FIRST-YEAR PARENT & FAMILY CALENDAR
2020-2021
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<th>Department</th>
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<tr>
<td>Athletics</td>
<td>GoDeacs.com</td>
<td>336.758.5616</td>
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<tr>
<td>Campus Life</td>
<td>campuslife.wfu.edu</td>
<td>336.758.5921</td>
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<td>Campus Recreation</td>
<td>campusrec.wfu.edu</td>
<td>336.758.7178</td>
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<td>Dining</td>
<td>dining.wfu.edu</td>
<td>336.758.5607</td>
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<td>Financial Aid</td>
<td>financialaid.wfu.edu</td>
<td>336.758.5154</td>
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<td>Financial Services</td>
<td>finance.wfu.edu/sfs</td>
<td>336.758.5234</td>
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<td>Global Programs and Studies</td>
<td>global.wfu.edu</td>
<td>336.758.5938</td>
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<td>Information Systems Service Desk</td>
<td>help.wfu.edu</td>
<td>336.758.4357</td>
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<td>Intercultural Center</td>
<td>interculturalcenter.wfu.edu</td>
<td>336.758.5864</td>
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<tr>
<td>Learning Assistance Center &amp; Disability Services</td>
<td>lac.wfu.edu</td>
<td>336.758.5929</td>
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<td>LGBTQ Center</td>
<td>lgbtq.wfu.edu</td>
<td>336.758.4665</td>
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<tr>
<td>Math Center</td>
<td>college.wfu.edu/mathcenter</td>
<td>336.758.3320</td>
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<tr>
<td>Office of Academic Advising</td>
<td>advising.wfu.edu</td>
<td>336.758.5226</td>
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<tr>
<td>Office of the Dean of Students</td>
<td>deanofstudents.wfu.edu</td>
<td>336.758.4237</td>
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<tr>
<td>Office of Family Engagement</td>
<td>parents.wfu.edu</td>
<td>336.758.5902</td>
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<tr>
<td>Office of Personal &amp; Career Development</td>
<td>opc.w.ue.edu</td>
<td>336.758.5185</td>
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<td>Office of Residence Life &amp; Housing</td>
<td>rih.wfu.edu</td>
<td>336.758.3328</td>
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<td>Office of Sustainability</td>
<td>sustainability.wfu.edu</td>
<td>336.758.3089</td>
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<td>Office of Wellbeing</td>
<td>thrive.wfu.edu</td>
<td>336.758.3320</td>
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<td>Orientation</td>
<td>newstudents.wfu.edu/orientation</td>
<td>336.758.3320</td>
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<tr>
<td>Pre-Orientation Programs</td>
<td>newstudents.wfu.edu/pre-orientation</td>
<td>336.758.5207</td>
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<td>Registration/University Registrar</td>
<td>registrar.wfu.edu</td>
<td>336.758.5210</td>
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<tr>
<td>Religious Life and the Office of the Chaplain</td>
<td>chaplain.wfu.edu</td>
<td>336.758.5150</td>
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<td>Reynolda: House, Gardens, Village</td>
<td>reynolda.org</td>
<td>336.758.2134</td>
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<tr>
<td>Safe Office</td>
<td>safeoffice.wfu.edu</td>
<td>336.245.8508</td>
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<tr>
<td>START Gallery</td>
<td>startgallery.wfu.edu</td>
<td>336.758.5218</td>
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<td>Student Health Service</td>
<td>shs.wfu.edu</td>
<td>336.758.7275</td>
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<tr>
<td>Transportation &amp; Parking</td>
<td>parking.wfu.edu</td>
<td>336.758.5273</td>
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<td>University Counseling Center</td>
<td>counselingcenter.wfu.edu</td>
<td>336.758.5911</td>
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<td>University Police</td>
<td>police.wfu.edu</td>
<td>336.758.5145</td>
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<tr>
<td>University Stores</td>
<td>wfustores.com</td>
<td>336.758.4053</td>
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<tr>
<td>Women’s Center</td>
<td>womenscenter.wfu.edu</td>
<td>336.758.4931</td>
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<tr>
<td>Z. Smith Reynolds Library</td>
<td>zsr.wfu.edu</td>
<td>336.758.4931</td>
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Welcome, parents and families of new students! We are looking forward to your student’s arrival on campus very soon. We hope this calendar will provide you with information, due dates and other tips to help in your student’s transition to college life.

