

# WAKE FOREST IN THE NEWS

Selected Media Highlights

OCTOBER 2017 – JANUARY 2018

news.wfu.edu

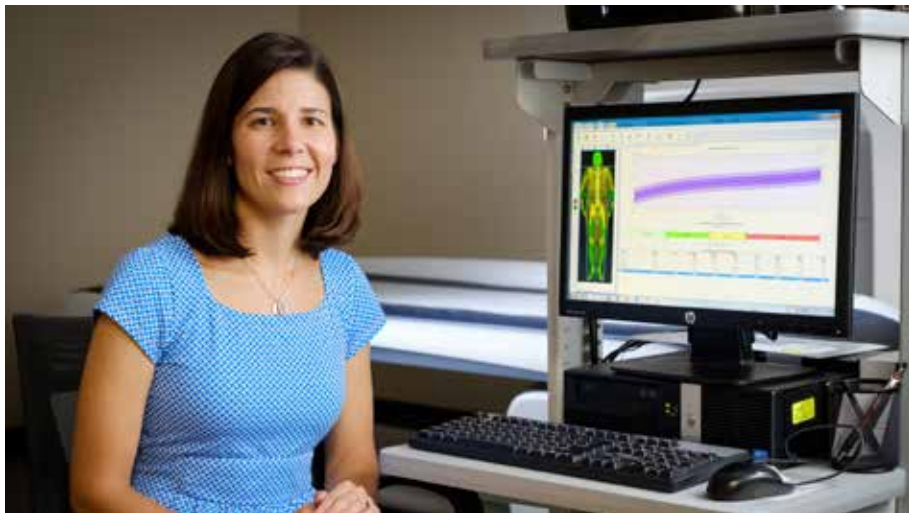
## POLITICO



### Studying abroad...in D.C.

**OCT. 10, 2017** Wake Forest is setting up shop in Washington, launching a study abroad-like program for undergraduate students to learn to navigate a city that can seem pretty foreign. “Finding that job and understanding how to network and navigate this city is obviously very different than a lot of other cities in the United States,” said Jennifer Richwine, the executive director of the “Wake Washington” program. The university opened its new facility at One Dupont Circle in October.

## The New York Times



### To maintain muscle and lose fat as you age, add weights

**NOV. 15, 2017** Adding weights to your weight loss regimen may be more effective than beginning a walking program. In a study published in Obesity, Wake Forest researchers focused on both men and women 60+ who were overweight or obese. “Walking is excellent exercise,” said Kristen Beavers, assistant professor of health and exercise science and lead author of the study. “But it looks as if it might not produce enough of an anabolic signal to really spare muscle mass during weight loss.”

## THE CHRONICLE OF HIGHER EDUCATION



### Starting a career center

**OCT. 19, 2017** Wake Forest University’s Office of Personal and Career Development began in earnest in 2009, when the University’s president, Nathan O. Hatch, created a vice presidency to make career training for undergraduates a top priority. In this article, Andy Chan, vice president for personal and career development, offers pointers for colleges looking to start comprehensive, campus-wide career programs.





## From jungle to desert in a matter of feet

**NOV. 10, 2017** “The Wonder List with Bill Weir” on CNN featured Wake Forest researchers studying illegal gold mining in Peru. Biologist Luis Fernandez is the executive director of the Center for Amazonian Scientific Innovation (CINCIA) — the first research center in the jungle to study the effects of illicit gold mining. “It’s a perfect storm. High prices of gold, tremendous poverty, high biodiversity and very vulnerable tribes that aren’t used to outsiders. It’s like the Wild West,” he said. A Jan. 16 Miami Herald article also featured CINCIA.

— THE CHRONICLE OF  
HIGHER EDUCATION —



## Wake Forest hosts ‘Rethinking Community’ Conference

**OCT. 24, 2017** Wake Forest University hosted a “Rethinking Community” conference organized by two campus centers that typically fall on opposite ends of the political spectrum: the Eudaimonia Institute and the Pro Humanitate Institute. Scholars, journalists, activists and others discussed thorny issues like immigration, free speech and the news media. The conference was a signature event in what Provost Rogan Kersh has deemed the year of “Rethinking Community.”

