



# *PARENTS AND FAMILIES*

## What to Know Before You Go

Dr. Cherise James, Director of Orientation, New Student and Transition Programs

Dr. Betsy Chapman, Executive Director of Family Communications

Campus Partners



# Help is everywhere and is easy to find

parents.wfu.edu

we.wfu.edu or 336-758-CARE (2273)

Parents & Families

Information For ▾ Daily Deac Communications ▾ Engage ▾ Resources ▾ Parent & Family Events ▾ Contact Us

Pay Your Bill (coming in July)

After Hours Help


A-Z of WFU: A Glossary of Terms

Who to Contact for...

Mailing to WFU

Stop, Drop, and Roll

Dining, Hotels, and More (Recommendations)



We Are Wake

About Signs of Distress Submit a Referral Campus Resources Get Involved ▾

Submit a Referral

### Help Starts Here

If you need assistance with your mental health or are concerned about a friend, classmate, colleague, or student on campus, help starts here.

Call 336-758-2273 (CARE)

Submit a Referral »



## Sense of belonging takes TIME and EFFORT

- Expect a long period of uncertainty
- Fall Involvement Fair (Sept. 3)
- Join campus organizations  
And go to meetings
- Meet your hallmates
- Say hello to everyone
- Invite people to join you
- *Put yourself out there*





**Grades/Major will come eventually**

**The first semester is about *learning how to be a college student***





# There will be early challenges for your Deac Don't panic!

- **Bumps in the road are normal and to be expected**
- **College level academics are harder than high school**
- **Sharing a room for the first time**
- **Time management**
- **Total autonomy (and no one telling me what to do!)**
- **Questioning their choice**





**You/We/They are READY!**



**Maggie Sheridan**

Academic  
Advising



**Dr. Michael Shuman**

Center for Learning,  
Access, &  
Student  
Success



**Cathy Higginbotham**

Deacon  
Health



**Dr. Malika Roman Isler**

Diversity &  
Inclusion



**Dr. Nikki Elston**

Faculty  
Fellows



**Brittany Harris-Nelson**

Fraternity &  
Sorority Life



**Stephanie Carter-Atkins**

Residence Life  
& Housing



**Dr. Jim Settle**

Student  
Conduct



**Chris Amaral**

Student Financial  
Services



**Dr. Denisha Champion**

University  
Counseling  
Center



**Chief Regina Lawson**

University  
Police

