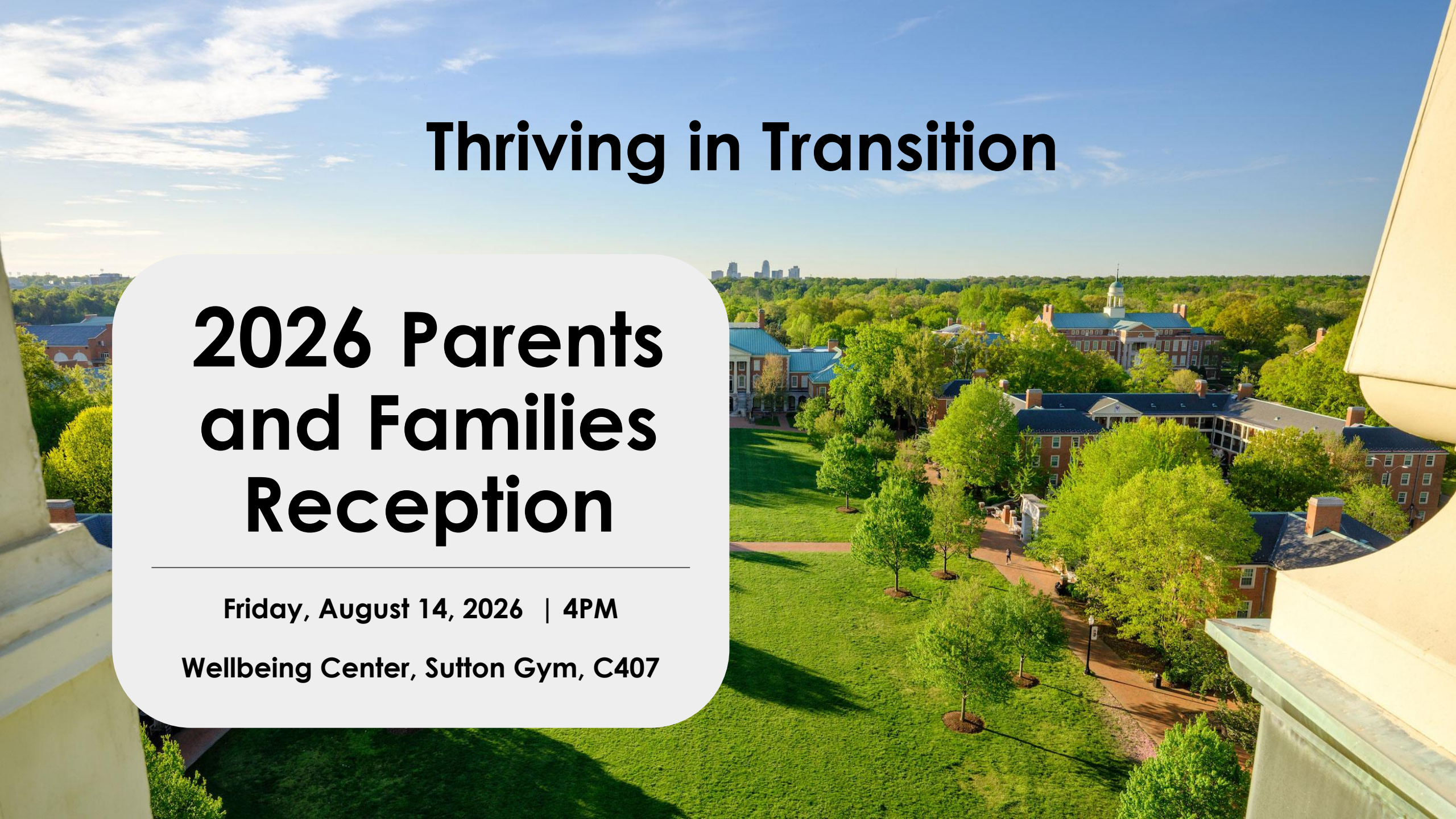


Thriving in Transition

2026 Parents and Families Reception

Friday, August 14, 2026 | 4PM

Wellbeing Center, Sutton Gym, C407



Welcome to Wake Forest



Pre-O Bingo

Make sure to write their names

Download the New
Deac Week App



from North Carolina	is a fan of Snoop Dog	visiting campus for the first time	knows the year WFU was founded ----	prefers Krispy Kreme over Dunkin
doesn't participate in social media	the same undergrad major as you	was a student-athlete	is wearing yellow top	is from the west coast
from your home state /country	favorite music is different genre than yours		speaks more than one language	went to a school also in the ACC (sports)
knows the name of the WFU President -----	from a state / country you have never visited	prefers Pepsi over Coke	prefers savory bagels over sweet bagels	has eaten a Cookout Tray
student is in the same pre-o program as yours	knows the name of the chapel -----	alumni of WFU	first student off to college	Has a pet that is NOT a cat / dog



Cherise James, Ph.D.
Director of Orientation, New Student &
Transition Programs





Betsy Chapman, Ph.D.

Senior Executive Director of Family
Communications and Engagement





Corey Pegram

Executive Director of Family Engagement





Peter Rodriguez, Ph.D.
University President





Shea Kidd Brown, Ph.D.
VP for Campus Life





Gianna Medina, M.Ed.

Program Coordinator for Orientation, New Student
& Transition Programs





Phillip Wogatzke, M.A.

Program Coordinator for Orientation, New Student
& Transition Programs



Important Dates to Remember

- **8/24** Fall Classes Begin
- **8/27** Last Day to add Fall First Half of Term Course
- **9/1** Last Day to Add a Full Term Course
- **9/7** Labor Day Holiday
- **9/10** Last Day to drop Fall First Half of Term Course
- **9/23** Last Day to Withdraw from Fall First Half of Term Course
- **9/29** Last Day to Drop a Full Term Course
- **10/12 & 10/13** Fall Break



Important Dates to Remember

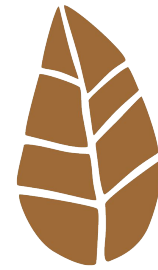
- **10/19** Last Day to Add Fall Second Half of Term Course
