

Preparing for the Health Professions Orientation 2026

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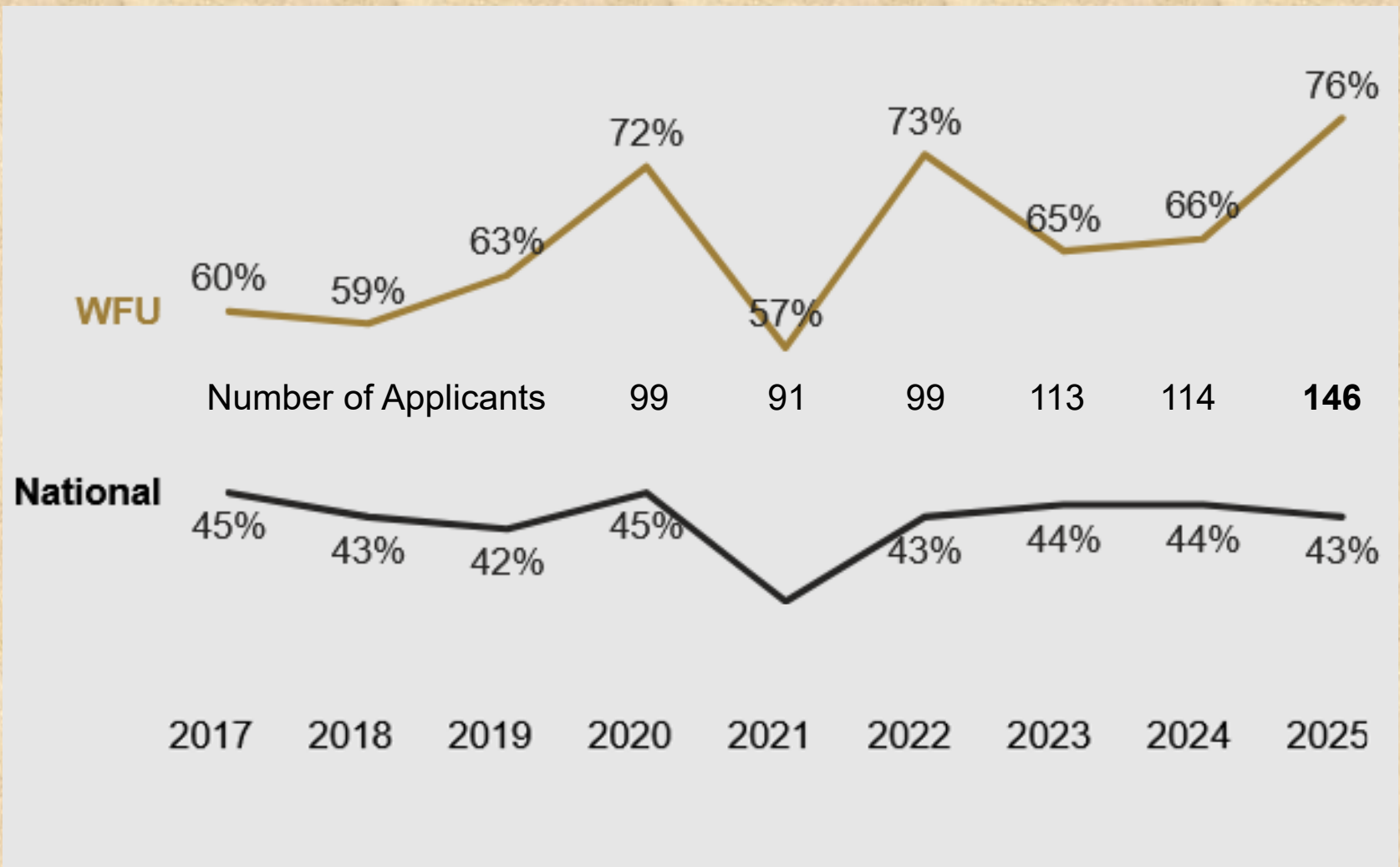
Health Professions web page

<http://prehealth.wfu.edu/resources/google-group/>

The Health Professions Advisors and Committee (HPC)

