

Likes (+)

Dislikes (-)

Consider the following when completing your T-chart:

- Try new stuff; this expands your base of experience
- Track things you like and dislike by writing them down
- Reflect and describe why you feel the way you do - go further than "because the teacher was awesome!"
- Share your notes with parents, adult friends and fans
- Brainstorm areas of interest: courses, clubs, careers, projects, internships and volunteer opportunities
- Try more stuff and repeat