- **10/27** Last Day to Drop a Full Term Course with a grade of "W"
- **11/2** Last Day to Drop Fall Second Half of Term Course
- **11/13** Last Day to Withdraw from Second Half of Term Course
- **11/25 - 11/27** Thanksgiving Holiday
- **12/7** Fall Classes End
- **12/8 & 12/13** Reading Days
- **12/9-12 & 12/14-15** Final Exams



8 Dimensions of Wellbeing



EMOTIONAL



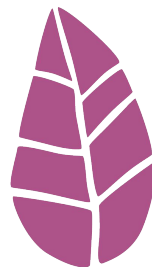
ENVIRONMENTAL



INTELLECTUAL



FINANCIAL



OCCUPATIONAL



SOCIAL



PHYSICAL



SPIRITUAL



Office of Wellbeing

Mission: To Empower Deacs through impactful initiatives to achieve individual and collective wellbeing

- **All OW programs and services are FREE to all students!**
- **Wellbeing Coaching, Mindfulness and Resilience training, Aromatherapy**
- **Paid Peer Education positions** -facilitate wellbeing workshops on the 8 dimensions of wellbeing, sleep, and decreasing stress!
- **Volunteer Student Impact Groups** - hold events and campaigns to promote mental health, reduce violence, support sexual health, and positive body image
- **Substance use prevention**, intervention, and **Recovery Support**
- **Bystander intervention** - learn 5 ways to safely intervene when you see something that could cause harm!

wellbeing.wfu.edu | Located on the main floor of Reynolds Gym



We Are Wake

We | **336.758.**
2273

Because mental health is a community responsibility.

WE ARE WAKE is an innovative approach to expanding mental health resources through collaborative care across the Division of Campus Life. Using the tagline “WE - two letters form the world’s most powerful word,” this campaign seeks to create a caring and healthy community

WE ARE WAKE works with our campus community to:

- Elevate our consciousness of care within the Wake Forest community.
- Promote healthy practices and preventative care awareness.
- Equip members of our community with knowledge and skills that can support their peers in need.
- Connect our community to the resources and information necessary to foster a culture of self-care.



