Wake Forest is located in Winston-Salem, North Carolina, a beautiful, culturally rich mid-sized city centrally located in the Piedmont-Triad region of North Carolina. Winston-Salem is a family-friendly city with high quality schools, numerous outdoor recreational activities and events, and is known for its vibrant and thriving arts scene.

Downtown Winston-Salem is approximately three miles from the main campus. Downtown is a thriving area that includes galleries and shops; indoor and outdoor performance spaces and museums; a greenway that traverses the Old Salem district; and hotels, restaurants, and sidewalk cafes. One can catch a baseball game with the Winston-Salem Dash, a minor-league affiliate of the Chicago White Sox.

Winston-Salem residents enjoy close proximity to the beautiful Blue Ridge Mountains (1.5 hours) and Atlantic beaches (4 hours), a moderate climate with four distinct seasons, a very reasonable cost of living, and an eclectic variety of restaurants, wine bars, and breweries for dining with friends and family. Winston-Salem offers many of the amenities of a large city but with the sense of community and quality of life of a smaller town.

Learn more about Winston-Salem, North Carolina at visitwinstonsalem.com.