- Dr. John Tomlinson, Chemistry – **Prehealth, 2nd Year through Post-Graduate Students**
- Dr. Freddie Salsbury, Physics – **Prehealth, 1st Year and First-Generation Students**
- Dr. Paul Jones, Chemistry – **Predental Students**
- Dr. Andrew St. James, Biology – **Prevet Students**

Medical School Acceptance Rates



HPC Level of Support DATA 2024

Level of Supp.	%Accept.	%Students
Highest	80%	30%
High	72%	32%
Good	50%	36%
Confident	50%	2%

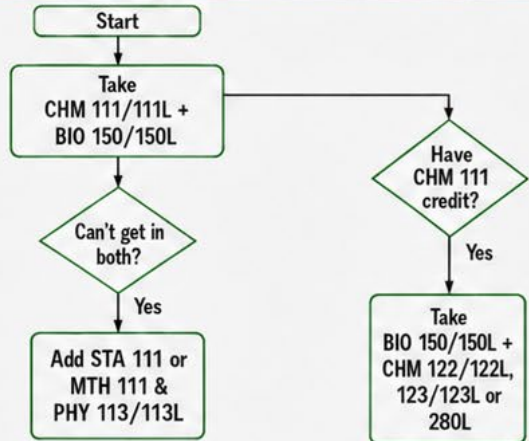
To be a Competitive Applicant

- Prerequisite courses
- GPA
- Extracurricular activities
- Community service
- Shadowing/Clinical experience
- Research
- MCAT/DAT/GRE

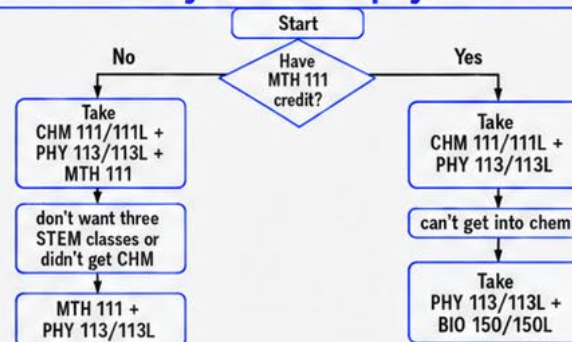
Wake First-Semester Pre-Health Course Flowchart

What to take in the first semester, by intended major and common contingencies

1 Biology, Chemistry or BMB



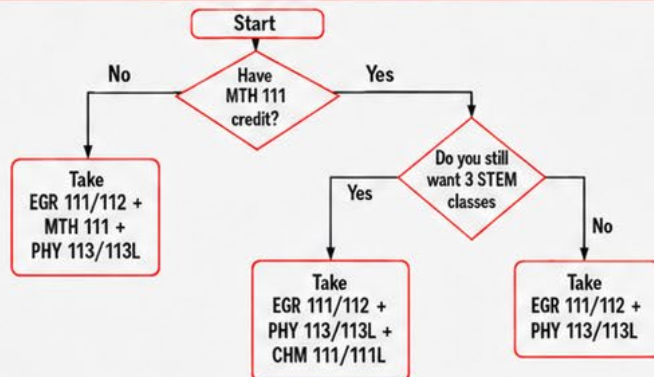
2 Physics or Biophysics



If you have CHM 111 credit, you may take CHM 122/122L, 123/123L or 280L or a non-STEM course

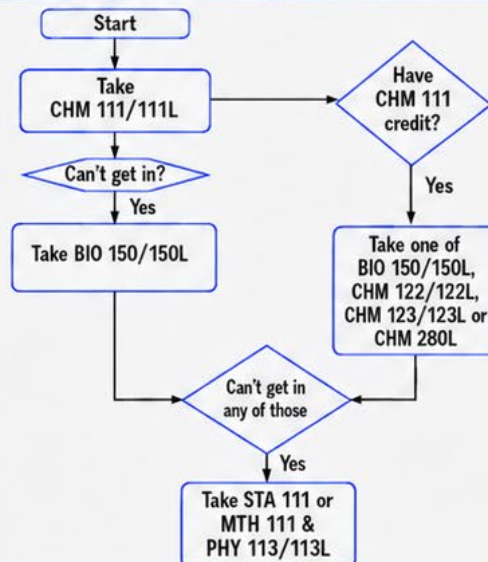
If you have PHY 113 credit take PHY 114

3 Engineering



If you have CHM 111 credit, the third course can be CHM 122/122L, 123/123L or 280L.

