



Dear Faculty Colleagues,

You deserve real kudos. Switching your courses to remote delivery under unprecedented circumstances in a week's notice is a tremendous accomplishment. I've been receiving great reports from colleagues and students attesting to your compassion, imagination, inclusion, and resilience in our new virtual classrooms. It's great to see how you are using informal online communities as well as the CAT staff, the ZSR librarians, the ITG, and IS for learning technology advice and expertise to help you out.

I have two important asks of you. First, I know that remote learning under these current conditions is imperfect at best, but please make every effort to connect with your students in a face-to-face virtual format, including offering virtual office hours every week. We know that this face-to-face relationship, even when delivered virtually, is a Wake Forest hallmark. More importantly, it is critical to students' emotional comfort and academic success in such a precipitous time. And secondly, more than 400 college faculty are teaching virtually across the work week. Each of our students, spread around the globe with challenging home circumstances of their own, is taking four to six courses, some offered synchronously and others asynchronously. I have learned that some students are being required to take extended time tests that overlap with other existing courses and/or other extended test times. To support your students' learning, I ask that you please administer tests only during your regular class period or offer more flexibility for extended test times to accommodate these conflicts and hardships.

Today's Digest is full of useful news, including ways we can support our students living on campus and ways to support yourself. It is imperative that you not only have compassion for your students; please extend that same compassion to yourself. Take advantage of all the support systems around the College to keep safe and well.

A handwritten signature in black ink, likely belonging to the Dean, is placed over the bottom right of the text area.

Academic Updates



WAKE FOREST UNIVERSITY ANNOUNCEMENT REGARDING SPRING AND SUMMER SEMESTERS

President Hatch has announced a series of procedures regarding the remainder of Spring 2020 and Summer Session classes. Below are the academic announcements he made on March 30. Please note that these plans are subject to change depending on evolving circumstances, and an update will be sent should changes be required.

FUTURE ACADEMIC SESSIONS

Based on current information, we have made the following adjustments to future academic sessions:

- Summer Session I classes will not be held on campus, but opportunities will be available for remote and online classes.
- All summer Wake Forest-sponsored study abroad programs are regrettably cancelled.
- Our ability to hold Summer Session II classes on campus has yet to be determined, but remote and online classes will be available.
- We plan to conduct fall semester classes on campus.
- We plan to conduct fall semester Wake Forest-sponsored study abroad/away undergraduate programs as usual; if you have questions, contact [the Center for Global Programs and Studies](#).

FINAL EXAMS

Final exams will be delivered virtually. The University has extended the pass/fail decision period to minimize the impact of final exams being delivered remotely.

Academic deans will communicate with faculty about options and resources to support remote delivery of exams. Students should direct questions to their professors for information about expectations specific to each course.

COMMENCEMENT FOR CLASS OF 2020

My heart goes out to the Class of 2020. I regret the need to postpone the opportunity to walk across the stage and hear your name called in front of your classmates, family, friends and faculty. We will soon address plans to celebrate your accomplishments in an email specific to each undergraduate, graduate, or professional school.

We will be in touch to seek your input to help shape the postponed Commencement experience. In general, you can anticipate two things:

1. A virtual conferring of degrees on May 18
2. An in-person Commencement ceremony when it is safe to gather in large numbers (undergraduate, graduate, and professional schools will each tailor a ceremony to meet the needs of their respective students)

Academic Updates

CBOV FACULTY LEADERSHIP AWARD

NOMINATIONS

APRIL 29

The College Board of Visitors sponsors an annual award to recognize outstanding academic leadership by faculty of the Undergraduate College.

Each year this award will recognize a faculty member who embraces this philosophy of academic leadership and community-building. It will celebrate a faculty member who has a proven track record of engaging their academic department and/or academic colleagues in achieving a vision that includes but extends well beyond their own department by pursuing opportunities for collaboration and innovation. These efforts will have significantly advanced the goals of Wake Forest College, as embodied in our liberal arts tradition.

