

# 3 TOOLS FOR MAKING THE DIFFERENCE...

1

## IDENTIFY

While this may seem obvious at first, consider there are problems happening around you that are not being identified *as* problems. This requires being present, being aware, and thinking from your values.

When you are coming from your values – and seeing or hearing what is around you *through* your values – you will powerfully be able to distinguish a problem as a problem and then proceed to the next tool.

What will have you *not* identify a problem, as a problem, is your set of excuses, explanations, justifications and reasons. Even when *you know* something is a problem. In that moment, whatever is happening becomes “just the way it is” and “just the way *life* is.”

2

## GO BEYOND

The moment you identify a problem as a problem, you will immediately have a thought – a very powerful thought that might have you freeze, stay silent or even walk away. It is *that* powerful of a thought.

Three *possible* thoughts you could have are:

- 1 “No one else is doing anything, it must not be a problem.”
- 2 “It’s not my job – someone else will do (or say) something.”
- 3 “I am scared of what might happen if I do (or say) something.”

These are three of the barriers to intervention and are the key sources of bystander behavior.

This tool requires that we simply identify the thought, *as* a thought, and GO BEYOND that thought. Don’t let that thought diminish the problem and have you turn your back on making *the* difference.

This is simple. Yet, it’s not always easy. This takes courage.

3

## TAKE ACTION!

Now that you have identified the problem and gone beyond the barrier, you want to now take some kind of action. In many situations, this doesn’t require a big action with high drama and emotion. It can be simple yet powerful.

It could be calling 9-1-1. It could be having a conversation – then or later. It could mean changing the subject. It could also mean direct confrontation.

Be safe. Be responsible. And, take some kind of action – big or small – to make *the* difference in the situation and for those impacted.

**This is leadership.**

**This is power.**

**This is what it looks and feels like to be an *everyday* hero!**

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