4 Other / Undecided



Typical Four-Year Plan

Fall year 1	Spring year 1	Fall year 2	Spring year 2	Fall year 3	Spring year 3	Fall year 4	Spring year 4	Summer after graduation
Gen CHM I (L) Psychology	Orgo I (L) Calc	Orgo 2 (L) BIO I (L)	Gen CHM 2 (L) BIO 2 (L) STATS	Study abroad or Physiology Cell Bio	Study abroad or Physiology Cell Bio	Phy I (L) Biochem	Phy 2 (L) Prepare for and take the MCAT exam	Apply to medical school

Typical Three-Year Plan

Fall year 1	Spring year 1	Fall year 2	Spring year 2	Fall year 3	Spring year 3	Summer year 3	Fall year 4	Spring year 4
CHM I (L) Calculus Psychology	Orgo 1 (L) BIO I (L)	Orgo 2 (L) BIO II (L)	CHM 2 (L) Physiology	PHY I (L) Cell Bio	PHY 2 (L) Biochem Prep for and take MCAT	Apply to medical school	Divisionals and major	Divisionals and major

Medical School Matriculation by Major

Major Category	Total Applicants	Total Matriculants	2024 %Accpt.	2025 %Accpt.
Biological Sciences	31,540	12,865	41%	43%
Humanities	1,775	897	51%	51%
Math & Statistics	381	172	45%	54%
Other	9,334	3,639	39%	41%
Physical Sciences	4,636	2,151	46%	49%
Social Sciences	5,100	2,058	40%	43%
Specialized Health Sciences	2,422	930	38%	40%

WFU GPA Data 2024

matriculants

Overall GPA	%accept.	%students
>3.9	83%	29%
>3.8	76%	54%
>3.7	73%	75%
>3.6	70%	92%
≥3.5	67%	98%
<3.5	42%	2%

WFU MCAT Data 2024

Matriculants

MCAT	%Accept.	%students
>518	94%	15%
>516	83%	22%
>510	81%	45%
≥508	77%	66%
<508	53%	34%

MCAT Scores and GPAs for Applicants and Matriculants to U.S. Medical Schools, 2024

	Mean	SD
Total MCAT	511.7	6.9
Total GPA	3.77	0.23
Science GPA	3.71	0.30

<https://www.aamc.org/download/321494/data/factstablea16.pdf>

What if I have a low GPA after my first year?

- You may repeat a course if your grade is lower than a C-.
- Your higher grade will replace the grade on your **WFU** transcript.
- Med/Dent schools will recalculate using all grades.
- Focus on GPA.

Ask for help if you need it!

- Faculty office hours
- Tutors and Coaching from the Center for Learning, Access, and Student Success (CLASS)
- Math and Chemistry Centers
- Office of Academic Advising
- Office of Personal and Career Development

Early Assurance Program

Well-qualified Wake Forest students upon completion of the sophomore year may apply for acceptance to the class entering two years later through the Early Assurance Program (EAP). To be eligible for this program, candidates must:

- Complete at least half of the prerequisites at WFU by the end of their sophomore year
- Have an overall GPA of 3.2 and a science GPA of 3.2 for each semester in school
- Have satisfactory ethical conduct.
- Apply to the HPC
- MCAT score of ≥ 502 .

Study abroad?

YES!!!



Vienna Flow House



Are you a pre-health student trying to get your physics requirement done? Are you a science major trying to go abroad and can't get your science classes in? This is your chance!

Now the opportunity exists that students can get both of these physics core classes completed at the same time in a single semester abroad — come to the **WFU Flow House in Vienna/ Austria in Spring 2028!** We will offer the following classes, fulfilling a maximum of divisional requirements:

PHY 113 and 114
ECN 271
MSC 241
HST 120
GER 110 or 150 or 214
HMN 190

Division V
Division IV
Division III
Division I
required
required

Prior knowledge of German is not required, but might make your experience more valuable. For more information, please contact:



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Venice

Casa Artom



London Worrel House



Shadowing/Clinical Experience

Wake Forest University Clinical Internship/Shadowing Program

Applications are open for the WFU Clinical Internship/Shadowing Program for the Fall 2024 semester. Click [here](#) to download [the application](#) and [registration form](#).

