

Installments

VOL 2 Issue 4

THE NUMBER TWO NEWS SOURCE AT WAKE

NOVEMBER/DECEMBER

OWLS HAS YOU COVERED



Don't miss the November and December OWLS (Outreach Workshop Learning Series) events presented by the CLASS office! OWLS mini workshops are interactive, fun, and informative.

November: How Food Impacts My Learning

Thursday, November 10, 2022 at 4pm-5pm, Autumn Room, 2nd floor Reynolda Hall

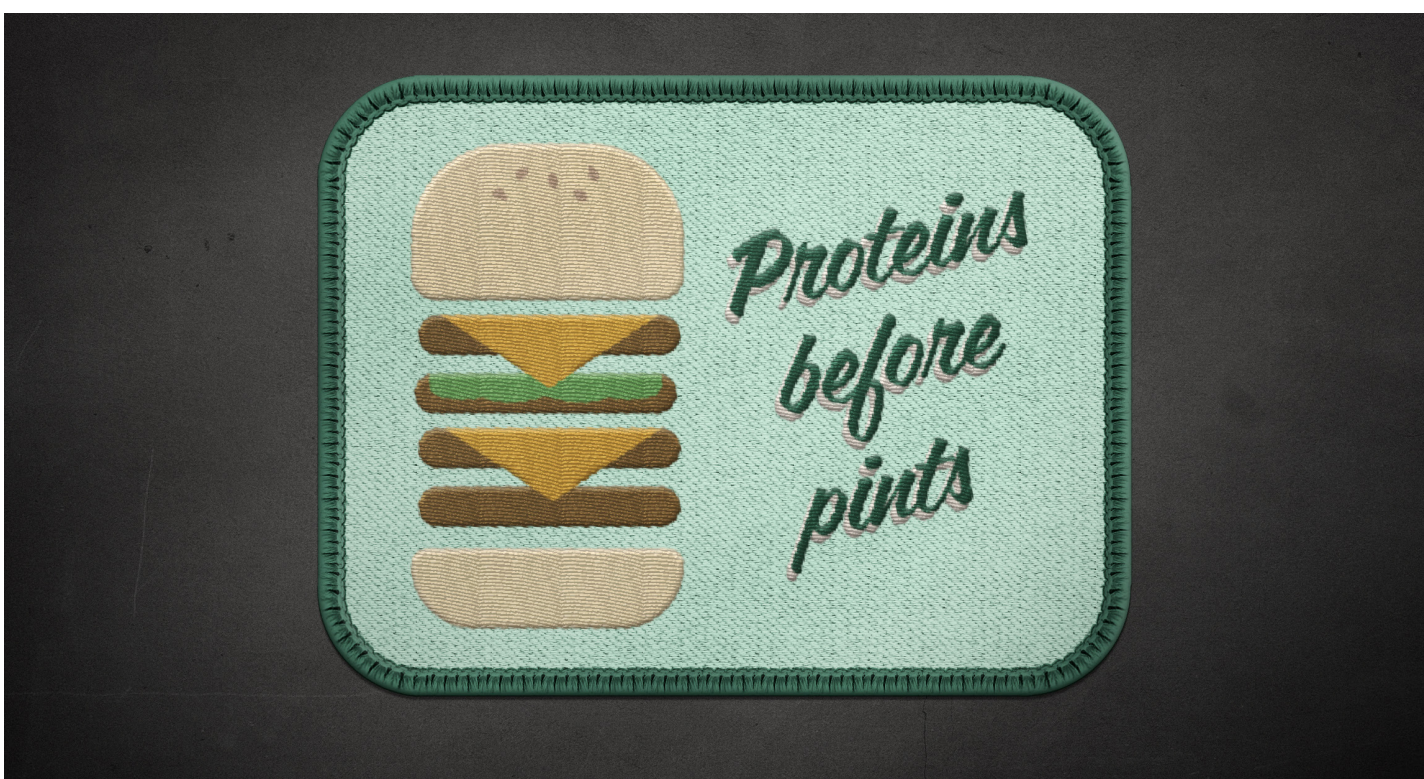
CLASS staff will present in partnership with Harvest Table. Students will enjoy yummy food while learning how food impacts learning. Free t-shirt and cooking items to all participants!

December: You've Got This: Strategies for Preparing for Exams and Reducing Stress

Thursday, December 1, 2022 at 6pm-7pm, Johnson Hall Lounge (all students welcome). This working session will help students be prepared to successfully launch into exams! Pizza provided.



Learn more



LIQUOR = SICKER

While over 1000 undergrad Deacs don't drink, if you're going to drink, drink smarter!

Did you know that the vast majority of alcohol-related medical (and conduct) incidents at WFU result from

drinking hard liquor? The high ABV of distilled spirits (40-50%) results in much higher levels of intoxication and all sorts of regrets.

Lower ABV drinks make it easier to keep in control. So if you do drink, reach for some

wine (~17%), beer (~5%), or seltzer (~5%) instead.



Read more

THIS MONTH

SOBER TAILGATE

November 12: Starts 3 hours prior to kickoff

November 19: Starts 3 hours prior to kickoff

Find us at the center of the student tailgate area inside gate 4

Join us 3 hours before every home game until kickoff for free food, fun, friends, and exclusive Wake giveaways.

Sober Tailgate is a great way to bring your Deac Spirit without the spirits.

go.wfu.edu/sobertailgate

LDOC
December 2

FINAL EXAMS
December 5-10