CARE Case Management Services



Campus Assessment, Response & Evaluation

CARE Case Management empowers Wake Forest University students and community members to express concern for each other or themselves. Self referrals and referrals for others of concern can be made by calling 336-758-CARE to be connected with a live person 24 hours per day!

CARE Case Management provides ongoing & acute support through regular check-in meetings, referrals to campus and community resources, individualized accommodations during periods of crisis and uncertainty, and more!

Referrals can be made by calling our dedicated, 24/7 phone line: **336-758-CARE (2273)**, or by emailing care@wfu.edu. A referral form and more information is available on our website: <https://care.wfu.edu>.

We  **336.758.**
2273





WAKE FOREST

University Counseling Center

336-758-5273

counselingcenter.wfu.edu

Confidential

Counseling & Psychological Services

117 Reynolda Hall

Monday-Friday, 8:30am-5:00pm PLUS

24/7 Crisis Counseling Support

We provide:

- **Individual and Group Therapy**
- **Consultation appointments**
- **Referrals for WFU psychiatric services**
- Full-time Reynolda campus students eligible
- ZERO out-of-pocket cost; included in tuition
- Staffed by **NC licensed counselors, psychologists, and social workers**

Check the website for clinician bios and what to expect



Office of Institutional Equity

What We Do

- Provide prevention education around issues of protected class discrimination (Title IX Discrimination, Harassment & Retaliation & 504) including gender discrimination and sexual misconduct for students, faculty and staff
- Investigate and respond to reports of protected class (race, color, gender, disability, national origin) discrimination and sexual misconduct
 - Provide non-academic student disability accommodations

How to Contact Us

Meet our [Team!](#)

Location: **Reynolda Suite 22**

Phone: **336-758-7258**

Website: oie.wfu.edu





SAFE OFFICE

24/7 Helpline: 336.758.5285

Wellbeing Center- Ground Floor

www.safeoffice.wfu.edu

Visit our



Website

Follow us



on Instagram

Confidential advocacy, support, and counseling for students who have experienced concerns related to interpersonal violence (including, but not limited to, dating/relationship violence, sexual harassment, sexual assault, digital sexual harms, and stalking).

Located next to Deacon Health - ground floor, Reynolds Gym

OUR SERVICES

24/7 Confidential Helpline

336 - 758 - 5285

Confidential Consultation

For students, parents,
staff, and faculty

Advocacy & Options Counseling

To understand reporting
options and rights

Accompaniment

To appointments such
as medical exams,
police interviews, Title
IX, etc.

Individual & Group Counseling

Processing trauma responses,
developing coping strategies,
normalizing experiences

Safety Planning

Individualized for
your needs

Professional Trainings

To students, faculty, and staff on our
services, trauma responses,
understanding IPV, and how to
support survivors



Residence Life and Housing



Location: Angelou Residence Hall
(entrance at back of building)

Phone: 336.758.5185

Email: housing@wfu.edu

Website: housing.wfu.edu

- Life in The Forest
- Community Resources
- Student Employment

@wfutheforest



– Global Wake Forest –

*Cultivating global mindsets by creating collaborative opportunities
to advance a global campus community*

Global Abroad/ Away Programs

- Advising to fit academic & cross-cultural learning goals
- More than 400 Programs; 70+ Countries
- Scholarships available

Global Campus Programs

- Cross-Cultural Engagement Courses
- Intl. Education Week Night Market Nov. 11
- WISE Conference in February

Immigration Services & Support

- Immigration services for visa-sponsored students, faculty & staff, and international visitors
- Advocate for needs of WFU international population

RAISE

(Research on Abroad & International Student Engagement)

- Research about the abroad and international student experience
- Richter Scholars: Grants to research internationally

global.wfu.edu



University Police

<http://police.wfu.edu/>

The Wake Forest University Police Department is committed to a comprehensive approach in providing a safe and inclusive community where students, faculty, staff and visitors may experience a sense of security and belonging.