— **AP** Associated Press —



## Grateful lawyer bequeaths \$140 million to 3 N.C. universities

**OCT. 2, 2017** In a concluding act of extraordinary generosity that will make college more affordable and accessible for generations of students, Porter B. Byrum (JD ’42) donated more than \$70 million to Wake Forest University for scholarships. The late Charlotte attorney, businessman, philanthropist and alumnus was a champion of higher education, and this gift furthers his legacy of creating opportunity for deserving students.

— The Washington Post —



## U.S. universities pledge to increase intake of low-income students

**DEC. 13, 2017** Wake Forest is one of six U.S. institutions to announce public commitments to increase enrollment and support for moderate- and low-income students. The University set goals to increase the number of Pell Grant applicants by 50 percent, the number of enrolled Pell Grant students by 40 percent, and the number of need-based aid recipients by 25 percent.





## WFU engineering students test their creativity with cardboard

**DEC. 18, 2017** Fifty-five engineering students put their creativity to the test, reimagining and revolutionizing the idea of a “chair” as part of their final project. “Instead of just teaching lectures on theory, we’ve made the curriculum project-based,” Engineering chair Olga Pierrakos said. “Our goal is to produce internship-ready engineering students by year one who can go out there and contribute.”



## Why the Y: Older adults need support for healthy weight loss

**JAN. 16, 2018** Researchers at Wake Forest say seniors whose New Year’s resolution is to lose weight succeed with classes at community fitness centers such as the YMCA. The findings are part of a large, randomized controlled clinical trial, Cooperative Lifestyle Intervention Program-II (CLIP-II) — led by health and exercise science professors Jack Rejeski and Tony Marsh — which evaluates the effects of diet- and exercise-induced weight loss on mobility in obese, older adults in a community setting.

Forward

TRIAD  
BUSINESS JOURNAL

WINSTON-SALEM  
JOURNAL



## Expanding the definition of Anti-Semitism hurts Jews

**NOV. 7, 2017** In his testimony before the House Judiciary Committee, Barry Trachtenberg, the Rubin Presidential Chair of Jewish History and the director of the Jewish Studies Program at Wake Forest stated that attempts to broaden the definition of anti-Semitism to encompass phenomena that are clearly not anti-Jewish make it more difficult to recognize, isolate and oppose actual anti-Semitic hatred when it does appear.



## Triad professor receives \$680,000 NSF grant for bacteria research

**SEPT. 27, 2017** The National Science Foundation has awarded a \$680,000 grant to a Wake Forest University professor for her biochemistry research and mentoring program. The grant goes towards Patricia Dos Santos’ research looking at the chemical reactions in bacteria, particularly at the reaction’s physiological components.



## Wake Forest ranks highly for study abroad programs

**NOV. 13, 2017** Wake Forest ranks seventh among doctoral U.S. colleges and universities in the percentage of students studying abroad, according to the Open Doors report published by the Institute of International Education (IIE). Sixty-three percent of Wake Forest undergraduates received credit for study abroad in the 2015-2016 academic year. The University has been in the top 10 for the better part of two decades.



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# GRADUATE AND PROFESSIONAL SCHOOLS

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The New York Times



## How the bot stole Christmas: Toys like Fingerlings are snapped up and resold

**DEC. 6, 2017** The proliferation of online shopping makes it tough to purchase coveted items because of software that snaps them up as soon as they are offered for sale. “When an advertised item is unavailable because of out-of-stocks, customers don’t blame bots, they blame the retailer,” said Roger Beahm, a professor of marketing at the Wake Forest University School of Business.

The Washington Post



## Can apps slay the medical bill dragon?

**NOV. 15, 2017** Rachael Norman needed to submit a pile of out-of-network medical bills to her insurance company for reimbursement. Short on time, she started searching for a company that could do that tedious work for her. She failed to find one, so she started one herself. Many consumers “don’t realize there’s help to be had,” said Mark Hall, director of the Health Law and Policy Program at Wake Forest University’s School of Law.

Des Moines Register



## How Des Moines gave away the same tax deductions twice

**OCT. 6, 2017** Jon Duchac, an accounting professor at Wake Forest University School of Business who is researching the use of 179D among the nation’s 100 largest public school districts, said shoddy records and confusion about the tax break make it “entirely possible” that duplicated breaks happen frequently. “Most school districts are relatively unsophisticated when it comes to the technical nature of this deduction,” Duchac said.

THE WALL STREET JOURNAL



## Universities take a harder look at whether M.B.A. programs are worth it

**NOV. 1, 2017** While graduate schools of management can make money for the institutions that house them, their M.B.A. programs sometimes bring in little more than prestige. Administrators now wonder whether more schools will follow Wake Forest University and others in ending their full-time M.B.A. programs.



