



PARENTS AND FAMILIES

Confronting the Tough Stuff: Alcohol, Hazing, and Harm Prevention

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Session Goals

- Understand Wake Forest University's comprehensive approach to reduce high-risk alcohol use, interpersonal violence, and hazing.
- Prepare parents and families to lead conversations about high-risk substance use, interpersonal violence, and hazing with their students.
- Identify campus resources for high-risk alcohol use, hazing, and for survivors of interpersonal violence.



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Health and Wellbeing Promoting Campus

- Embed health into all aspects of campus culture, across the administration, operations and academic mandates
- Lead health promotion action and collaboration locally and globally
- Use of Collective Impact Coalitions

**Coalition Against
Interpersonal
Violence**

**Alcohol and Other
Drug Harm
Reduction
Coalition**

**Hazing
Prevention
Coalition**



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AOD Resources Online for Families

- Instant go-to hub for your student on need to know information & campus resources
- Steps for assistance if you think your student is struggling
- Tips for a positive discussion with your student



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Resources for Students

- Free Consultations
- Educational Outreach Opportunities
- Campus Wide Coalition
- Anonymous Online Feedback Service
- Sober Tailgates
- Collegiate Recovery Community



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BASICS – a closer look

Brief Alcohol Screening and Intervention for College Students

Positive Student Experience:

Students report feeling **understood, comfortable, cared for, and listened to**
(avg. rating >6.75/7.0)

“I left that session feeling better about myself than I had in months.”

Meaningful Behavior Changes:



Statistically significant **reductions** in alcohol use.



Statistically significant **increases** in continued use of harm reduction strategies.



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Collegiate Recovery Community



Supportive community for students to connect through similar experiences and efforts to stop or reduce their use of substances or other potentially harmful behaviors.

This includes substance use (i.e. alcohol, cannabis, etc.) as well as process/activity addictions (gambling, etc.)



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CRC Provides:

- Peer support
- Weekly meetings
- Protected Lounge space
- Recovery celebrations
- Sober activities
- Sober tailgates



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You still matter...a lot



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Coalition Against Interpersonal Violence

- Preventing and educating
- Supporting survivors
- Respondent support
- Reporting
- Collective campus input





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Interpersonal Violence Prevention

- Campus wide support from staff, faculty, and students
 - Coalition
 - Peer education (ALIVE)
 - Campus wide events
- Focusing on all levels of the community
 - Healthy relationship behaviors
 - Consent education
 - Safe sex practices
 - Data collection
 - Policy change