The WFU Police Department is comprised of professionally trained police officers, security officers, communications officers, and support staff. The primary concern of the department is to protect and assist the campus community.

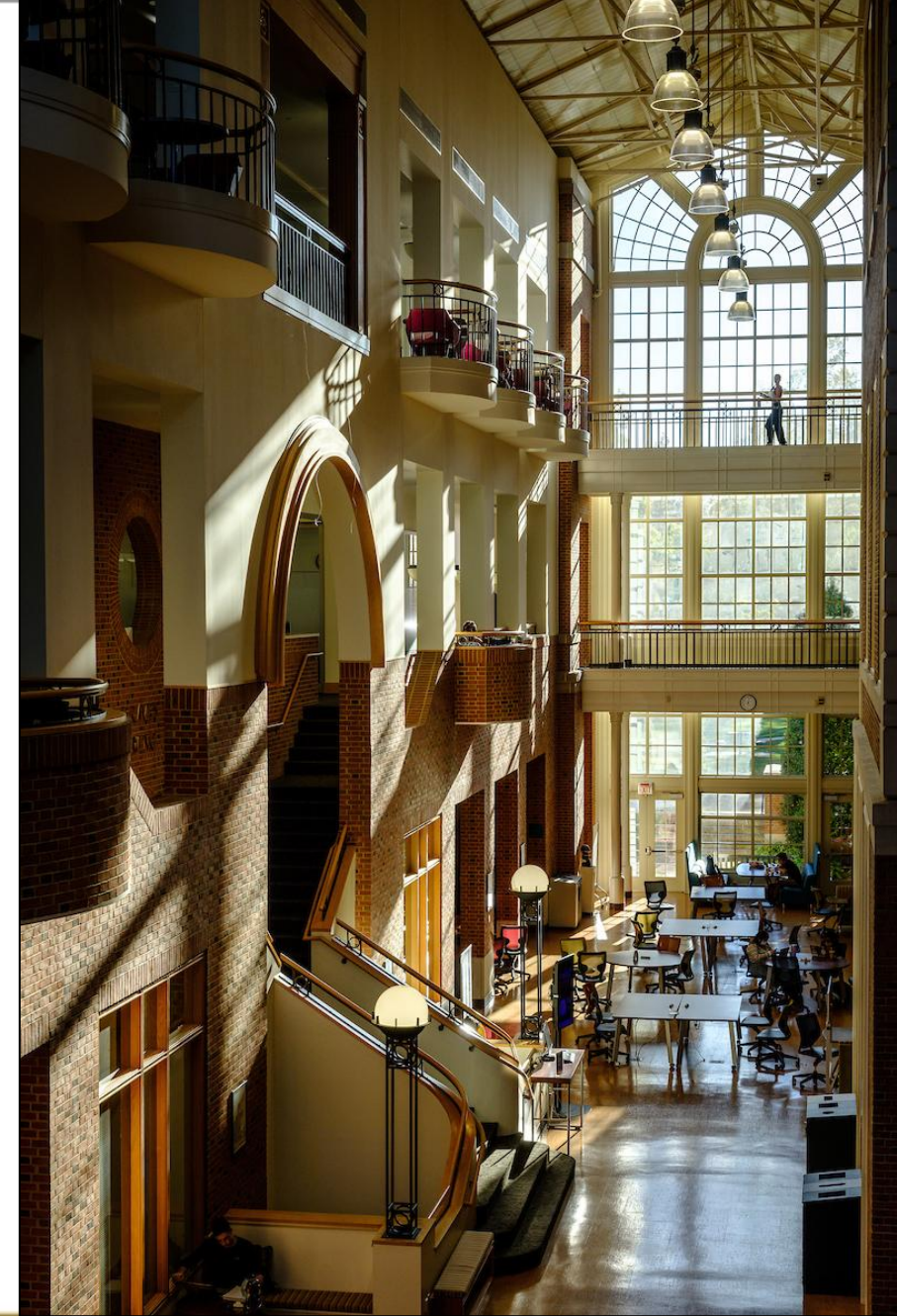
- 24/7 Organization
- **Dial 5911 for emergencies on campus**
- **Dial 5591 for Non-emergencies and information**
- Download our WakeSafe app
- New Initiatives: Deacon Student Patrol & What's U.P. at Wake



ZSR Library

Welcome! **ZSR is your library** and we're here to help.