GRADUATE AND PROFESSIONAL SCHOOLS

The CHRISTIAN SCIENCE  
MONITOR



Amid Evangelical decline,  
growing split between young  
Christians and church elders

OCT. 10, 2017 For a variety of reasons, fewer and fewer Americans now have a grasp of the fundamentals of orthodox, biblical teachings. Bill Leonard, professor of Baptist studies at Wake Forest's divinity school, weighs in on the shift that has begun to affect the nation's most vibrant religious groups.

salon



This cop killed an unarmed  
black man, so they assigned  
her to community relations

OCT. 28, 2017 Just over a year ago, Betty Shelby, a Tulsa police officer, responding to a 911 call, shot and killed Terence Crutcher who was unarmed. Today, Shelby serves as a volunteer Reserve Deputy and helps with community outreach. "I'm not sure that community members would have faith in...her ability to inspire other officers to work with the community," said Kami Chavis, director of Wake Forest Law School's Criminal Justice Program.

Chicago Tribune



Who will bury Charles Manson?

NOV. 22, 2017 While the cultural impact of Charles Manson's life and actions will not soon be forgotten, the pressing concern right now is, what will happen to his remains? It's a question that often comes up when a notorious criminal dies. Law professor Tanya Marsh discusses what happens when a person dies in the state without any assets.

The Washington Post



States have already tried  
Trump's health-care order. It  
went badly

OCT. 13, 2017 Wake Forest law professor and national health-care expert Mark Hall said the president's executive order to reform the United States healthcare system "costs the government more, it costs lower-income people a lot more, it drives up insurance rates, and it drives health insurers from the market."



## AROUND CAMPUS



## LOVEFEAST

**DEC. 3, 2017** For the second year, Wake Forest University held two Lovefeast services in Wait Chapel. The Lovefeast has been one of Wake Forest's favorite holiday traditions for more than 50 years.





## Wake Forest public art class hosts 'Walking Tour of Works'

**NOV. 16, 2017** A guided walk showcased six public art projects by students in art professor David Finn's public art class – with the student artists each offering commentary. "There's a big difference between working in the studio on a project and then bringing it out in public," said Finn. "Students think about their work differently when they put it out in the world in this kind of a context."



## WFU students pray for Vegas shooting, hurricane victims at prayer walk

**OCT. 4, 2017** After a tumultuous month with hundreds killed in hurricanes, earthquakes and a mass shooting, Wake Forest students and personnel took to campus to grieve together. A moment of silence was held, followed by music and prayers of healing and peace from different religions. Students and staff tied pieces of fabric to a peace pole to symbolize their mourning.



## Wake Forest hosts Turkeypalooza

**NOV. 11, 2017** Wake Forest University students, faculty and staff prepared and delivered more than 350 Thanksgiving meals to Winston-Salem residents during Turkeypalooza. This annual event, hosted by The Campus Kitchen at Wake Forest, was held Nov. 11-16 during National Hunger & Homelessness Awareness Week.





## Sticking to your New Year's resolution is not about willpower

**JAN. 4, 2018** "Positive emotions can help turn threat-related thoughts ('There's no way I can do this') into optimistic thoughts ('I have the resources to do this')," said Wake Forest psychology professor Christian Waugh.

## Looking beyond marches: The feminist movement in 2017

**OCT. 16, 2017** Host Frank Stasio spoke with Wake Forest Women's Center director Paige Meltzer to examine where the feminist movement is today. This conversation was recorded in front of a live audience at the Friday Center in Chapel Hill as part of a yearlong celebration of the 20th anniversary of the Carolina Women's Center.



© Photo by Aaron Corcoran



## On undergrad advice

**OCT. 19, 2017** Allison McWilliams, assistant vice president of mentoring and alumni personal and career development at Wake Forest, wrote that students shouldn't wait until the second semester of their senior year to visit the counseling center, the career office, or other campus services. After graduation, many students won't have so many of those resources on hand. They should take advantage of them while they can. McWilliams was also a guest on Fox8 and WXII morning shows — providing tips for women seeking male mentors in the post- #MeToo workplace.

