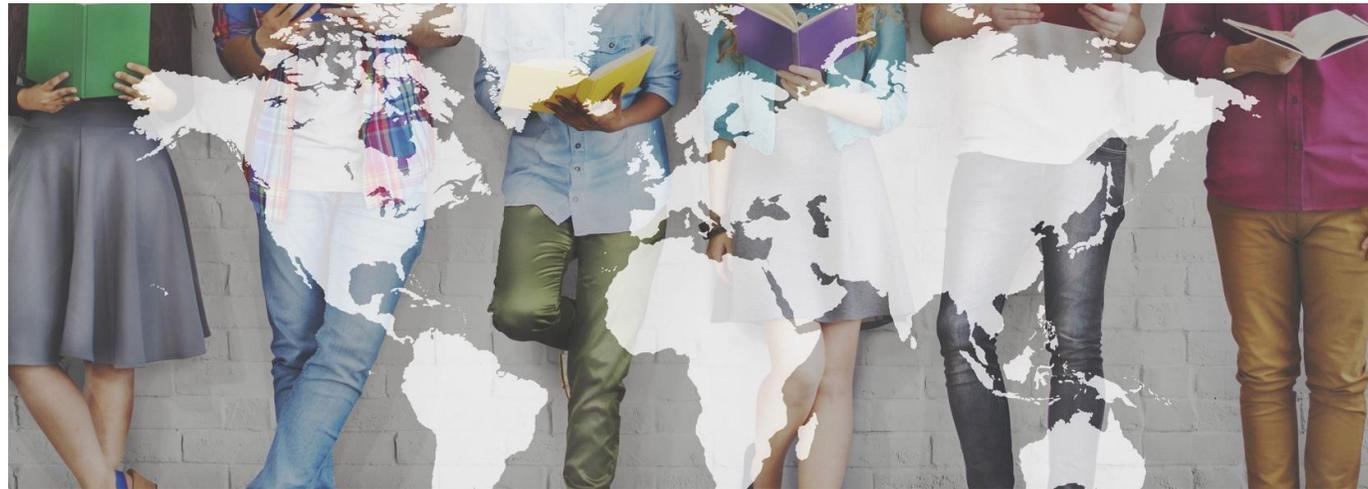


Project RISE

Research on the International Student Experience

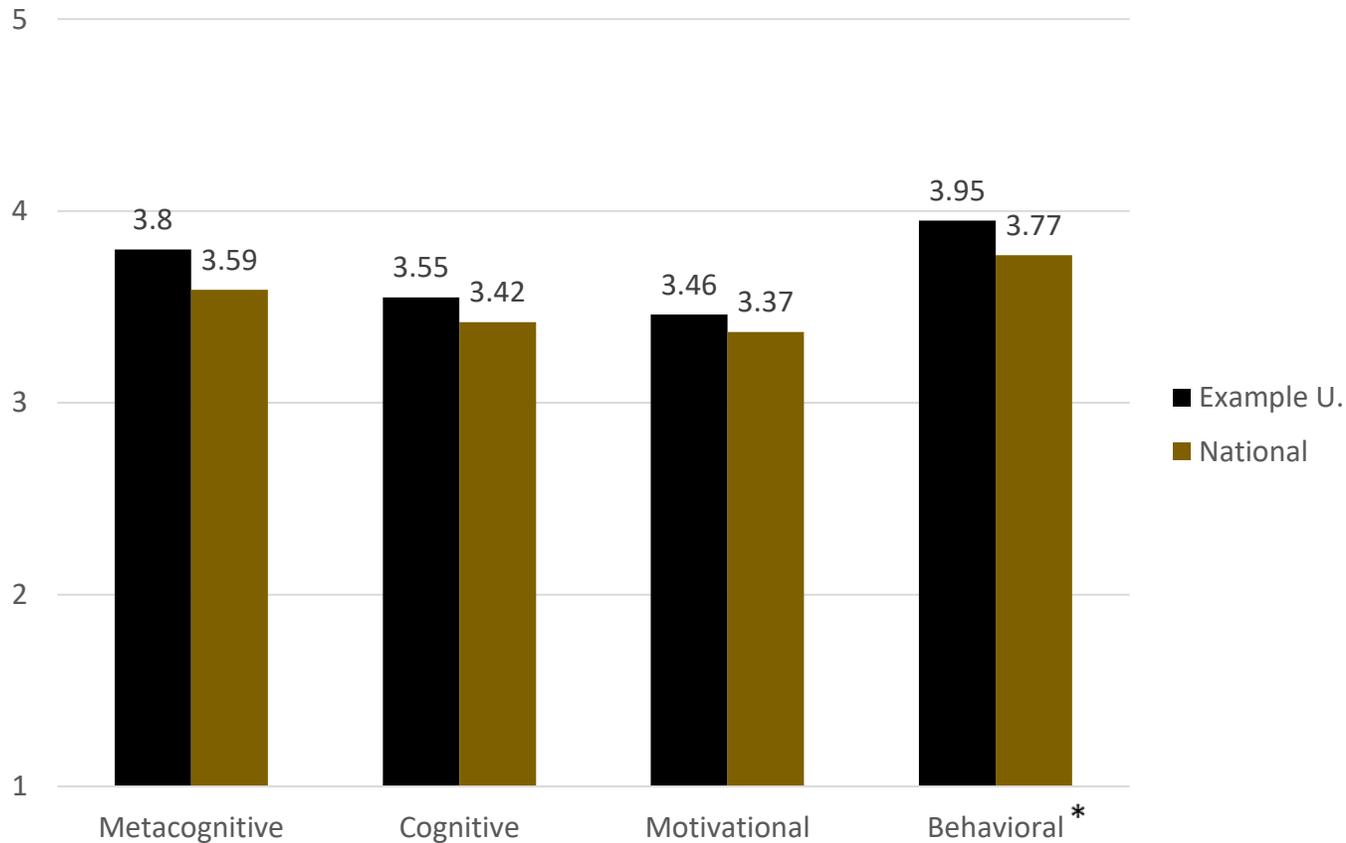


Example University
Spring 2021 Report



Center for Research on Abroad and
International Student Engagement
projectrise@wfu.edu

Cultural Intelligence



Highest 2 items:

1. Metacognitive: I plan how I'm going to relate to people from a different culture before I meet them
2. Behavioral: It's easy for me to change my body language (for example, eye contact or posture) to suit people from a different culture