- [Ask a Librarian](#): Got questions? Get answers.
- [Research Guides](#): Looking for the best resources? Start here.
- [LIB100/200](#): Our 1.5 credit hour research courses
- [Study Rooms](#): Get a room. Study hard.
- **Millions of resources** to support your interests!
 - Access to New York Times, Wall Street Journal, and more with [Institutional Subscriptions](#)
 - Check out [our film & streaming video](#) collections
 - **NEW** [wellness collection](#) and [audiobooks](#)
- [Wake The Library](#): An exam week tradition
- [Attend a ZSR event](#): **Fast Family ZSR Tours during New Deac Week (download the APP)**



Office of Academic Advising (OAA)

Services offered by OAA:

- By appointment or by Walk-in
 - **Walk-in hours: Monday-Thursday from 2-5 pm**
- General academic advice and guidance
- Major/minor planning appointments
- Connect to academic/personal support and resources
- Consults about academic challenges
- Mid-term and Low-grade outreach
- Credit overloads (>17 hrs)
- Academic exceptions
- Course Withdrawals
- Part-time status requests (<12 hrs)
- Enrollment status changes

We support our Major/Minor Advisors.

Location: Reynolda Hall 125

Business Hours:

- Monday - Friday: 8:30 am – 5:00 pm

Phone: 336.758.3320

Email: oa@wfu.edu

Website: <https://advising.wfu.edu/>

Instagram: @wfu.oa



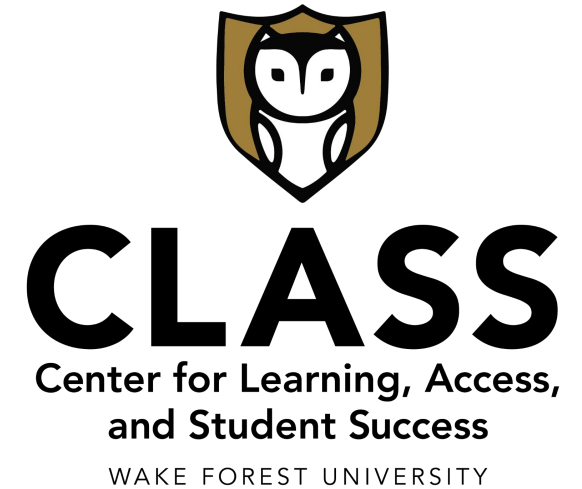
Center for Learning, Access, and Student Success

3 Key Services:

- Disability Accommodations
- Academic Success:
 - Academic Coaching
 - Peer Tutoring
- Student Engagement:
 - Deacs Like Me, CLASS Ambassadors, CLASS Supper Club

Many more ways to engage:

- Follow on Instagram: [@wfu.CLASS](#)
- Visit our website: class.wfu.edu
- Stop in and say hi - **Reynolda 118**
- **Celebrate your golden pom pom moments**



Academic Centers

Writing Center

(ZSR Library 426)

- Monday-Friday, 10am-5pm
- Monday-Thursday, 6pm-9pm
- Sunday, 3pm-9pm

writingcenter.wfu.edu

Math & Stats Center (MSC)

(Kirby Hall 117)

MSC opens for appointments:

- 1-1 Tutoring:
Mon-Thurs 12pm-8pm
- Drop-In Study Sessions:
Mon-Thurs: 6pm-8pm

college.wfu.edu/mathcenter/

Chemistry Center

(Salem Hall 109)

- CHM 108, 111, 122, 123, 223, 280
- Sunday-Thursday, 5-9 pm

chemistry.wfu.edu/undergraduate/chemistry-center/overview/

Computer Science (CS) Center

(Alumni 289)

- CS Courses in the 100 and 200 levels
- Monday-Thursday 5:00 PM - 7:00 PM

college.wfu.edu/cs/cs-center



Office of Personal & Career Development (OPCD)

WF | OPCD

Top 3 OPCD To-Dos for Students:

1. Meet with a **Career Coach**
2. Complete Your **Handshake** Profile
<https://wfu.joinhandshake.com>
3. Visit Our **Website** - opcd.wfu.edu

Your Path. Our Support.