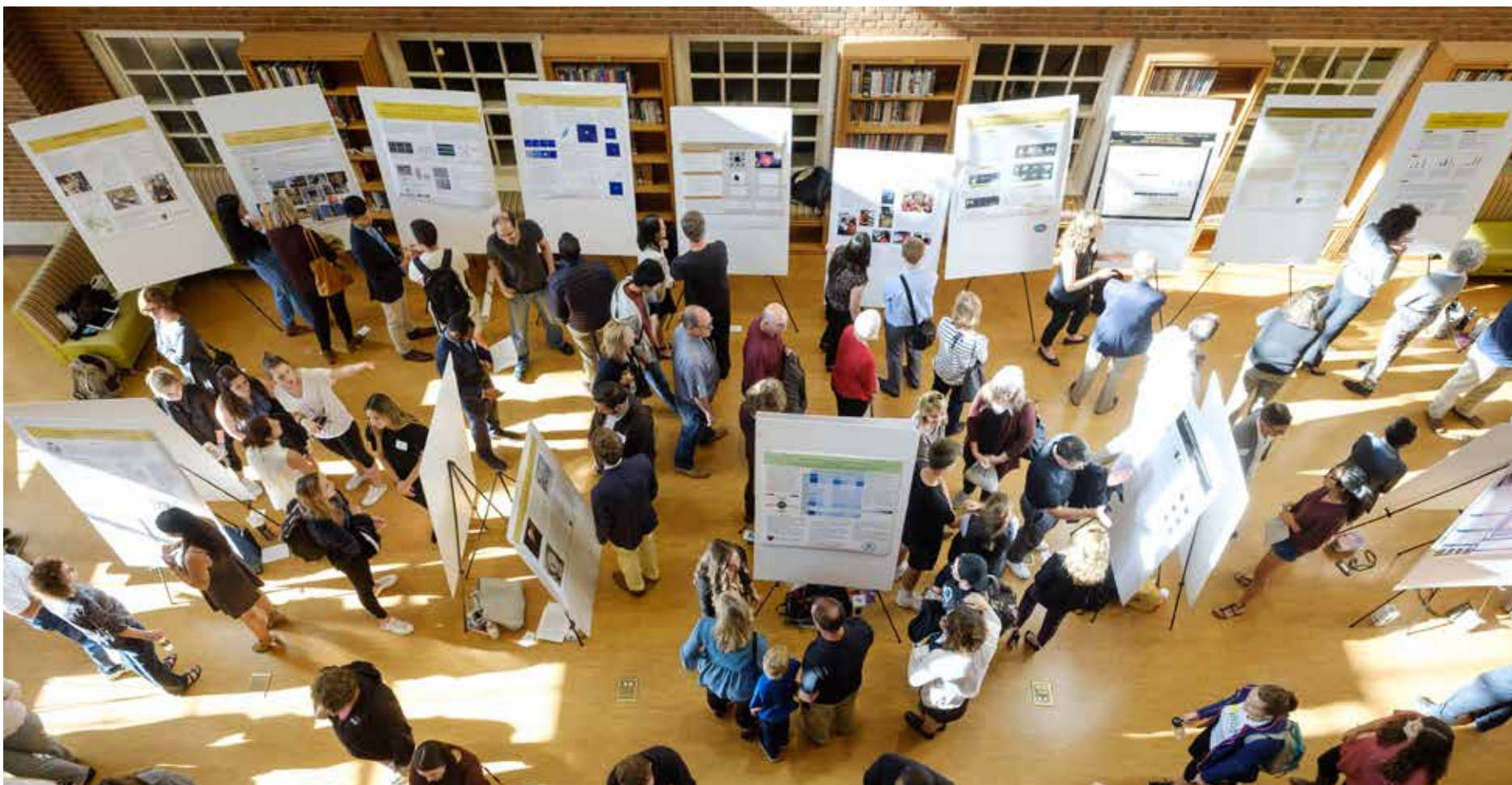
## The hipster ninja bats that sneak up on their prey

**NOV. 10, 2017** Bat calls are too high-pitched for us to hear, but Townsend's big-eared bat — a North American species with a foot-long wingspan — is an exception. Wake Forest biology professors William Conner and Aaron Corcoran have found that when it hunts, it does so at a whisper, with very quiet calls that moths can't hear.

