



## 2019 Summer Immersion Program Residential Packing List

### Attire:

Summer Immersion participants should be appropriately dressed to participate in a variety of activities.

- Daily attire should be tasteful and appropriate for the casual, academic atmosphere.
- Students will need outdoor attire (tennis shoes, sandals) appropriate for outdoor activities, playing sports, etc.
- Students may want to bring a light jacket, sweater or sweatshirt each day as classrooms are air-conditioned.

### We Will Provide:

- WFU Summer Immersion Program T-shirt
- WFU Summer Immersion Program notebook

### What to Bring:

You will need to bring:

- Casual attire for five days of programming
  - Please bring a light jacket, sweater or sweatshirt as it is often cool in the various air-conditioned locations we visit.
  - Please bring a raincoat/umbrella.
- Comfortable shoes for outdoor activities
  - **At least one pair of closed-toe shoes**
  - Tennis shoes/walking shoes/sandals
- Toiletries
  - Shampoo, soap, deodorant, razors, facial tissues, sunblock, bug repellent, etc.
- Shower shoes and shower supplies
  - \*A small shower caddy may be helpful to carry shower supplies back and forth from the hall bathroom.
- Medication
  - Both prescription and over-the-counter, if needed, such as Ibuprofen, Tylenol, etc.
- Hand soap
- Refillable water bottle
- Basic school supplies (pens, pencils, notebook)
- Backpack
- Twin sheets (Extra Long), blankets

- Bedspread or sleeping bag
- Pillow and pillowcase
- Towel and washcloth
- Small trashcan and/or trash bags for dorm room

**You may want to bring:**

- An extra bath towel or beach towel
- Bathrobe, slippers
- Paper towels
- Hair dryer
- Detergent
- Alarm Clock
- Small room fan
- Camera
- Portable speaker
- Entertainment (games, books, sports equipment, etc.) for dorm or outside
- Snacks/drinks for dorm room
  - Each room has one MicroFridge
- Money for purchases of snacks, campus bookstore items or other personal spending
- Any other personal items for your dorm room necessary for your comfort
- Laptop, cell phone and/or electronic devices

**What NOT To Bring:**

- Television, video game devices for television hookup
- Microwaves/heating elements
- Portable air conditioners, heaters

**Institute Specific Items:**

\*If your Institute is not listed below, it does not require you to bring any additional items.

**Biosciences and Engineering Institute:**

*Lab Attire:*

- Multiple pairs of long-pants
- Closed-toe shoes

**Business Institute:**

*Shark Tank Presentation/Etiquette Dinner Attire:*

- Business casual attire is recommended for the etiquette dinner and the end-of-week Shark Tank competition.

**Dance Institute:**

*Dance Class Attire:*

- Tights
- Leotards

- Ballet shoes
- Jazz shoes
- Warm-up clothes

#### **Debate and Public Advocacy Institute:**

- Laptop (if available)

\*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips ([stegalec@wfu.edu](mailto:stegalec@wfu.edu)) with your request.

#### *Debate Attire:*

- Business casual attire is recommended, but not required for the end-of-week debate competition.

#### **Documentary Film Institute:**

- Laptop

\*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips ([stegalec@wfu.edu](mailto:stegalec@wfu.edu)) with your request.

- Family photos, personal artifacts, meaningful memorabilia you would like represented in your personal documentary

#### **Entrepreneurship Institute:**

- Laptop (if available)

\*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips ([stegalec@wfu.edu](mailto:stegalec@wfu.edu)) with your request.

#### *Product Pitch Presentation Attire:*

- Business casual attire is recommended for the end-of-week product pitch presentations.

#### **Health and Exercise Science Institute:**

##### *Exercise Attire:*

- T-shirts
- Shorts
- Tights
- Running/Tennis shoes (\*No open-toed shoes in the gym.)
- Warm-ups

#### **Health and Wellbeing Institute:**

- Laptop, tablet or smartphone (For accessing health assessments)

##### *Exercise Attire:*

- T-shirts
- Shorts
- Tights
- Running/Tennis shoes (\*No open-toed shoes in the gym.)
- Warm-ups

#### **Leadership Institute:**

- Laptop (if available)

\*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips ([stegalec@wfu.edu](mailto:stegalec@wfu.edu)) with your request.

*Etiquette Dinner Attire:*

- Business casual attire is recommended, but not required for the etiquette dinner.

**Medicine Institute:**

*Hospital Attire:*

- Pants or shorts that at least go to mid-thigh
- Closed-toe shoes
- Business casual attire when students are patient-facing in the hospital (Winston-Salem only)

**Neuroscience Institute:**

- Laptop (if available)

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*Lab Attire:*

- Pants or shorts that at least go to mid-thigh
- Shirts with sleeves (No tank tops)
- Closed-toe shoes

**Policy and Politics Institute:**

- Laptop (if available)

\*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips ([stegalec@wfu.edu](mailto:stegalec@wfu.edu)) with your request.

**Psychology Institute:**

*Lab Attire:*

- Pants
- Closed-toe shoes

**Sports Medicine Institute:**

*Hospital Attire:*

- Pants or shorts that at least go to mid-thigh
- Closed-toe shoes

**Technology Institute:**

- Closed-toe shoes

**Visual Arts Institute:**

*Studio Supplies:*

- Studio Clothes (Clothes that you are unconcerned about getting dirty and/or permanently stained)
- Sketchbook (8x10 or larger)
- [Strathmore 300 18x20 Drawing Pad](#) (50 sheet is preferable)