This award also recognizes leaders who embody the best qualities of academic leadership—not only managerial skills, but institutional vision and an abiding commitment to academic excellence, diversity and inclusion, classroom innovation, and commitment to students and the Wake Forest community.

The award is limited to permanent faculty (tenure track and teaching professors) working in the Undergraduate College. However, it is not limited to persons in formal leadership positions like department chair and program director.

Examples of academic leadership experiences to be considered for the award include, but are not limited to, faculty/shared governance, program development, fostering collaboration between or among departments or schools, and/or marshalling contributions by a department or colleagues in achieving one or more goals of the College.

The award recipient will receive an individual cash award as well as a donation to the recipient's academic department or program. The recipient and their department will be recognized at the Fall 2020 College Board of Visitors meeting.

Letters of nomination should detail with clear examples how the nominee embodies the role of an outstanding academic leader at Wake Forest. A copy of the nominee's CV should be submitted with the nomination letter. Past recipients of the award are ineligible, but all other nominees may be re-submitted in subsequent years. Nominations are due to [Denise Griggs](#), Assistant to Dean Michele Gillespie, by April 29, 2020.

FAQS REGARDING PASS/FAIL

There are a lot of questions involving the Pass/Fail policy for Spring 2020. The Office of Academic Advising pulled together FAQs to help answer the common questions.

- [Student FAQ is available here](#)
- [Faculty FAQ is available here](#)

TEXTBOOK ADOPTIONS

Fall adoptions are due Friday, April 17; Summer adoptions were due Friday, March 27

Turning your book order in on time will save students money. Please enter your book requests into "Follett Discover." **Administrative Assistants** should have access to this process. If you need access, please contact Willie Williams (x3562) to enter your credentials to provide you access. **Teaching Professors** registered to teach in Summer and/or Fall can access the application via WFU Google Mail Apps (login to your WFU Google Mail, Select Google Apps, Select More, select "Follett Discover"). If you have any questions you may contact: [Donna McNeill](#) (ext. 3388); [Lizzie Wallace](#) (ext. 5141); and [Willie Williams](#) (ext. 3562).

ZSR NOW REMOTE SERVICE ONLY



Access to physical materials in ZSR Library is no longer possible and digitization of physical materials is unavailable until further notice. If you need assistance identifying electronic versions of materials or alternatives to unavailable physical materials, contact your [library liaison](#) or [Research Services](#). They can also help identify streaming options for media, or help you identify alternatives if streaming options are not available. For all other questions, including copyright considerations, please [click here](#).

Virtual Events



WAKE N SHAKE GOES VIRTUAL

Saturday, April 4, from 9 a.m. to 9 p.m., submit videos at midnight on March 30

On April 4, [Wake N Shake](#) goes virtual, from 9 a.m. to 9 p.m. EDT via social media (#WakeNShake20) and IGTV (@wfuwakenshake).

Wake N Shake is the annual dance marathon that raises money for research at the Wake Forest Comprehensive Cancer Center through the Brian Piccolo Cancer Research Fund. Videos, dance challenges, images, and playlists will be posted throughout the day. Then, at 8 p.m., there will be final hour-long livestream on [Instagram](#) or [Facebook](#) that will include annual traditions of the event such as a student speaker sharing their personal fight with cancer, a call to action, and multiple reflective activities for participants.

Offices and departments across campus are invited to participate in Wake N Shake! You can engage in two ways:

- Record a message of support or encouragement from your office or department. You can record this message during a regularly scheduled staff meeting; Zoom has a record button on the lower toolbar!
- Record your team dancing or lip-synching to your favorite song! Be creative! These videos will be shared during the faculty/staff hour at 11 a.m. on April 4.

Once you record a video (either individually or as an office/unit), please upload it [here](#). Video submissions should be submitted by Monday, March 30, by 11:59 p.m. EDT.

VIRTUAL BULLET JOURNALING AND MINDFULNESS WORKSHOP

Wednesday, April 1, at 4:30 p.m.