The application deadline is 11:59pm on Sunday, August 4, 2024.

To apply, please submit a completed application and registration form as PDF files via e-mail to prehealth@wfu.edu. If you have any questions, please e-mail prehealth@wfu.edu.



Community Service

WAKE FOREST UNIVERSITY VOLUNTEER SERVICE CORPS

[HOME](#) [ABOUT](#) [HISTORY](#) [GET INVOLVED](#) [CONTACT](#) [LOGIN](#)

Off-Campus Partners

Interested in branching out by serving in the Winston-Salem Community? Contact one of these great agencies for more information!

Advocacy for the Poor

The Advocacy for the Poor exists to focus attention on issues related to economic independence for the poor of Forsyth County, representing their interests, and working for systemic change. They have four focus areas: • Poverty • Housing/Homelessness • Lack of Affordable Health Insurance, and • Hunger. Volunteers are needed to help out in the shelters. Check out the website or contact Diane Dawson for more information.

- Agency Contact: Diane Dawson
- Contact e-mail: dianne@advocacyforthe poor.org dianne@advocacyforthe poor.org
- Agency Phone: 336-725-6155
- <http://www.advocacyforthe poor.org>

AIDS Care Services

The mission of AIDS Care Services is to empower and serve our brothers and sisters living with HIV/AIDS and to educate our community in the struggle against the disease. For more than twelve years, AIDS Care Service has provided services to our neighbors in Forsyth and surrounding counties through their many programs. Volunteers needed to socialize, go on group outings, provide transportation, help with activities, fund raising, etc.

- Agency Phone: 336-777-0116

Log In

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Password

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Check us out on
Instagram!



