**Action Planning Worksheet: Reflect on Learning**

Reflection on learning is an intentional, ongoing process of taking stock of where you are and where you have been, identifying a future path or next step, and figuring out what you need to get there. It’s fundamental to personal and professional growth and one of the most important skills you can develop to be successful for the entirety of your career. Use this worksheet to do some intentional reflection before you move to the next step: Navigate What’s Next.

What have I learned so far about myself, my role, and my organization? What have I learned from the What, So What, Now What exercise and asking for feedback about my strengths and growth areas?

What have I learned from taking action towards my goals?

What do I need (the Chart) and who can fill those roles (Network Map) to help me move forward? By when will I ask for their help?