

Alumni Personal & Career Development Center

Our **mission** is to educate Wake Forest alumni on how to successfully navigate their personal and professional lives after college. We provide knowledge, tools, resources, and opportunities for connection for our alumni as they work, build their lives, and make decisions about what comes next.

alumni.opcd.wfu.edu // [@lifeafterwake](https://www.instagram.com/lifeafterwake) on Instagram



Connections: Leverage the Wake Forest network.

- [WFU Alumni Group on LinkedIn](#)
- [Deacon Spotlights](#)
- [Programs such as Monthly Coffee Chats, Alumni Conversation Groups, and Alumni Industry Chats](#)
- [Alumni Career Advisers](#)
- [Young Alumni and Next Level Mentoring Groups](#)



Virtual Resources: Tools at your fingertips 24/7.

- [LEARN Alumni Career Development Model™](#)
- [500+ expert advice blog posts \(search and filter by topic\)](#)
- [Alumni Handshake access](#)
- [55+ webinar recordings](#)
- [Online courses \(Jumpstart, Year One, Five For Your First Five, Introductory Mentoring Skills\)](#)



Career Support: Hear from a real person.

- [Ask a Career Question](#)
- [Tune-Up Tuesdays & Feedback Fridays](#) (Resume and career action-planning feedback offered at designated times. Check out our [What's Next](#) page for upcoming offerings.)
- [Alumni Career Advisers](#)
- [1:1 career coaching appointments](#)



Alumni Opportunities for Involvement, Engagement, & Giving Back

As you meet with Wake Forest alumni who are interested in giving back to the University with their time, expertise, and relational engagement, we hope you'll **point them to these opportunities to support the personal and career development of their fellow Deacs.**

alumni.opcd.wfu.edu // [@lifeafterwake](https://www.instagram.com/lifeafterwake) on Instagram



= the time commitment or level of engagement

- Join and participate in the **WFU Alumni Group on LinkedIn**



- Participate in our monthly **Coffee Chats with Alumni**



- Be a **social media partner** - follow us, comment, share, and repost our @LifeAfterWake content



- Share your story in our **Deacon Spotlight**



- Write an **expert advice blog post** sharing your career or industry expertise



- Lead an **alumni conversation group** or **industry chat** with fellow alumni



- Facilitate a **webinar** sharing your career or industry expertise



- Serve as an **Alumni Career Adviser**



Mentoring Resource Center

The Mentoring Resource Center serves as a **central office** for the entire Wake Forest community and provides guidance, resources, support, and recognition for Wake Forest mentoring relationships and programs. Our **mission** is to make mentoring a visible, core experience and value of the Wake Forest community.

mentoring.opcd.wfu.edu

What We Do

- Support formal mentoring programs that are housed in offices and departments across campus with guidance, resources, training, and consulting
- Provide education and resources for informal mentoring relationships
- Provide an online clearinghouse of resources, tools, research and more at the Mentoring Resource Center website
- Consult with faculty, staff, and student leaders on effective mentoring practices

The Mentoring Resource Center staff do not manage formal mentoring programs or a campus-wide database of mentors. Instead, for maximum capacity-building, we support others who are doing this work. **We believe that the tools and skills of effective interpersonal relationships are foundational to personal and professional growth across an individual's lifetime, and can be developed through any number of curricular, co-curricular, and extra-curricular experiences, including but not limited to formal mentoring.** If you are interested in starting a formal mentoring program and would like support, please contact us!



If your student is seeking mentorship, encourage them to explore...

- Our **COREFour Mentoring Skills** and tools
- **Who Are Your People** to identify the various people and opportunities available to build meaningful relationships
- The Wake Forest **Career Connectors Group** on LinkedIn



If you are an alumnus/alumna and you are interested in serving as a mentor, consider...

- Becoming an **Alumni Career Adviser**
- Joining the Wake Forest **Alumni Group** and **Career Connectors Group** on LinkedIn
- Reaching out to your **former academic department, social organization, or other campus affiliations** and express your interest in supporting current students with your time and expertise
- Signing up for our annual **Introductory Mentoring Skills certificate course** to develop your skills (offered in the month of February annually)