



WFU Short Term Abroad Program

SCOTLAND

REL 290 (3hrs): The Art of Meditation: Walking the Ancient St. Cuthbert's Way

This course offers a site-specific study of early medieval Christianity and one of its core spiritual traditions, pilgrimage. The course will reflect on the flexibility of early medieval Christianity to accommodate non-Christian cultural traditions and the relevance of such religious tolerance for today. Secondly, another timely aspect of the course is Celtic Christianity's respect for the natural world as exemplified in St. Cuthbert's hagiography and in the Lindisfarne Gospels' unique manuscript illuminations and calligraphy. The daily activity of walking along the Way and conversing with local experts offers a whole person pedagogy. It invites students to immerse themselves into the intersections between ecology, the history of Christian spirituality, personal growth, and interdisciplinary academic work in the art of meditation.

Dates	Cost	Housing	Location	Faculty Director
4 on campus seminars: April, 2022 Travel: May 17-29, 2022	Estimated Total: \$3,800 *Details on Website	Hostels or BnB's	Edinburgh, Scotland to Holy Island, Northumbria	Ulrike Wiethaus 336-758-7169 wiethaus@wfu.edu

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