



Dear Staff and Faculty Colleagues,

I write this message on Passover and Good Friday eve. Your dedication to Wake Forest across this last month has been truly heroic. I hope you can use this long weekend in the midst of our new normal to rest, revive, and restore.

I wish you and yours health and happiness.

A handwritten signature in cursive script, likely belonging to the Dean, L. L. L.

Academic Updates

For the latest information about the University's response to COVID-19, including announcements about financial impacts, Campus Life updates, and more, continue to check coronavirus.wfu.edu.



A MESSAGE OF GRATITUDE

Dr. Hatch recently shared [a video message of gratitude](#) to faculty and staff.



SUMMER IN THE FOREST 2020

Registration for Summer Session 2020 opens on Monday. Please remind your students to check out our [website](#) and use WIN to register for summer classes. Students do not need a pin to self-register. WIN registration will be available through May 29, so there's no rush for those still formulating plans. Any questions about Summer Session can be directed to summer@wfu.edu.

UPDATE YOUR CONTACT INFORMATION IN WORKDAY

Provided by Information Systems: As the University responds to the COVID-19 crisis and remains virtually connected, please ensure the information listed below is up-to-date in [Workday](#).



Click the **Personal Information worklet** on the Workday home screen to update the following:

- **Contact Information:** After clicking the Personal Information worklet, click "Contact Information" under "Change," and click "Edit." Enter your mobile phone number as your primary phone under Home Contact Information. You may mark it "private," so it only will be visible to your leader, the Talent Liaison and Human Resources. If you have not marked it private, and your phone number or email is not displayed, please contact help@wfu.edu.
- **Photo:** We encourage you to add a recent headshot to your Workday profile to enhance online collaboration with your colleagues, especially during this remote work period.
- **Emergency Contact:** Click "edit" to make any changes.

🔍 Type **Change My Work Space** into Workday's search bar to verify your Work Space as follows:

- **Work Space:** As part of a larger emergency preparedness effort, please make any necessary corrections to your Work Space. Check to see what is identified and choose a different space within your Location (if applicable).

>> ENHANCE REMOTE COLLABORATION



WFU RECOGNIZED FOR EXEMPLARY PERSONAL AND CAREER DEVELOPMENT

Wake Forest University has been awarded the [2020 National Career Development Association's \(NCDA\) Exemplary Career Center Program Award](#). The award recognizes a career center program for their commitment to thoughtful, innovative and effective initiatives that support career development.

Academic Information

TEXTBOOK ADOPTIONS

Fall adoptions due Friday,
April 17



Please enter your book requests into "Follett Discover." **Administrative Assistants** should have access to this process. If you need access, please contact Willie Williams (x3562). **Teaching Professors** registered to teach in Summer and/or Fall can access the application via WFU Google Mail Apps (login to your WFU Google Mail, Select Google Apps, Select More, select "Follett Discover"). If you have any questions you may contact: [Donna McNeill](#) (ext. 3388); [Lizzie Wallace](#) (ext. 5141); and [Willie Williams](#) (ext. 3562).



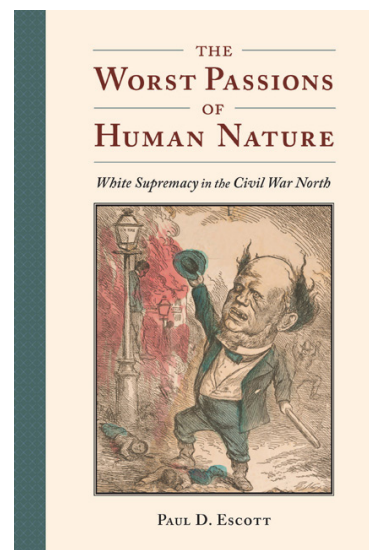
When lining up your Fall courses, consider textbooks that have online or digital resources.



HANNAH SCANLON WINS GOLDWATER SCHOLARSHIP

Congratulations to junior Hannah Scanlon who has been awarded the 2020 [Barry S. Goldwater Scholarship](#) for excellence and potential in STEM-related fields. Hannah plans her graduate study in some aspect of applied mathematics, possibly in life sciences. Thank you to Director of Wake Forest Scholars Tom Phillips, and professors Arciero, Gemmer, and Pease for supporting Hannah in her academic achievement. [Read more about the exciting news here.](#)

RECENT FACULTY PUBLICATION



Paul D. Escott, Reynolds History Professor, Emeritus, *The Worst Passions of Human Nature: White Supremacy in the Civil War North*. University of Virginia Press, 2020.

