Most of us look forward to this time of the year. Thanksgiving, Christmas, Hanukkah, Kwanzaa and the New Year are usually times of great joy, family, togetherness and much celebration. However, people who have been through a recent death, the loss of job, a chronic illness, who are facing divorce or living with depression or loneliness often watch the approach of the holiday season with a sense of dread. The thought of “putting on a happy face” when one is feeling nothing of the kind can feel overwhelming.

So, on November 21st at 4:15 pm, we will gather together as a Wake Forest community. Through music, prayers, candle lighting, and the spoken word, we will remind one another that we are never alone in our grief, that suffering is not forever, and that faithfully you can endure.

Sponsored by the Office of the Chaplain