@wfuopcd

Reynolda 230 | careers@wfu.edu | 336.758.5902



Student Conduct

Benson 139

What our Office does

- Educate students and organizations about the Code of Conduct
- Meet with student and organizations who violate the Code of Conduct
- Educate and support students and organizations to live together in community

Ways to be Involved

- Student Conduct Advisors
- Conduct Panlists

What is the Handbook?

- Prohibited Behaviors
- Procedures We Follow
- Organizational Processes
- Honor Code
- Other University Policies

Check out the Student Handbook:

studentconduct.wfu.edu





Office of Civic & Community Engagement



How Students can get Involved:

Philanthropy & Traditions

Support the Brian Piccolo Cancer Research Fund through ***Hit The Bricks***, ***Wake 'N Shake***, and ***Pump Up for Piccolo***

Health & Nutrition

Support community health and well-being throughout Winston-Salem with ***The Campus Kitchen***, ***Kids Cooking Coalition***, ***TurkeyPalooza***, and ***AmeriCorps at Wake Forest University***

Education Outreach

Promote and advance educational equity through ***Virtual Tutoring***, ***Project Pumpkin***, and ***DESK***.

Civic & Democratic Engagement

Get involved in upcoming elections with ***Deacs Decide***, learn to speak across difference with ***Deacon Dialogue***, and gain professional experience with local nonprofits through the ***Summer Nonprofit Immersion Program***

Find Volunteer Opportunities

Explore and sign up for volunteer experiences on campus and in the Winston-Salem community at ***wfu.givepulse.com***

Benson 506 | communityengagement@wfu.edu | 336.758.4070 |  @communitywfu





Office of Student Engagement

“Helping Every Deacon Find Their Place”

We create spaces and experiences where students matter, belong, and thrive. From day one through graduation, OSE helps students make meaningful connections and develop real-world skills. Student Engagement is responsible for:

1. **Student Organizations** – Supporting over 180 groups with resources, advising, and event planning.
2. **Student Union** – The campus programming board that plans late-night and weekend events for all students. (student led events and activities planners)
3. **Student Government** – Advising student leaders who serve as the voice of the undergraduate student body.
4. **Workshop Trainings & Development** – Coordinating practical trainings that help students thrive in their roles and prepare for success on campus and beyond.
5. **The Link** – Wake’s student engagement hub for event listings, organization info, and campus involvement.
6. **Campus Traditions & Events** – Hosting signature programs like Family Weekend, Lighting of the Quad, and Wake the Forest (First Six Weeks Programming Initiative).
7. **Campus Program Spaces** – Managing reservable event and meeting spaces in Benson and across campus.
8. **Student Employment Opportunities** – Offering on-campus jobs that develop transferable skills through roles like event set up crew, office assistants, info desk attendants, and more.



Benson 335

engagement@wfu.edu

336.758.7168



wfustudentengagement

Wake Forest Student Engagement





Benson 346



interculturalcenter.wfu.edu



336.758.5864



@interculturalwfu

<https://interculturalcenter.wfu.edu>



WAKE FOREST UNIVERSITY

**INTERCULTURAL
CENTER**

The Intercultural Center aims to shape campus culture by fostering intercultural knowledge, competency, and leadership. We are committed to enhancing the experience of students by the following:

- Identity and Leadership Development Initiatives
 - Asian American Identity Group, IC Student Employment, Student Organization Advising
- Student Support & Engagement
 - Textbook Assistance Program, Eure McPherson Funds, and Provide and Thrive
- Intercultural, Educational & Social Programs
 - First Fridays, World Cultural Festival, Cultural Heritage Month Celebrations and Programming, Homecoming Weekend Events



LGBTQ+ Center

The LGBTQ+ Center is committed to fostering a **sense of belonging** for all by providing **education and support** related to **sexual orientation and gender identity** for the entire campus community.