HIGHER ED COVID ARTICLES

Dr. Scott Segal, chairman of the anesthesiology department at Wake Forest Baptist Health, is quoted in *The New York Times* article, [What's the Best Material for a Mask?](#) on April 5.

Take a look at these essays that sketch out some possible scenarios for the near future as higher ed responds to the new normal created by COVID-19.

- [The Hard Choices Presidents Will Have to Make](#)
- [The 3 Questions Campuses Are Now Asking](#)

From the College



DEPARTMENT FOR THE STUDY OF RELIGIONS CREATES WEBSITE FOR STUDENTS AND FACULTY

The Department for the Study of Religions have put together an incredible website [celebrating how the department has catalogued the past three weeks](#). There are photos of faculty and students coming together through email, Zoom, etc. to have lunch together, celebrate birthdays, discuss "Tiger King" and take Zoom breaks to listen to a student play the accordion. What a wonderful way to share a connection during this time!

COPING IN THE TIME OF CORONA VIDEOS BY CHRISTIAN WAUGH

Associate Professor of Psychology Christian Waugh gives such wonderful scientific and historical insight in his video series on "Coping with Corona" and how we adapt in this stressful time. He talks about resilience, problem-focused coping, and distraction, and more. [Check it out here.](#)



WAKE THE ARTS SUBMISSIONS

Have you seen John Beck's Afro-Cuban Drumming class [say hello through a call and response song](#) yet? What creative pursuits are keeping you going during this time? We can't wait to see what you're up to. Follow @wakethearts on [Instagram](#), [Facebook](#) and [Twitter](#) to see how Wake Foresters are inspiring each other through creativity. [You can submit your videos and photos here.](#)



FACULTY, STAFF VIDEO SUBMISSIONS FOR CLASS OF 2020

Deadline: Tuesday, April 14

Mary K. Birch, Director of Social Media Strategy, is asking faculty and staff to contribute to a video that is being created in support of the Class of 2020.



While this is not the spring any of us envisioned, we especially want this class to know that we empathize with the situation they find themselves in and that the entire Wake Forest community stands with them. Our previous [videos](#) in [this style](#) have been seen more than 55,000 times! Check them out if you need a little inspiration.

- Use your phone to record a video (horizontal orientation please) of yourself around 30-60 seconds long.
- Introduce yourself and your role at Wake, then send your message to the class of 2020. Example: What's special about them, send congrats, your pride, admiration, favorite moments or memories... Go Deacs!
- If you are a Wake Forest alumnus/a, you also have an opportunity to record a second message welcoming the class of 2020 to the alumni family, for use in a different video that will be sent to each of our newest alums.
- Be yourself. Don't worry about any rough bits, starts or endings. We will trim and polish.
- Email the video to social@wfu.edu or [upload here.](#)

Here are [some tips from a pro](#) on how to get your best selfie-style video.

From the College: Student Perspective

SAVARNI SANKA ('21)

Politics and International Affairs & Spanish Major, Middle East and South Asia Studies Minor

On January 6, at around 3 p.m., I left my home city of Raleigh, North Carolina, for Salamanca, Spain, where I was supposed to spend the semester immersing myself in the Spanish language and culture while taking classes in art history, Spanish grammar, Arabic, and literature. On March 12, at around 6 a.m., I found out that, because of COVID-19, my WFU Salamanca program had been cancelled and that I had to return to the United States as soon as possible. In a whirlwind 24 hours, I went from preparing for my midterm exams and enjoying a copa de vino with my classmates to packing my things and traveling from Salamanca to Madrid to Paris, and finally, to the States. After two weeks in self-quarantine, I resumed my coursework remotely. This transition came with more than a few significant caveats. My professors, who were once a 10-minute walk away, were now an ocean and a six-hour time difference away. No longer living with a Spanish host family, I was completely losing the immersion aspect of my program that had driven me to apply for it in the first place. In such circumstances, was there even a way to maintain the integrity of our studies?

