JOB CODE:	2478EEX			
PAYROLL TITLE	Athletic Trainer-Outreach; Club Sports			
Unit/Area:	Orthopaedics & Sports Medicine			
Position Number:	TBA			
Dept. Title:	Athletic Training Services			
Revision Date:	02/01/2022			

<u>JOB SUMMARY:</u> Under the direction of the Manager of Athletic Training Services, the outreach athletic trainer is responsible for the day to day medical coverage in the college or university club sports setting. Uses preventative measures appropriately; provide standard immediate care procedures used in emergency situations; clinical evaluation, treatment, rehabilitation and reconditioning. Employ appropriate assessment outcomes measures to determine effectiveness of the outreach program; determines appropriate return to play of student-athletes and active population. Management of head injuries and concussions; referral to appropriate medical professionals to ensure optimal level of care; all duties and responsibilities performed under the supervision of a directing physician. Also works collaboratively with the Sports Medicine Team to ensure service excellence for all customers of the athletic training outreach program.

**EDUCATION/EXPERIENCE:** Bachelor's or Master's degree in athletic training from a Commission on Accreditation of Athletic Training Education (CAATE) program. Experience as a BOC Certified Athletic Trainer at the college or university setting is preferred. Must be able to work independently.

**REPORTS TO:** Manager of Athletic Training Services

<u>LICENSURE, CERTIFICATION, and/or REGISTRATION:</u> BOC certified and licensed as a Certified Athletic Trainer in the State of North Carolina. Completion of American Heart Association Healthcare Provider (BLS), which includes CPR and AED training.

## **ESSENTIAL FUNCTIONS:**

- Provide athletic training services to intramural and club sports and/or community sporting events as determined necessary in order to attain departmental goals of community service.
- 2. Works within the Sports Medicine Team concept and assists with event coverage as necessary in order to attain departmental goals of community service.
- 3. Provides acute medical care to athletes "on the field" during practices or sporting events.
- 4. Provide clinical athletic training services in local orthopaedic clinics (as necessary).
- 5. Provides on-site recognition, evaluation, and immediate care procedures of illness and injury including emergency situations, independent of setting.
- Perform clinical injury evaluation and assessment of patient's level of function and follows standardized clinical practice in the area of diagnostic reasoning and medical decision making.
- Determine appropriate therapeutic treatment and provides rehabilitation, and/or reconditioning strategies, and taping / wrapping and bracing for preventative and protective treatment.
- 8. Implement treatment program objectives including long and short term goals and an appraisal of those which the patient can realistically be expected to achieve from the

- program. Assessment measures to determine the effectiveness of the program are incorporated into the program.
- Collaborate with their directing physician, recommend discontinuation of the athletic training service when patient has received optimal benefit of the rehabilitation and treatment program, and notes final assessment of patient status.
- 10. Determine return to play standards of injuries for athletes and the active population.
- 11. Maintain daily records of treatment logs, injury reports, doctor's referrals, and medical inventory management used for the care of athletes according to clinic standards.
- 12. Complete set-up of all practice and games including medical supplies, fracture management equipment, hydration, cryotherapy, and any other supplies needed for adequate coverage.
- 13. Assist with planning, organizing, implementing and compliance of departmental and policies.
- 14. Ensures an Emergency Action Plan for each venue be put in place and discussed with the campus recreation staff, coaches, and athletes; including local EMS. Exhibit ability to perform essential duties efficiently and accurately with or without reasonable accommodations and without endangering incumbent or other employees.
- 15. Mentor and manage on site education of students enrolled in University-based athletic training education programs or any other healthcare professionals at outreach events (if applicable).
- 16. Ensure all athletic training room sites have appropriate supplies and equipment; recommends new equipment for acquisition and use by the organization.
- 17. Develop physician referral network including family practice, orthopaedic, physical therapy, and other specialties as needed.
- 18. Facilitates patient entry into the healthcare system and properly track and document these referrals.
- 19. Maintain necessary training on concussion education, management, and care; including acute management of the cervical spine.
- 20. Adheres to departmental dress code when providing on-site Athletic Training services.
- 21. Perform other related clinical duties as required incumbent to State Board of Medicine/ Board of Athletic Training Statue and Rules.
- 22. Other duties as assigned by Manager of Athletic Training Services.