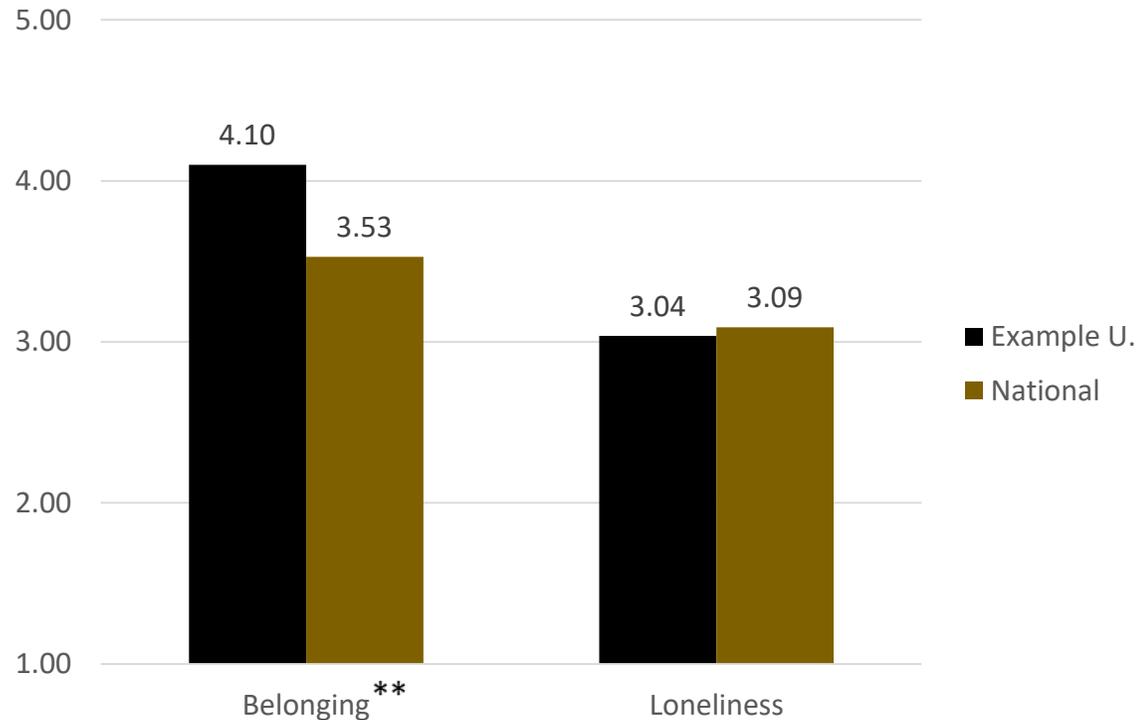
Lowest 2 items:

1. Behavioral: I can adapt to the lifestyle of a different culture with relative ease
2. Motivational: I am confident that I can deal with a cultural situation that's unfamiliar

How to improve:

Note. Responses provided on a five-point scale indicating level of agreement (e.g., 1 = strongly disagree; 5 = strongly agree). Asterisks indicate whether the difference between Example U and the National Sample is statistically significant: * $p < .05$, ** $p < .01$, *** $p < .001$.