De-compress, learn a new skill, and engage in a fun wellbeing practice, Bullet Journaling, with Molly Keener, ZSR's Director of Digital Initiatives & Scholarly Communication, on Wednesday, April 1, from 4:30 to 6 p.m. on Zoom. [Register here.](#)



WFU WELLBEING CENTER PRESENTS

Virtual Bullet Journaling and Mindfulness Workshop

Join the ZSR Director of Digital Initiatives & Scholarly Communication, Molly Keener, in learning how to bullet journal and how this can impact your mindfulness practices. [Register with QR code.](#)



April 1st | 4:30 PM- 6 PM |

#WakeFromHome



The spirit of Pro Humanitate keeps Deacs together in uncertain times, uniting us behind a shared purpose of helping others. Whether on the front lines of the fight against COVID-19, bringing a few smiles to tough times or joining the cause in whatever way physical distancing allows, Wake Foresters are doing what they can, where they can. Check out wakefromhome.wfu.edu for a collection of what your fellow Deacs are doing out in the world.

WAKE FROM HOME

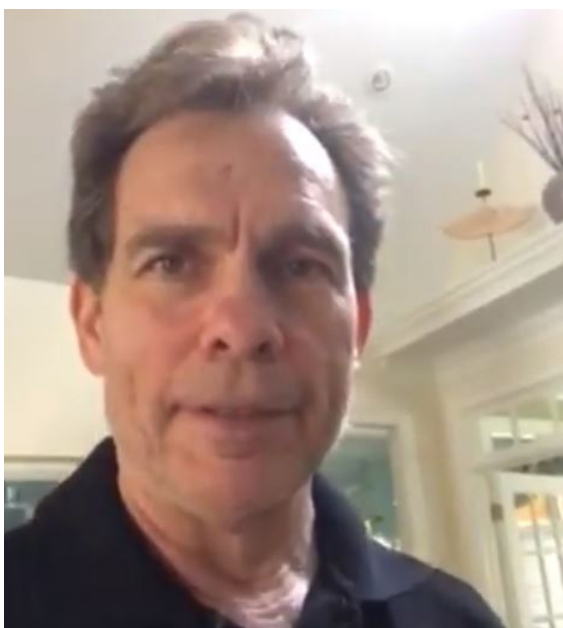


Wake Forest University
@WakeForest

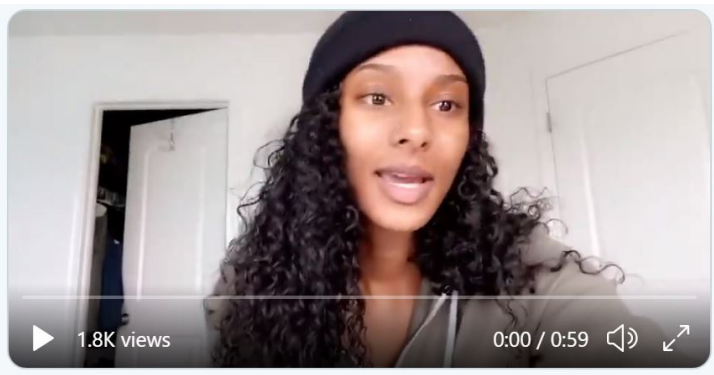
While you are there, they'll always be here for you. A letter from home, courtesy of some of the greatest faculty on earth. [#WakeFromHome](#)



Here's a love letter from our Wake Forest faculty to our students. [Watch the full video here.](#)



Professor Peter Kairoff shows us how to find "a moment of joy" by playing a tribute to Bach. [Watch the video here.](#) #HappyBirthdayBach



Nervous about online school?? [Listen to some tips](#) from @ryanne_alyse_ and how easy @WakeForest and @DemonDeacons has helped make our student-athletes transition #onlinedeacs #godeacs



[Professors of Rebecca Rodrigues sent a care package for her and her family](#) during this season of uncertainty. #COVIDkindness



Kaleb Bryant with [an incredible message of thanks and support](#) for Deacon Nation. #GoDeacs



Todd McFall
@tamcfall

I gotta say that my @WakeForest students are bosses. I opened up virtual office hours today and got to talk to 15 students. And kinda like Johnny Cash, they're from everywhere

