

Welcome



Men of the Forest!!

Introductions

DWIGHT LEWIS

**Associate Athletic Director,
Student Athlete Development
& Co-chair of Men of the Forest**

JAMES FRANKLIN

**Episcopal Campus Minister
& Co-chair of Men of the Forest**

The background is a halftone illustration of a forest. It features a dense canopy of green trees with bright, yellowish-white light filtering through the leaves, creating a dappled effect. The overall texture is grainy and dotted, characteristic of halftone printing.

**WHAT IS
“MEN OF THE
FOREST”?**

MEN of the FOREST



**Deacs transforming Deacs on a journey
of becoming men of substance!**

Mission statement

We make space for men on campus to develop healthy and responsible masculinity. We, as Men of the Forest, encourage one another through mentorship, friendship, connection to nature, action, contemplation, ritual, real conversation, and having FUN.

GOALS

1. For male students to develop healthy and responsible masculinity and become men of substance.
2. To collaborate across campus with other departments to serve and help form men from a developmental and wholeness approach, serving their social, spiritual, physical, and mental health.
3. For men to better understand their identity in relation to masculinity, power, privilege and responsibility.
4. To begin to transform campus climate to one of greater inclusion, healthy friendships and relationships, and a place for all, especially women, to feel safe.
5. To create a sustainable model for peer mentorship of “Deacs Transforming Deacs”

METHODOLOGY

MENTORING

MENTORSHIP

PEER MENTORS

FRIENDSHIP

DOING & BEING

EXPERIENTIAL

MINDFUL

CENTERING DOWN
MODEL

TRANSFORMING

WISDOM
WORKSHOPS

RETREATS

rites of passage

WHY?



MEN + MENTAL HEALTH

**OF THOSE RECEIVING MENTAL HEALTH
COUNSELING IN COLLEGE, ONLY:**

32% are MEN

**(ACCORDING TO THE HARVARD CENTER FOR COLLEGIATE
HEALTH REPORT, 2023)**



Quick Facts

Traditional/hegemonic masculinity features themes such as:

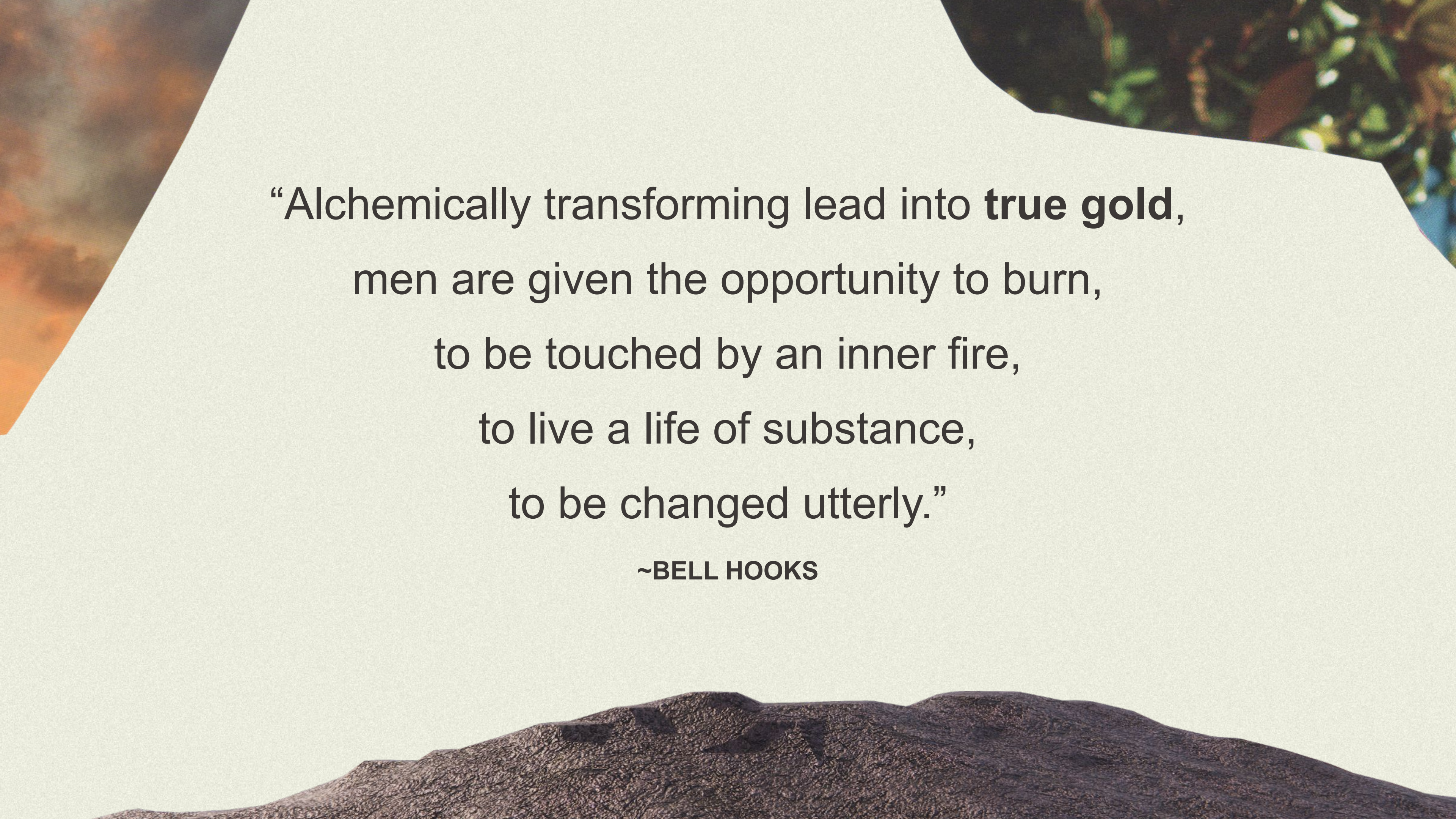
- Stoicism
- Hyper-Competitive
- Dominance
- Aggression

Associated with:

- Decreased likelihood of preventative health care
- Increased likelihood of heavy drinking, tobacco use, and avoiding vegetables
- Decreased likelihood of mental health care
- Increased violence towards others

Men are more likely than women to commit homicides (9x) and die by suicide (3.5x)

Men are the perpetrators in over 90% of sexual assaults, yet only 8% of prevention programming targets men.



“Alchemically transforming lead into **true gold**,
men are given the opportunity to burn,
to be touched by an inner fire,
to live a life of substance,
to be changed utterly.”

~BELL HOOKS



“

IF WE DON'T TRANSFORM
OUR PAIN,
...WE WILL TRANSMIT IT.

~FR. RICHARD ROHR

Q & R

SCAN ME

