



2019 Summer Immersion Program Residential Packing List

Attire:

Summer Immersion participants should be appropriately dressed to participate in a variety of activities.

- Daily attire should be tasteful and appropriate for the casual, academic atmosphere.
- Students will need outdoor attire (tennis shoes, sandals) appropriate for outdoor activities, playing sports, etc.
- Students may want to bring a light jacket, sweater or sweatshirt each day as classrooms are air-conditioned.

We Will Provide:

- WFU Summer Immersion Program T-shirt
- WFU Summer Immersion Program notebook

What to Bring:

You will need to bring:

- Casual attire for five days of programming
 - Please bring a light jacket, sweater or sweatshirt as it is often cool in the various air-conditioned locations we visit.
 - Please bring a raincoat/umbrella.
- Comfortable shoes for outdoor activities
 - **At least one pair of closed-toe shoes**
 - Tennis shoes/walking shoes/sandals
- Toiletries
 - Shampoo, soap, deodorant, razors, facial tissues, sunblock, bug repellent, etc.
- Shower shoes and shower supplies
 - *A small shower caddy may be helpful to carry shower supplies back and forth from the hall bathroom.
- Medication
 - Both prescription and over-the-counter, if needed, such as Ibuprofen, Tylenol, etc.
- Hand soap
- Refillable water bottle
- Basic school supplies (pens, pencils, notebook)
- Backpack
- Twin sheets (Extra Long), blankets

- Bedspread or sleeping bag
- Pillow and pillowcase
- Towel and washcloth
- Small trashcan and/or trash bags for dorm room

You may want to bring:

- An extra bath towel or beach towel
- Bathrobe, slippers
- Paper towels
- Hair dryer
- Detergent
- Alarm Clock
- Small room fan
- Camera
- Portable speaker
- Entertainment (games, books, sports equipment, etc.) for dorm or outside
- Snacks/drinks for dorm room
 - Each room has one MicroFridge
- Money for purchases of snacks, campus bookstore items or other personal spending
- Any other personal items for your dorm room necessary for your comfort
- Laptop, cell phone and/or electronic devices

What NOT To Bring:

- Television, video game devices for television hookup
- Microwaves/heating elements
- Portable air conditioners, heaters

Institute Specific Items:

*If your Institute is not listed below, it does not require you to bring any additional items.

Biosciences and Engineering Institute:

Lab Attire:

- Multiple pairs of long-pants
- Closed-toe shoes

Business Institute:

Shark Tank Presentation/Etiquette Dinner Attire:

- Business casual attire is recommended for the etiquette dinner and the end-of-week Shark Tank competition.

Dance Institute:

Dance Class Attire:

- Tights
- Leotards

- Ballet shoes
- Jazz shoes
- Warm-up clothes

Debate and Public Advocacy Institute:

- Laptop (if available)

*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips (stegalec@wfu.edu) with your request.

Debate Attire:

- Business casual attire is recommended, but not required for the end-of-week debate competition.

Documentary Film Institute:

- Laptop

*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips (stegalec@wfu.edu) with your request.

- Family photos, personal artifacts, meaningful memorabilia you would like represented in your personal documentary

Entrepreneurship Institute:

- Laptop (if available)

*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips (stegalec@wfu.edu) with your request.

Product Pitch Presentation Attire:

- Business casual attire is recommended for the end-of-week product pitch presentations.

Health and Exercise Science Institute:

Exercise Attire:

- T-shirts
- Shorts
- Tights
- Running/Tennis shoes (*No open-toed shoes in the gym.)
- Warm-ups

Health and Wellbeing Institute:

- Laptop, tablet or smartphone (For accessing health assessments)

Exercise Attire:

- T-shirts
- Shorts
- Tights
- Running/Tennis shoes (*No open-toed shoes in the gym.)
- Warm-ups

Leadership Institute:

- Laptop (if available)

*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips (stegalec@wfu.edu) with your request.

Etiquette Dinner Attire:

- Business casual attire is recommended, but not required for the etiquette dinner.

Medicine Institute:

Hospital Attire:

- Pants or shorts that at least go to mid-thigh
- Closed-toe shoes
- Business casual attire when students are patient-facing in the hospital (Winston-Salem only)

Neuroscience Institute:

- Laptop (if available)

*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips (stegalec@wfu.edu) with your request.

Lab Attire:

- Pants or shorts that at least go to mid-thigh
- Shirts with sleeves (No tank tops)
- Closed-toe shoes

Policy and Politics Institute:

- Laptop (if available)

*If you do not have access to a laptop at home, we can provide a loaner laptop for the week. If you are in need of a loaner laptop, please email Elizabeth Phillips (stegalec@wfu.edu) with your request.

Psychology Institute:

Lab Attire:

- Pants
- Closed-toe shoes

Sports Medicine Institute:

Hospital Attire:

- Pants or shorts that at least go to mid-thigh
- Closed-toe shoes

Technology Institute:

- Closed-toe shoes

Visual Arts Institute:

Studio Supplies:

- Studio Clothes (Clothes that you are unconcerned about getting dirty and/or permanently stained)
- Sketchbook (8x10 or larger)
- [Strathmore 300 18x20 Drawing Pad](#) (50 sheet is preferable)