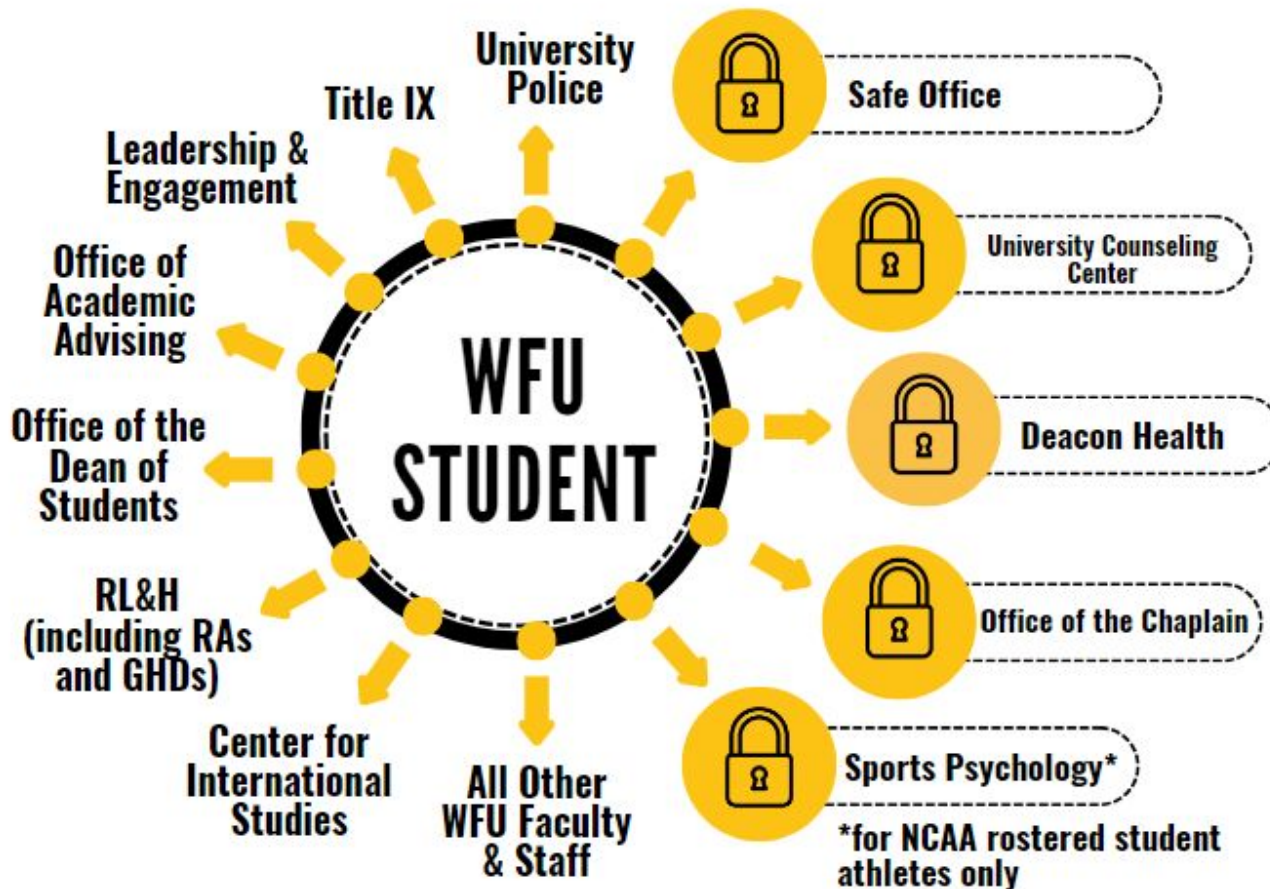
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On Campus Resources



Why do confidential resources matter?

- Fear of judgment or retaliation may deter students from seeking support
- Students regain a sense of control over their story and their experience

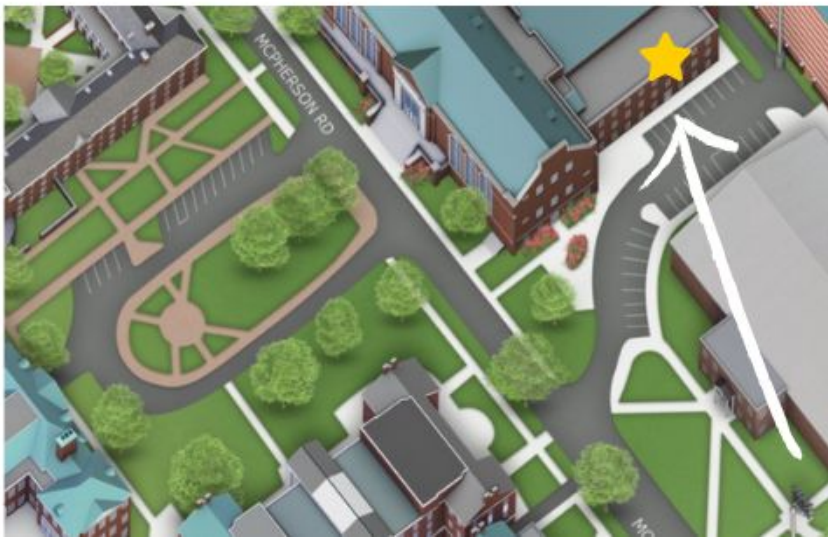


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24/7 Helpline: 336-758-5285

Located in WF Wellbeing Center
Wellbeing Administration Entrance
safe@wfu.edu



Services

24/7 Confidential Helpline

336 - 758 - 5285

Confidential Consultation

For students, parents, staff, and faculty

Advocacy & Options Counseling

To understand reporting options and rights

Accompaniment

To appointments such as medical exams, police interviews, Title IX, etc.