Belonging and Loneliness



Highest 2 items:

1. Belonging: People at my university make me feel included
2. Belonging: I feel accepted by people at my university

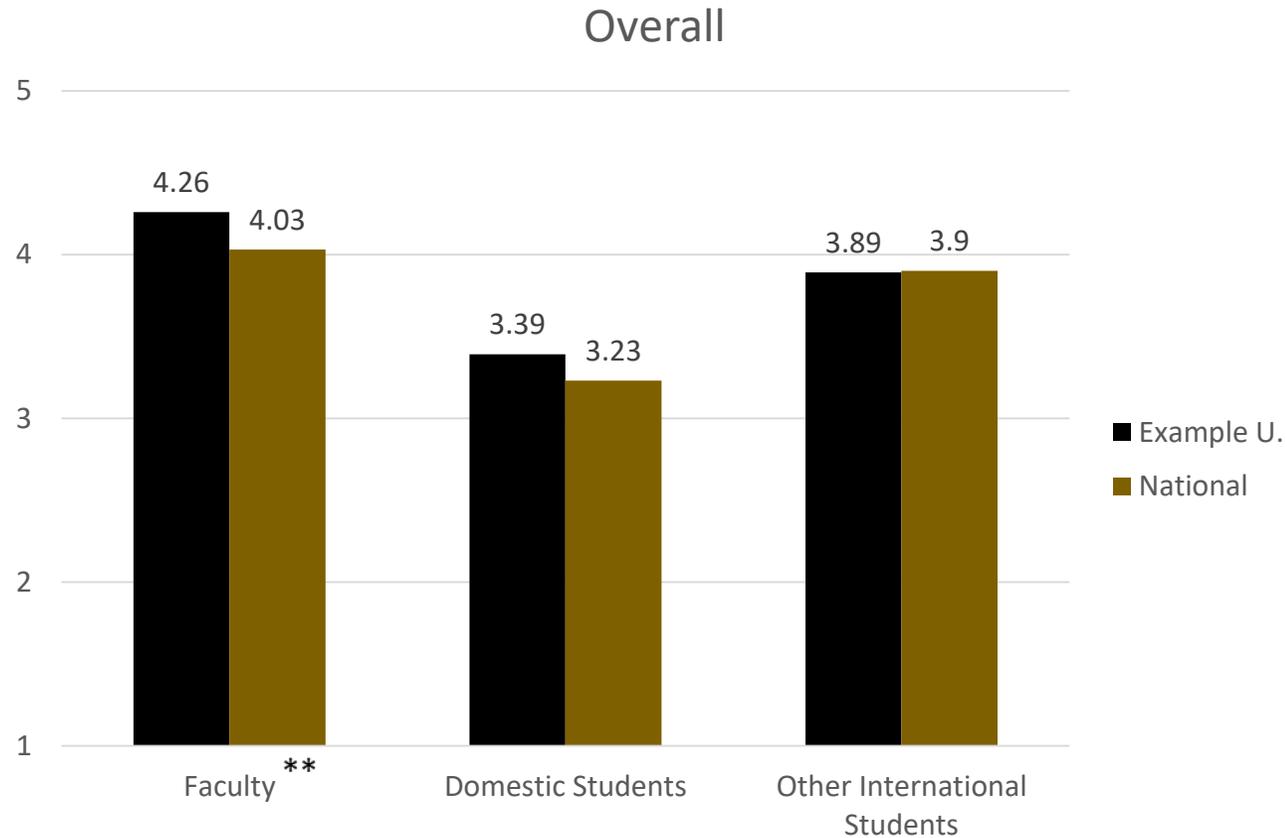
Lowest 2 items:

1. Loneliness: How often do you feel that you lack companionship
2. Loneliness: How often do you feel left out?

How to improve:

Note. Belonging responses were on a five-point scale indicating level of agreement (e.g., 1 = strongly disagree; 5 = strongly agree). Loneliness responses were on a five-point scale indicating frequency (e.g., 1 = never; 5 = always). Asterisks indicate whether the difference between Example U and the National Sample is statistically significant: * $p < .05$, ** $p < .01$, *** $p < .001$.