## Why are people so surprised that Panthers owner Jerry Richardson is selling the team?

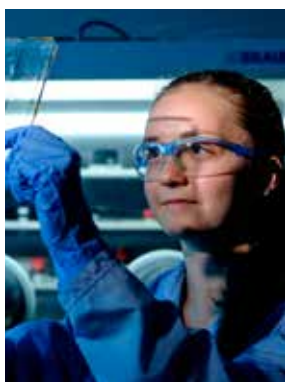
**DEC. 18, 2017** Following a report from Sports Illustrated over alleged workplace misconduct by Carolina Panthers owner Jerry Richardson, the 81-year-old franchise founder announced he would sell the team at the end of the season. Sports economist Todd McFall said Richardson has to weigh the cost of embarrassment, fines and/or legal action. "I think this is a way to just end it."





### Undergraduate Research Day 2017 showcases student creativity

**OCT. 27, 2017** Hundreds of students, faculty, staff and family members stopped by the Z. Smith Reynolds Library atrium to explore Undergraduate Research Day, a hallmark event at Wake Forest University. Research Day showcases original scholarship developed through personal interaction and intellectual exchanges between students and their teacher-scholar mentors.



### WFU student scholarships and awards

Wake Forest University junior Smiti Kaul, a double major in computer science and mathematics, received the Grace Hopper Conference scholarship and attended the world's largest gathering of female technologists.

The American Physical Society awarded Angela Harper the 2017 LeRoy Apker Award, which recognizes outstanding achievements in physics by undergraduate students, and provides encouragement to young physicists who have demonstrated great potential for future scientific accomplishment.



### Student-athletes read to second graders

**DEC. 7, 2017** In collaboration with the Skip Prosser Literacy Program, Wake Forest students in education professor Alan Brown's "Issues and Trends in Education" class read Chris Paul's book "Long Shot" to second graders at Old Town Elementary School. Student-athletes Omir Fernandez (soccer) and Myca Mitchell (volleyball) were interviewed.



### Journalists in Training: Wake Forest students tackle local news

**DEC. 8, 2017** Wake Forest students took on community journalism in an upper-level course taught by Director of Journalism Phoebe Zerwick. Students produced a regular online news report, Heard it Here, during the fall semester that focused on the people and places that make downtown a community.





## Rigid gender stereotypes tied to increased depression, violence and suicide in children

**SEPT. 20, 2017** Deborah Best, a psychology professor studying gender stereotypes at Wake Forest said her research suggests children as young as five years old already have gender roles determined. “Girls get the message they should not be in leadership roles and boys get the message they need to be more assertive and aggressive.”



## What Japan can teach us about the future of nationalism

**JAN. 3, 2018** Robert Hellyer, who teaches Japanese history at Wake Forest, co-wrote a guest column explaining lessons for the future of the nation-state on the 150th anniversary of the Meiji Restoration.



## New ‘molecular trap’ cleans more radioactive waste from nuclear fuel rods

**NOV. 3, 2017** Timo Thonhauser, the computational physicist on the Wake Forest University research team, discusses a new method for capturing radioactive waste from nuclear power plants and how it is cheaper and more effective than current methods.



## Beet juice keeps your brain young

**SEPT. 26, 2017** A study from researchers at Wake Forest published in the Journal of Gerontology: Medical Sciences, offers some intriguing hints that a daily shot of beet juice an hour before exercise can produce significant – and beneficial – changes in the function and organization of aging brains.



## How much is your health insurance costing you? Two Panthers season tickets worth

**SEPT. 28, 2017** As employers pay more for health care they, like their employees, will have to prioritize where the money will come from. “Either they’ll hire fewer people or they might decide to stop offering health insurance as a benefit,” said Christina Dalton, a healthcare economist at Wake Forest. Dalton was also interviewed by WXII and Spectrum News on how changes and uncertainty in the Affordable Care Act might impact enrollment.





## John Medica helped Apple and Dell recover from design fiascos

**NOV. 3, 2017** The Wall Street Journal ran a tribute to Wake Forest trustee and tech visionary John Medica, who died Oct. 13. As computers shrank into laptops and notebooks in the late 1980s and early 1990s, some of the top makers of desktop machines stumbled in their efforts to adapt. Two of them, Apple Computer Inc. and Dell Inc., called on John Medica, a boisterous electrical engineer, to help them get back on track.



## Striking a chord, NIH taps the brain to find how music heals

**OCT. 16, 2017** Dance professor Christina Soriano and neuroscientist Christina Hugenschmidt are starting a class for Alzheimer's patients to tell if music and movement enhance a diseased brain's neural networks. The NIH-funded study will randomly assign patients to the improvisation class — to dance playfully without having to remember choreography — or to other interventions.