9:49 PM · Mar 24, 2020 · Twitter for iPhone

Student & Graduate Accomplishments

WAKE WINS AT N.C. CHINESE SPEECH CONTEST

East Asian Languages & Cultures Assistant Teaching Professor Lu Lu and Visiting Assistant Professor Pengfei Li are excited to share that all four Wake Forest students who competed in the 11th Annual North Carolina Chinese Speech Contest-College level, held online, placed during the competition. Wake Forest had the most wins, including two first prizes and two second prizes, against students from Duke University, UNC-Chapel Hill, UNC-Charlotte, UNC-Greensboro, UNC-Asheville, and N.C. State.

The four students are:

- **Elisabeth Kuguru**, from 1st-year Chinese, first prize winner for Year-1 Chinese
- **Alex Casale**, from Business Chinese, first prize winner of Year-3 Chinese
- **Jake Waldman**, from 3rd-year Chinese, second prize winner of Year-3 Chinese
- **Brae Troutman**, from 3rd-year Chinese, second prize winner of Year-3 Chinese

WAKE GRADUATE WORKING ON COVID-19 RESEARCH

Ethan Green ('19) is harvesting proteins found in the SARS-CoV-2 coronavirus so they could be used for developing a vaccine against COVID-19. He graduated with a degree in biology from Wake Forest just 10 months ago. [Read about Ethan here.](#)



BMB GRADUATE AT JOHNS HOPKINS SHARES RESOURCE

Fighting COVID-19 with Epidemiology: A Johns Hopkins Teach-Out



Gypsyamber D'Souza, PhD, MS, MPH [+2 more instructors](#)

Siqi (Gina) Li ('19) graduated with a Biochemistry and Molecular Biology degree in 2019 and is now a first-year grad student in public health at Johns Hopkins University. Gina has shared a link to a free Coursera course being offered by Johns Hopkins, which focuses on identifying and measuring outbreaks like the COVID-19 epidemic and a basic understanding of the epidemiology of these infections. [Click here for your own edification or to share with your students.](#)

Support Our Students

RESIDENTIAL LIAISON VOLUNTEER PROGRAM

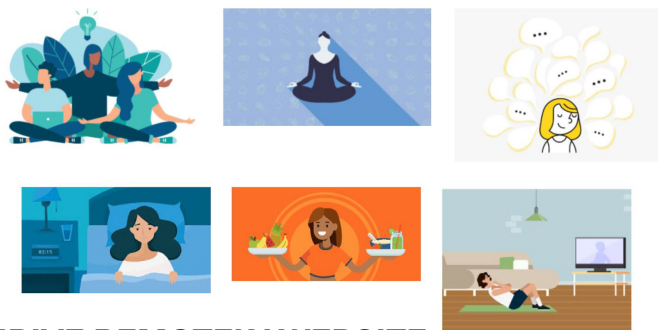
Residential Liason Volunteer Program is a unique opportunity where university faculty or staff members can assist with providing caring outreach and support to our Wake Forest students still on campus in Residence Halls. Now more than ever, these students are in need of individualized support.

The job of the volunteer is to regularly check-in with a student they are matched with (4 -5 times a week) in order to provide support and reinforce any university updates or changes in residential housing protocols due to COVID-19. Volunteers can agree to work with multiple students. [Click here to access the volunteer form.](#)

DINING/LIVING RESOURCES FOR STUDENTS ON CAMPUS

For those students living on campus, they can check out [Campus Services website](#) for information on take-out dining options, transportation options, campus mail, and more.

Wellness Resources



THRIVE REMOTELY WEBSITE

To support the students and staff of Wake Forest University during this stressful time, the Office of Wellbeing has put together **Thrive Remotely**, which covers various topics to help our community. Look for information on Meditation, Breathing, & Mindfulness; Anxiety/Stress Relief; Gratitude; Help with Sleep; Nutrition Education; and more.