The dates and deadlines in this calendar were created prior to the COVID-19 pandemic. In the event that dates need to change given public health guidance, a revised version of this calendar will be posted at newstudents.wfu.edu/parents-and-families

Please get in touch any time we can be of assistance to you or your student. Welcome to the Wake Forest family!

Betsy Chapman, Ph.D. (’92, MA ’94)
Executive Director of Family Communications

ORIENTATION WEBSITE — NEWSTUDENTS.WFU.EDU
From mid-May until Move-in, the New Students website will be the place to find information about Orientation (New Deac Week), Move-in and important action items for you and your student.

PARENTS & FAMILIES PAGE — PARENTS.WFU.EDU
Year-round, the Parents & Families page is the place for Wake Forest news and information for parents and families. Features include: Weekly Messages for First-Year Parents and Families, Questions and Answers, Important Dates, the Quad Cam and more.

THE DAILY DEAC, A BLOG FOR WAKE FOREST FAMILIES — DAILYDEAC.WFU.EDU
The Daily Deac is a blog that covers a variety of WFU activities and events and helps you get a sense of campus life. Subscribe to the Daily Deac and have it sent to your inbox each day; look for the subscribe box on the Daily Deac page.

IF YOU NEED TO REACH THE UNIVERSITY AFTER HOURS
Most administrative offices are open Monday–Friday, 8:30 a.m.–5 p.m. If you have an urgent need to reach someone because you have a concern that must be addressed quickly, contact University Police at 336.758.5591 (non-emergency) or 336.758.5911 (for the kinds of emergencies where you would call 911). University Police can reach on-call staff 24-hours/day.

Note: With all print pieces – like this calendar – there is the opportunity for something to change after the print deadline. You can always consult the New Students website and Parents & Families page for up-to-date information.

Contact the Family Engagement Office

parents@wfu.edu
336.758.4237
Visit us at Alumni Hall

WFUParents
@WFUParents
Welcome to the Wake Forest Family!

Newstudents.wfu.edu is the website with information about Orientation and all required student and parent/family activities. Be sure to visit the Parents & Families page often.

Please join us for a New Student Reception if you can. New Student Receptions help new students and families meet each other as well as current students and staff before Orientation. See more at go.wfu.edu/newstudentreceptions.

Wake Wednesdays: We’ve designated Wednesdays as parent/family due dates/action items. Feel free to work ahead as you wish.

Please note the following May due dates/deadlines for parents and families:

May 1: Newstudents.wfu.edu goes live. Visit often throughout the summer, as new information is continually added.

May 13: Complete a Family Record form, which can be found at go.wfu.edu/familyrecordform. Please provide your email address, as email is our primary way of communicating with families! (Form is due June 3.)

May 20: Schedule a physical for your student. The Health Information and Immunization form is due July 1.


* if your student is participating in Pre-orientation programs, consider their potential Move-in date for those programs

Deadlines for your student:

May 1: Pre-orientation program applications available online (due June 8)

May 13: Check WIN for financial aid disbursement requirements
Complete a Family Record form as soon as possible (due June 3)
See student deadlines above

PRO TIP: We ask that families let students fill out their own Housing and Dining Application; it is important that students be honest about their answers to make as successful a roommate match as possible.

Schedule a physical for your student; the Health Information and Immunization form is due July 1
Make hotel reservations for Move-in/Orientation and Family Weekend

New students, wfu.edu website goes live
See student deadlines above
Your to-do list will be full from now until August.

