Maintaining Motivation

By now, you are likely exhausted from the academic responsibilities of school, extracurricular/leadership roles, college application deadlines, scholarship search, and the countless other tasks you have to juggle during this busy time. In the coming weeks and months (especially once you have been accepted into colleges and have decided where you will be attending), you may struggle to find the motivation to continue to consistently give every task and challenge your best effort. Below are some great resources to assist you in maintaining your motivation and helping you to continue to work towards your full potential:

- **What is Senioritis and How to Handle It**
- **How to Finish Your Senior Year**
- **8 Tips for Battling Senioritis in High School**
- **How to Deal with Senioritis (YouTube video)**
- **Myth: The Second Half of my HS Senior Year Doesn’t Matter**

I encourage each of you to reflect, stay with the course, and reach out if I can help in any way. Take the time to develop and fine-tune these good habits now because you will likely find that your motivation will decrease as your senior year progresses. I’m here to support you in your quest to **finish the year strong**!

With deep admiration,

Dr. Ellison

Recommendation Requests

You all have done remarkably in locating and applying for a variety of scholarships to assist you as you pursue your academic goals. Many of these scholarships require letters of recommendation from educators, school counselors, and/or organization leaders. Please make sure that you are providing all recommenders at least a two weeks notice that you need a letter of recommendation. Recommenders want to give you AMAZING letters of recommendation and, in order to do that, need the time to personalize it to your specific strengths, talents, and attributes.

"I'm not good at everything, I just do my best at everything."

Michael B. Jordan

Alumni Engagement

Over the course of January, I will be reaching out to each of you via email, phone, or text. The purpose of this outreach is to check in with you and see if there is any specific support you need. If your email address and/or phone number have changed recently, please send an email to collegelaunch@wfu.edu to let us know. You are also always welcome to reach out to give us updates or ask for any support.

FOLLOW US! @WAKEPRECOLLEGE

NEED ANY HELP?

Your College LAUNCH family is here to help you! Feel free to reach out to Dr. Meleah Ellison at ellisonm@wfu.edu