

LAUNCHPAD

the official alumni newsletter for WFU College LAUNCH for Leadership

WAKE FOREST UNIVERSITY

COLLEGE LAUNCH

INSPIRING STUDENTS TO PURSUE GREATNESS

Welcoming Help & Paying It Forward

In just a few short weeks, you will become a high school graduate and will embark on your next journey. You are likely feeling a myriad of emotions - excitement, exhaustion, worry, optimism, fear, and curiosity. All have their place in this moment and all are part of any life transition. Undoubtedly, these next few years will present opportunities for you to experience and manage independence. You will be pushed to new limits that will cause you to wonder if you can make it (I'm here to say that you can!) and you will make important life decisions that leave you questioning whether everything will work out (spoiler alert: it will and it always does).

One of the important things I want to stress to you as you enter adulthood may sound like a contradiction: you can handle it and you aren't alone. You are remarkably strong and can overcome whatever you face. You also have a number of people supporting you, including your College LAUNCH for Leadership family. When (not if, but when) you find yourself in need of encouragement, suggestions, and/or community, please reach out. I, along with your LAUNCH family, am here and will remain here.

Finally, as you progress towards your goals, remember the importance of giving back and paying it forward. Remember that part of your legacy in life is how you help others. There will be so many opportunities for you to help others, including those in the LAUNCH family. Please stay in touch, stay engaged, and stay true to who you are. Remember, "as we know our story, we know our power".

Dr. Meleah Ellison



YOU CAN FIND US ON FACEBOOK, INSTAGRAM & TWITTER @WAKEPRECOLLEGE

NEED ANY HELP?

Your College LAUNCH family is here to help you! Feel free to reach out to Dr. Meleah Ellison at ellisonm@wfu.edu

An Opportunity to Mentor LAUNCH Scholars

On June 23rd at 5:30 pm, College LAUNCH will host a workshop for Scholars who are about to begin their senior year. The focus of this workshop will be on preparing for the college application process and Scholars will receive coaching on solidifying their college list, scheduling college application tasks/deadlines, and more! Who is a better expert at this than you? (answer: no one!) Want to help lead this session? Reach out to Dr. Ellison (ellisonm@wfu.edu) by May 31st.



"...When you get these jobs that you have been so brilliantly trained for, just remember that your real job is that if you are free, you need to free somebody else. If you have some power, then your job is to empower somebody else..."

Toni Morrison,
Nobel Prize-winning author and professor