Individual & Group Counseling

Processing trauma responses, developing coping strategies, normalizing experiences

Safety Planning

Individualized for your needs

Professional Trainings

To students, faculty, and staff





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Want to learn more?



- Find conversation guides
- Learn more about our approach
- Find IPV resources you need all in one place

Addressing Interpersonal Violence



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Hazing Prevention at Wake Forest University





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How Do the Experts Define Hazing?

Hazing is defined as any activity expected of someone **joining or participating in a group** that **humiliates, degrades, abuses, or endangers** them **regardless of a person's willingness** to participate.

(Allan & Madden, 2008)



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Hazing Awareness

Any Action or Situation that:

- **Endangers** the mental or physical health or safety of any student;
- **Unreasonably interferes** with a student's academic, professional, or personal obligations;
- **Humiliates, demeans, disgraces, or degrades** a student;
- Is **not relevant** to a student's development within the context of the group, organization or team; or
- The action taken or situation created is **excessive and unreasonable** within the context of the group, organization or team.



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College hazing facts

More than half

of college students involved in clubs, teams, and organizations experience hazing.



8 out of 10

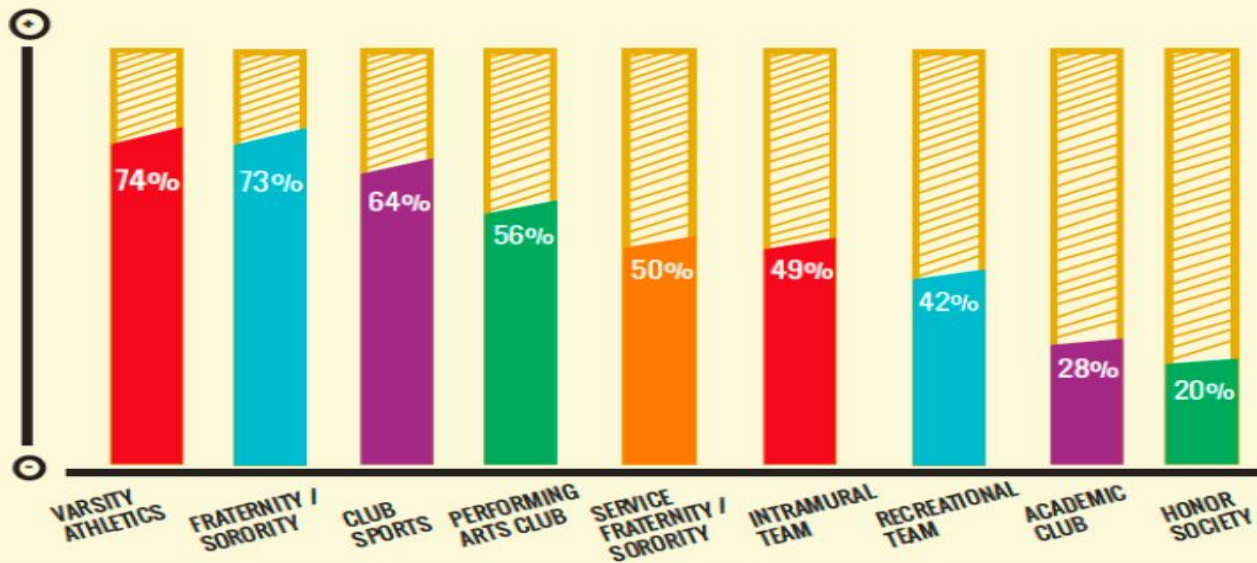
individuals who reported hazing behavior did not consider it hazing.