Sources of Social Support



Highest 2 items:

1. Faculty: How much do the professors at your university give you advice or information?
2. Other international students: How much do the other international students at your university give you reassurance, encouragement, and emotional support?

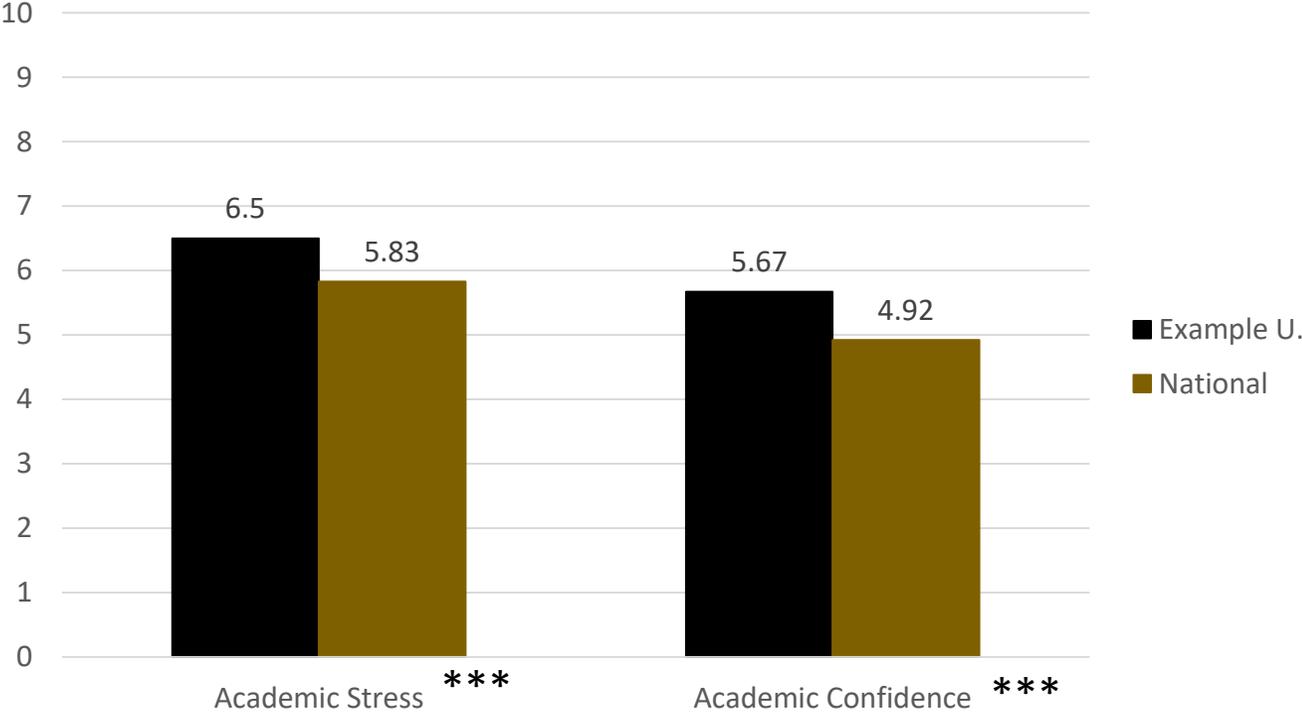
Lowest 2 items:

1. Domestic students: How much can you relax and be yourself around domestic students at your university?
2. Faculty: How much can you relax and be yourself around professors at your university?

How to improve:

Note. Social support responses were on a five-point scale indicating level of support (e.g., 1 = not at all; 5 = a great deal). Asterisks indicate whether the difference between Example U and the National Sample is statistically significant: * $p < .05$, ** $p < .01$, *** $p < .001$.

