

Research shows that writing down your goals makes you more likely to accomplish them. In the space below, briefly list three goals you're currently working to achieve.

1. _____

2. _____

3. _____

Reflection:

- What's surprising about your network?
- Do your goals match any of the people in your existing network?
- In what areas would you benefit from having more connections?

Network Mapping Activity:

We're going to walk through an exercise to map out your current network and identify areas for potential mentorship or areas of gaps to build your network.

- Write your name in the center circle.
- Moving outward, fill in **spaces** in which you find yourself, **groups** that make up those spaces, **people** within those groups, and **skills** those people possess that you would like to cultivate in yourself. Please add any layers as you need.