My professors, ever committed to us and to our learning, found a way. One professor, Dr. Laura Gago Gómez, has been particularly noteworthy in her management of our remote-learning transition. Laura is a professor of Arab and Islamic studies at the Universidad de Salamanca and, for the nine weeks that I spent in Spain, taught me and one other WFU student Modern Standard Arabic. She was the first of my professors to reach out with an updated syllabus and lesson plan for our new "long-distance" course and has been diligent about correcting and returning our assignments in a timely-manner. In addition, she has established a Google Chat where every Wednesday, we can meet with her to discuss our doubts on homework or new grammatical concepts. She has continuously sought our feedback, asking if our workload is too much, too little, or just right and if we have any ideas on how to better our virtual course. Most impressively, she is the only one of my professors who, despite the time difference, has committed to meeting with us face-to-face. Every Monday, we video call on Google Hangouts to practice speaking and listening in our target language; anyone who has ever studied or taught a foreign language will understand how important these speaking opportunities are. She has adapted to the fact that my classmate and I are in different levels of Arabic (we had been studying in separate classes back in Spain) by asking us to consider how we might explain texts or concepts to our peers who have no background in them. Perhaps most importantly, she has allowed these virtual meetings to be forums for us to discuss the difficulties of our new and strange situation, our abrupt removal from Spain, and our transition to remote learning.

I know that we have had an easier time adjusting because of the small size of our class, but I am confident that the strategies that Laura has implemented are applicable on a larger scale. For example, while a video conference with all the students in a typically sized WFU language course may not be feasible or effective, professors may be able to create opportunities for students to practice speaking and listening amongst themselves in small groups. I myself have coordinated with several classmates to organize

private chats on FaceTime to do the same in both Arabic and Spanish. There may even be a mechanism on platforms like Zoom to record conversations between students and send them to professors for feedback and corrections. I hope that by continuing to rely upon one another, students and professors will be able to come out of this time of crisis having never stopped learning and ready to take on the fall semester!



From the College: Student Perspectives

KYLE CATTIN ('22)

Spanish & Environmental Science Major, Anthropology Minor



I try not to watch the news nowadays, as there is little it has to offer for me. The dreary details contained within the coverage are counterproductive toward my goal of remaining positive, and so I find it best to just avoid them altogether; I am seeking the light during this time, not the dark. Thankfully for me, as well as for all Wake Forest students, I don't have to go far to find a shining source of this light.

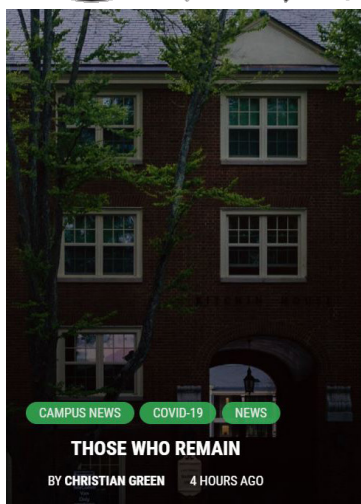
Every day I am inspired by the messages I receive from my professors, and as I reflect on my experience as a whole over the past three weeks, I cannot help but smile over what I have witnessed. Since the beginning, the response I've received from my professors has been absolutely remarkable; when this situation first began to unravel during our spring break, all my professors emailed the class to tell us that their top priority was our safety. Each message was full of positive thoughts and well wishes, and every professor offered their support if any of us needed it.

Since that initial response, very little has changed in terms of my professors' messages, as in every email they send they continue to stress both their availability, as well as their desire, to help us during this time. On top of their kind words, all my professors have been incredibly accommodating and flexible for anyone who needs it, stressing once more their priority of the students' safety and wellbeing over all else. While in the professors' eyes this may not seem like much, I can assure you that these messages are extremely important for the student to hear. Through your kind words and endless offers of support, I know that I am cared about and looked after, which during these uncertain times goes an especially long way.

Although our present circumstances are certainly not ideal, there is still much to celebrate and smile about, such as my incredible luck and good fortune to be a part of this incredible community. Even as the members of this community are spread across not just the country but the entire world, the strength of our bond is more evident to me now than ever before.

Old Gold & Black

We would like to acknowledge the incredible commitment of the **OG&B's editorial board** and the rest of the newspaper's staff, who have continued to report remarkable stories and publish articles remotely. Their ongoing coverage serves the public interest and speaks to the highest quality of student journalism. [Visit the digital newsroom here.](#)



From the University



WAKE 'N SHAKE RAISES HUNDREDS OF THOUSANDS FOR CANCER RESEARCH

Thank you to all who joined #WakeNShake2020 on April 4, and who helped re-imagine this signature event. Because of your hard work, generosity, and dedication, Wake 'N Shake raised \$383,550.25 for the Brian Piccolo Cancer Research Fund.