#### **SKILLS & QUALIFICATIONS:**

- 1. Excellent leadership qualities and decision making skills, as well problem solving abilities.
- 2. Ability to work independently & confidently with little daily supervision.
- 3. Interact with staff/visitors with a variety of developmental and sociocultural backgrounds.
- 4. Promotes an open atmosphere of communication. Communicates is a professional and timely manner with coaches, physicians, administration staff, families and all members of the healthcare team.
- 5. Informs supervisor, coach, and the healthcare team of issues and resolutions to potential problems as appropriate. Communicates pertinent information horizontally and laterally.
- 6. Maintain confidentiality (FERPA/HIPAA) in matters relating to employees, community partners, patient, family, and visitors.
- 7. Ability to understand and communicate medical terminology with patients, parents, coaches, physicians, and other healthcare professionals.

- 8. Works within the Sports Medicine Team concept and accepts assignments based on department need and organizational needs and provides medical coverage as needed.
- 9. Initiate problem solving and conflict resolution skills to foster effective work relationships with peers.
- 10. Participate in and maintain competencies required for the position and specific unit/area(s) of assignment.
- 11. Ability to work well with all ages, races, class and gender of people.
- 12. Identifies social work resources within the Medical Center for athletes who are uninsured or underinsured.
- 13. Excellent communication skills to include oral and written comprehension and expression. Relay information appropriately over telephone, computers, and other communication devices.

### **WORK ENVIRONMENT:**

- 1. Set hours may vary depending upon departmental needs.
- 2. Some night and/or weekend work required.
- 3. Athletic trainer will provide services in the on-site club sports athletic training room.
- 4. Accept assignments based on department and organizational needs.
- 5. Ability to manage a stressful work environment that includes frequent interruptions.
- 6. Athletic fields may be noisy, hectic, & stressful at times including frequent interruptions. Situational awareness may be necessary.
- 7. Possible exposure to infections, contagious diseases, and patient elements.
- 8. Will occasionally encounter emergency and crisis situations.

### **JOB REQUIREMENTS:**

- 1. Provides athletic training services following the rules and regulations of the National Athletic Trainers Association Code of Ethics, BOC Standards of Professional Practice, North Carolina State Practice Act and Regulations for Licensed Athletic Trainers, and AHWFB system-wide and Athletic Training department-specific Policies and Procedures.
- 2. Provides athletic training services within contractual guidelines utilizing AHWFB and sitespecific written protocol and adhering to written Physician agreement.
- 3. Must be on-site for all home club sport athletic events/games as determined by campus recreation administrative team.
- 4. Maintains accurate medical documentation and injury reporting.
- 5. Perform concussion testing if a concussion is sustained or suspected. Confirm appropriate follow-up of return to play guidelines.
- 6. Present a pre-competitive season educational session with each team covering sports medicine related topics, i.e., concussion recognition/management, hydration, emergency action plans and dangers related to competing in athletic events.
- Coordinate educational offerings for teachers and administrative staff regarding State concussion and return to learn policies.
- 8. Report to work on time and as scheduled.
- 9. Local travel is required

# **PHYSICAL REQUIREMENTS:**

- 1. Employees are asked to sign a statement indicating whether they can perform the essential functions of their position.
- 2. Requests for accommodation will be considered on an individual basis.

Amount of time spent performing the following activities:

0%	35%	65%		ig the following activities.
to	to	to		
35%	65%	100%	N/A	Activity
		Х		Standing
		Х		Walking
		Х		Sitting
		Х		Bending
		Х		Reaching with arms
		Х		Finger and hand dexterity
		Х		Talking
		Х		Hearing
		Х		Seeing
				Lifting, carrying, pushing and or pulling:
		Х		20 lbs. maximum
Х				50 lbs. maximum
			Х	100 lbs. maximum