Academic Stress and Academic Confidence



Highest 2 items:

1. Academic Stress: Writing a research paper
2. Academic Confidence: Take good class notes

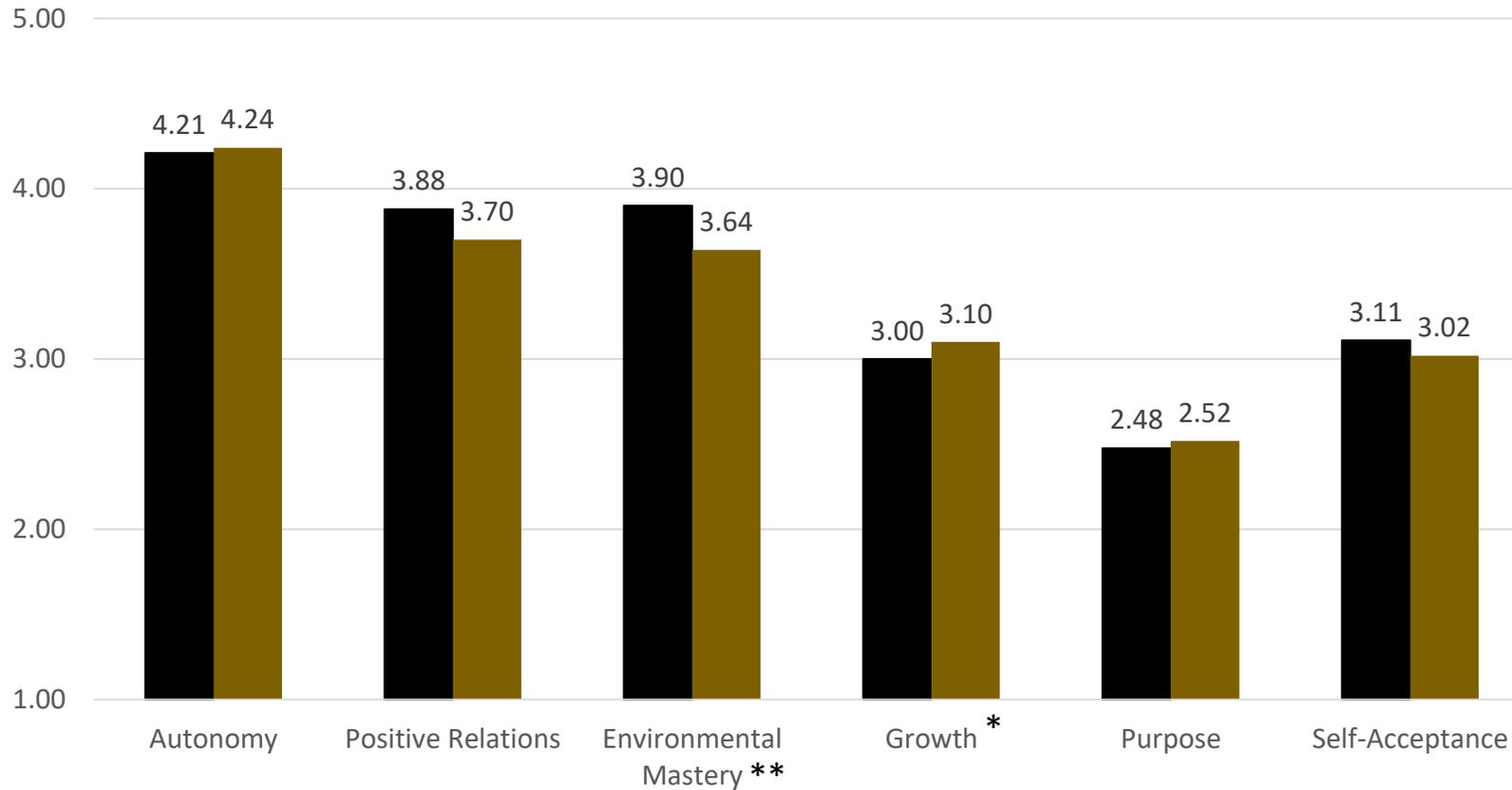
Lowest 2 items:

1. Academic Confidence: Writing a research paper
2. Academic Stress: Manage time effectively

How to improve:

Note. Academic variables were on a an 11-point sliding scale indicating level of stress or confidence (e.g., 0 = not stressful; 10 = very stressful). Asterisks indicate whether the difference between Example U and the National Sample is statistically significant: * $p < .05$, ** $p < .01$, *** $p < .001$.