CALL TO CONVERSATION WILL HOST VIRTUAL CONVERSATIONS

Wednesday, April 15, at 3 p.m.; Tuesday, April 21, at 3 p.m.

Virtual Conversations is happening! Although not a part of the traditional brand of a "seated meal with a moderated conversation," we will still be giving great conversation and a snack (from your very own pantry) on a variety of topics this semester.

In the coming weeks....

Visit c2c.wfu.edu/campus

Let's Talk!


Wednesday, April 8th @ 5 pm EST
"Resilience"




Wednesday, April 15th @ 3 pm EST
"Dinner Rolls not Gender Roles: Coronavirus Edition"



Tuesday, April 21st @ 3pm EST
"Leadership and Character in a Time of Coronavirus"



Upcoming events include:

- On Wednesday, April 15, **Steph Trilling, Director of the Women's Center**, will discuss how gender roles may be impacted by our current pandemic
- On Tuesday, April 21, **Professor Michael Lamb** will discuss Leadership and Character in a Time of Coronavirus

THE WAKE FOREST UNIVERSITY
INTERCULTURAL CENTER
CELEBRATES

ASIAN HERITAGE MONTH

Follow [@wfu_asia](#) and [@interculturalwfu](#) on Instagram and [@WFU_IC](#) on Twitter for trivia, giveaways, and more!
#WFUAHM

CELEBRATE ASIAN HERITAGE MONTH WITH THE INTERCULTURAL CENTER

Make sure to follow [Wake's Asian Student Interest Association on Instagram](#) and [the Intercultural Center on Twitter](#) to celebrate Asian Heritage Month this April.

Office of Sustainability



TAKE A VIRTUAL TOUR OF THE CAMPUS GARDEN

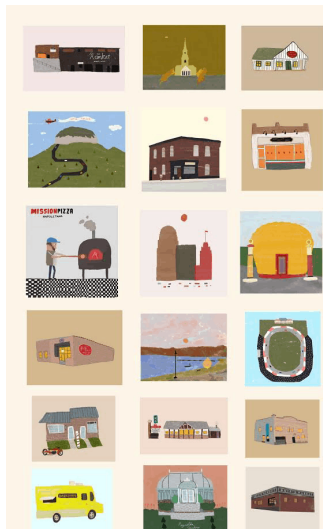
Are you a faculty member looking for an engaging, virtual opportunity for your students? Join the Wake Forest Campus Garden and [Campus as Lab](#) Manager, Nathan Peifer, on this [virtual tour of the Wake Forest Campus Garden](#). This 40-minute tour covers everything from composting to regenerative agriculture processes, backyard beekeeping, and more. It is designed for faculty across all disciplines who are seeking virtual material. In Fall 2019 alone, faculty from 18 different courses incorporated hands-on engagements in the [Campus Garden](#) as part of their courses.

7 SUSTAINABLE WAYS TO SUPPORT YOUR COMMUNITY WHILE SOCIAL DISTANCING

How do you practice solidarity from a place of solitude? Senior Alice Romanov has a few ideas.

[Check out 7 sustainable ways to support your community while](#)

[social distancing](#) for her reflection and a compilation of various ways to help out from home. Alice draws on her experience as an intern with the Office of Sustainability, working for the Piedmont Environmental Alliance's (PEA) Green Business Network.



Winston-Salem Strong

Humanities Institute

HI SUMMER WRITING GRANT PROPOSALS

Deadline: Thursday, April 30

Each summer the Humanities Institute funds up to four competitive Summer Writing Grants for university faculty working in the humanities to complete or make significant progress on a manuscript for a monograph that is either under contract or in which a publisher has indicated written interest. Applications are open to all full-time faculty, with priority for two of the grants given to proposals submitted by tenure-track humanities faculty working on a first monograph.

The deadline for Summer 2020 grants is April 30, 2020.

[Click here for the online Summer Writing Grant Proposal Form.](#)

Grant recipients are expected to give a public presentation on their work during the following academic year. Due to this spring's campus closure, presentations by Summer 2019 recipients Nathan Plageman (History) and Samanta Ordóñez (Spanish) were postponed. We hope to reschedule these events for Fall 2020.