VIDEO: CREATE POSITIVE LIFE HABITS AROUND SLEEP AND STRESS WITH MEGHAN CLINE ('04)



REMOTE FITNESS BY CAMPUS RECREATION

Stay strong Deacs... we've got you! During this time of separation from your Wake community and friends, know that your health and wellbeing is of utmost importance. We are initiating a rollout of virtual fitness programs that will continue to evolve. [Click here for Campus Rec's remote fitness programming.](#)

ALCOHOL AWARENESS

Check out this infographic from Peter Rives, Assistant Director of Wellbeing - Alcohol and Substance Abuse Prevention and chair of the AOD coalition.



Pay attention to:

HOW THE COVID-19 PANDEMIC IS AFFECTING YOUR DRINKING

(AND/OR CANNABIS USE)

Noticing an increase in your consumption?
Drinking more frequently?
Starting earlier in the day?

E-MAIL: AOD@WFU.EDU

MOST OF US ARE FEELING A BIT MORE STRESS RIGHT NOW.

RESEARCH SHOWS THAT **STRESS** CHANGES THE WAY YOUR BODY RESPONDS TO ALCOHOL AND CAN LEAD TO INCREASES IN DRINKING BEHAVIOR.

<https://doi.org/10.1016/j.neuron.2016.09.029>

Instead of relaxation you cultivate increased depression & anxiety & reduced resilience

www.niaaa.nih.gov

TRY SETTING SOME LIMITS (e.g.):

WEEKENDS ONLY

ONLY AFTER 5PM

NO MORE THAN # DRINKS

HAVING TROUBLE STICKING TO IT?
THERE IS (FREE & PRIVATE) HELP AVAILABLE!

FACULTY / STAFF

CALL THE EMPLOYEE ASSISTANCE PROGRAM (EAP)
336-716-5493

NOW OFFERING TELEPHONIC COUNSELING

tell someone your plan #accountable

E-MAIL BASICS@WFU.EDU

NOW OFFERING VIDEO MEETINGS

STUDENTS:

FOLLOW @WFU_COUNSELING ON TWITTER FOR HELPFUL TIPS



Tech Tips



TECH TIP

INSTRUCTIONAL TECHNOLOGY GROUP

From Rick Matthews, Director of Academic and Instructional Technology. For other tips and tutorials, visit the [Instructional Technology Group site](#) or contact [your instructional technologist](#).

Instructional Tip: GOOD ENOUGH IS GOOD ENOUGH



Never have so many transformed their teaching so dramatically in so little time. But let's not forget that our goal is not to replicate what would happen were we

together. The goal is not to teach the perfect online class; we do not have time to build that.

Instead, think about the easiest way to help your students through the remainder of the course. After all, even the easiest way will be hard enough given the state of the world. Remember, you have help:

- [The Center for the Advancement of Teaching website](#) has several great articles on different low-tech ways of finishing the semester, some as simple as centering on e-mail and Google Docs. They are happy to work with you 1:1.
- Your [Instructional Technology Group](#) member is ready to advise and help you with your tech tools.
- If you are a Facebook user, the ["Newly-Remote WFU Teachers" Facebook group](#) is a great place for peer support, and not just technical. It is a good place for brainstorming and mutual encouragement.

This may seem strange coming from techie me, but my most important tech tip is **do not focus on the tech**. Focus on what your students need to know, and think about how you can position your students to learn that within the constraints of the time you have and technology you already know.

Let's all remember that we are not alone. We are all in this together. We will succeed.

VIRTUAL OFFICE HOURS PRO-TIP

#WAKEFROMHOME PRO-TIP

IF YOU'RE HOLDING VIRTUAL OFFICE HOURS WITH STUDENTS AND NEED TO STEP OUT OF THE ROOM FOR A MINUTE, SHARE YOUR SCREEN AND THROW UP A SIMPLE POWERPOINT SLIDE LETTING THEM KNOW YOU WILL BE RIGHT BACK. BONUS POINTS IF IT'S IN BLACK AND GOLD.

@CASSIEFREUND

CHECK OUT THIS ZOOM HACK