Get involved with the LGBTQ+ Center:

- Check out regular programming like our student led Q-munity Jam Sessions or Third Thursday lunches throughout the semester
- Drop by our lounge in Benson 311 for a cup of coffee or tea and to meet others
- Subscribe to the Rainbow Round-Up

Learn more about all of these and more at lgbtq.wfu.edu or visit us in Benson 311!



WAKE FOREST UNIVERSITY
LGBTQ+ CENTER



@lgbtqatWFU

#LGBTQatWFU





Women's Center

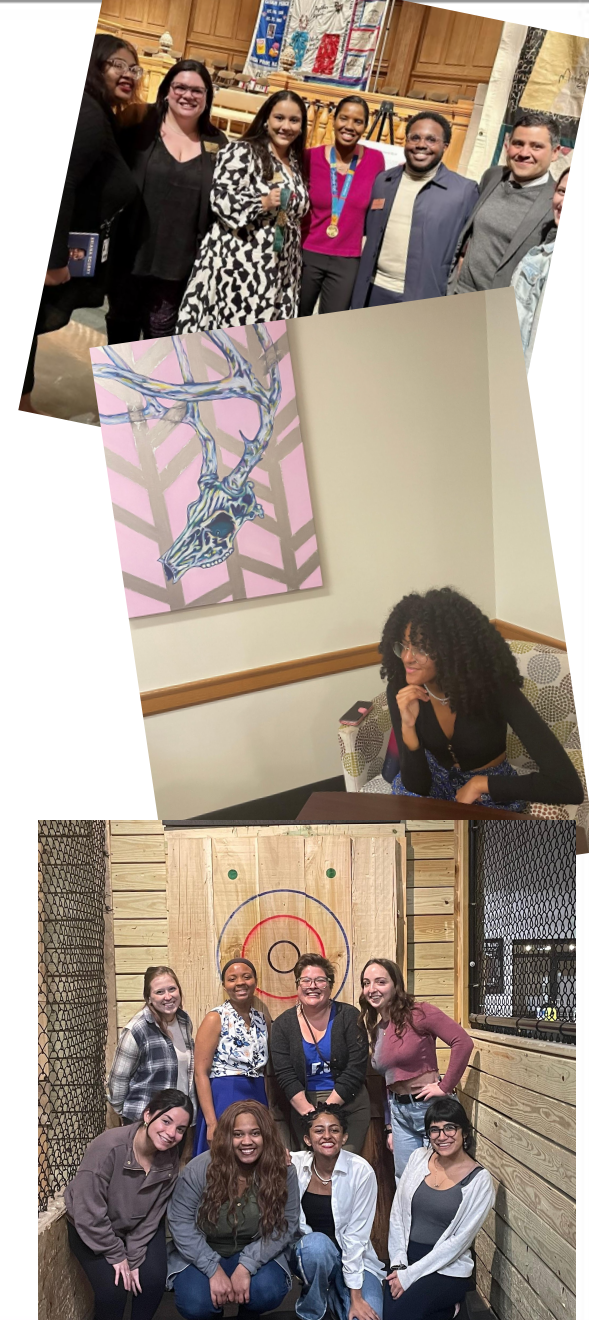
The Women's Center is open to all students. We foster spaces to reflect on individual and collective experiences and identities; develop programming related to women's and gender issues; support professional and leadership development; and identify and advocate for policies to improve gender climate and inclusive practices at Wake Forest. The Women's Center supports and advocates for students, faculty, and staff towards the goal of an inclusive campus for all

Ways to engage:

- Study with peers on Tues/Thurs nights @ the Study Table
- Join us for a Wake for Women game
- Join LEAVES, our sustained dialogue group
- Collaborate with us on a program idea