Please note the June Wake Wednesdays due dates/deadlines for parents and families:

**June 3:** Look for New Student Receptions in your area and register at go.wfu.edu/newstudentreceptions
Complete a Family Record Form at go.wfu.edu/familyrecordform
Talk to your student about authorizing you as a third-party payer on DEAC account (so you get financial statements and bills)

**June 10:** Complete the Health Insurance Enrollment/Waiver form at bcbsnc.com/wfu (due Aug. 1). **Note: If you do not complete the form (even if you have insurance), you will be automatically enrolled in August and charged for it.**

**June 17:** Review Advice for New Parents and Families go.wfu.edu/advicefornewparents

**June 24:** Set a reminder in your calendar to log in on July 14 to register for Family Weekend

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**Deadlines for your student:**

*Note: Please stress to your student the importance of meeting all deadlines!*

**June 1:** Students may view registration times in WIN
**June 3:** Writing Task for Guided Writing Course Enrollment available
New WakeWare laptops available for purchase online
Students may view registration time in WIN
Download the “New Deac Week 2020” app

**June 8:** Pre-orientation application (optional)
Authorize Third-Party Payers on DEAC account

**June 15:** Log in to College Board Profile and change AP score recipient to WFU if not originally designated
Submit IB scores
Disability-related housing or dining accommodations request due

**June 22:** Living Learning Community survey (sent to your WFU email on June 19)

**June 28:** Deacon OneCard photo (available online May 18)
Housing and Dining application (available online May 18)
Sign up for Project Wake: Identity and Community
Register for New Student Reception
Complete a Family Record Form
Talk to your student about authorizing you as a third-party payer in DEAC
See student deadlines above

Complete the Health Insurance Enrollment/Waiver form
Review Advice for New Parents and Families website

Set a reminder in your calendar to log in on 7/14 to register for Family Weekend

If your student has a documented disability and used accommodations in high school, be sure to complete the Request for Consideration form. Some students want to try college without those accommodations and later discover they wished they’d had the accommodation from the beginning.
Now is the time to have conversations with your student about college expectations and responsibilities, good judgment, etc. See the Advice page for ideas: go.wfu.edu/advicefornewparents

It’s also a time for parents and families to give their students more independence in making decisions — not provide answers or solutions. (See the Stop, Drop and Roll chart at the back of this calendar.)

**Due dates/deadlines for parents and families:**

**July 1:** Fall tuition notification issued (due Aug. 1)
- Health Information and the completed Immunization Form is required by the University and the State of NC. The required documents must be on file in Student Health Services in order for a new student to attend Fall classes.
- Disabilities documentation (if applicable)

**July 8:** Talk to your student about granting FERPA Proxy Access to you (so administrators can share grades or discuss other aspects of your student’s experience):
registrar.wfu.edu/academic-records

**July 22:** Determine if your student will register for Zipcar program (optional)

**Deadlines for your student:**

**July 1:**
- Health Information and Immunization form
- Disabilities Documentation
- Record your name in NameCoach

**July 10:**
- Foreign Language Placement Test

**July 27-31:**
- Registration for fall classes*
- Course Preference Survey (sent to your WFU email on July 10, due July 17)

**July 31:**
- Housing Assignments released; students sign up for Move-In Appointments

**July 27-31: Registration for fall classes**
Round 1 is July 27-28 with students registering for up to 10 hours.
Round 2 is July 29-31 with students registering for up to 17 hours.

*NOTE: if your student will be unable to register (because they are out of the country, without Internet access, etc.), your student should contact the Office of Academic Advising in early July to discuss how to handle this.
A good rule of thumb (in non-COVID times) is before you purchase airline tickets for breaks or holidays, students should consult their course syllabus for each class, the final exam schedule and the closing/opening dates available from the Office of Residence Life and Housing. While families can use the academic calendar as a general guideline for breaks, it is wiser to wait to purchase tickets until your students have started class and know all scheduled exams, attendance policy for each class, test dates, etc.

Encourage your student to check their WFU email daily. The Office of Academic Advising, faculty, and administrators will communicate with students via email. It would be better for your Deac to get in the habit of checking their email now.
Good roommate relations depend upon both roommates’ ability to listen, communicate and compromise.

Roommates will complete a Roommate Agreement to establish guidelines and boundaries around topics such as housekeeping, room usage (study vs. social space), visitors, quiet time, etc. If conflicts arise, roommates will be asked to revisit the Roommate Agreement and/or can ask for an RA (Resident Adviser) to assist with a mediation. It is best for students (not family members!) to work out roommate issues with support as necessary from the Office of Residence Life and Housing.

**Due dates/deadlines for parents and families:**

**Aug. 1:** Tuition due
Health Insurance Enrollment/Waiver form due.
Visit bcbsnc.com/wfu to complete mandatory enrollment/waiver process (or you will be charged for insurance).

