

**FIRST YEAR SEMINARS
SUMMER 2020**

COURSE OFFERINGS AS OF 03/02/2020

SUMMER FULL SESSION

CRN: 52322

LIFESTYLE MEDICINE

Professor James Ross, Department of Health and Exercise Science

Lifestyle Medicine is an emerging field designed to assist adults in their quest to achieve optimal health through academic understanding and learning skills to manage their own health. This class will examine lifestyle habits such as physical activity, diet, sleep, and stress reduction and examine those factors related to health and noncommunicable diseases (NCDs). The class will cover medicine/public health, sociology, psychology, and government policy.

M-F 9:25-10:40

WOPC 1162

Summer 2020

05/27/2020 – 08/11/2020

SUMMER I

CRN: 52293

SPORTS, CULTURE, AND GEOGRAPHY

Professor Adam Friedman, Department of Education

The seminar will examine the interconnectedness of sports, culture, and geography, and the influence each has on one another. There will be a worldwide focus, as the geography and culture of North America, South America, the Caribbean, Europe, Asia, and Oceania will be covered through such sports as soccer, baseball, basketball, American football, auto racing, cycling, boxing, hockey, cricket, and rugby, at both the amateur and professional level. Historical and contemporary events and trends will be addressed, and students will be expected to develop and defend arguments on different topics in both oral and written form.

M-F 9:25-10:40

Tribble A206

Summer I 2020

S 06/06 9:25-10:40

Tribble A206

Summer I 2020

S 06/13 9:25-10:40

Tribble A206

Summer I 2020

S 06/20 9:25-10:40

TBD

Summer I 2020