Well-being



Highest 2 items:

1. Autonomy: My decisions are not usually influenced by what everybody else is doing
2. Environmental Mastery: I am good at juggling my time so that I can do everything that needs to be done

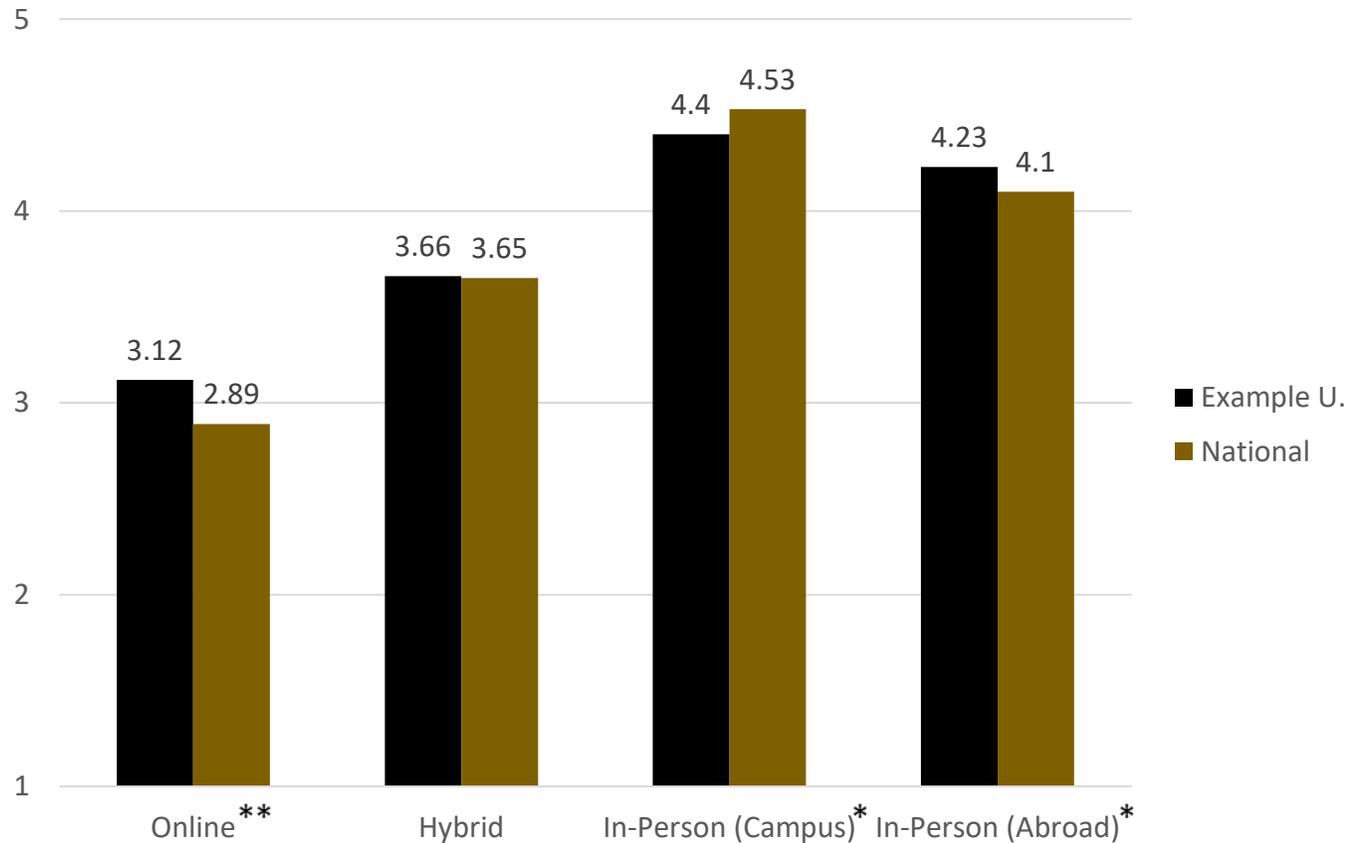
Lowest 2 items:

1. Purpose: I enjoy making plans for the future and working to make them a reality
2. Growth: I have a sense that I have developed a lot as a person over time

How to improve:

Note. Responses provided on a five-point scale indicating level of agreement (e.g., 1 = strongly disagree; 5 = strongly agree). Asterisks indicate whether the difference between Example U and the National Sample is statistically significant: * $p < .05$, ** $p < .01$, *** $p < .001$.

Belonging depending on the learning modality



Highest 2 items:

1. In-Person (Campus): People at my university make me feel included
2. In-Person (Campus): I feel accepted by people at my university

Lowest 2 items:

1. Online: People at my university take my opinions seriously
2. Online: People at my university make me feel included

How to improve:

Note. Responses provided on a five-point scale indicating level of agreement (e.g., 1 = strongly disagree; 5 = strongly agree). Asterisks indicate whether the difference between Example U and the National Sample is statistically significant: * $p < .05$, ** $p < .01$, *** $p < .001$.