**Aug. 5:** Have a family conversation about the online courses your student is taking re: alcohol/substances and sexual interpersonal violence

**Aug. 10:** Check DEAC and WIN for financial holds (if your student authorized you as a third-party payer on DEAC)
Submit Tuition Insurance Form (optional; due Aug. 23)

**Aug. 16:** Print Move-in Day parking pass/map

**Aug. 17-20:** Move-in Appointments

**Aug. 23:** Deadline to enroll in tuition insurance

**Deadlines for your student:**

**Aug. 1:** Due today: Tuition
Last day to schedule/change move-in appointment
Health Insurance Enrollment/Waiver form due
Read about successful computing in a campus environment
Register your car for a parking pass (if applicable)

**Aug. 10:** Check DEAC and WIN for financial holds

**Aug. 15:** Complete Social Belonging Online Program

**Aug. 16:** Register cell phone number with Wake Ready and property with University Police
Download LiveSafe app
Print your move-in day parking pass

**Aug. 17-20:** Move-in Appointments

**Aug. 20:** Complete Prevention Program Courses (available Aug. 1)

**Aug. 26:** Fall 2020 Classes Begin
Before you decide whether your student needs a car or a bike on campus, look into the Zipcar program or the Re-Cycle bike share program. And don’t forget to bring a reusable water bottle on Move-in Day – it’s often the hottest day of the year! We’ll have plenty of refill stations available.
Get involved. There will be a Student Involvement Fair. Encourage your students to find a few organizations to join, but to be selective so as to not overcommit.

Meet people and build community. Students should get to know their roommate, hallmates, RA, Faculty Fellows, etc.

Learn expectations and manage time. Each class will have a syllabus showing assignments, papers, tests, and expectations. Time management is critical; procrastination does not help anyone. Students also need to find their optimal time/place for studying.

Successful students do the following: attend class, get to know their faculty members, communicate, and seek help when they need it (office hours with faculty, Learning Assistance Center, Chemistry Center, Math and Stats Center, Writing Center, and/or ZSR Library).
**SEPTEMBER**

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<td>Labor Day</td>
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<td>Last day to drop a full-term class</td>
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**PRO TIP:**
Encourage your student to connect with a support office on campus: Learning Assistance Center and Disability Services, University Counseling Center, LGBTQ Center, Office of Student Engagement, Women’s Center, Intercultural Center, Office of Global Programs and Studies, Office of Academic Advising, or a faith-based group from the Chaplain’s office. (There are many more offices; see directory at the front of this calendar).
With midterms approaching, students should be extra mindful of their health. This year, students are required to get a flu vaccine. Also, encourage them to get enough sleep, moderate exercise, and to eat right.

**Thrive** is our comprehensive approach to wellbeing, led by the Office of Wellbeing. Encourage your student to attend to the eight dimensions of wellbeing and use the Office of Wellbeing’s many resources. Thrive.wfu.edu

**Project Pumpkin** — This beloved Halloween tradition brings more than 1,000 local children to Hearn Plaza (the Quad) where students, faculty, and staff collaborate to provide a safe and fun environment for trick-or-treating, carnival games, clowns, and entertainment.

**Join us for Family Weekend on Oct. 9-11!** NOTE: Please visit familyweekend.wfu.edu for updates on the weekend and any impact COVID-19 might have on the event.
Midterms can be a stressful time. Encourage your students to use the Writing Center, Math and Stats Center, Chemistry Center, and/or to seek support from the University Counseling Center or the Learning Assistance Center if needed. The counseling and tutoring services of these offices are free to students.
COMING HOME AGAIN

As Thanksgiving approaches, you will find your student returning home…but they won’t be the same as in high school, and the family dynamics may differ. This is an important (and normal!) part of growing up!

Students might have different sleep schedules, personal habits, changes to their appearance, new ideas, or even a new worldview. You might also find that during Break, your student wants to spend a lot of time with their high school friends. This often means is that your student feels comfortable with their family relationships, but may feel less so with high school friends. Spending time with high school friends helps students figure out ‘are we still friends? Have things changed? Is our relationship ok?’

