## LAUNCHPAD

the official alumni newsletter for WFU College LAUNCH for Leadership

WAKE FOREST UNIVERSITY

## COLLEGE LAUNCH

INSPIRING STUDENTS TO PURSUE GREATNESS

### Maintaining a Sense of Hope

What a deeply emotional and difficult time we are in the midst of. The weight of a global pandemic, along with the ongoing racial injustices that continue to take place likely lead to feelings of fear, anger, despair, loneliness, and uncertainty. All of these feelings are valid and completely reasonable. You may be asking yourself "will it always be this way?" and while the heaviness of this moment can be overwhelming, the LAUNCH team wants you to know that we stand with you. We share in your feelings and if you feel like you have no one to talk to, please reach out. We are here to listen. We also invite you to join us in maintaining a sense of hope and a conviction to change. We encourage you to channel your emotions into action by seeking solutions, remaining hopeful, and working to make a positive impact in your community.

During your time in LAUNCH, you repeatedly heard that you have the ability to make a tremendous impact on this world and future generations. We frequently referenced the quote by Listervelt Middleton, which ended with the phrase "as we know our story, we know our power." Each of you has a story to tell and are powerful beyond measure. We believed this to be true during your time as a Scholar and we firmly believe that it continues to be true today. We are, as always, thankful for you and inspired by you.

### A note from Meleah

Over the summer, I received so many kind messages from you all checking in on my family and me. I am so appreciative of each of you and am happy to introduce my son, Lenox. My husband and I welcomed him into this world on May 28th and he has filled our home with so much joy. Thank you all for your love and kindness!







#### Alumni Newsletter

You will receive a monthly Alumni newsletter. In it, you will find helpful tips, great resources, informative reminders, and opportunities to stay connected to your LAUNCH family. Come across a resource that you think would be helpful for everyone to see? Send it in an email to collegelaunch@wfu.edu.

#### **Resources of the Month**

2020 National College Match

The QuestBridge National College Match can be the pathway to a top college for low-income high school seniors who excel academically but feel that great colleges are financially out of reach. Through this college and scholarship application process, you can apply for free to some of the nation's best colleges and be considered for early admission and scholarships.

#### Month by Month Senior College Application To-Do List Senior Year Checklist

These are great resources to bookmark and reference throughout the year.

#### Tips for your college admissions essays

Also - remember to reach out to Meleah if you need any help with your essays.





# Ways to stay engaged in LAUNCH

HERE ARE SOME WAYS YOU CAN STAY
INVOLVED IN LAUNCH & GAIN VALUABLE
LEADERSHIP EXPERIENCE TO INCLUDE
ON YOUR COLLEGE APPLICATIONS!
COMPLETE THIS SURVEY TO VOLUNTEER!

- Apply to be a member of the College LAUNCH
   Young Leader Executive Board (YLEB)! The College
   LAUNCH YLEB will be a yearlong leadership
   commitment that involves leading the 2020-2021
   College LAUNCH Scholars. The YLEB will help lead
   Saturday Summits, provide feedback on
   programming, organize a community service event,
   etc. Please note that Saturday Summits from
   September December will take place virtually.
- Volunteer to assist with one of our College LAUNCH Saturday Summits.
- Volunteer to mentor a College LAUNCH Scholar (this can include checking in with them via text, phone call, video messaging, etc.).



Make sure you have a calendar/spreadsheet/document that tracks the application due dates for all of the colleges/universities you plan on applying to. Give yourself PLENTY of time to complete all required parts (including obtaining the required recommendations) and pay special attention to what you are applying for (Early Decision vs. Regular Decision).







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