
HEALTHY MINDS STUDY WHAT FACULTY NEED TO KNOW

Denisha Champion, PhD, LCMHC-S
Director, University Counseling Center &
Safe Office





HEALTHY MINDS STUDY QUICK FACTS

Who: Undergraduate, graduate, and professional students

What: Population level survey of campus mental health

When: Sept. 8 – Oct. 6, 2025 (biennial)

Where: Reynolda Campus only

Why: Guide strategic directions for mental health at WFU

How: Email invitation from me; weekly reminder emails

PROHIBITED LOCAL INCENTIVES

- Credit, extra credit, or any requirement for program or graduation
- Tuition vouchers, money for books
- Anything requiring a student to produce proof they completed the survey



How Faculty Can Help

- Remind students to take the survey. It takes about 20-30 minutes.
- Encourage students to follow UCC on Instagram @wfucounselingcenter.
- If students believe you think it is important, they will too.



How HMS Helps Faculty

- Targeted interventions to address demonstrated needs
- Population level prevention efforts can allow you to focus on teaching, scholarship, research, and mentorship
- De-identified data set access for relevant research



HMS Incentives List

- Two Yoga Prize Packs (yoga mat, yoga towel, 40 oz. Stanley tumbler)
- Two 60-minute massages
- Two \$25 Visa Gift Cards
- Two \$25 Starbucks Gift Cards
- Two \$50 Target Gift Cards



HMS Week One Coffee Incentive!

GET A FREE DRINK FROM STARBUCKS!

Automatic free drink if you take the WFU Healthy Minds Study
during the first week!

Sept. 8th - 14th

Get entered to win other
great prizes!

Look for an email about the
Healthy Minds Study!



WAKE FOREST UNIVERSITY
COUNSELING CENTER



WAKE FOREST UNIVERSITY
COUNSELING CENTER

THANK YOU!



WAKE FOREST UNIVERSITY
COUNSELING CENTER

The Federal Landscape

Julia Jackson-Newsom, Ph.D

on behalf of the Strategy Steering Committee



Strategy Steering Committee

- Keeping track of changes in federal landscape via meetings 2x/week and regular email communications



Amber Brooks
Vice Dean for Academic
Initiatives, School of Med.



Jimmy Broughton
Director of Government
Affairs



Matt Clifford
Assoc. Vice President for Campus
Life and Dean of Students



Brett Eaton
Vice President for University
Marketing & Communication



DeDee Pinckney Holly
Executive Director, Internal
Communications



Julia Jackson-Newsom
Assoc. Vice President for Policy
& Government Affairs



Mary Lucal
Vice President for Human
Resources



Ken Liddle
Chief Compliance &
Privacy Officer



Marnie M. Matthews
Senior Associate Vice President,
Finance and Controller;
Interim Chief Audit Officer



Dina Marty
Deputy General Counsel



Nathaniel Lynch
Director, Center for Immigration
Services and Support



Kim McAllister
Vice Provost for Research,
Scholarly Inquiry
& Creative Activity



Garth Regan
Assoc. Vice President Federal
Affairs, Advocate



José Villalba
Vice President & Special
Advisor to the President



Brian White
Vice President &
General Counsel



Stacie Petter
Associate Provost for
Faculty Affairs



Summer Actions and the Current State

- Budget reconciliation outcomes
 - Changes to federal student aid
- Actions impacting international students and scholars
 - Visa pause
 - Proposed change in regulation
- The complex landscape of federally funded research
 - Agency actions and court cases
 - Indirect cost rate models
 - NSF hold back
- Executive orders of interest
 - Changes to reporting on admissions data



Federal Student Aid (Craig Slaughter)

Note: Most changes do not begin until July 1, 2026

New

- Lifetime cap on federal borrowing - \$257, 500

Changed

Undergraduate

- Two changes restricting eligibility for Pell grants; minimum impact expected
- Parents may borrow up to \$20,000 per year via Parent PLUS Program with a lifetime cap of \$65,000 (as opposed to full cost of attendance)