You may have expectations for your student while they are home (will there be a curfew? Expected attendance at certain family events?). Communicating openly about your expectations, and making compromises, will be important.
Make sure your Deac takes anything he/she needs home when in-person instruction ends (keys, contact lenses or glasses, laptop, medicines, etc.) Once the residence halls close, students cannot get back in until they reopen.
Help your student reflect on their semester with these questions from the Mentoring Resource Center. (Not all of these may be things your Deac wants to share with you, but you can ask rhetorically).

“If you were starting Wake Forest all over, what would you do differently and why?”

“What was your biggest challenge, and what did you learn?”

“What are you most proud of and why?”

“What have you learned about yourself so far?”
Remainder of the fall semester and final exams occur remotely.

Spring tuition due

Remainder of the fall semester and final exams occur remotely.

Fall classes end.

Remainder of the fall semester and final exams occur remotely.

Winter Break

Winter Break

Winter Break

PRO TIP: Please encourage your student to check their WFU email daily over winter break, as there could be important information shared during this time.
It’s the New Year. Your Deacs will return to a familiar campus, but it won’t be quite the same. Some changes:

**Academic:** students will have new classes, a new set of professors, and will have to learn their expectations, testing style, etc.

**Social:** Some students will go through fraternity or sorority recruitment, and will make new friends. Your student may find that the people he/she used to eat lunch or dinner with on certain days now have classes at that time or have other commitments. People will join (or leave) student organizations and the friend groups may fluctuate. There is also potential for conflict as roommates adjust to new schedules.

Be understanding if your Deac feels a little unsettled. As the semester begins, students will find their groove. And if not, urge your Deac to seek support from the many offices there to help them.

This calendar has been updated through the fall semester ONLY. We will make updates to the spring calendar once we know the impact of COVID-19 on the spring semester.
Announcements about weather-related delays or closures are made via emails to students, using a banner announcement on the main WFU web site, the Parents and Families page, `wakealert.wfu.edu`, and more.
The Office of Personal and Career Development is here to support your student’s journey from college-to-career. The OPCD website is online at opc.wfu.edu; it includes an extensive library of tools and resources to help your student become career ready.

Encourage your student to develop a long-term relationship with a career coach in the OPCD and attend events they host throughout the year. The OPCD is available for all students, all majors, and all class years. Becoming career & life ready is a process (Ready7) and the OPCD offers career coaching, resume reviews, career exploration, interview help, and much more to help your student with their college-to-career transition.

Parents and families – resist the urge to tell your student what to major in (or what not to)! There are very few careers where a particular major is required. Students who are given the freedom to major in a subject they like and have an aptitude for nearly always fare better than students who choose a major because they felt pressured to do so.
Encourage your student to find a mentor on campus, whether a faculty member, academic advisor, or administrator. It is always helpful to have a knowledgeable adult in your corner!

PRO TIP:
Is your student traveling for Spring Break? Here are some tips you may wish to share with your Deac.

**Communication:** Carry your cell phone at all times. Be sure a family member knows your travel plans, where you are staying, and when you will return.

**Health:** Remember your medications. Use sunscreen if you are in a sunny location. Do not accept food or drinks from strangers.

**Money:** Always have enough money to get back to your hotel. Take only one credit card and your debit card; keep them on you at all times. Know the phone number to cancel credit cards if stolen.

**General:** If driving, be sure the car is in good working order. If foreign travel is involved, be sure to check the U.S. State department for advisories and travel advice. Once you reach your destination, don’t go anywhere alone; go in pairs or groups.

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**SPRING BREAK SAFETY**

This calendar has been updated through the fall semester ONLY. We will make updates to the spring calendar once we know the impact of COVID-19 on the spring semester.
For students remaining on campus during Spring Break, check the Campus Dining schedule for closures/reduced hours and plan accordingly (also check shuttle and transportation options).
It’s the home stretch of your Deac’s first year. What are some things to consider in the final weeks of school?

**Residence Hall selection** – In March or April, students will have the chance to go through room selection, and unlike when they first started, this time they can choose their roommate and residence hall based on their assigned selection time. Note that some students will not be able to select a room during this spring process, and instead will do so over the summer; every year, some students change their plans (decide to go abroad, take a semester leave), which opens up additional spaces in the residence halls.

