NBCC symposiums, presented a method to counsel new immigrants with cultural identity concerns, and participated in 12 hours of continue education geared towards multicultural training.

Graduate Student Liaison, Tennessee License Professional Counselor Association 2015-2018
 Graduate Assistant, Research Grant Program Fall 2016
 Southern Association for Counselor Education & Supervision

Awards and Recognitions

Program and University Awards

University of Tennessee, Knoxville

Chancellor Citation, Extraordinary Professional Promise Award	2018
Most Outstanding Doctoral Student, Counselor Education Program,	2018
Outstanding Doctoral Student, Chi Sigma Iota, Upsilon Theta Chapter	2018
Outstanding Supervision Award, Counselor Education Program	2017
Student Spotlight, Department of Educational Psychology & Counseling	2016
First Place, 2017 Research Colloquium, College of Education, Health, and Human Sciences. For <i>Research poster: Counselor, instructor, supervisor, classmate: Managing multiple relationships in doctoral programs</i>	

Wake Forest University
 Men's Soccer Guest Coach, October 2018

Regional and National Awards

National Board for Certified Counselors (NBCC) Minority Fellow	2016
Outstanding Counseling Advocate of the Year, Smoky Mountain Counseling Association	2017

Grants and External Funding

Counselors for Social Justice Grant Award, \$300	Fall 2020
Advocacy of School Counselors Working with ELL Students	
IPLACE Grant, \$3,125	Spring, 2020
Advanced Skills/Crisis Management	
Wake Forest University	
The Council for Diversity and Interculturalism Fund, \$500	Spring 2018
University of Tennessee, Knoxville.	
Chi Sigma Iota Excellence in Counseling Research Grant, \$1,000	Spring 2018
<i>Advocacy Choices and Actions among Counseling Leaders: A Grounded Theory.</i>	

P.I

Summer Graduate Research Assistant Grant, \$3,600 Summer 2017
Office of Research and Development, University of Tennessee, Knoxville
School Counselors' Experiences with and Perceptions of Students who are Refugees.
Co-P.I

Professional Affiliations

American Counseling Association (ACA)	2010-Present
Counselors for Social Justice (CSJ)	2019-Present
Association for Counselor Education and Supervision (ACES)	2015-Present
Chi Sigma Iota (CSI)	2015-Present
Southern Association for Counselor Education and Supervision (SACES)	2015-Present
Association for Creativity in Counseling	2016-2017
Association for Multicultural Counseling and Development	2015-2017
Tennessee Counseling Association (TCA)	2015-2018
Tennessee Association for Counselor Education and Supervision (TACES)	2015-2018
Tennessee Licensed Professional Counselor Association (TLPCA)	2015-2018
Smoky Mountain Counseling Association (SMCA)	2015-2017
Psi Chi, International Honor Society of Psychology	2007-2009

Languages and Specialized Skills

- Native Spanish Language Speaker
- Certified in Trauma Focused Cognitive Behavioral Therapy (TFCBT)
- Graduate Certificate in Qualitative Research
- Applied Suicide Intervention Skills Training (ASIST)