Coaches Needed!

YOUTH RUNNING PROGRAMS

• WHAT: 8 week sessions of running, jumping, speed and endurance building exercise for young athletes ages 3 - 14. Encourage and coach athletes as they get stronger, faster, and learn the fundamentals of the great sports of running and track and field. Coaches are provided with curriculum to guide their instruction.

• WHO: Coaches should have a passion for exercise; and the desire to share that passion with youth. Coaches need to be enthusiastic, encouraging, love kids, and be full of energy! Crazy Running coaches can take charge, think on their feet, and command the respect of a crowd of busy kids. This is a great part-time opportunity for healthy/active people/athletes. Coaches also must be able to pass a background check.

• WHAT’S IN IT FOR ME?: *Contribute to the health and well-being of the future of our community  *Crazy Running t-shirt  *Great coaching experience  *A great hour of exercise  *The opportunity to be a hero to a bunch of kids!  *Leadership, motivation, and the contagious enthusiasm of youth  *Training, equipment and support  *Paid and volunteer positions are available.

• WHERE: Various elementary schools

• WHEN: Crazy Running operates year round. Many of our practices are after school hours – specifically 2:30 and 4:30pm for 8 week sessions.

For more information – check out www.crazyrunning.com

Apply: Questions: Donnie Cowart
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