## Analysis: Robert Mueller's investigation is far from over

**OCT. 31, 2017** The indictments of Paul Manafort and Rick Gates coupled with the surprise unsealed guilty plea by former campaign adviser George Papadopoulos made it clear that special counsel Robert Mueller's investigation is far from over. "There are a whole lot of things on the table that are chargeable, and that is part of the negotiation process," said politics professor Katy Harriger.



## Science-tested tips to be a better person

**JAN. 5, 2018** In a guest column based on his new book, "The Character Gap," Wake Forest philosophy professor Christian B. Miller says moral reminders, role models, and education in self-awareness can improve our characters. Miller also wrote an op-ed for the Dallas Morning News and has appeared on public radio stations in N.C. and Texas.



## Inside America's growing bulletproof clothing industry

**DEC. 14, 2017** Body armor manufacturing is a \$465 million-a-year industry, and most bulletproof fashion is tailored to men. "Historically, men have played the role of protectors in society as a whole, in communities and in families. So, men are more likely to find themselves in harm's way," said Wake Forest sociology professor David Yamane, an expert on U.S. gun culture.



ATHLETICS

WINSTON-SALEM  
JOURNAL



Ultimate competitor: After three tough years, Wake Forest QB John Wolford leading high-powered offense

NOV 17, 2017 John Wolford just doesn't quit – he never has. The Deacons senior quarterback faced a variety of challenges in his first three seasons. As his senior season was drawing to a close, Wolford was on fire, leading a record-breaking Wake Forest offense. Head coach Dave Clawson said, "He represents the very best of Wake Forest. He's a first-class young man, he works extremely hard, he's a great student and I think John exemplifies our whole program."

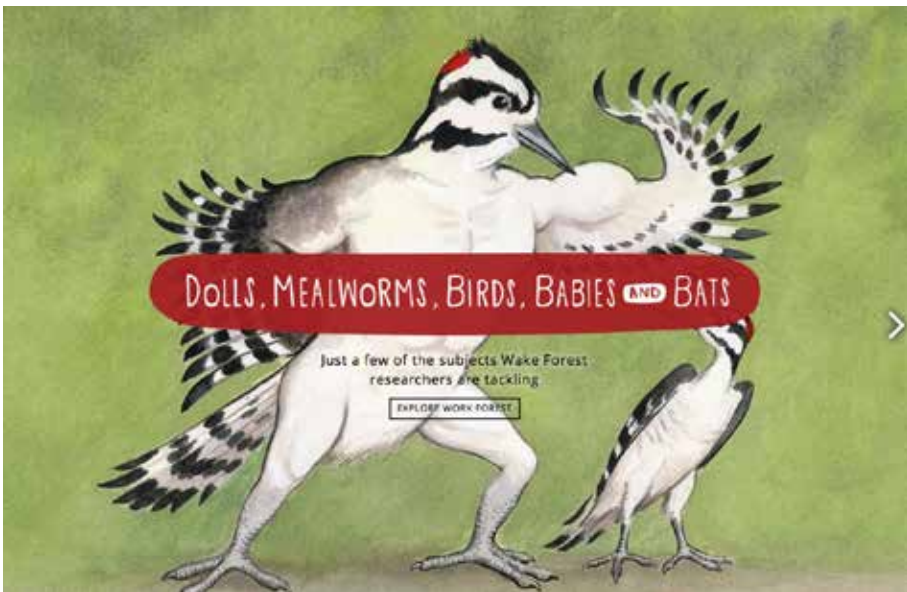
WINSTON-SALEM  
JOURNAL



Leading the way: Deacons' seniors exit with special victory in Belk Bowl

DEC. 29, 2017 What a way to go out for Wake Forest football senior leadership, which left Bank of America Stadium with a 55-52 win against Texas A&M that will be hard to forget. Their leadership is also paving the way for the future. Head coach Dave Clawson summed it up by saying, "Those guys take an extreme amount of pride in where that program was when they got here and where it is now, and they constantly tell the younger players, 'It's your job to carry this on and raise the bar again.'"

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2,027 likes  
wfuniversity A full chapel. Even fuller hearts. ❤️ Thank you to all who joined us for #Lovefeast 2017. 🍷 🍷 🍷 🍷 🍷 Photos by Ken Bennett and Mitchell Loll ('18) #wfulovefeast #wfu #wsnc



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