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U N I V E R S I T Y

PERCENT OF STUDENTS THAT EXPERIENCE HAZING



Allan & Madden, 2008

National Hazing Study



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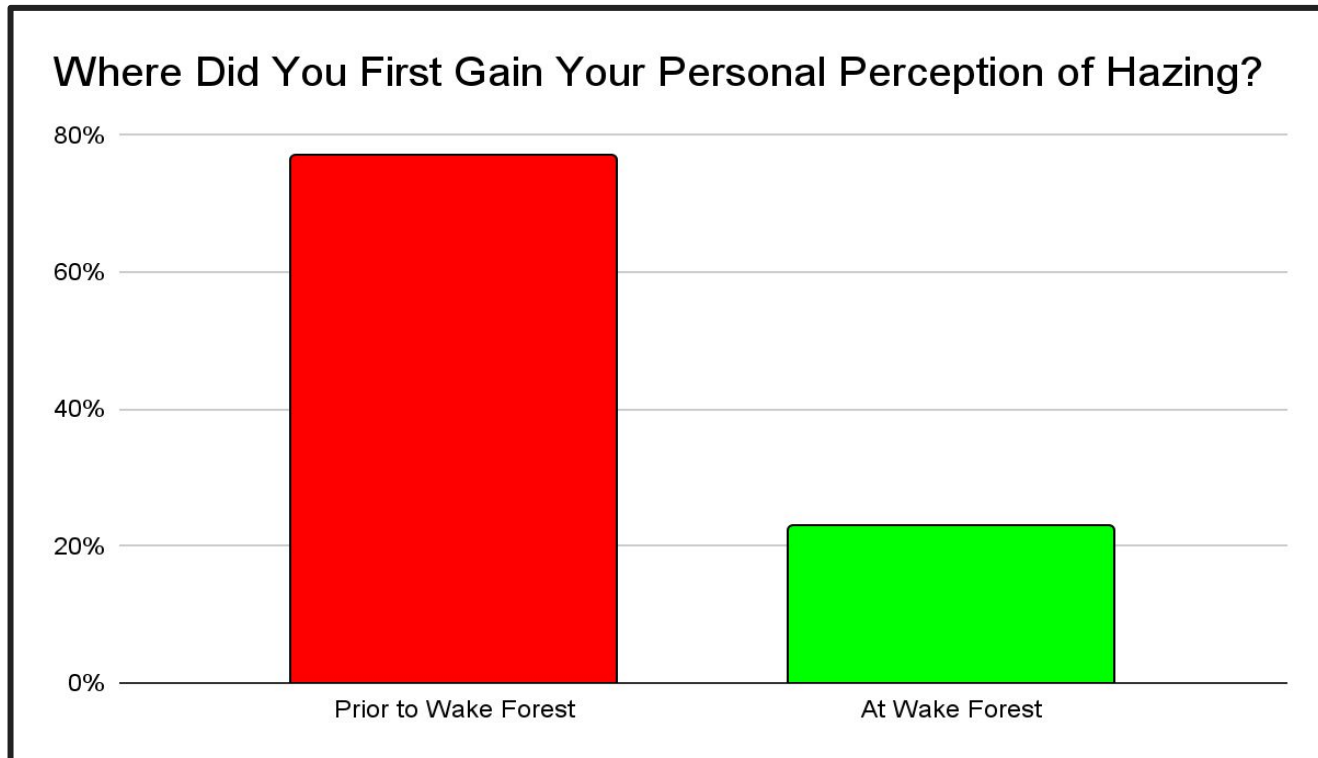
Hazing In the Student Experience





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Hazing is often normalized prior to college