Benson University Center 314
womenscenter.wfu.edu

Follow us on IG
@wfuwomenscenter



Office of Fraternity & Sorority Engagement



- **What We Do**

- Develop and implement programs and initiatives for the fraternity/sorority community
- Maintain community standards & provide chapter support
- Provide advisory support to council and chapter officers
- Offer trainings and workshops (leadership development, harm reduction, etc.)
- Utilize campus partners to provide a well-rounded, values-based experience

- **Current Community:**

- National Panhellenic Conference (Panhellenic) : 8 Sororities
- Interfraternity Council (IFC): 11 Fraternities
- National Pan-Hellenic Council (NPHC): 4 Fraternities & 3 Sororities
- United Greek Council (UGC): 1 Fraternity & 2 Sororities

Post-Spring Recruitment: 58% of Students are Greek Affiliated

Follow us on Instagram:

OFSE - @wfu_fse

IFC - @wfu.ifc

NPHC - @wfunphc

Panhel - @wfu.panhellenic

UGC - wfu_ugc

Benson 218 | 336.758.8020

fse.wfu.edu



Office of Leadership Engagement

The Office of Leadership Engagement provides accessible and transformative leadership development for all students, cultivating purpose-driven, self-aware, and confident leaders who act with and for humanity.

- **What We Do**

- **CliftonStrengths**

- A personalized assessment to discover your talents and strengths
 - participate in 1-1 or group coaching for **FREE**

- **LeaderShape & ACC Leadership Symposium**

- Transformational off-campus leadership development experiences

- **Ignite**

- Emerging Leaders Cohort for first-years and sophomores - coming *spring 2027*

Connect With Us

Email: Leadership@wfu.edu

Website: Leadership.CampusLife.wfu.edu

Instagram: [@leadatwake](https://www.instagram.com/leadatwake)



Deacon Health



- ***Located in the lower level of the Wellbeing Center (Gym)***
 - ***entrance is located down the outside stairs of the Wellbeing Center***
- Primary Care, Illness, Injury, and wellness visits
- Physical Exams and Sexual health services
- Pharmacy, lab and x-ray on site
- Vaccines, Immunizations, STI testing, Allergy injections, and International Travel
- After Hours Nurse Triage line
- Psychiatry consultations
- Online appointment scheduling
 - [Deacon Health Portal](#)

 @deaconhealth

336-758-5218

deaconhealth.wfu.edu



Campus Recreation

Location: WF Wellbeing Center

campusrec.wfu.edu

Program Areas:

- Intramural Sports
- Club Sports
- Group Exercise
- Outdoor Pursuits
- Informal Recreation
- Personal/Small Group Training
- Aquatics

*The Forest Intramural league



 @wfucampusrecreation

 @wfucampusrec



Office of the Chaplain

chaplain.wfu.edu



WAKE FOREST
UNIVERSITY

Office of the Chaplain



Our Mission

Rooted in the fundamental belief that there is a spiritual dimension to existence, the Office of the Chaplain provides care that is grounded in wisdom and informed by compassion.

Our Vision

Empowered by the wisdom of our prophets and ancestors, the Office of the Chaplain animates the motto *Pro Humanitate*.

Christian Life

Confidential Care

Jewish Life

Spiritual Direction

Mindfulness

Discernment

Muslim Life

Pastoral Conversation

Emergency Fund

Hindu Life



A few reminders...

- **Move-in** for incoming and transfer students will be Tuesday, August 18, 8:00 am - 12:00 pm
- There are **various sessions and events** happening during this time that **we welcome you to attend!**
 - **Download the New Deac Week App!**
- **New Deac Week** officially begins on Tuesday, August 18 at 12:00 pm with tailored programming
- Orientation sessions **specifically for Parents & Families** begins on Tuesday, August 18
 - Don't miss "*Flourish in the Forest: Navigating Change, Embracing Challenge*" with campus leadership (seating begins at 5:00 pm, program begins at 5:30 pm)



Welcome **HOME** **DEACS!**

Download the
Presentation

