# LAUNCHPAD the official alumni newsletter for WFU College LAUNCH for Leadership

#### WAKE FOREST UNIVERSITY

# COLLEGE LAUNCH INSPIRING STUDENTS TO PURSUE GREATNESS

### Merry & Bright

As 2020 comes to a close, I know many of you are reflecting on what a challenging year it has been. One year ago, none of us would have believed that this is where we would be today. While it can be easy to dwell on all that feels altered and lost, I encourage each of you to focus on the seemingly small victories that you have achieved! You've navigated virtual learning. You've become more engaged citizens who have developed a deeper awareness of not only social injustices, but how to be a part of a movement that advocates for equal rights and liberties for all people. You're also tackling the college admissions process during an unprecedented time. Your personal and collective strength is remarkable!

Your perspective will certainly be impacted by what you have experienced this year. My most sincere hope is that you use the small and large victories of this year to remind yourself that you can do hard things! You can persevere and makes the best of any situation. So while you consider the setbacks, challenges, and heartaches of this year, I hope that you make the conscious effort to celebrate your unbreakable resilience and strength.

> With deep admiration, Meleah

## Alumni Survey

Alumni Surveys will be sent out once a quarter to stay up-to-date on how you're doing and the best way to reach you. The Quarter 1 Alumni survey was due on November 24th. If you have not already done so, please complete the <u>Quarter 1 Alumni Survey</u> ASAP!

> Remember this in the darkest moments, when the work doesn't seem worth it, and change seems just out of reach: out of our willingness to push through comes a tremendous power... USE IT!

> > **Stacey Abrams**

# **Resource of the Month**

<u>Better Make Room</u> is a wonderful organization led by Former First Lady Michelle Obama. They have a free <u>UpNext</u> program that sends text reminders to help students stay on track in their college application journey and transition into college. They also have several helpful <u>tools</u> available on their website.



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#### **NEED ANY HELP?**

Your College LAUNCH family is here to help you! Feel free to reach out to Dr. Meleah Ellison at ellisonm@wfu.edu