

# Network Mapping Activity

The objective of this exercise is to discover any gaps within your network as well as to identify who is currently in your network and could be helpful to pursuing your personal and professional goals. Grab a blank sheet of paper and use the following framework to help you get started:

- Draw a circle on the center of your page and write your name.
- Moving outward, add in additional circles representing **spaces** in which you find yourself, **groups** that make up those spaces, **people** within those groups, and **skills** those people possess that could be helpful to you.
- Add **more layers** as you need.

## Reflection Questions to Consider:

- *What's surprising about your network?*
- *Do your personal or professional goals match up with any of the people in your existing network?*
- *In what areas would you benefit from having more connections?*
- *Who is missing from your network and who could help you fill that gap?*