HUMANITIES INSTITUTE CALL FOR PROPOSALS, SUMMER 2020 AND ACADEMIC YEAR 2020-2021

The Humanities Institute Call for Proposals for scholarly and co-curricular projects for the 2020-2021 Academic Year is linked below. Current CFPs and programming information are available year round on the Humanities Institute website: humanitiesinstitute.wfu.edu under "Faculty Resources."

Priority consideration will be given to proposals received by May 15, 2020, after which proposals will be considered on a rolling basis as funding allows.

[Click here for the AY 2020-2021 CFP.](#)
[Click here for a list of Proposal Forms.](#)

The deadline to submit proposals for the Summer 2020 semester is May 15, 2020 (this deadline is for all summer programs except for the Summer Writing Grants mentioned above -- that deadline is April 30).

[Click here for the Summer 2020 CFP.](#)
[Click here for a list of Proposal Forms.](#)

Please visit the Humanities Institute website for more information. You are also welcome to contact Dean Franco, HI Director (franco@wfu.edu) or Aimee Mephram, HI Assistant Director (mephram@wfu.edu) with questions.

Wellness Resources

WAKE UP WITH THE WOMEN'S CENTER

The Women's Center hosts a 30-minute self-care activity every Wednesday at 10 a.m.

Sign up here.



MDLIVE

WFU medical plan participants, including dependents have access to telehealth options through **MDLIVE**.



A Koru Basic Mindfulness course will begin on Wednesday, April 15, at 12:30 and will meet each Wednesday through May 6. **Click here for class details.** You will sign up for class AHA3301.



Learn with Life After Wake during the Wednesday Webinar series! Throughout the month of April, we're offering 30-minute webinars to help you cope, grow, learn, and connect. Each session is open to students, faculty, staff, and alumni. **Register here.** Webinars include:

- April 15, noon: Networking Virtually: Strengthen Your Network and Make Meaningful Connections
- April 22, noon: Creating a Strategic Job Search
- April 29, noon: Virtual Coffee: Remote Work Hacks

WELLBEING COACHING

students, faculty, and staff

The Office of Wellbeing now offers **virtual drop-in wellbeing coaching** free of charge to better serve Wake Forest University students, faculty, and staff. As someone with a busy schedule, it's important to take time for your personal wellbeing.

These 30-minute sessions can help those who are looking to establish routines, overcome new obstacles, enhance self-care practices, or develop short-term goals for personal success and holistic wellbeing. Our wellbeing coaches are here to support you. See our website for more information and to register for an appointment.

The coaching is offered to students, faculty, and staff associated with Reynolda Campus undergraduate and graduate programs.

Employee Assistance Program

Assessment, referral, and follow-up services for:
Family and marital problems
Home financial concerns
Anxiety, grief, and depression
Alcohol/drug abuse

Are you feeling overwhelmed and experiencing higher than normal levels of anxiety? Concerned about your self-medication or increased level of alcohol use? Consider reaching out to the confidential **Employee Assistance Program**. The EAP now offers telephonic counseling on topics such as anxiety and depression by calling 336-716-5493. Medical plan participants can also call 800-475-7900 or visit the **Carolina Behavioral Health Alliance (CBHA) website** to connect with in-network providers specializing in behavioral health and substance abuse issues.

Tech Tips

ZOOM TIPS FROM INFORMATION SYSTEMS

Zoom is proving to be a valued tool for faculty to conduct classes remotely. Zoom is available as a desktop application, has a Chrome Scheduler extension, and is integrated with Canvas!

Zoom has made a number of updates in response to rising privacy and security concerns, highlighted by media stories and the coining of Zoombombing. One of these updates includes changing the default meeting setting so that only the host can screen share. Zoom also has updated its desktop application to address security and privacy concerns around data-mining. If you have not updated yours yet, please do so the next time you are prompted when using the desktop application.

To help educate the campus on the available privacy and security settings in Zoom, IS has developed a set of [privacy and security best practices](#).

- **Limit your attendees to @wfu.edu accounts.** This is an easy way to ensure only Wake Foresters can join.
- **Secure Entrance to your room.** Locking your room or enabling a virtual waiting room is an easy way to prevent unin- vited guests. Hosts can then decide who to let in when.
- **Set passwords.** You can set a password by adjusting your global settings, making it harder for hackers to guess. If you are concerned that might present a barrier to entry for your students, Zoom embeds the passwords in the Zoom links, allowing them to still join with just one click.

