

(Overview Sheet revised March 2019)

BASIC OVERVIEW (CNS 744: Internship I and CNS 745: Internship II)

There are two Counseling Internship Courses (CNS 744 and CNS 745) that together total a minimum of 558 hours of clinical experience on site and 42 hours of group supervision for a collective total of 600 hours. Internships begin following the successful completion of the Practicum and required courses.

The minimum hourly requirements per semester are as follows:

279 Hours of work in a school or clinical mental health setting over a period of one full semester (approximately 20-22 hours per week for entirety of the semester) and should include a minimum of **120 hours of direct contact** and 14 hours of supervision by the site supervisor (i.e., 1 hour of individual site supervision per week).

21 Hours of group supervision (1.5 hours per week) by internship course instructor with other students.

300 Total Hours Each Internship Course

Please note that some of our students do their internships on alternative schedules including a one semester full-time internship. This is 600 hours on site (240 direct) in a single 14 week semester. Or they stretch it out across three semesters. This is 200 hours on site (80) direct across three full academic semesters. It is up to the site's discretion whether or not they will accept an alternative internship schedule.

Direct/Indirect Hours

Direct hours. Please see the explanation of direct and indirect hours listed in the Practicum section above.

Supervision

Site Supervisor. A site supervisor must have a minimum of a master's degree in Counseling or a closely related field with equivalent qualifications (e.g., social work, psychology, marriage and family therapy), including appropriate certifications and/or licenses (e.g., LPC, LCSW, MFT, Licensed Psychologist, Licensed/Certified School Counselor), and have a minimum of two years of pertinent professional experience (e.g., clinical mental health, school counseling) post-master's degree.

Site supervisors may contact the Department for resources regarding the clinical supervision process. It is the student's responsibility to check with their state's regulatory agency to determine if additional state requirements for site supervisors of internship experiences are met. Site Supervisors meet with their internship students for a minimum of 1 hour each week to review audio or video recordings and/or to discuss clinical experiences for a minimum of 14 hours per semester. Site supervisors and internship students are expected to have knowledge of the program's expectations, requirements, and evaluation procedures for students. Site supervisors are also available for consultation on an as-needed basis outside of formal supervision meetings. During the first week on site, the student and his or her Site Supervisor will complete the Learning Agreement Form which includes a time schedule and brief plan of activities. A copy is submitted to the course instructor for approval.

Session Recordings

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Session Recordings. Students are required to submit audio (no video) recordings of work with clients at various points across the semester in order to receive feedback and evaluation of their skills from their university supervisor. We believe students get better feedback and direction in developing their skills when supervisors can actually observe their work as opposed to student self report of what occurred in a session. We understand there are a few sites where recording of session is not possible. If a site will not allow the student to record (with signed consent from clients) and submit recordings to their University Supervisor for evaluation the site supervisor must be willing to live observe the student's work and complete an observation form for the student to turn into the university supervisor at various points in the semester. (This typically occurs three times a semester.)

More detailed information can be found in the Department of Counseling Student Clinical Experience Manual at <http://college.wfu.edu/counseling/forms/forms-for-current-students/>

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