### What to Know Before You Go

## Advice from Campus Experts

Thursday, August 22, 2024 | 4PM

Wait Chapel

Top 3 Takeaways from Select Parent and Family Orientation Sessions



from Understanding Sense of Belonging:

Creating a sense of belonging takes time and effort on students' parts

First 6 weeks are important to get engaged

Worries about fitting in are common (for both students and families!)



# from But Nobody Told Me... What You Need to Know & Where to Find It:

The Office of Academic Advising (OAA) offers walk-in hours every Monday-Friday from 12-4

The Academic Services Calendar on the Registrar's website has all key dates

Encourage your student to seek help in advance of important deadlines; exceptions to academic rules should not be expected



#### from From College to Career:

Students from a variety of majors land interesting internships and jobs: "You are not married to your major"

OPCD supports ALL students, whether they don't know what they want or they have it all figured out

Students should engage with the OPCD office/events often



#### from Living in the Forest:

We have a 6 semester residency requirement because living on campus is an important part of the Wake experience

The goal for roommates should be peaceful coexistence; friendship on top of that is a bonus (not an expectation)

If roommate conflicts, students must work through the mediation process



### from Staying Safe at Wake:

If students have an issue, call University Police/911/use the Wake Safe app to report it (posting on social media or calling families doesn't alert police!)

University Police is our on-campus police; off campus is the jurisdiction of the Winston-Salem Police. We work together.

Campus safety is everyone's shared responsibility



from Foundations of Diversity, Equity, and Inclusion:

Our model for Inclusive Excellence is RIDE (Realizing Inclusion, Diversity, and Equity)

We seek awareness and empathy for ensuring that all Wake Foresters have access to all that Wake Forest has to offer

We use a 3 P's approach to influencing: Programming, Policy, and Practice



from Time Management, Tutoring, Accommodations, Oh My!:

CLASS offers robust tutoring resources and one-on-one academic coaching opportunities (both free!) for all students

Student accommodation process: see details at class.wfu.edu

Success looks different for every student and each student's path to success is different.



Get to know your faculty members. Visit their office hours even if you don't have something specific to ask them.

- Jackie Krasas, Dean of the College



Tell your student there will always be a room for them, wherever you are.

# Matt Clifford, Associate VP and Dean of Students



Encourage your students to give themselves grace as they encounter firsts in their time at Wake Forest and to focus on their learning more than an individual course grade(s).

– Kenny Herbst, Associate Dean, Undergraduate Business Program



Fear of failure might keep you safe; it will definitely keep you stuck. Have the courage to try, stick with it when it's hard, let the questions help you grow, and make space for joy along the journey.

- Erica Still, Associate Dean of the College



One exam or one course will not dictate a student's success at Wake Forest or beyond and do not define a student's potential. How students frame feedback they get from exams or professors is critical to their growth. Help your students frame this feedback in positive, growth-oriented actions.

- David Wren, Associate Teaching Professor, Chemistry



Trust the process. What you put in will come up. Parenting is like gardening. You won't always see all the parts of the process, but it is happening.

– Warrenetta Mann, Asst. VP for Health and Wellbeing



Tell your students "don't disappear." If they have missed classes, grades aren't what they expected, or things aren't going how they expected, connect with a faculty or staff member. Wake is an incredibly supportive place with people who will help.

– Nikki Elston, Assistant Dean, Office of Academic Advising



One of the greatest gifts you can give your student while they are here is the freedom and encouragement to explore new interests and find their own passions—even when those passions aren't what you expected, or when they seem to take longer than others to find them.

- Michele Gillespie, Provost



#### Don't let being scared turn into being afraid.

#### – José Villalba, Vice President for Diversity and Inclusion and Chief Diversity Officer



Regardless of how hard it may feel... push your students to advocate for themselves and what they need. We want/need to hear from <u>them</u>, not always you. Their voice carries a lot of weight.

– Stephanie Carter-Atkins, Executive Director, Residence Life and Housing



# Welcome HOME DEAC



# Welcome to Wake Forest