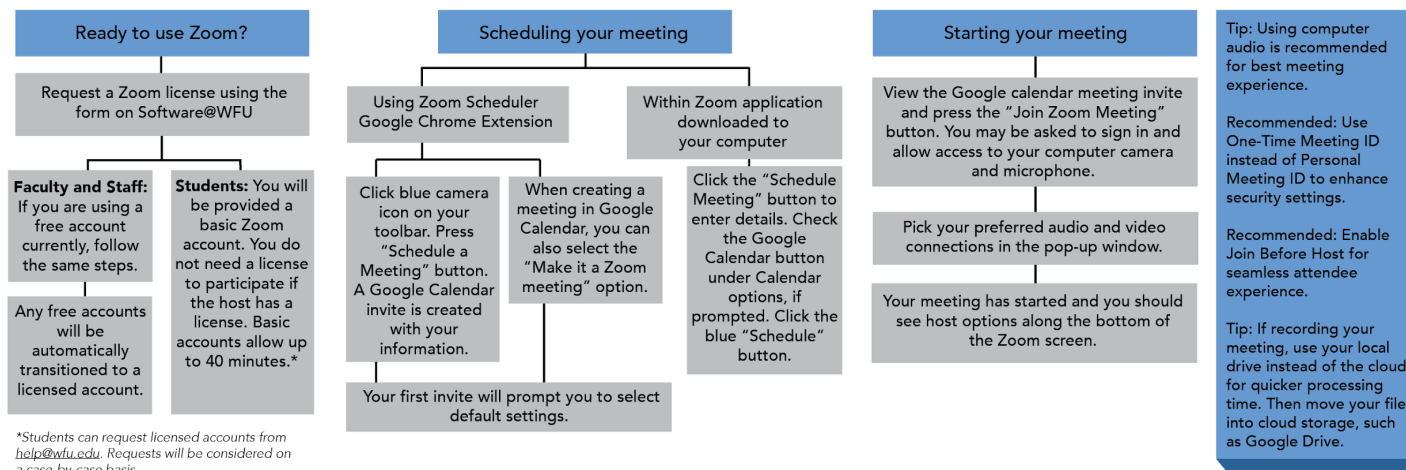
There are a number of resources specific to our campus to assist with using Zoom, safely and securely:

- [How to add Zoom to a Canvas course](#) - a five step guide to adding Zoom to one of your Canvas courses
- [Privacy and Security Practices for Teleconferencing](#) - security and privacy settings best practices
- [Technology best practices while sheltering in place](#) - general safety tips for teaching, learning, and working remotely
- [Troll proofing your Zoom Sessions](#) - a blog post by the Senior Director of Academic Technology with tips and tricks on how to make the most out of your Zoom classroom
- [Using Zoom at Wake](#) - a simple overview for getting started with recommended settings
- [Zoom Service page](#) - a full view of Zoom, Zoom training resources, and how to get a Zoom Pro account

We highly recommend following this infographic created for using Zoom at Wake Forest to get started.



Using zoom at Wake



*Students can request licensed accounts from help@wfu.edu. Requests will be considered on a case-by-case basis.

Tech Tips

From Rick Matthews, Director of Academic and Instructional Technology. For other tips and tutorials, visit the [Instructional Technology Group site](#) or contact [your instructional technologist](#).



Tip: JERKY ONLINE MEETINGS? TURN OFF THE FAN!



We have all experienced jerky or freezing video and audio due to insufficient bandwidth. Did you know that having a spinning ceiling fan in the video background could be the source of the problem? Try turning it off, and you may be pleasantly surprised.

Video signals contain lots of data. Imagine trying to upload 30 two-megapixel images every second. The way applications like Zoom, WebEx, or even YouTube achieve this remarkable feat is by using powerful compression tricks. The most effective trick is only sending information that changes from one video frame to the next. A stationary background takes very little data, while movement generates a huge data spike. A continuously spinning ceiling fan is in a new position each frame, so requires lots of data. This even impacts your data usage and cost, an especially significant concern for those on WiFi hotspots. Ching-wan Yip of the Wake Forest University Instructional Technology Group measured a sustained 150 kbps increase in his data usage simply by turning on his ceiling fan.

[For better video quality tips, click here.](#)

WFU SURVEY RESPONSE ABOUT ONLINE EDUCATION

Check out the impressive survey response from our very own WFU Summer 2019 online students, collected by Allen Brown in his post "[Building the Online Learning Community](#)," indicating very favorable connections with their instructors.

Community & Communication Online