Graduate

- Graduate students in nonprofessional programs can borrow up to \$20,500 annually and \$100,000 aggregate
- Graduate students in professional programs can borrow up to \$50,000 annually and \$200,000 aggregate



Federal Student Aid

Note: Most changes do not begin until July 1, 2026

Eliminated

- As of July 1, 2026, the Grad PLUS loan program will no longer be available for students beginning new programs of study
 - Students who are currently enrolled in a program of study and receiving Grad PLUS loans will have the ability to continue to receive funds for 3 years or until the completion of the program, whichever is shorter, if they remain continuously enrolled. The exact details of how this will be implemented are yet to be determined.



International Students and Scholars (Nathanial Lynch)

- Pause in VISA process this summer
- Implementation of travel ban
- Support through housing and legal consultation funds
- New proposed regulation that would change admission period into the US for F, J, and I visas from duration of status to a fixed time period



Federal Research Funding (Kim McAllister)

Back and forth...up and down

- Grants terminated or paused then reinstated
- Delays in receipt of awards, but still getting them
- Differences in agency approach and actions

NIH

- Guidance requiring certification related to “illegal DEI” rescinded

Indirect costs

- We are currently continuing to use our negotiated rate
- There are multiple efforts to create a more transparent model that will be acceptable to the administration
- NSF holdback



Executive Orders

- Proposed changes to reporting of admissions data (Phil Handwerk)
 - We already knew about some changes
 - Now proposing significant additions
 - Cross-tabbed by race and sex
 - Includes graduate admissions
 - Relationship between GPA and test scores and admissions



Communications

- Website govaffairs.wfu.edu/updates/
- Email govaffairs@wfu.edu
- Coming!!! Weekly newsletter

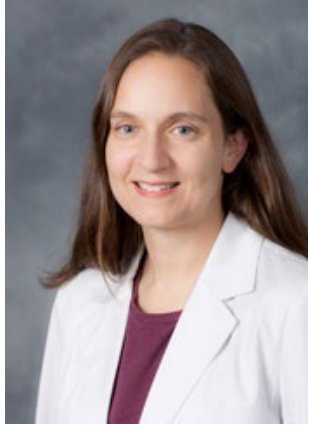


Senate Committee on Athletics - August 26, 2025





Senate Committee on Athletics (SCA), 2025-26



- **J.K. Curry**, Theatre & Dance
- **Nina Lucas**, Theatre & Dance
- **Grant McAllister**, German & Russian
- **Mahta McKee**, Radiation Oncology
- **Bret Nicks**, Emergency Medicine
- **Jason Parsley**, Mathematics – SCA Chair
- **Julie Wayne**, Business

- **House Case Settled** [June 6]; **“RevShare” Era begins** [July 1]
\$20.5 million/year in revenue-sharing
NIL deals still permissible via third-party clearinghouse
- **New Faculty Athletics Rep (FAR):** Nate Plageman, History
- **New FAC Chair:** David Wren, Chemistry
- **New bball GM / Sr. Assoc. AD for Analytics,** Steve Weinman
- **WF football vs Notre Dame**, in Charlotte, fall 2027
significant exposure, revenue
- **Winston-Salem Open** tennis tournament just concluded (15th year).

Join us

for a conversation about the University's budget.

September 29 @ 8:30am

Brendle Recital Hall, Scales Fine Arts Center

HOW WAKE WORKS

This program invites faculty and staff to take a deeper look at the multifaceted budget development process that supports a thriving and financially resilient Wake Forest.

Speakers

Jacqueline A. Travisano, Ed.D.
Executive Vice President & Chief Financial Officer

Brandon Gilliland
Senior Vice President for Finance & Administration

Marnie Matthews
Senior Associate Vice President for Finance & Investments