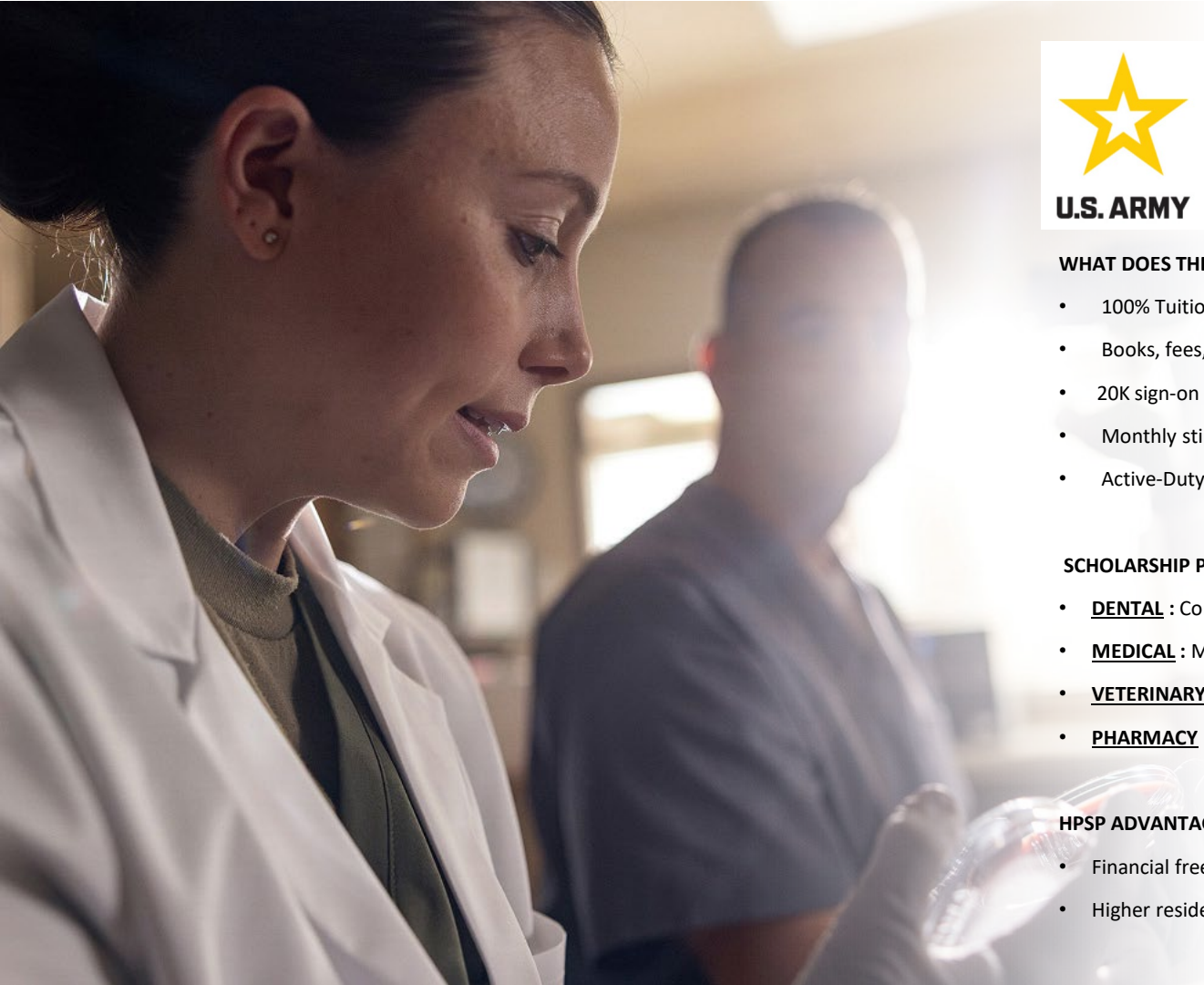
Research

- Recommended: two semesters of independent research



**Stay Positive and Enjoy Your
First Semester!**





HEALTH PROFESSIONS SCHOLARSHIP PROGRAM (HPSP)

WHAT DOES THE SCHOLARSHIP PAY?

- 100% Tuition
- Books, fees, equipment and more
- 20K sign-on bonus (MC/DC only)
- Monthly stipend of \$3,113 increases yearly
- Active-Duty officer's pay as a 2nd Lieutenant during summer months

SCHOLARSHIP PROGRAMS

- **DENTAL** : Competitive DAT and GPA
- **MEDICAL** : MCAT 500 / 124 in each category / 3.2 GPA
- **VETERINARY** : Attending 1st Year or 6 month completed of Vet School
- **PHARMACY** : ROTC Cadets

HPSP ADVANTAGES

- Financial freedom while attending graduate school
- Higher residency match rate 96%

WFU ROTC: Develop Leadership & Career Potential

The No Fear Battalion is a close-knit team of students, cadre, and alumni proud of our legacy of service to the nation and our local community with a reputation for excellence in all we do.



Students learn leadership, communication, critical thinking, and teamwork through hands on learning experiences



Discover your inner strength



Develop a resilient mindset by challenging yourself mentally and physically

ROTC Benefits

98% 4-Year Graduation Rate (14% higher than the general student body)

82% of cadets maintain a GPA of 3.4 or higher (5% higher than the general student body)

ROTC offers 2, 3, and 3.5 year scholarships to qualified students.

100% Tuition and Fees (in-state or out-of-state) or \$12000 annually for Room & Board

\$1200 annually for books and supplies

\$420 per month to cover incidental costs

ROTC Students have **100% job placement** following graduation

ROTC Ed Delay for law school is the surest path to a career an the JAG Corps

ROTC students will graduate with more **leadership experience** than most will gain their **entire career**.



By graduation, our seniors are able to analyze, plan, resource, and communicate complex operations to diverse teams and achieve success

ROTC Requirements

1 Credit Hour Classroom Based Instruction (MIL 121)

1 Credit Hour Leadership Lab (MIL 100)

1 Weekend Leadership Training Exercise per semester

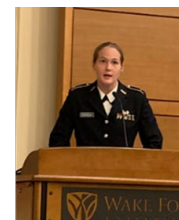
Weekly Physical Training

35 Day leadership camp between Junior & Senior year

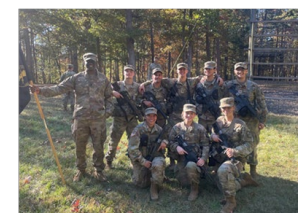
3 Credit Hours of Military History (HIS 369) any semester

Students ARE NOT obligated to contract until Junior Year

Myth: Enrolling in ROTC is not the same as enlisting



Practice Public Speaking & Professional Writing



Form lifelong friendships with students from diverse backgrounds and viewpoints



Learn More at <https://rotc.wfu.edu> or email us at ROTC@wfu.edu