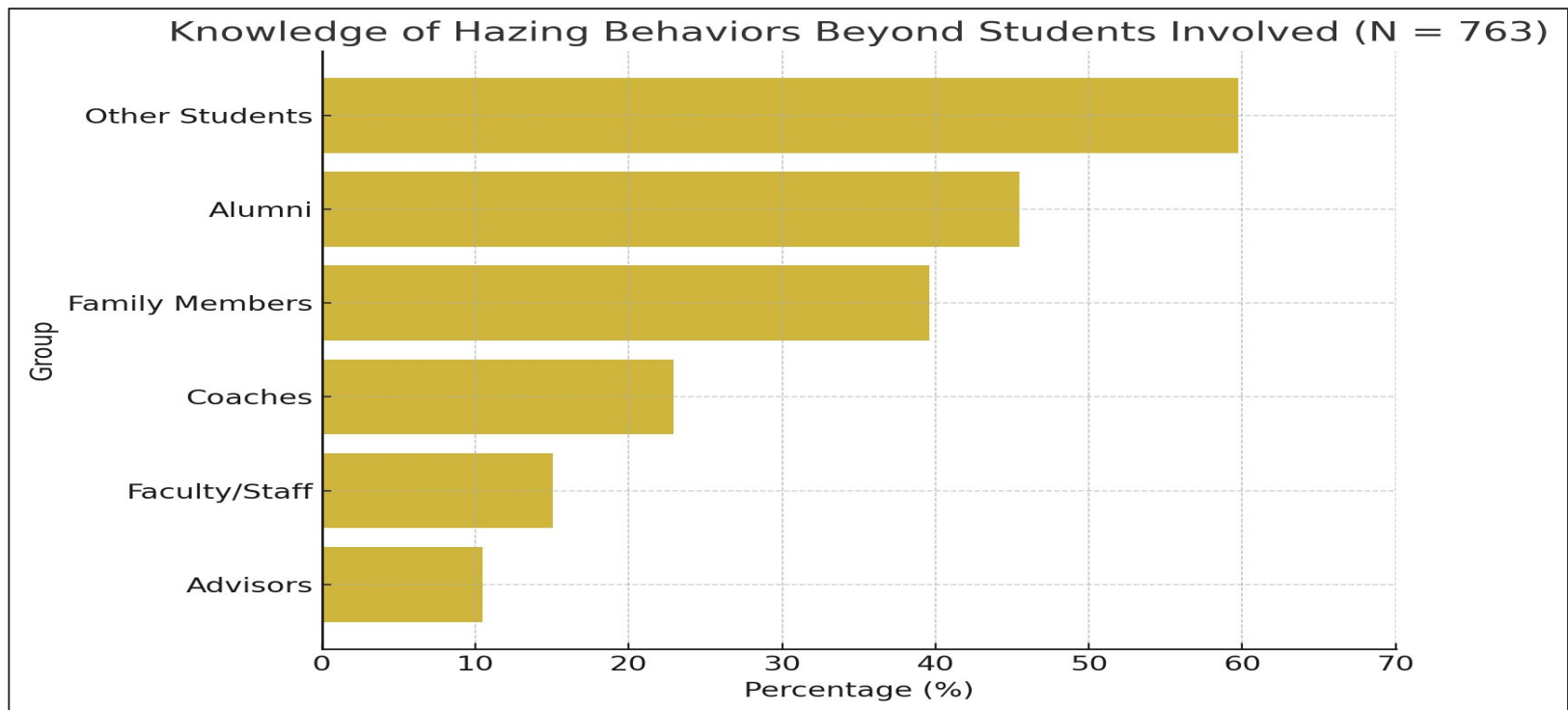


Wake Forest Hazing Perceptions Assessment



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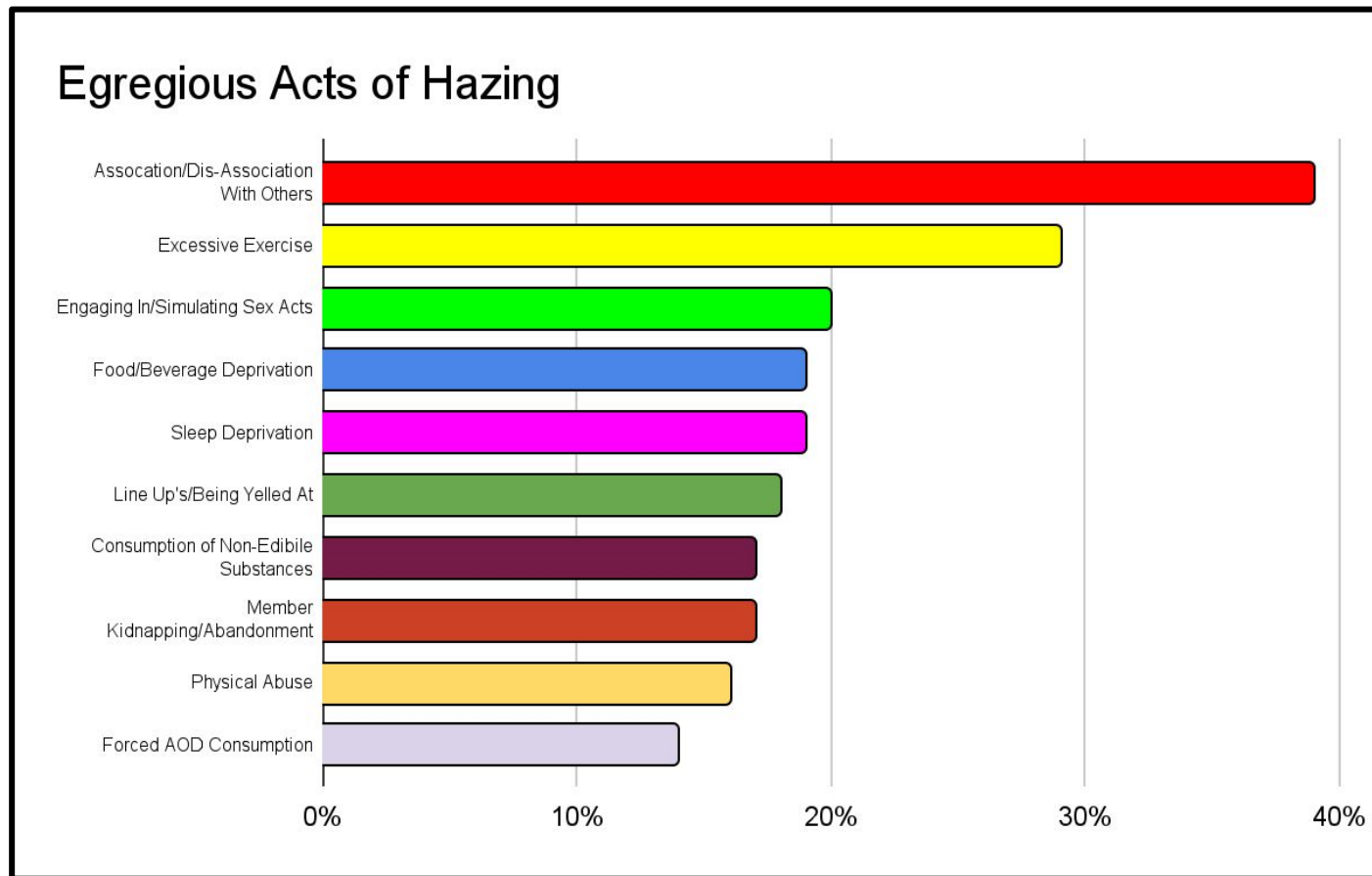
Hazing Perceptions at Wake Forest University





Key Finding *PARENTS AND FAMILIES*

“Activities.... that appear *excessive* in their application”





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Current Initiatives

- Formation of the Hazing Prevention Coalition
- University Hazing Policy
- Collaboration with nationally recognized training partners
- Stop Campus Hazing Act
- Hazing Prevention Week - September 22-26



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What Can Parents Do?

Hazing.wfu.edu

“Families” Section

REPORT HAZING



336.758.HAZE (4293)

“It takes a village. Hazing’s not just in Greek Life, it’s a whole campus issue.”



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Bystander Intervention: Preparing Your Student

- Multi-issue, Wake Forest specific bystander intervention curriculum
- Empowering students to recognize and intervene in harmful situations
- Each first year student is required to complete the training
- Creating a safe and healthy campus culture is also reliant on the students

DEACS DO IT 
DELEGATE.DIRECT.DISTRACT.DELAY.DOCUMENT



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Contact Us:

YOU MATTER!

- Biggest influence
- Open communication
- Supportive
- Check-ins
- Create space for your student!

Alcohol & Other Drugs:

e-mail: aod@wfu.edu

Interpersonal Violence:

e-mail: wellbeing@wfu.edu (Prevention)

e-mail: safe@wfu.edu (Support/Response)

Hazing:

e-mail: hazing@wfu.edu



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Feedback Survey

SCAN ME