**Summer Sessions** – some students choose to attend one or both of the Summer Sessions so they can focus on a critical course that is a prerequisite for their intended major or catch up on credits they need. In addition to on-campus classes, there are several online Summer Session classes available in the College. These have become very popular in recent years.

**Moving out** – Residence halls close on May 8 (see May calendar for details). Some students decide to rent a storage facility as a group and leave their non-essentials there over the summer. Others ship back their belongings, still others pack it all and drive it home. What will your plan be?
If you are coming to campus to help your student move out of the residence hall, be sure you have made a hotel reservation (if needed).
Your Deac has finished their first year of college, and that is a thing to be celebrated. Be sure to validate your student and their achievements. Acknowledge their hard work this year. As you do, focus less on grades, and more on the overall picture of major milestones:

• Moved away from home
• Adjusted to living communally with a roommate and/or hallmates
• Took college level classes, sometimes in topics that were hard for them
• Made new friends and/or got involved in campus organizations
• Learned how and where they studied best
• Managed their life independently: budget, food, exercise, sleep – everything

When you create an atmosphere of caring, validation, and support, you can help your student thrive as an emerging adult. And always remember to tell your student you love them.
Show your support for your student before final exams by sending a care package with their favorite foods, or send a card or email with encouraging words. Your love and support mean everything!
Has your child contacted you about a problem?

Remember that old adage

Stop, Drop and Roll

Together we can promote independence

Through student problem-solving

...and take a deep breath when your student contacts you with a problem. Is it really something they cannot solve on their own? If you fix it for them, does that help your student develop independence?

...the urge to reach out and immediately begin fixing things. Instead, push back with questions. What might you do? What options are you considering? What campus offices might have resources? Additional deep breathing may be required.

...with it. Let your student do the problem-solving on their own. The long-term benefits of building problem-solving skills and independence will last your student a lifetime.
In the event of a serious issue or concern about your student or others

While we encourage you to let your student navigate their Wake Forest experience as independently as possible, if you have an urgent concern about the health, safety or wellbeing of your student or others, there are offices available to assist you.

**University Police**
336.758.5591 (non-emergency) | 336.758.5911 (emergency)
24/7 Dispatch Center: dispatch@wfu.edu
Admin Offices: police@wfu.edu | police.wfu.edu

**Student Health Service**
336.758.5218 | shs@wfu.edu | shs.wfu.edu
Nurse available at the Health Service with physician on call backup after clinic hours (5 p.m. to 8:30 a.m.) Monday through Friday and 24 hours a day on Saturdays and Sundays during the fall and spring semesters

**University Counseling Center (UCC)**
336.758.5273 | counselingcenter.wfu.edu
For mental health emergencies, the UCC is available 24/7/365 from anywhere by calling 336.758.5273.

**Office of Family Engagement**
336.758.4237 | parents@wfu.edu | parents.wfu.edu
parents.wfu.edu/faq (Parents & Families FAQ with answers to many frequently asked questions)

**After-hours assistance**
Most administrative offices operate on a Monday-Friday, 8:30 a.m.-5 p.m. schedule.

If you have an urgent need to reach someone at the University because you have a concern that must be addressed quickly, we have designated the University Police as your 24/7 contact. They can assess the situation and determine who best to address your concern.

The 24-hour contact number for University Police is 336.758.5591 (non-emergency) or 336.758.5911 for the kinds of emergencies where you would call 911. They can get in touch with on-call duty staff 24 hours/day.
Student financial aid, faculty development, emerging programs for students, library and technology resources and facilities renovation – these opportunities, and many more, are possible because of unrestricted gifts to the Parents’ Campaign of the Wake Forest Fund.

The Parents’ Campaign of the Wake Forest Fund fills the void between where tuition dollars end and endowment funds begin. This support directly impacts the student experience on our campus. It reinforces our mission to create opportunity, educate the whole person and inspire excellence so our students can lead lives that matter.

Make a gift to the Parents’ Campaign at secure.www.wfu.edu/giving.

**Note:** If you work for a matching gift company, you may be able to double or even triple the value of your gift (see your HR department).

Your gift – no matter the amount – will make an immediate impact.